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*Staying motivated
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The Portland Observer 47

'City of Roses'



Volume XLVI
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Portland Police office Joana Ortiz, assigned to patrol in the Police Bureau's North Precinct, participates in a new Portland Police Bureau police recruitment video to help attract more minority and women police officers to the bureau's ranks.

Holistic Approach

Police Bureau's new efforts to recruit minority officers

BY ZACHARY SENN
THE PORTLAND OBSERVER

The Portland Police Bureau has launched a new police officer recruitment initiative to increase the force's diversity and boost officer retention. The goal is to remove

barriers from its hiring process in order to widen the pool of potential applicants. A newly-produced video accompanies the effort, which features a diverse group of active-duty Portland Police officers describing why they find their jobs rewarding.

"What we're really trying to do is increase the appeal of law enforcement and the Portland Police Bureau to a diverse community," explains police Sgt. Peter Simpson, the Bureau's public information officer.

Like so many police departments around the country, the ranks of the Portland's police officers have been mostly white and male; failing to look like the city it serves.

"A lot of agencies struggle to attract candidates of diverse backgrounds," Simpson said, citing one major factor as having to do with the historical distrust of law enforcement in certain communities.

The new recruitment effort attempts to appeal to applicants of diverse racial and ethnic backgrounds but also to women and members of the LGBTQ community. Portland expects to fill over 70 vacant police positions in the immediate future and prepare for hundreds of police officers who will retire in the next few years.

Officer Joana Ortiz, who is assigned to patrol in the North Precinct, appears in the latest recruitment video. She faces the camera to describe how many people stop her and remark that she is the first Hispanic woman they have ever seen on the force. "I really didn't expect to be a police officer. I actually didn't like police officers grow-

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The Portland Observer

The Week in Review

Jimmy 'Mak' Dies One Day after Club's Closing

Jimmy Makarounis, owner and namesake of the iconic Portland jazz club Jimmy Mak's, died Sunday, just one day following a New Year's Eve party at his downtown establishment that was scheduled to mark its closing. Makarounis had battled throat cancer for several years.

NAACP Stages Sit-In

The NAACP staged a sit-in on Tuesday to protest the nomination of conservative U.S. Senator Jeff Sessions as the nation's next Attorney General, vowing to occupy his Mobile, Alabama, office until he withdrew as a candidate or demonstrators were arrested. Sessions, 70, has a record of controversial positions on race, immigration and criminal justice reform.



Janet Jackson Gives Birth

Janet Jackson has given birth to a baby boy, according to People magazine. The pop superstar and her husband, Wissam Al Mana welcomed their first child, named Eissa, on Wednesday. Janet had a stress-free healthy delivery and is resting comfortably," a



rep for the singer, 50, told People.

North Korea Nuclear Threat

North Korea leader Kim Jong Un on Monday announced that his nuclear-capable country is close to test launching an intercontinental ballistic missile whose range would be Hawaii and the West Coast of the United States. President-elect Donald Trump responded on Twitter, saying: "It Won't Happen."

House Ethics Plan Dissolves

House Republicans gutted an independent ethics oversight committee in a closed door meeting on Monday, and then reversed course on Tuesday following public outcry and criticism from President-elect Trump on Twitter.

Night Club Terror in Turkey

A gunman reportedly dressed as Santa Claus opened fire in a popular night club in Istanbul, Turkey during a New Year's Eve party, killing 39 people and injuring at least 70 others. Police said most of the victims were foreigners. The attacker has not been identified and is still at large. ISIL (Islamic State) released a statement taking credit for the massacre.

Gang Team Investigates

The Gang Enforcement Team of the Portland Police Bureau is investigating a shooting during the early morning hours of New Year's Day involving a residence in the 8900 block of North Portsmouth Avenue. There were seven people inside the home when the shooting occurred, but no reports that anyone was injured, police said.

Driver Arrested after Search

The Street Crimes Unit of the Central Police Precinct Street arrested a driver Friday after a search of his vehicle at Northeast 69th and Sandy Boulevard revealed about 12 ounces of heroin, a knife, and \$2,530 in cash. Edson Duran-Hernandez, 28, was booked into the Multnomah County Jail on drug charges.

Equity and Policy Manager Hired

The Portland Development Commission has named Mayra Arreola, a former executive with the Oregon Association of Minority Entrepreneurs, as the new PDC director of social equity, policy and communications.

Arreola most recently oversaw community investment strategies at the United Way. She previously managed the Latino Program for Rural Development Initiatives and Programs and Marketing for Oregon Association of Minority Entrepreneurs.

PDC Executive Director Kimberly Branam said, "I'm confident that Mayra's career-long focus on



Mayra Arreola

leadership, community and economic development will be instrumental in PDC's continued efforts to support job creation, encourage broad economic prosperity, and make great places – with and for all the residents of our communities."

Arreola said, "Equitable practices are crucial for healthy community growth. I'm excited to use my experience in eliminating barriers and increasing opportunities for underserved communities to help PDC create equitable programs, policies and communication channels that will advance equity for all of us."

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This page
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What's on your list today?®



New Mayor Takes Oath

Incoming Portland Mayor Ted Wheeler signs papers Friday as part of taking his oath of office during a private ceremony with his wife and daughter at City Hall. Wheeler will hold a public inauguration on Wednesday, Jan. 4 at Jason Lee Elementary in northeast Portland.

Winter Weather Warning

Caution urged as extreme cold turns deadly

BY CHRISTA MCINTYRE
THE PORTLAND OBSERVER

A homeless man's death in east Portland on Monday was blamed on freezing weather as an extended bout of extreme cold hit the Portland area over the New Year's holiday weekend with temperatures not expected to rise above freezing for several days.

A severe weather warning and advisory for the greater Portland Metro area was issued by the National Weather Service for the Portland area through Sunday, Jan. 8. Freezing temperatures and high winds are expected over the next few days, with possibilities of freezing rain and snow this weekend.

Residents are urged to use caution with low visibility during storms and to be aware of down power lines. A winter weather advisory for snow and frozen rain

means travel difficulties should be expected. If possible, try to delay any trips or take public transit when possible. Tire chains may be required.

To keep pipes from freezing inside your home, let cold water drip from each faucet and keep your thermostat at the same temperature both day and night. Remember to cover outdoor faucets.

With temperatures in the low single digits several nights this week, city and county leaders are encouraging houseless people to seek shelter.

Public buildings such as community centers and libraries are open to unsheltered people for use during the day to stay warm. To find a list of libraries and their hours of operation visit multicolib.org/. A list of community centers in the city can be found at portlandoregon.gov/parks/39839.

As temperatures drop at night, there is an increased risk of exposure and possible death for people living outside. On Monday, police officers responded to

a welfare check on a man outside under a blanket near the 9900 block of East Burnside Street.

Authorities determined the man, identified Mark Elliot Johnson, 51, died of hypothermia a few hours before officers arrived. County leaders are asking that should you see someone outside, unsheltered whose life appears to be in danger or is in a medical emergency to call 9-1-1. For non-emergency calls or to have a welfare check on someone whom you believe to be in danger, call 503-823-3333.

Houseless people are also encouraged to dial toll free 2-1-1 for access the nearest warming shelter. Severe weather shelters will be open to all individuals, couples, children, their pets and belongings. The severe weather shelters will not require identification or documentation.

Donations for unsheltered people, such as coats, hats, gloves and socks are in great need. Call 2-1-1 to find the donation center nearest you to make a contribution.

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The Unity Center for Behavioral Health will be located on Legacy Health's Holladay Park campus in northeast Portland.

Mental Health Center to Open

Unity Center for help, hospitality and hope

The first and only dedicated psychiatric emergency room in Oregon will open this month in northeast Portland, a community-focused collaboration between Adventist Health, Kaiser Permanente, Legacy Health and OHSU to create a comprehensive psychiatric emergency care facility for people facing a mental health crisis.

Located on the Legacy Health Holladay Park campus at 1225 N.E. Second Ave., the new Unity Center for Behavioral Health will operate as a 24-hour, seven-day-a-week health facility “where people find help, hospitality and hope,” said Dr. Chris Farentinos, Unity Center vice president.

Across the U.S., people experiencing a psychiatric emergency cannot always get the help they need, when they need it. Too often mental health issues go untreated, which can lead to homelessness, loss of employment, broken relationships, incarceration and suicide.

The Unity Center will combine vital emergency care and short-term inpatient services to drastically reduce the amount of time people suffering a mental health crisis have to wait to get appropriate care compared to a conventional hospital emergency room, officials said.

People facing a mental health crisis, including children ages nine to 18, can be delivered to the Unity Center by family or friends, self-check-in, or be transported by ambulance. If no crime has been committed, a patient may be safely delivered by law enforcement officers. Patients can be voluntary or involuntary.

The Unity Center's care model is based on Trauma Informed Care that promotes trust, safety, collaboration, peer support, choice, and the inclusion of cultural, historical and gender issues.

Patients will receive compassionate emergency psychiatric care by highly qualified physicians, behavioral therapists, nurses and staff. Patients also have available strong peer support personnel onsite. Having themselves recovered from a mental illness, these peers are on hand to help guide patients as they navigate the

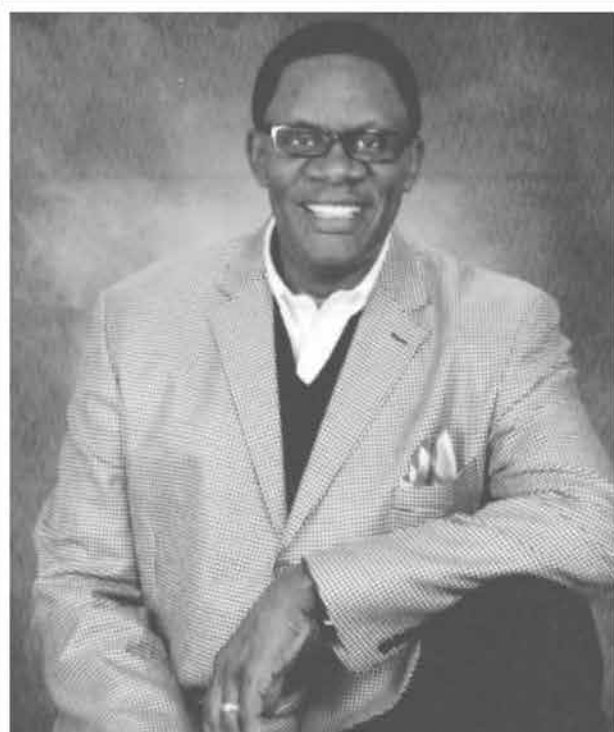
treatment and recovery process.

“Unity is going to change lives, it's going to matter, it's going to make a difference,” said Brenda Mitchell, a peer wellness specialist.

Unity Center staff will also work with dozens of community partners to offer transitional support services. With personnel located inside the center, these organizations will help to coordinate continued support for patients after they are discharged. These support “navigators” will aid patients with ongoing outpatient care and life resources, such as job and housing assistance, addiction treatment, legal aid, family counseling and long-term inpatient care.

“The Unity Center is an investment that will dramatically improve the lives of individuals and families dealing with a mental health crisis and lead to a healthier community,” said Marcia Randall, co-trustee of the Robert D. and Marcia H. Randall Charitable Trust. The Trust donated \$20 million to help establish the center.

The public is invited to tour the Unity Center on Thursday, Jan. 5 from 4 p.m. to 7 p.m. No reservations are required, but public parking is limited.



Dr. Billy R. Flowers

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The psychology of staying motivated is key to staying fit and losing weight.

Making 2017 Different

Staying motivated key to losing weight

BY ERIC TEGETHOFF

The most popular New Year's resolutions involve staying fit and losing weight, and chances are good that many people are setting the same goals again.

The psychology of motivation may hold the answer to how people can keep their resolutions in 2017, according to Elliot Berkman, an associate professor of psychology at the University of Oregon.

Berkman says it's important to start with a goal that is less abstract and more actionable than just "staying healthy" - and to start on it as soon as possible.

"What you want to do is to get those immediate reinforcements as early as you can," he said. "So, it's kind of classic advice and it's good advice to start small, and to make sure to reinforce each little step."

According to a Nielsen study, 43 percent of people said they planned to lose weight at the beginning of this year by eating healthier. But more than 75 percent who had that goal had not followed a healthy diet or weight-loss program the year before, so hadn't developed the healthy habits necessary for success.

Berkman said this can be the hardest problem. A person's ha-

bitual behavior, which may not involve regular visits to the gym, is the easiest to fall back on. Following through on a New Year's resolution means rewiring the brain for a new habit - literally. Berkman said people are better off doing something they like and connecting the habit to something bigger.

"Maybe it's connecting it to your family or your work, or earning money," he said. "Whatever is the thing that you really care about, find the way that that new goal is connected to that, and that's going to also serve as a reinforcement for it."

Technology also can be used to keep people motivated. At the University of Oregon's Social and Affective Neuroscience Lab, where he works, Berkman and other researchers are using text messaging to remind people of their goals. He said abstract goals can be hard to keep in mind day to day, especially when concrete temptations exist all around.

"It helps combat fire with fire, a little bit, to get those texts in your daily life," he said. "And so, you don't need to go out of your way to remember why you care about losing weight or exercising more. We're going to remind you, and we'll do it in your own words."

The Nielsen study is online at nielsen.com.

Eric Tegethoff is a reporter with Oregon News Service.

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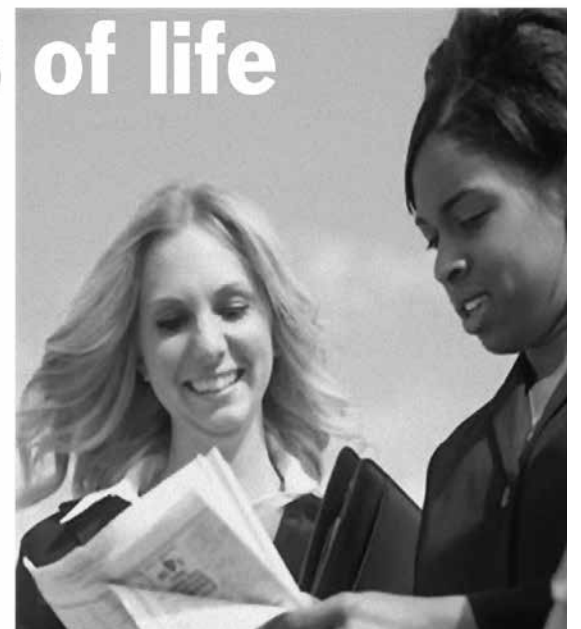
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OPINION



Whatever Comes Next, It's Not Going to be Good

**I'm not cheering
end of 2016**

BY JILL RICHARDSON

If you thought 2016 was bad, I have bad news: Buckle up.

Hopefully 2017 won't bring the deaths of more beloved celebrities, and I doubt we'll see the killing of any more famous gorillas.

But one element that made 2016 terrible isn't going anywhere. It's actually getting worse.

You can call it the Trump phenomenon, polarization among Americans, or whatever you want to call it. From my vantage point, Trump's transition team is making some troubling decisions that are going to reverberate well into next year, and the ones to come after it.

Even before the man's in office, Trumpocracy is already beyond my worst nightmares. It's so awful that it's hard to even keep track of everything I need to be angry about. But here's my best attempt.

First, there's the strange personal behavior of the man himself.

Already some psychiatrists have raised alarm that he exhibits traits seen in people with Narcissistic Personality Disorder.

They cannot ethically diagnose him without examining him, but they've called for him to be evaluated.

One area of concern to them is his thin skin and impulsiveness. Instead of paying attention to the tragedy in Aleppo, for example, he took to Twitter to attack a comedy show and a magazine that gave his restaurant a lousy review.

Second, he isn't bothered by facts, or perhaps cannot tell the

Perhaps if he'd attended those boring intelligence briefings, he'd have the facts about Russian hacking, but he claims he's too smart to bother with those.

This is a security threat. The Russians didn't just hack the Democrats — according to more recent reports, they hacked the Republicans, too. They have leverage against Trump's own party. Trump needs to know about information that could possibly be used against him, or against our country.

The Russians didn't just hack the Democrats — according to more recent reports, they hacked the Republicans, too. They have leverage against Trump's own party.

difference between truth and lies. When the FBI and CIA agreed that Russia interfered with our election, he refused to believe them.

But meanwhile he claims that millions of people voted against him illegally, which got a "pants on fire" rating from Politifact.

Third, there are his conflicts of interest. Since Trump has so far refused to put his assets in a blind trust, there's the risk that Trump will use the presidency to enrich himself and his family.

Instead, he's placed his children at the helm of his business

empire, even as he also includes them in official government business. That's not OK.

Previous presidents went to great lengths to avoid even the appearance of conflicts of interest. Trump doesn't care. He'll continue to do as he pleases up to the point of breaking the law, and perhaps beyond it if he thinks he can get away with it.

After all, he knows his Republican Congress probably won't impeach him, no matter what he does.

Fourth, there are his appointments. They run the gamut from white supremacists to anti-environment extremists. He so often places someone who wishes to destroy an agency in charge of that very agency that Saturday Night Live joked he picked Walter White, the meth dealer from TV's Breaking Bad, to lead the DEA.

As we enter 2017, I'm not among the crowd cheering the end of 2016. Whatever comes next, it's not going to be good. Let's prepare to fight our way through this thing.

OtherWords columnist Jill Richardson is the author of *Recipe for America: Why Our Food System Is Broken and What We Can Do to Fix It*. Distributed by *OtherWords.org*.

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OPINION

What Trumponomics Means for Women

Republican policies that don't work

BY MARTHA BURK

On the campaign trail, Donald Trump promised again and again to “fix the economy.”

And now that he's won, he's busy padding his cabinet with Wall Street rogues and off-the-chart conservatives from the fringes.

If you read their resumes, it's not hard to figure out they're planning an umpteenth refrain of well worn Republican policies that don't work: cutting taxes across the board, especially for corporations and the wealthy; privatizing health care, education, Medicare, and Social Security; and getting rid of any government regulations that survive the onslaught.

It's trickle down economics redux. The working-class populism of the campaign is long gone.



Trump's so called fixes will hurt the nation's majority — women — the most. While scores of men have fallen off the middle-class ladder since 1980, many more women never made it past the lowest rung in the first place.

Adult women remain the majority of minimum wage workers. And single moms struggle the most, trying to make ends meet while balancing the need to work with child care costs (which can run up to 37 percent of a single parent's income).

Our incoming leader is smugly proud of his child care plan, which you might think benefits women if you aren't listening too closely. He proposes to “allow parents to fully deduct the average cost of child care” from income taxes.

But changing child care to a deductible instead of a credit, as it is now, hits middle income workers hardest. The present Child and Dependent Care Credit comes off your tax bill whether you itemize or not. Changing it to a deduction

means if you don't itemize, you don't get the deduction.

And besides, what does the “average cost of child care” actually mean? Child care costs vary considerably from state to state, arrangement to arrangement, and income to income.

So presumably a mother such as Ivanka Trump — her father says she'll be put in charge of

it's maternity leave only — there's no benefit for new dads, and nothing for taking care of sick family members — it's sexist on its face.

But the deeper problem is how employers will view female workers if they're of child bearing age and there's no comparable benefit for men: Better not promote her, some may think, since she might get pregnant. For that matter, bet-

But what of their lower paid sisters? No meat on that bone.

These women already make so little they qualify for the Earned Income Tax Credit — and often have to rely on Medicaid and Food Stamps to get by. So they don't pay income tax, making the cuts meaningless. Trump's plan ignores this inconvenient truth for women, who are still getting 78

Trump's newly minted maternity leave plan also has a hidden economic barb for women. Since it's maternity leave only — there's no benefit for new dads, and nothing for taking care of sick family members — it's sexist on its face.

child care reform — could deduct the cost of a high priced live in nanny. But those with a child in family day care, or one cared for by grandparents, could deduct a comparative pittance — or nothing at all.

Trump's newly minted maternity leave plan also has a hidden economic barb for women. Since

ter hire the guy in the first place.

Trump does have one proposal that'll help a tiny slice of the female population. His plan to slash the top income tax rate from 39.6 percent to 33 percent would definitely benefit the fraction of a percent of upper income female workers who earn more than \$413,350 per year.

cents on the dollar for full time work when compared to men.

No doubt about it — Trump's economic “fixes” will put women in a fix for sure.

Martha Burk is the director of the Corporate Accountability Project for the National Council of Women's Organizations. Distributed by OtherWords.org.

The Threat to Liberty and Justice for All

Stage set for rollback on civil rights

“This committee has a duty to our citizens to carefully examine the qualifications of nominees for the Federal bench and to give our approval only to those who have demonstrated a personal commitment to the principle of equality for all Americans and a sensitivity to the long history of inequality which we are still struggling to overcome...Mr. Sessions is a throwback to a shameful era which I know both black and white Americans thought was in our past. It is inconceivable to me that a person of this attitude is qualified to be a U.S. attorney, let alone a U.S. Federal judge. He is, I believe, a disgrace to the Justice Department and he should withdraw his nomination and resign his position.” — Sen. Edward M. Kennedy, Senate Judiciary Committee Opening Statement, March 13, 1986

BY MARC H. MORIAL

During a presidential campaign rally in Dimondale, Mich., Re-

publican nominee Donald Trump made an impassioned, six-word overture to African Americans, who had shown little enthusiasm for his campaign: “What do you have to lose?” Well, if the President-elect's cabinet nominations are any indication, for African Americans — and anyone concerned over imminent threats to justice for all Americans — the answer is simple: everything.

With Trump's nomination of Republican Alabama Sen. Jeff Sessions as attorney general, the stage appears set to rollback the clock on racial justice, immigration policy, LGBTQ movement advances and gender equality, among other hard fought for gains in the American struggle towards equality for all its citizens.

Sen. Sessions first emerged on the national stage in 1986, when President Ronald Reagan nominated the then United States attorney for the Southern District of Alabama for a federal judgeship.

His bid for the lifetime appointment was promptly derailed by the Republican-controlled Senate Judiciary Committee as a result of sworn testimony that pointed to a disturbing pattern of racist actions

and comments.

Among the diverse allegations brought by witnesses, Sen. Sessions was accused of calling an African-American prosecutor “boy” on more than one occasion. He was also accused of calling a white attorney a “disgrace to his race” for representing black clients in a voting rights case.

Sessions labeled the NAACP and the American Civil Liberties Union “un-American” and “communist-inspired” organizations, arguing that the groups “forced civil rights down the throats of people.” He also publicly described the Voting Rights Act of 1965 as “an intrusive piece of legislation.”

For his alarming and distressing comments, Sen. Sessions became the second man in half a century to be rejected by the Judiciary Committee. By a bipartisan vote of 10-8—with two Republicans joining the Democrats—Sen. Sessions' nomination was rightfully opposed. But he wasn't finished. Sen. Sessions went on to become the attorney general of Alabama, then he moved on to become state's junior senator.

And now, a man once rejected as too racist to hold a federal judgeship, and has demonstrated a

career-long, deep hostility to civil rights, is now being considered to serve as the nation's chief enforcer of civil rights law. A man who once described the Voting Rights act as “intrusive,” he is now being considered as the nation's top law enforcer, tasked with enforcing our nation's voting rights laws.

It seems the Trump administration is poised to set the fox to guard the henhouse.

As it did three decades ago when Sen. Sessions testified before it, we expect and demand that the Senate Judiciary Committee conduct a thorough and complete examination to determine if Sen. Sessions is fit to serve in this crucial federal justice enforcement capacity. But this examination cannot, and must not, be limited to past transgressions. Sen. Sessions, who has worked as a public servant for decades, has amassed a record that can speak for itself — and it speaks volumes.

In 2006, Sen. Sessions supported a ban on same-sex marriage. In 2009, Sen. Sessions voted against a bill that would expand federal hate crime legislation, and against Lilly Ledbetter Fair Pay. Sen. Sessions has opposed legislation that would restore the pre-clearance provision of the Voting Rights

Act — supported by civil rights groups. And, during a debate on immigration reform, Sen. Sessions insulted Dominican immigrants, claiming that, “Fundamentally, almost no one coming from the Dominican Republic to the United States is coming here because they have a provable skill that would benefit us and that would indicate their likely success in our society.”

As it did three decades ago, the Judiciary Committee must vigorously question Sen. Sessions and seriously contemplate whether his 30-year record of action and statements befits a candidate whose job requires enforcing the constitutional and civil rights of all Americans.

The National Urban League, along with a broader civil rights coalition are conducting its own review of Sen. Sessions' record. If our examination does not determine that he is fit to serve as chief enforcer of civil rights laws, it will be our responsibility to oppose his nomination. We encourage all senators who are champions of civil rights to refrain from committing their support to this nomination until our examination is complete.

Marc H. Morial is president and chief executive officer of the National Urban League.





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Arts & ENTERTAINMENT



Ching Ching Wong, named one of Dance Magazine's "25 To Watch" for 2017, joined Portland's NW Dance Project in 2010. In addition to performing, she teaches popular jazz dance classes for adults and youth.

Recognized with Top Honors

Portland's NW Dance Project is celebrating the accomplishments of one of its company members, Ching Ching Wong, who has been named one of Dance Magazine's "25 to Watch" just one year after she won the Princess Grace Award for outstanding dance.

Being recognized as one of the country's top dance artists is an incredible and well-earned honor.

"This is huge," exclaims NW Dance Project Artistic Director Sarah Slipper. "Every dancer wants to be named "25 To Watch" and every dancer dreams of a

Princess Grace Award — Ching scored both!"

Ching Ching Wong was born in Manila, Philippines, but calls southern California her home. She joined NW Dance Project in 2010 and in addition to performing, she teaches popular jazz dance classes for adults and youth.

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A scene from the new non-fiction film 'The Prison in Twelve Landscapes', screening for the Northwest Film Center at the Portland Art Museum, on Friday, Jan. 6 through Sunday, Jan. 8.

The Prison in Twelve Landscapes

Jail-time merges with daily life in new documentary

The entrenched nature of the prison in American society is the backdrop for a new non-fiction film about prison from the plac-

es we least expect to find it: The front yards, public spaces and social rituals of everyday life.

The Northwest Film Center at the Portland Art Museum, downtown, presents "The Prison in Twelve Landscapes, with 7 p.m. screenings on Friday, Jan. 6 through Sunday, Jan. 8.

Filmmaker Brett Story uses a

series of vignettes to portrait a culture where jail-time is part of daily life, showcasing communities desperate for prison jobs, people paying huge fines for minor offenses, and the massive changes to communities across the country.


A timely and subtly damning documentary, the film builds a vi-

tal, at times tender, and at times infuriating argument about the entrenched nature of the prison in American society.

The Northwest Film Center is a regional media arts organization offering a variety of exhibition, education programs, and artist services. For more information, visit www.nwfilm.org.

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Arts & ENTERTAINMENT

The Power of Imagination -- 'Finding



Neverland,' the award-winning Broadway show based on the motion picture and play 'The Man who Was Peter Pan,' and Peter Pan or 'The Boy Who Wouldn't Grow up,' is now playing through Sunday, Jan. 8 at Keller Auditorium.



Breakout Tuesdays Hip Hop -- JAMN 107.5 and Cool Nutz from the Breakout Show present Breakout Tuesdays each third Tuesday of the month at the Ash Street, 225 S.W. Ash. The shows will feature performances from some of the top rappers from the Northwest. Hosted by Juma Blaq and DJ Fatboy.

Clothing Closet -- Each first Saturday of the month, a complimentary breakfast and clothing drive takes place at First AME Zion Church, 4304 N. Vancouver Ave. The goal is to clothe and feed Portland one person at a time. For more information, call Nydia Campbell-Pullom at 503-317-1089.

Music Millennium Free Shows -- The Music Millennium, 3158 E. Burnside, regularly hosts a series of in-house live performances. Enjoy free music and the opportunity to meet artists. Call 503-231-8926 for a current schedule.

Norman Sylvester -- 'Boogie Cat' Norman Sylvester plays Wednesday, Jan. 4 at Billy Blues in Vancouver; Friday, Jan. 13 at the Spare Room; Saturday, Jan 14 at the Vinyl Tap in Oak Grove; Friday, Jan. 20 at the Rogue Pub in North Plains; Saturday, Jan. 21 at the Blue

Diamond; and Saturday, Jan. 28 at Clyde's.

Democracy's Blueprints -- The Declaration of Independence, U.S. Constitution and Bill of Rights, and other bedrock documents that laid the foundation of American democracy are on view in a new exhibit at the Oregon Historical Society, downtown, through Feb. 1.



Teen Late Night Returns -- A popular Teen Late Night program through Vancouver Parks and Recreation is back. Young people between the ages of 11 and 18 are invited to enjoy a safe night of free recreational activities every Friday night at either the Fistenburg or Marshall community centers.

History Hub -- Oregon Historical Society exhibit for young people explores the topic of diversity with interactive objects and pictures that tell the stories of the people of Oregon, past and present. With puzzles, touch screen activities and board games, History Hub asks students to consider questions like "Who is an Oregonian?," "How has discrimination and segregation affected people who live in Oregon?," and "How can you make Oregon a great place for everyone?"



Blast Off to Space Exploration -- The Oregon Museum of Science and Industry (OMSI) take guests through an out-of-this-world experience with Journey to Space: The Exhibition, featuring hands-on experiences that will give visitors an up-close look at what it takes to live, work, and survive in the extraordinary environment of space. The Exhibition runs through Sunday, Jan. 8. To learn more visit omsi.edu.

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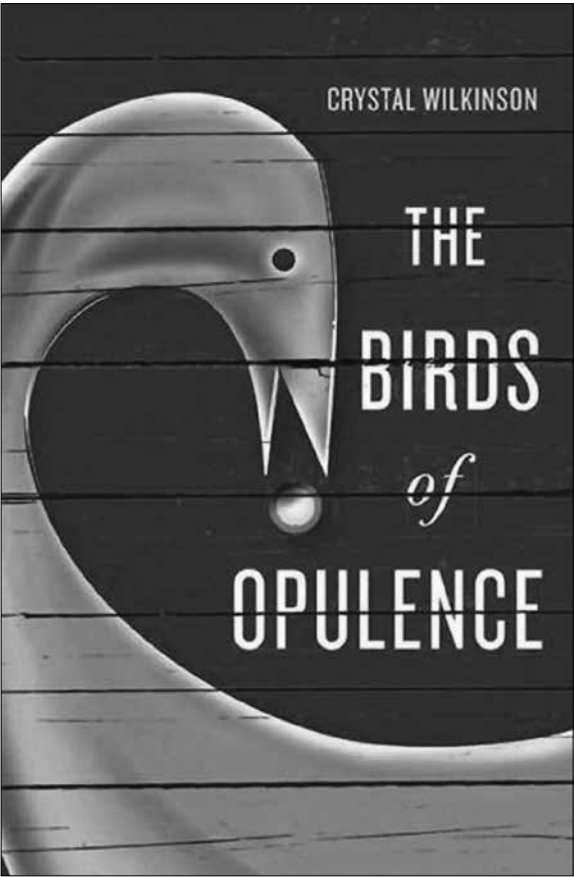
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Arts & ENTERTAINMENT



Crystal Wilkinson

Rising African American Writer

Author Crystal Wilkinson is the winner of the 2016 Ernest J. Gaines Award for Literary Excellence for her novel *The Birds of Opulence*. The award is named in honor of one of Louisiana's most beloved storytellers and serves to recognize rising African-American fiction writers while also expanding

the audience for black authored literature. *The Birds of Opulence* is Wilkinson's first novel and centers on several generations of women in the bucolic southern black township of Opulence as they live with and sometimes surrender to madness. The Goode-Brown family, led by matriarch and pillar of

the community Minnie Mae, is plagued by old secrets and embarrassment over mental illness and illegitimacy. Meanwhile, single mother Francine Clark is haunted by her dead, lightning-struck husband and forced to fight against both the moral judgment of the community and her own rebellious daughter.



Oddville Comedy Debut

Thomas Schroyer performs for Oddville: A New Vaudevillian Tradition, a monthly performance showcase of some of Portland's best comedic performers, coming Sunday, Jan. 8 and every second Sunday of the month from 7 p.m. to 11pm at The Steep and Thorny Way to Heaven at Southeast Second Avenue and Hawthorne.

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**Arts & ENTERTAINMENT**

Professional wrestling returns to Portland with a new show that combines professional wrestling and theater, debuting Saturday, Jan. 7 at the Artists Repertory Theatre, downtown.

Wrestling Morphs with Theater

An independent wrestling event called WrestleSport is debuting at The Artists Repertory Theater, downtown, on Saturday, Jan. 7 with a show that combines professional wrestling and theatre.

The event will debut a new look and feel of professional wrestling,

formatted specifically for the theater setting. The excitement and athleticism of in-ring action will be accompanied by complex storytelling and theatrical presentation. Spectators will be encouraged to be vocal, show enthusiasm and become a part of the show.

The opening event will feature WrestleSport Heavyweight Champion "The Masterpiece" Chris Masters, local wrestlers from the Pacific Northwest as well as international stars.

Tickets are available through wrestle-sport.com, starting at \$20.

Murder on the Nile

Lakewood Theatre Company presents the mystery 'Murder on the Nile' opening Friday, Jan. 6 at the Lakewood Center for the Arts in Lake Oswego. The Agatha Christie masterpiece is about a murder aboard a luxury steamer as it travels up the Nile River as handsome newlyweds are on their honeymoon. Performances will continue through Feb. 12.



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Obituaries

In Loving Memory



Naomi Jackson Houston

Naomi Jackson Houston went home to be with the Lord on Dec. 11, 2016.

Naomi was born Dec. 28, 1928, the second child of Columbus and Hattie Gray Jackson. She grew up in Saline, Louisiana and graduated from Shady Grove High School in 1947 with high honors.

She gave her life to the Lord and united with Shady Grove Baptist Church. She loved singing and was a part of The Jackson Singers with her dad, sister Ruth, and first cousins, travelling across

Louisiana.

In 1945 she married the late Minister Phene Houston and relocated to Portland. They had four children, three daughters and one son.

She united with Morning Star Missionary Baptist Church in 1952 and served as a Sunday School and Missions teacher, choir director, and financial secretary. She later joined Greater St. Stephen Missionary Baptist Church to support her son, who served as pastor. After he relocated out of state, Naomi returned to her home church, Morning Star.

She worked at the Bohemian Bakery for 10 years, before starting work in the Portland Public Schools' Early Childhood Education Program while taking night classes at Portland Community College and then transferring to Portland State University. She retired after 32 years of service and briefly moved to Louisiana for six months to care for her mother until her death.

Returning to Portland, she was a proud grandmother, raising her first and spending time with all of her grandsons. The neighborhood children called her "Grandma" and she was often baking her famous German Chocolate Cake and fried children on any given Sunday. She served as the Missions President for the Union District Baptist Association of Oregon.

She was preceded in death by her parents, one infant daughter, two brothers (Luther and Larice Jackson) and one sister, Ruth Jackson Bradford.

She leaves to cherish her memory: son, Pastor Robert Earl (Jessica) Houston of Frankfort, Ky.; daughters Nora J. Houston and Phyllis (Tim Sr.) Houston Smith of Portland; sister Nancy Smith of Portland; nine grandsons; 24 great grandchildren; and a host of nephews, nieces, cousins, relatives and special friends.

In Memory of



Lavada Arion Jones (AKA Sweet Mama)

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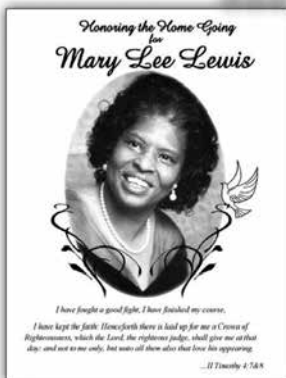
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The Portland City Auditor's Independent Police Review (IPR)

is responsible for the civilian oversight of the Portland Police Bureau (Police Bureau). The Citizen Review Committee (CRC) is an advisory body to IPR and the Police Bureau.

CRC holds appeal hearings of police misconduct investigations; listens to community concerns; periodically serves on the Police Review Board, an advisory body to the Chief of Police that makes recommendations as to findings and discipline of sworn police members; reviews Police Bureau policies; and advises IPR on complaint handling processes.

CRC members are appointed by Portland City Council to serve three-year terms.

Candidates must be Portland, Oregon, residents or business owners, and be impartial and objective in regards to law enforcement.

Applications are available at <http://www.portlandoregon.gov/ipr/> or the IPR office: City Hall, 1221 SW 4th Avenue, Room 140, Portland, OR 97204. Return applications by 5:00 pm, Wednesday February 8, 2017, via fax 503-823-4571, e-mail crc@portlandoregon.gov, mail, or hand-delivery to IPR.

Accountant III

This position is a core member of the Accounting and Payroll section of the Finance and Business Operations Department and is responsible for a variety of complex detailed analyses, complex reconciliations, and the reporting of financial information, including a key role in the preparation and publication of the Comprehensive Annual Financial Report (CAFR). This position performs detailed analysis and complex reconciliation of accounts. It is jointly responsible for the accuracy and timeliness of fiscal information as relates to Commission and City-wide program and project accounting.

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\$65,479 - \$86,223, annually

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Holistic Approach

CONTINUED FROM FRONT

ing up, because of the tension we had," she explains.

While Ortiz is not a member of the Bureau's Personnel Division, she frequently attends police officer recruiting drives at schools and other institutions, Simpson said.

Uncage the Soul, the local production company that was responsible for the video's making, explains the methodology that was utilized throughout the video's production: "We understood that the national and local conversations about policing required sensitivity and honesty... We felt that an unscripted and transparent look at policing was appropriate." The video features a diverse assortment of Portland Police officers both in the field and in interviews, extolling the virtues of both the Bureau and life in the Northwest.

Simpson explains that the agency is also pushing for deeper, more systemic change, "This isn't a hollow recruiting pitch at all. It's a holistic approach to increasing the overall diversity of the organization."

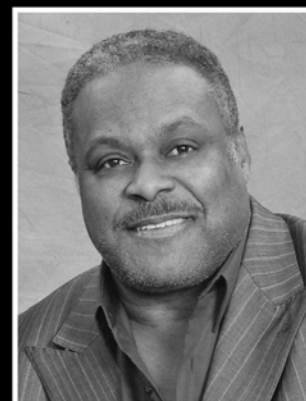
Simpson says the Bureau's efforts are focused on fostering a welcoming environment and comfortable workspace for officers of all backgrounds. On the ongoing educational efforts to understand

and embrace minority concerns, he states, "This year, every officer was trained in a baseline equity and diversity course that talks about racial injustice in the country, but more directly, in the city of Portland."

Simpson states that the Bureau hopes to recruit a force that mirrors the city itself, demographically speaking. Data from the 2010 census shows that about 24 percent of the city's populace belongs to a minority group, while the Portland Police Bureau's current percentage of minority officers is just about 16 percent. Simpson explains the value in having a diverse law enforcement force: "We need to look like the community we serve... It increases our ability to develop trust in the community."

Under the incoming administration of recently-inaugurated Mayor Ted Wheeler, Simpson said that he is optimistic the Police Bureau's hiring initiatives will only grow stronger. Speaking to future efforts to increase the force's diversity, Simpson states, "He made it very clear that that's a priority of his." Simpson said, "Recruiting good candidates is important to the health of the city."

For more information on the Police Bureau's officer recruitment process, visit joinportland-police.com.



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CALENDAR January 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>New Year's Day <i>Betsy Ross born, 1752</i> <i>Paul Revere born 1735</i></div>	<div>2</div> <div><i>Isaac Asimov born, 1920</i> New Year's Day Observed</div>	<div>3</div> <div>Festival Of Sleep Day <i>J.R.R. Tolkien born, 1892</i></div>	<div>4</div> <div>Trivia Day <i>Isaac Newton born, 1643</i> <i>Jakob Grimm born, 1785</i></div>	<div>5</div> <div><i>First Woman Governor, Nellie Ross, Inaugurated 1925</i> George W Carver Recognition Day National Bird Day</div>	<div>6</div> <div>Bean Day Epiphany <i>Sherlock Holmes born, 1854</i></div>	<div>7</div> <div><i>First U.S. Presidential Election held, 1789</i> Old Rock Day</div>
<div>8</div> <div>Secret Pal Day <i>Elvis Presley born, 1935</i></div>	<div>9</div> <div><i>First iPhone introduced in 2007</i> National Apricot Day National Static Electricity Day</div>	<div>10</div> <div><i>Remy Charlip born, 1929</i> <i>First Meeting of United Nations, 1946</i></div>	<div>11</div> <div>Dreams Come True Day Milk Day <i>Amelia Earhart flew Pacific Ocean, 1935</i></div>	<div>12</div> <div>Work Harder Day <i>Author Jack London born, 1876</i></div>	<div>13</div> <div>Poetry Break Day <i>Michael Bond born, 1926</i></div>	<div>14</div> <div>National Dress Up Your Pet Day <i>The Revolutionary War ended (1784)</i></div>
<div>15</div> <div><i>First Super Bowl Played in 1967</i> Hat Day; first top hat was worn (1797)</div>	<div>16</div> <div>Dr. Martin Luther King, Jr. Day Prohibition, 1920</div>	<div>17</div> <div><i>Muhammad Ali (Cassius Clay) born, 1942</i> <i>Benjamin Franklin born, 1706</i></div>	<div>18</div> <div><i>Raymond Briggs born, 1934</i> Beginning of the Lewis & Clark Bicentennial</div>	<div>19</div> <div><i>Artist Paul Cezanne born, 1839</i> Popcorn Day</div>	<div>20</div> <div>Inauguration Day (Every 4 years: 2013, 2017, 2021) Cheese Day</div>	<div>21</div> <div>National Hugging Day <i>First flight of the Supersonic Concorde (1976)</i></div>
<div>22</div> <div><i>Brian Wildsmith born, 1930</i> National Blonde Brownie Day</div>	<div>23</div> <div>Measure Your Feet Day National Handwriting Day National Pie Day</div>	<div>24</div> <div><i>Gold Discovered in California At Sutter's Mill in 1848 by John Marshall</i></div>	<div>25</div> <div>Opposite Day <i>First Winter Olympics held, 1924</i></div>	<div>26</div> <div>Australia Day (first settled, 1788)</div>	<div>27</div> <div><i>Lewis Carroll birthday</i> National Geographic Society Founded (1888)</div>	<div>28</div> <div>Chinese New Year - Year of the Rooster <i>Jackson Pollock born, 1912 (Artist)</i> National Kazoo Day</div>
<div>29</div> <div><i>Baseball Hall of Fame established (1936)</i> National Puzzle Day</div>	<div>30</div> <div><i>Franklin D. Roosevelt born, 1882 (23rd President)</i></div>	<div>31</div> <div>Backwards Day <i>Jackie Robinson born, 1919 (Baseball Great)</i></div>				



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