



**Just in Time**  
*Pools open  
for summer as  
warm temps  
arrive*  
See Metro, page 9



**Smith Draws  
Support**  
*Black leaders  
say county  
chair led biased  
investigation*  
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# Portland Observer

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PHOTO BY ZACHARY SENN/THE PORTLAND OBSERVER

Rickey Brame is faced with thousands of dollars of expenses and the closing of a barbershop started by his father, Herman Brame Sr., when a property owner next door decides to remodel right up to the property line forcing him to move an electrical meter and trigger new requirements for the entire building be brought up to current commercial standards. Electricity to the barbershop at 543 N.E. Killingsworth St. is scheduled to be cut at the end of the week as plans to remodel an old key and lock-smith shop adjacent to the property into a restaurant has been approved by the city of Portland.

## Pinched<sup>by</sup> Development

**Expansion next door  
impacts legacy business**

BY ZACHARY SENN  
THE PORTLAND OBSERVER

A black family in business in Portland for generations has been hit hard by some unintended consequences of gentrification, raising concerns about how the city's build-

ing codes and utility regulations can negatively affect a minority business.

Herman and Rickey Brame say that the construction of a restaurant next door to their commercial building on Northeast Killingsworth Street is causing them to shutter a barbershop that has served the community for years.

Historically, the Brame family has experienced displacement in Portland multiple times, beginning with the 1948 Vanport Flood. Their father's first barbershop was located on Cherry Street, demolished by Urban Renewal

in the 1960s to make way for the construction of Veterans Memorial Coliseum.

The family's current troubles are rooted in an electrical meter that juts out from the west side of their commercial building, which is located at 543-549 N.E. Killingsworth St.

The meter must be accessed from the neighboring property in order to be read. The new developer, however, is

CONTINUED ON PAGE 4



**Vindication for Kitzhaber**

Federal prosecutors said Friday they have ended the investigation of former Gov. John Kitzhaber and his fiancé, Cylvia Hayes, a stunning vindication for Kitzhaber who has always insisted he did nothing wrong. Kitzhaber resigned in February 2015 following revelations Hayes received more than \$200,000 worth of consulting contracts because of her connection to Kitzhaber and others in his office.

**Trump Reverses Cuba Policy**

After nearly three years of warming relations between the United States and Cuba, President Donald Trump announced Friday that his administration will unravel many of his predecessor's policies. Speaking in Miami, Florida, Trump fulfilled a promise to the anti-Castro voting bloc he believes helped his campaign, but stirring fear among others he could set back business interests and Cuba's potential for a more prosperous private sector.

**Celebrating Gay Pride**

Thousands of Portlanders took to the streets to celebrate gay rights and the LGBTQ community. Portland Pride Week included several marches, including a Trans Pride March and a Pride Parade, as well as a Pride Festival on the downtown waterfront. This year's festivities were accompanied by heightened presence from the Portland Police Bureau in response to an elevated number of bias crimes throughout the city in recent months.

**Cosby Mistrial Declared**

A judge in Montgomery County, Pennsylvania de-

## The Week in Review

clared a mistrial in Bill Cosby's sexual assault case after a jury last week was unable to reach a verdict. The 79-year-old comedian and entertainer was charged with drugging and sexually assaulting the victim years ago, the only case prosecuted from dozens of allegations made against Cosby in recent years.

**Rock Group Slants Win**

The Slants, a Portland rock group, has won the right to trademark their name, which was formerly determined to be disparaging by the U.S. Patent and Trademark Office. The Asian-American band won their case before the Supreme Court following an 8-year-long legal battle. The band's frontman, Simon Tam, has said that he wants to reclaim the ethnic slur.

**Deadly Navy Ship Collision**

A U.S. Navy destroyer, the USS Fitzgerald, collided with a cargo vessel off the Japanese coast Sunday, prompting a search for seven sailors who were later found dead in a damaged section of the ship. The cause of the collision, which involved the Philippine-flagged ACX Crystal, is still being investigated by U.S. and Japanese authorities.

**Shot Congressman Improves**

The condition of House Majority Whip Representative Steve Scalise, R-La., has been updated from critical to serious, following last Wednesday's shooting attack on GOP lawmakers who were practicing for a congressional baseball game. The shooting wounded four, including two Capitol Police officers who responded to the gunfire.



Named after the first African American elected to public office in Oregon, the Gladys McCoy Academy, located at 3802 N.E. Martin Luther King Jr. Blvd., will be torn down to make room for condominiums.

## McCoy Academy Coming Down

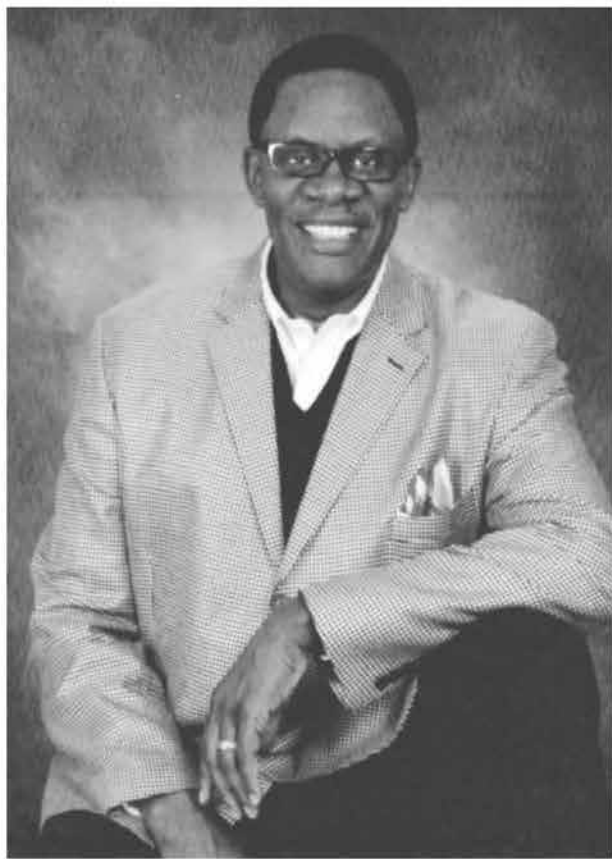
BY CHRISTA MCINTYRE  
THE PORTLAND OBSERVER

The Gladys McCoy Academy handed what could be their last graduating class their high school diplomas on Friday evening. The historic building on Northeast Martin Luther King Jr. Boulevard that has housed the school for 25 years has a date with wrecking crew and will be replaced by

condominiums. The school has historically been a safe refuge for low income youth who had previously dropped out or are at risk of dropping out of school.

The Portland Observer reported on the alternative school's financial struggles in the face of gentrification last December. Since

CONTINUED ON PAGE 15



Dr. Billy R. Flowers

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unsuccessful. Before you make any decision, heed the advice of the "father" of low back surgery: "exhaust all methods of conservative care before considering surgery to the lumbar (low back) spine." To find out how Chiropractic can help you avoid back surgery, or for answers to any questions you might have about your health, please call us at the phone number displayed below.

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This page  
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What's on your list today?

## Unwavering Support for Smith

Leaders say  
county chair  
led biased  
investigation

BY MICHAEL LEIGHTON  
PORTLAND OBSERVER EDITOR

An esteemed group of African American leaders issued a rebuke to Multnomah County Chair Deborah Kafoury Tuesday saying the findings of wrongdoing in a county-led human resources investigation against County Commissioner Loretta Smith were unsubstantiated and instead were a political and racist attack against Smith, the only black member of the county commission.

A letter addressed to Kafoury by the group "reaffirms the community's unwavering commitment to Commissioner Smith and highlights the county's flawed investigation."

Smith has been fighting allegations of inappropriate behavior by two former employees since the beginning of the year, denying that she made demeaning statements and was harsher in the treatment of the female and women of color staffers who worked for her.

Her supporters were strongly critical of Kafoury's role in the



Deborah Kafoury



Loretta Smith

investigation and said Smith was not afforded due process.

"This unseemly process surrounding unsubstantiated charges and allegations about Commissioner Smith have been the worst sort of political and racist attack, thinly veiled as a human resources investigation, indeed a modern day political lynching. We are not going to stand by while one of our best and brightest is maligned," said the rebuke.

"Our community has fought long and hard for African Americans, elected or not, to receive equal treatment under the law and we are outraged that did not occur under your leadership," the leaders added. "We will contin-

ue to be vocal in our enduring support of this woman who has dedicated her entire professional life to public service, to the betterment of our youth, and to all of Multnomah County."

The letter was signed by former Sen. Avel Gordly, Albina Head Start Executive Director Ron Herndon, Self Enhancement, Inc. President Tony Hopson, African American Alliance Co-Chairs Lorenzo Poe and Joyce Harris; and Albina Ministerial Alliance Chair and Co-chair Dr. Rev. Leroy Haynes Jr. and Dr. Rev. T. Allen Bethel.

Kafoury could not be reached for comment, but defended the investigation earlier.

## Portland Jazz Icon Dies after Illness



Thara Memory

Grammy Award-winning Portland jazz icon Thara John Memory died at the age of 68 on Sat-

urday evening, according to his attorney.

Memory, an Oregon Music

Hall of Fame inductee, was best known for directing the American Music Program, a nonprofit education center which instructed students in the 7th through 12th grades in jazz technique. He also led an after-school music program at northeast Portland's Martin Luther King Jr. Elementary School.

The musician won his first Grammy while collaborating with his most famous mentee, Esperanza Spalding, in 2013.

Memory was indicted in February on allegations of misdemeanor sexual abuse. Of his four alleged victims, two were under the age of 18. The cases did not proceed to trial prior to Memory's death, and will remain unresolved.

No cause of death has been released, though Memory had been struggling with failing health for several years. He was known to be suffering from kidney problems and diabetes.





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# Pinched<sup>by</sup> Development

CONTINUED FROM FRONT

building right up to the property line, which is compelling the Brames to move the meter. Due to regulations imposed by Pacific Power, the Brames must also rewire their entire building to meet current industrial and commercial standards. The current wiring dates back to the 1940s.

"It's considered industrial," explained Rickey Brame, who has nearly three decades of experience working as a professional electrician, "which means we've got to have sprinkler systems and everything. It's not just moving the meters, it snowballs."

Brian Alfrey, who co-owns the adjacent development site at 533 N.E. Killingsworth along with his business partner Mike Gadberry, says that he is just trying to breathe new life into an underutilized piece of land.

"It was a dilapidated old locksmith building. The roof was falling in, and it was just terrible," said Alfrey. "We bought it, and we wanted to do something better for the neighborhood."

Alfrey and Gadberry also own the Radio Room, a popular bar and restaurant on Northeast Alberta Street that is situated inside a repurposed gas station.

Rickey Brame says that he isn't opposed to the new development for the neighborhood, but is feeling forced out by the project.

"We welcomed them at first, when we got the notice from the city," he said. "We were tired of looking at that eye-sore too!"

Alfrey, who is himself a native of northeast Portland, says that he is simply trying to create

a space that will help to preserve the historic characteristics of the Killingsworth business corridor, which Rickey and Herman Brame describe as "the soul of the city."

"We opted not to do a \$2,000-a-month apartment complex," Alfrey says, "but to do something that's a little truer to the neighborhood."

Alfrey and Gadberry offered \$10,000 to help cover the cost of moving the meter; Rickey Brame, however, says that the cost of rewiring the entire structure would be substantially higher.

The Brames say that while some space between construction projects and property lines are required in residential areas, there are no such requirements in commercial zones.

Ross Caron, public information officer for the Portland Bureau of Development Services, says city regulators are aware of the situation involving the Brame's building. He explained that Pacific Power, and not the city, is compelling them to rewire the structure.

Pacific Power could not be immediately reached for comment.

The Brames add that while they understand that the developers are observing current regulations, say City Hall isn't going far enough to protect existing landowners and minority business owners from new developments.

"No matter what the code says," said Herman Brame, "the code is wrong."

Pointing to already-gentrified neighborhoods like Mississippi and Alberta, the Brames say that the burden placed on them is another obstacle to staying put in parts of the city that are rapidly

changing.

"I have a minimum of 5 employees here," said Rickey Brame. "These are minority workers trying to stay in our own neighborhood."

Herman Brame says that city leaders are ignoring the plight of black residents and business owners who are being forced out of inner Portland.

"You can cite codes and email back and forth, but that doesn't get anything done," he says. "At some point, they need to get out and walk around and see what's actually going on."

Herman Brame penned a letter to Portland Mayor Ted Wheeler asking him to review his family's case, and learn more about how Portland residents are being affected by the city's zoning rules.

"We hope that they can review their code, and take this into consideration," Herman Brame said.

For now, the Brames are preparing to shut down the barbershop as the new construction is ready to begin. He is hoping, however, that a salon that's attached to the barbershop can remain in operation for the foreseeable future. The salon is run by his daughter, who is the fourth generation of the Brame family to be successful in the beauty industry.

"The barbershop is going to be cut off," Rickey Brame says. "We're going to be shut down. We've got no choice."

The barbershop is scheduled to have its power cut on Friday, June 23.

"We will survive. We own this land," Rickey Brame said, adding, "But this could have us shut down three years."

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# Nikki Brown Clown Party

Portland's favorite brown clown is having a party. After a nearly yearlong hiatus, Nikki Brown's second annual Neighborhood Block Party, a culturally creative affair for everyone, will be held Friday, June 23, from 3 p.m. to 8 p.m. on Northeast Emerson Street between 10th and 11th Avenues.

Your invited to bring yourself, your friends and family, and of course your kids! There will be facepainting, a children's showcase, live musical performances, African drumming, chess, cards and music from DJ Lamar LeRoy.

"I've planned a magical community event that's multi-generational!" Brown says.

Oh, and it's a potluck, so feel free to bring a grill and cook something up.

*Nikki Brown is Portland's favorite brown clown and she's having a party.*



## Habitat Homes Rise in Cully

Wells Fargo employees have volunteered more than 130 hours so far this year to build 21 affordable homes in Portland's Cully neighborhood of northeast Portland. They will continue to assist with various phases of the construction and at another build site in the Lents neighborhood of southeast Portland.

Wells Fargo Housing Foundation donated the \$45,000 to Habitat for Humanity in support of their volunteerism. The nonprofit organization partners with volunteers to build affordable, safe and sustainable homes which it sells to low-and moderate-income families with an affordable mortgage.

"We believe homeownership is a central part of a healthy, vibrant community," said Wells Fargo Regional President Tracy Curtis of Portland. "Since its inception



Volunteers from Wells Fargo work with Habitat for Humanity on its Helensview build site where 21 homes that are affordable to the community are being built in the Cully neighborhood of northeast Portland.

in 1993, the Wells Fargo Housing Foundation has given more than \$190 million to support affordable housing, including \$455,000 in the last five years to Habitat for Humanity Portland/Metro East."

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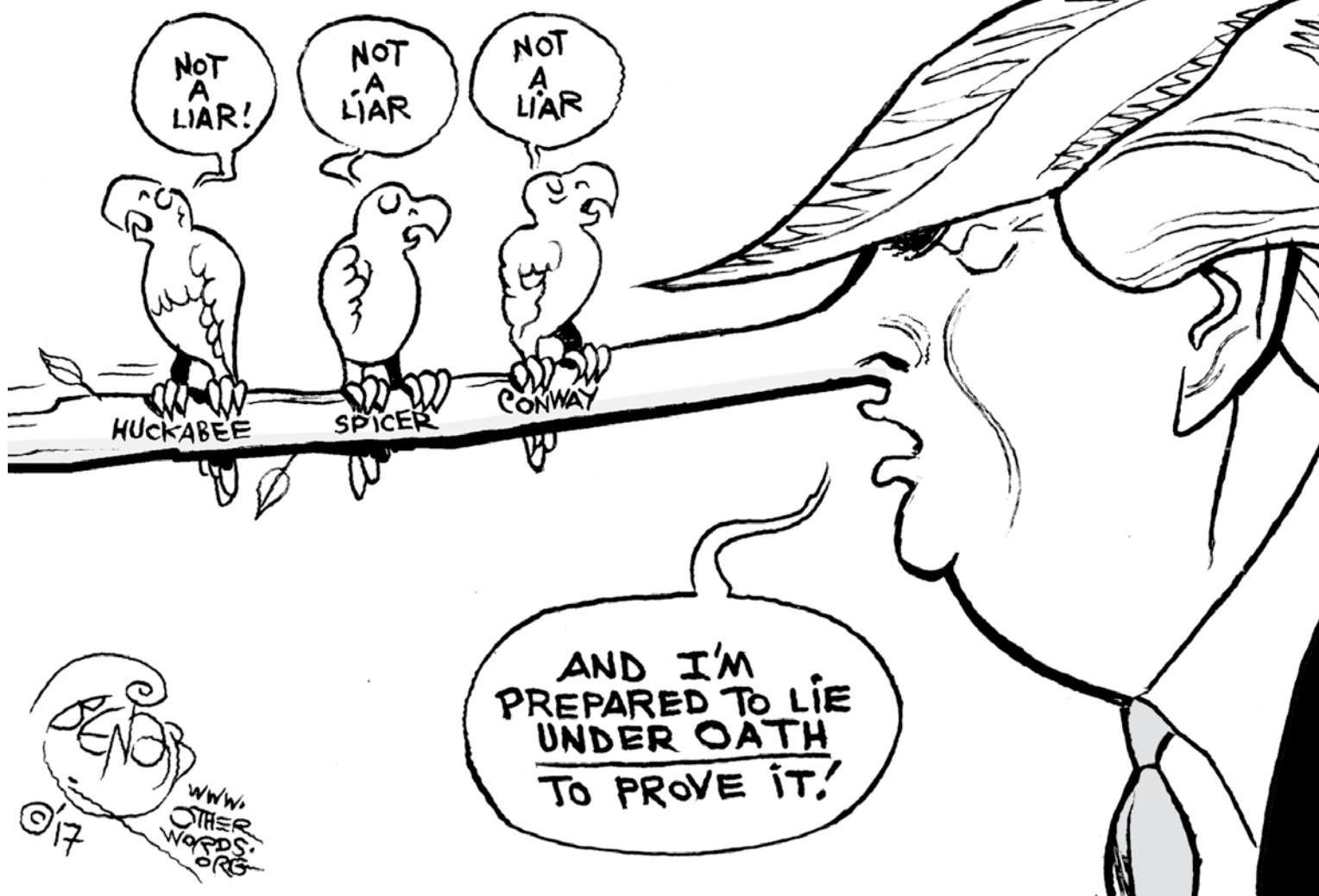
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# OPINION

**BREAKING NEWS: PRESIDENT TRUMP NOT A LIAR.**



## An Assault on the Least Among Us

**We cannot let  
our neighbors go  
hungry**

BY SUZANNE WASHINGTON

With President Trump's budget, Congress has now seen his plans for low income Americans, and Congress must wholly reject his vision in their own upcoming budget.

The scale and size of the proposed funding cuts are not just staggering: they would shred decades of federal bipartisan support to ensure that the least among us - especially poor, elderly, and disabled Americans -- can maintain basic standards of living, like food to eat and a roof overhead, as well as the ability to maintain their health and dignity.

Having enough food to eat is a real problem for our nation's seniors: the National Council on Aging estimates that 10.2 million older Americans (15.8 percent of people age 60+) faced hunger in 2014. Thanks to funding from the Older Americans Act, which partially funds Meals on Wheels People, we are able to deliver fresh,

nourishing meals to 5,000 older adults every weekday.

Many Meals on Wheels programs also rely on both Community Development Block Grants and Community Service Block Grants. The president's budget eliminates the CDBG program, which will have a devastating impact on the ability to serve and deliver meals. It is the combination of funding sources that allows Meals on Wheels programs to feed our most vulnerable elders.

Making it even more difficult for our participants to get the nutrition they need, Trump's budget also dramatically shrinks and alters SNAP (food stamps), another key source of nutrition for our low income seniors -- and for more than 676,000 Oregonians statewide.

Trump's budget not only cuts \$193 billion from SNAP over the next 10 years, it also ends the federal commitment to provide food assistance to low income people by shifting 25 percent of SNAP's cost to states over 10 years.

The cost to Oregon alone would be more than \$1.8 billion. If, as is likely, our state could not fill the

hole created by these cuts, states would be allowed to slash benefits, including eliminating the minimum benefit -- currently \$16 per month. This would result in 57,000 people in Oregon, mostly elderly and people with disabilities, losing SNAP benefits altogether.

Even with the support of Meals on Wheels People, we know it's not enough for many of our participants and they rely on the additional support of SNAP to make sure they have enough to eat every day. Norma, who lives alone in a small home in southeast Portland, survives on her income from Social Security. She relies on both SNAP benefits and her daily meal delivery from Meals on Wheels People for the majority of her food. If one or both are eliminated, Lois will go hungry. We cannot let this happen to our elderly neighbors.

Adding insult to injury, Trump's budget doesn't just eliminate food assistance for seniors -- by breaking his promise not to cut Social Security and slashing Social Security Disability Income and Supplemental Security Income by \$72 billion over 10 years, this budget cuts a critical source of income for some of our participants. These benefits are essential for people

with disabilities who can't earn a living wage. According to Federal Center on Budget and Policy, just over 95,000 working-age Oregonians with disabilities (3.8 percent of Oregon's 18-64 year olds) received SSDI and/or SSI in December 2015.

We see every day how this net of services created with bipartisan support over the years ensures that our clients can be healthy and live independently with dignity. Meals on Wheels People depends on more than just federal funds to make our program work -- our local and state governments contribute their share, as do more than 450 volunteers who show up every weekday to help their neighbors in need.

Far too many Americans are just one illness or one accident away from financial disaster or physical incapacity. Congress must not ignore the evidence that these programs work. Congress must propose a budget that provides a reliable foundation our community's health and well being for anyone facing disability, illness or old age.

Suzanne Washington is the executive director of Means on Wheels People.

Opinion articles do not necessarily represent the views of the Portland Observer. We welcome reader essays, photos and story ideas. Submit to [news@portlandobserver.com](mailto:news@portlandobserver.com).

# OPINION

## What Black Parents Must Do This Summer

### Activities to make up for the education gap

BY JAWANZA KUNJUFU

There is a three year educational gap between black and white students. Many people love to believe it's due to income, fatherlessness, educational attainment of the parent, and lack of parental involvement. I believe a major reason for the gap is we continue to close schools for the summer as if we are an agrarian economy.

Very few black youth will be farming this summer. If you multiply three months by 12 years you will see the three year gap. There is no shortcoming with black youth if their schools remained open during the summer and/or their parents kept them academically engaged.

Many middle-income parents who value education enroll their children in some type of academic experience during the summer. They also visit libraries, museums, zoos and colleges. Other parents allow their children to sleep longer, play more video games,

watch more television and play basketball until they can't see the hoop. These students will have to review the same work they had mastered in May in September.



Black parents cannot allow their child to lose three months every year. Black parents cannot say they cannot afford the library.

many people were staring at him. His wife and children had to tell him he was the only black man in the building! I am appealing to every father to take his children this summer to the library, museum, and the zoo. I am appealing to every mother if he won't, you will.

We need every parent to make sure their child reads at least one book per week and to write a book report. I am reminded of the formula Sonya Carson used

turn off the television, read a book and write a report that her sister would grade!

I have a theory that I can go into your house and within five minutes tell you the type of student who lives there and predict their future. I believe that engineers, doctors, lawyers, accountants etc. need different items in their house than ballplayers, rappers and criminals. I am very concerned when I visit a house that has more cds and

reasons boys dislike reading is because of the content. The set is titled Best Books for Boys. We also have one for girls, parents and teachers.

Enjoy your summer. Let's close the gap. I look forward to your child's teacher asking your child what did you do for the summer? And your child answering we went to the library, museum, zoo, colleges and other great educational places.

*"I have a theory that I can go into your house and within five minutes tell you the type of student who lives there and predict their future. I believe that engineers, doctors, lawyers, accountants etc. need different items in their house than ballplayers, rappers and criminals. I am very concerned when I visit a house that has more cds and downloads than books."*

It's free! Most museums have discounted days. A friend of mine shared his experience with me when he took his family to the museum. He wondered why so

to develop Ben Carson to become the best pediatric neurosurgeon. This low-income single parent, with a third grade education, had enough sense to tell her sons to

downloads than books.

My company, African American Images has designed a special collection of books for boys. Research shows one of the major

Jawanza Kunjufu is a writer, educator, publisher from Chicago who has dedicated his career to addressing the ills afflicting black culture in the United States.

## Juneteenth Still Resonates in Powerful Ways

### It reminds us how far we have yet to go

BY JESSICAH PIERRE

On June 19, 1865, Union soldiers arrived in Galveston, Texas. They carried some historic news: Slavery had finally and completely ended, they declared.

All of America's enslaved people were now free, some two and a half years after President Lincoln's Emancipation Proclamation.

That day in June would soon become "Juneteenth," a holiday still celebrated in communities across the United States.

African Americans have now been free from slavery for over 150 years. Over the course of those years, the United States has made some appreciable and even impressive progress. In 1964, passage of the Civil Rights Act toppled Jim Crow. A year later, the Voting Rights Act challenged discriminatory voting laws.



We've even seen the election — and re-election — of the nation's first black president.

So why, amid all this progress, does the Juneteenth holiday still resonate so powerfully for so many Americans?

Because Juneteenth reminds us how far we have yet to go. Racial inequality remains one of the top issues of our time. Black households,

research shows, continue to lag economically behind their white counterparts, in both income and wealth.

Last summer, the Institute for Policy Studies and the Corporation for Enterprise Development explored that inequality in a report called the The Ever-Growing Gap, which focused on the essential role wealth plays in achieving financial security and opportunity.

Over the past 30 years, the report found, the average wealth of white families grew at three times the rate of growth for black families. If those trends continue, black families would have to work another 228 years to amass the

amount of wealth white families already hold today.

That's almost as long as the 245 years that legal slavery stained colonial America.

Over the course of those years, slave labor built the backbone of America's economy — and gave white families a 245-year head start on building household wealth and overcoming economic insecurity.

Juneteenth helps us remember this history — and we need to remember.

The conventional narrative around wealth building in America simply ignores slavery and its aftermath. Those with more than ample wealth, the narrative goes, fully merit what they have. And others merit less.

"Most people look at the story of inequality through the lens of deservedness: People get what they deserve," writes my colleague Chuck Collins in his book *Born on Third Base*.

The standard narrative, he says, implies "that people are poor because they don't try as hard, have made mistakes, or lack wit and wisdom." And the rich, the same

story goes, have worked "harder, smarter, or more creatively."

This "deservedness" narrative never acknowledges the discrimination and other barriers that have blocked black economic progress, or the public policies that have kept these barriers intact — things like housing and employment discrimination, mass incarceration, and tax policies that favor the wealthy over poor people of all

colors.

It's time to take a close look at federal policies and the role they play in keeping the growth of black wealth stagnant. In honor of Juneteenth, let's rededicate ourselves to closing the racial wealth divide.

Jessica Pierre is the Inequality Media Specialist at the Institute for Policy Studies. Distributed by OtherWords.org

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# Arts & ENTERTAINMENT



Kids of all ages can sign up for the Multnomah County Library's 2017 Summer Reading Program at any branch, including the Albina location (above) at 3605 N.E. 15th Ave.

## Enticing Kids for Summer Reads

Kids of all ages are encouraged to sign up for summer activities at any neighborhood branch of the Multnomah County Library system.

The library's Summer Reading program entices kids to read for pleasure when school is not in session, maintaining the skills developed during the school year and encouraging lifelong library use. Last year, approximately 110,000 children, from babies to teens, participated.

But summer reading isn't just about books. The library has a season full of engaging storytimes, crafts, classes and camps. Young people can explore Latin American music; ancient engineering technologies; building suits of armor; the role of bugs in ecological systems; magnets or take part in weeklong camps for teens that explore silk screening, creating electronic music and more.

Signing up for the Summer Reading program gives participants (or their parents) a gameboard customized for their age group. Participants then engage in any number of literacy-building activities and mark off days of on their gameboards. As they complete levels, participants earn books, free passes, restaurant coupons and other prizes.

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Swimming and other fun aquatic activities draw kids to the Peninsula Park pool in north Portland. The summer season schedule for Portland Parks and Recreation began Tuesday with the opening of all of the city’s outdoor pools.

Portland Parks and Recreation opened all of its outdoor pools for summer Tuesday just as the school year ends and warm weather arrives in the Northwest. Temperatures reached into the 80s to begin the week and fair skies were expected to continue all

# Just in Time

## Warmer temps arrive as pools open

week and weekend. As part of its Summer Free For All program, free open play swim sessions indoor and outdoor pools are offered throughout the across the city. Selected summer months at both swim lessons are conduct-

ed in Spanish. Contact your local pool for more information. Portland Parks & Recreation also offers lap swimming, teen swims, water exercise classes, junior lifeguard training, junior swim instructor training, summer swim teams, special events, and more.



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# Arts & ENTERTAINMENT

## ENTERTAINMENT GUIDE

**Good in the Hood** -- The multicultural Good in the Hood Festival takes place this weekend, Friday through Sunday, June 23-25 at Lillis-Albina Park in north Portland. Over 15 bands, a marketplace with handmade goods and foods from a diverse group of entrepreneurs, kids games, a 3 on 3 basketball tournament and more. The Good in the Hood Parade is Saturday at 11 a.m. starting from King School Park and following Martin Luther King Jr. Boulevard to Russell Street and west to the festival site. For more information, visit [goodinthehood.org](http://goodinthehood.org).

**PDX Jazz Presents** -- PDX Jazz closes out the month of June with The Legendary Murray/El'Zabar Duo on Thursday, June 29 at The Old Church. The multi-reedist David Murray and drummer/percussionist Kahil El'Zabar have been at the forefront of innovative musical exploration and creative diversity for over four decades. Tickets are \$25 in advance.

**Norman Sylvester** -- 'Boogie Cat' Norman Sylvester plays Friday, June 23 at Clyde's; Sunday, June 25 at 11:30 a.m. at the Lake Oswego Festival of the Arts, and at 8 p.m. at the Good in the Hood Festival at Lillis Albina Park in north Portland; Friday, June 30 at Catfish Lou's; Saturday, July 1 at Buddies Sports Bar in Aloha; Sunday, July 2 at Confluence Winery in Ridgefield; and Monday, July 3 at 1 p.m. at the Waterfront Blues Festival.



**Life of an Iconic President** -- One hundred years after his birth, John Fitzgerald Kennedy remains a subject of endless fascination for millions of Americans. The Oregon Historical Society's current exhibition "High Hopes: The Journey of John F. Kennedy" explores Kennedy's

early life, his road to the presidency, and the changes he effected during his time in office. Runs through Nov. 12.

**Recycled Arts Festival** -- Showcasing artwork made of recycled materials, the free Recycled Arts Festival returns to Esther Short Park in downtown Vancouver, Saturday, June 24 from 9 a.m. to 5 p.m. and Sunday, June 25 from 10 a.m. to 4 p.m. Sunday, June 25. More than 150 artists will exhibit and sell items such as metal and glass garden art, sculptures, mosaics, jewelry, clothing, furniture, birdfeeders and wall art made of at least 75 percent recycled material.

**Chinook Winds Anniversary** -- Chinook Winds Casino Resort in Lincoln City, owned and operated by the Confederated Tribes of Siletz Indians of Oregon, celebrates 22 years with a fun filled anniversary weekend, June 22- 25, with fireworks, free live music, anniversary cake, and more. For more information, visit [chinookwindscasino.com](http://chinookwindscasino.com).

**Free Fishing Clinic** -- The Mt. Hood National Forest is hosting annual free fishing clinics for kids 12 and younger. Next session is Saturday, June 24. Bring lunch, warm clothing, a rod and reel if possible and a cooler to bring home your catch! For more information, call 503-630-8801.

**History Hub** -- Oregon Historical Society exhibit for young people explores the topic of diversity with interactive objects and pictures that tell the stories of the people of Oregon, past and present. With puzzles, touch screen activities and board games, History Hub asks students to consider questions like "Who is an Oregonian?," "How has discrimination and segregation affected people who live in Oregon?," and "How can you make Oregon a great place for everyone?"



**Discount Tickets** -- Low income families and individuals can purchase \$5 tickets to classical musical performances in Portland as part of a unique program called Music for All. Participating organizations include the Oregon Symphony, Portland Opera, Oregon Ballet Theater, Chamber Music Northwest, Portland Youth Philharmonic, Portland Baroque Orchestra, Friends of Chamber Music, Portland Chamber Orchestra, Portland Piano International, Portland Symphonic Choir, Cappella Romana and Portland Vocal Consort.



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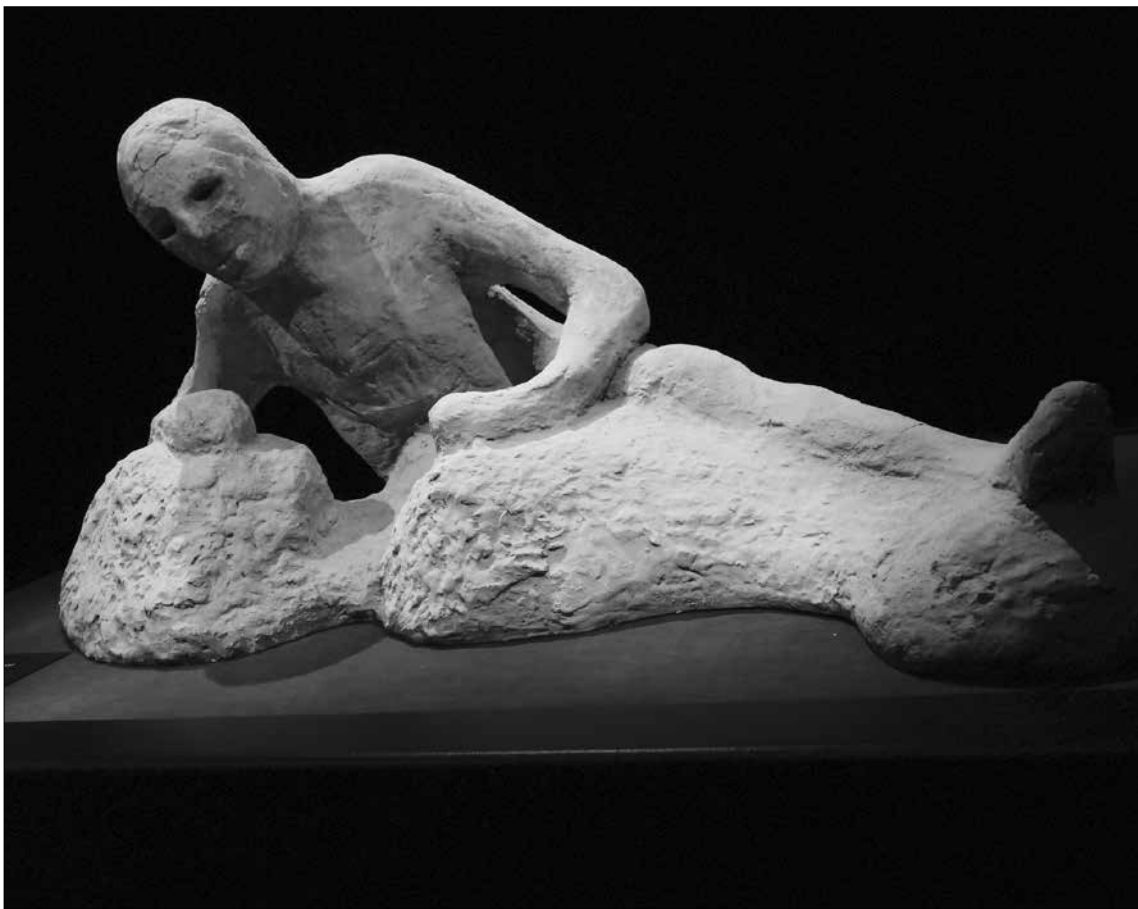
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# Arts & ENTERTAINMENT



Preserved bodies cast by the eruption of Mt. Vesuvius in Italy were discovered in the ruins of city buried by volcanic debris. Pompeii: The Exhibition opens Saturday, June 24 at the Oregon Museum of Science and Industry.

## Pompeii Exhibit Comes to OMSI

See a city  
frozen in time  
by catastrophic  
eruption

A worldwide exhibit examining life in Pompeii both before and after the eruption of Mt. Vesuvius in 79 A.D. opens Saturday, June 24 at the Oregon Museum of Science and Industry.

Pompeii: The Exhibition features nearly 200 precious artifacts on loan from the unparalleled collection of the Naples National Archaeological Museum in Italy including a first century, bronze gladiator helmet; a Citharist bronze statue of Apollo, dating to 50 A.D.; and several remarkable

fresco paintings, including one of Dionysus and Silenus, dating between 50-79 A.D.

"This exhibition offers our guests the opportunity to study and understand history through the scientific lens of archaeology and volcanology," said Nancy Stueber, OMSI president and chief executive officer. "Volcanoes are a part of our life here in the Pacific Northwest, and this exhibition allows our visitors to explore earth and volcano science, regionally and worldwide."

Pompeii was hidden from view and forgotten for centuries until its rediscovery more than 250 years ago. Over time, archaeologists have uncovered a unique record of its daily life--roads, buildings, municipal services, paintings, mosaics, artifacts, and preserved

bodies.

Pompeii: The Exhibition runs until Oct. 22.

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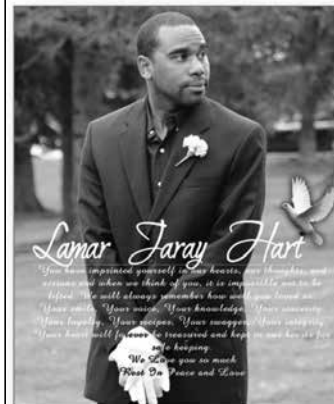
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## Urban Kids Fishing Derby

A free fishing excursion for youngsters will be held on Saturday, June 24 at Mt. Hood Community College in Gresham thanks to Urban American Outdoors TV in partnership with several sponsors including the Oregon Department of Fish and Wildlife and the Forest Service.

Kids between the ages of 4 to

15 are welcome to attend the Urban Kids Fishing Derby, and must be accompanied by a parent or guardian. Bring your pole, bait, and a bucket. There will be loaner poles, and bait available for those who are of need of one.

The event is limited to the first 100 kids who sign up. Register at [urbankidsfish.com](http://urbankidsfish.com).

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Fifth graders from Rigler Elementary in northeast Portland enjoy a visit to the Oregon Museum of Science and Industry (OMSI) as part of a free program sponsored by Google to introduce students in underserved communities to science and math careers.

## Field Trips Open Minds

Local students from schools across the region have a chance to visit Oregon Museum of Science and Industry (OMSI) with its hands-on exhibits thanks to a free program sponsored by Google to introduce students in underserved communities to science and math careers.

At one recent OMSI Camp-In, students from Rigler Elementary in northeast Portland experimented with hands-on activities in OMSI's Turbine Hall, like exploring the ocean through an augmented reality sandbox, trying their

hand at managing a power grid and seeing what it's like inside of a solar panel. They also took in a planetarium show and a live science demonstration presented by OMSI staff.

"Hands-on experience in the STEM field is extremely important to students' awareness of the kinds of careers open to them," said Google's Darcy Nothnagle. "We're proud to work with OMSI to make sure students in underserved communities have opportunities to see how exciting science can be."

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# Arts & ENTERTAINMENT



## Food, Crafts and Live Music

Three blocks of food, crafts, and live music highlight the Broadway Street Festival, a free annual event returning Saturday, June 24, from 3 p.m. to 8 p.m. in downtown Beaverton. There will also be activities and specials at shops and restaurants, community information booths, a sports activity area and a beer garden.

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Sealed bids are due no later **2:00 PM, June 27, 2017**, at Metro, 600 NE Grand Avenue, Portland, OR 97232-2736, Attention: Jon Deveau, Procurement Analyst, ITB 3349.

Contractor shall provide on-call plumbing maintenance and repair services such as but not limited to drain and pipe cleaning services, pipe camera services, and plumbing maintenance services. Services will be provided on an emergency and scheduled basis. Bidders may include bids for commercial services, residential services, or both.

Bids can be viewed and downloaded from the Oregon Procurement Information Network (ORPIN), at <http://orpin.oregon.gov/open.dtl/>.

Metro may accept or reject any or all bids, in whole or in part, or waive irregularities not affecting substantial rights if such action is deemed in the public interest.

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## Request for Proposals

### Youth Workforce System

**Bid Date: noon on Monday, July 24, 2017**

Worksystems is seeking qualified and experienced organizations or individuals to deliver a program model that prepares youth for careers in four high-growth industry sectors: Construction, Health Care, IT and Manufacturing. The RFP will be posted on Worksystems' website at [www.worksystems.org](http://www.worksystems.org). Proposals must be received by noon on Monday, July 24, 2017. Worksystems is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. To place a free relay call in Oregon dial 711.

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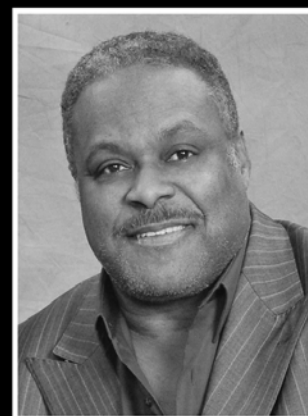
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# McCoy Academy Coming Down

**CONTINUED FROM PAGE 2**  
that time, the nonprofit Oregon Outreach organization that runs the school hasn't been able to find

affordable space for their classrooms and students. They have two weeks left to pack and move. With five at-risk students currently enrolled in the program, the acad-

emy is hoping to raise enough funding to relocate and cover tuition for the following school year, according to Oregon Outreach executive director Rebecca Black. To make a tax deductible donation you can visit their website [oregonoutreach.org/how-can-i-help/donate/](http://oregonoutreach.org/how-can-i-help/donate/).

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## June 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				<div>☾1</div> <div>Stand for Children Day</div>	<div>2</div> <div>George Mendoza born, 1955 Radio Patented, 1896</div>	<div>3</div> <div>First U.S. Space Walk By Ed White in 1965</div>
<div>4</div> <div>Aesop's Birthday First Ford Made, 1896. First Hot Air Balloon Flight, 1783</div>	<div>5</div> <div>First Apple II computers sold, 1977 National Gingerbread Day</div>	<div>6</div> <div>World Environment Day First Drive-in Movie Theater, 1933</div>	<div>7</div> <div>Nikki Giovanni born, 1943</div>	<div>8</div> <div>Frank Lloyd Wright Born in 1867</div>	<div>☉9</div> <div>World Egg Day Donald Duck born, 1934</div>	<div>10</div> <div>Maurice Sendak born, 1928 National Yo-Yo Day</div>
<div>11</div> <div>Race Unity Day E.T. Movie Premiered, 1982 Robert Munsch born, 1945</div>	<div>12</div> <div>Anne Frank born, 1929 The Baseball was Invented In 1839 Magic Day</div>	<div>13</div> <div>Mary Kate and Ashley Olsen born, 1986</div>	<div>14</div> <div>National Flag Day (U.S.) 'Pop Goes the Weasel' Day</div>	<div>15</div> <div>Fly a Kite Day Power of a Smile Day, established by I. Fischer Jr., 1834</div>	<div>16</div> <div>National Fudge Day</div>	<div>☾17</div> <div>World Juggler's Day Eat Your Vegetables Day</div>
<div>18</div> <div>Father's Day International Picnic Day</div>	<div>19</div> <div>Garfield Debuted in 1978 Juneteenth</div>	<div>20</div> <div>American Eagle Day Ice Cream Soda Day</div>	<div>21</div> <div>First Day of Summer</div>	<div>22</div> <div>US Department of Justice Established in 1870</div>	<div>23</div> <div>Theodore Taylor born, 1922 Typewriter Patented In 1868</div>	<div>24</div> <div>Kathryn Lasky born, 1944 U.F.O. Day; first documented UFO sighting on this day</div>
<div>25</div> <div>Eid al-Fitr, Muslim Holiday LEON Day (NOEL spelled backwards-- six months til xmas)</div>	<div>26</div> <div>Bicycle Patented In 1819 Toothbrush Invented In 1498</div>	<div>27</div> <div>Helen Keller Born in 1880 Melody for Happy Birthday Song Written, 1859</div>	<div>28</div> <div>Paul Bunyan Day</div>	<div>29</div> <div>First iPhone released, 2007 Camera Day</div>	<div>☀30</div> <div>Meteor Day National Organization of Women Founded In 1966</div>	



## FELLOWSHIP MISSIONARY BAPTIST CHURCH

4009 N. Missouri Avenue,  
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503-249-0377

Invites you to join the celebration for  
Pastor & Lady Johnny Pack's  
30th Pastoral Appreciation

Sunday, July 16th, 2017 at 3:00 pm

Theme:

*"No Weapon Formed Against Thee Shall Prosper"*  
Isaiah 54:17

Guest: Goodwill Missionary Baptist Church,  
Bishop Garry Tyson Seattle, WA



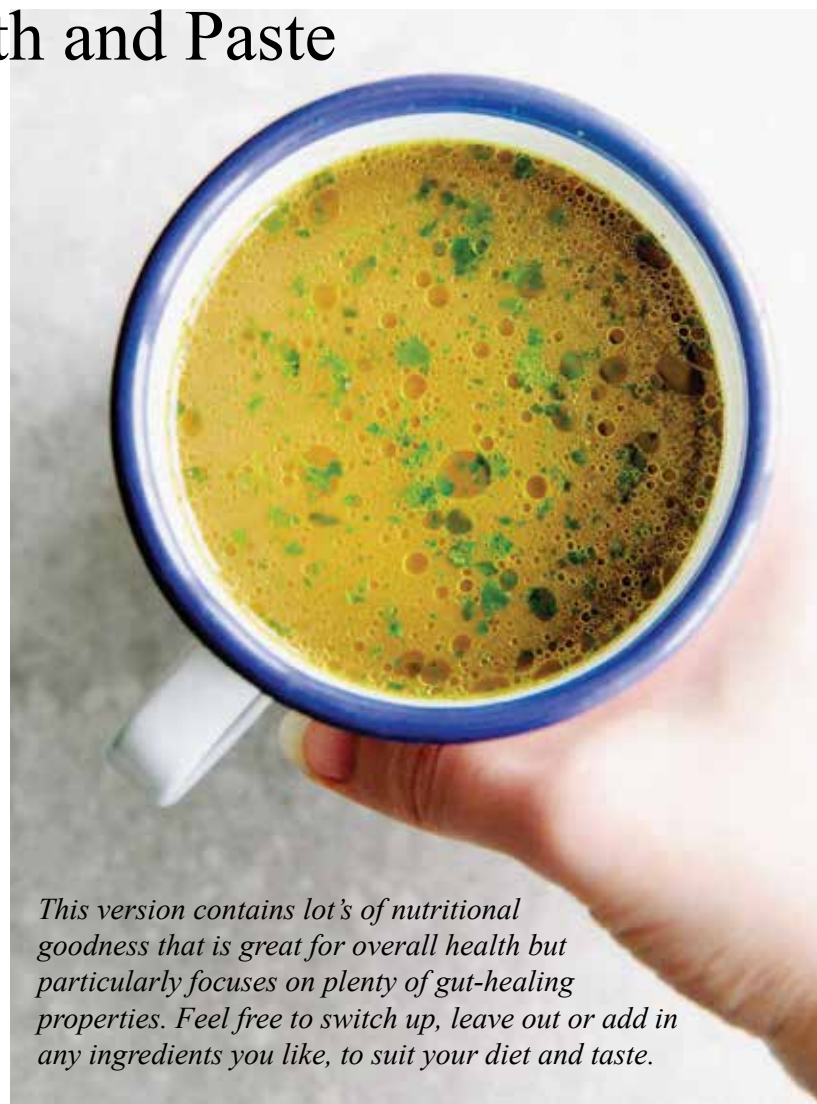
Reverend Jonathan Bolden, Chairperson  
& Sister Anita Ball, Co-Chairperson  
Dr. Johnny Pack IV, Pastor

# FOOD

## Vegan Broth and Paste

### INGREDIENTS:

- 12 cups filtered water
- 1 tbsp coconut oil
- 1 red onion, quartered
- 1 garlic bulb, smashed
- 1 chilli pepper, roughly chopped (with seeds)
- 1 knob ginger, roughly chopped
- 1 cup greens such as kale or spinach
- 3-4 cup mixed chopped vegetables and peelings (such as carrot, red cabbage, fresh mushrooms, leeks and celery) *Note:* keep peelings separate in a cheesecloth bag or large tea ball.
- ½ cup dried shiitake mushrooms
- 30g dried wakame seaweed
- 1 tbsp peppercorns
- 2 tbsp ground turmeric
- 1 tbsp coconut aminos
- A bunch of fresh coriander or other herb (plus extra, to serve)
- 2 teaspoons food grade diatomaceous earth (for collagen substitute)
- ¼ cup nutritional yeast



*This version contains lot's of nutritional goodness that is great for overall health but particularly focuses on plenty of gut-healing properties. Feel free to switch up, leave out or add in any ingredients you like, to suit your diet and taste.*

### INSTRUCTIONS:

1. Add everything but mushrooms, ginger and tumeric to a large pot. Bring to a boil then simmer, with the lid on, for about an hour.
2. Add mushrooms, ginger and tumeric and cook for another half hour, stirring a few times.
3. Once everything has been cooked down, strain the liquid into a large bowl.
4. Serve broth immediately with some fresh herbs, for decoration or cool for later. It also freezes well. *Note:* shake/stir well before serving.
5. Take out peelings to compost.
6. Osterize the vegetable solids into a paste. This can be eaten as well or used as a spread.

### The main stars are:

- Wakame seaweed: Great source of omega 3 – one of the best for vegans, great for intestinal health, full of vitamins and minerals (particularly good source of iron, calcium, magnesium and iodine). Not suitable for SCD diets, leave out as necessary.
- Shiitake mushrooms: Gives the most amazing, comforting flavour. Full of vitamins and minerals (great source of vitamin D – especially if sun dried, zinc and B vitamins). Contains all essential amino acids. Prebiotic.
- Coconut oil or olive oil: Healthy fats with a good omega ratio that help absorb nutrients.
- Turmeric: Powerful anti-inflammatory plus adds delicious flavour and a beautiful colour.
- Spinach or kale: Full of vitamins and minerals (particularly high in Vitamins K, A and C, magnesium and calcium). Also a good source of protein and omega 3. Prebiotic.
- Coconut aminos: Mainly used for flavour but also gives the benefit of it's amino acids. May not be suitable for some diets as it's considered a sugar, so leave out if necessary.

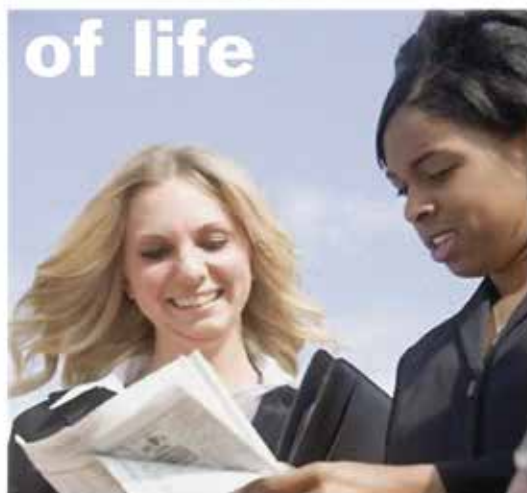
*A nutritious, gut-healing broth as a vegan alternative to bone broth. If you don't like or can't find any ingredients, don't worry. Add what flavours you like and try to get as much variety and nutritional goodness as you can.*

## Readers of all ages and all walks of life

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