



# Dreamers in Limbo

Wyden and Merkley hear plea to take action See story, page 6

### **Unusual Ally**

Police leader in Portland defends NFL protests





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Volume XLVI • Number 41



www.portlandobserver.com Wednesday • October II, 2017



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Keith Murphy (right) and Kate Desmond discuss how they are implementing trauma-informed practices at the Multnomah County Department of Community Justice.

Murphy, a parole and probationary caseworker for the county, says that the new practices allow him to slow down and be more empathetic with his justice-involved clients.

# Offender rehabilitation takes mental health into account

BY ZACHARY SENN
THE PORTLAND OBSERVER

A new type of parole and probationary care is being exercised in Multnomah County. Called trauma-informed practices, it seeks to rehabilitate people based on how their personal experiences and brain development have shaped them, with the aim of

# Trauma and and Justice

helping the county reduce its reliance on the jail system.

The Smart Supervision Project is a pilot

program that has incorporated trauma-informed practices into the supervision of offenders who are between 15 and 25 years

of age. Dr. Alisha Moreland-Capuia, a psychiatrist from Portland's African American community and who specializes in trauma-informed practices, says that it is necessary to recognize the role trauma plays in people facing the consequences of their behavior.

"If you were to take a look at persons who have been entangled with the law, one consistent thing that you will find is trauma," Moreland-Capuia told the Portland Observer.

Trauma from long-term stresses, like racism and poverty, can adversely affect the development of the brain, she said, describing people who have experienced significant amounts of trauma as having difficulty accessing their cortex, which is the portion of the brain responsible for

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Postmaster: Send address changes to Portland Observer, PO Box 3137, Portland, OR 97208

# Justice Reform Effort Grows

### Grant allows county to target jail misuse and overuse

Multnomah County has added momentum to efforts to reform the local criminal justice system and reduce the county jail population by winning a \$2 million grant to study ways to reduce over-incarceration.

The John D. and Catherine T. MacAurhur Foundation grant is part of a national initiative to reduce over-incarceration. It was announced last week after a competitive process that drew applications from nearly 200 jurisdictions in 45 states and territories.

The new round of funding will provide additional support and expert technical assistance to implement strategies that address the main drivers of local jail incarceration, including unfair and ineffective practices that take a particularly heavy toll on people of color, low-income communities, and people with mental health and substance abuse issues, officials said.



The Multnomah County Justice Center, downtown, includes a jail with several floors reserved for prisoners.

Justice Project, said the funding represents an important opportunity to finally address the disparate treatment of people in color in our justice system.

"That race and ethnicity are a clear predictor of the outcome an individual entering the system can expect goes against the fairness and equal treatment county residents expect from their justice system," Yoshimoto said.

She was most impressed that the Local justice reform advocate county is proposing a new shelter to Julia Yoshimoto of the Women's help justice-involved women and

their families and avoid the lasting damage incarceration can do while giving them a chance to rehabilitate themselves in ways that don't compromise public safety.

Deborah Kafoury, Multnomah County chair, said the grant will help the county push its justice reform efforts further, including developing a robust program for women grappling with mental health challenges and offering them cultural, gender-specific, and trauma-informed services they

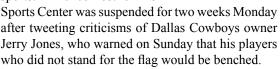


### **Deadly Wildfires Explode** in California with Dry, Windy Gusts

Deadly wildfires exploded through forests and residential neighborhoods in California Sunday and Monday when dry conditions and gusts of wind exasperated the flames. The death toll from the fires stood at 13 deaths on Tuesday, with at least 1,500 structures destroyed, and 100,000 acres of land burned

### **ESPN Anchor Defended**

Rashad Robinson, executive director of Color of Change ESPN's Tuesday called suspension of black sports anchor Jamele Hill "a flagrant suppression of Black voices in sports." The co-host of ESPN



### **Hateful Note Found in County Breakroom**

A written message threatening Muslims was discovered in a Multnomah County office break room for health department and other workers at 21 S.W. Oak St. last week. County Commissioner Loretta Smith, the only black member of the county commission said the incident was "sad confirmation of the work that needs to be done to change the culture of hate, intolerance and racism at Multnomah County."

### Strip Club Exotica's Lawsuit Moves Forwardd

A federal judge ruled last week that Donna Thames, owner of the now-closed northeast Portland strip club

Exotica International Club for Men, can move forward with her lawsuit claiming the city forced her to shut down through racist enforcement of liquor laws. One of the few local clubs that catered to black clientele closed in 2015 after it lost

money when the city forced it to close at midnight for three months after a shooting in the parking lot.

### **Cory Hall Steps in as OSU Beaver Coach**

Cory Hall, a former college football and NFL star, was named interim coach of the Oregon State

Beavers on Monday after the surprise departure of Gary Anderson who voluntarily gave up the job with millions of dollars left on his contract. OSU Athletic Director Scott Barnes says a national search for a permanent replacement will begin.



### **Oregon Gun Control Repeal Effort Fails**

A new Oregon law that allows a court to deny a gun to a person deemed at risk of suicide or harming others will remain in place after an effort to repeal it has failed due to lack of signatures to put it on the ballot. Chief petitioner Rep Mike Nearman, a Republican from Independence. blamed Democratic Gov. Kate Brown for delaying the signing of the bill, leaving little time to gather signatures under a required timeline.

### **Trump puts Birth Control Coverage in Peril**

The Trump administration on Friday moved to expand the rights of employers to deny women insurance coverage for contraception and issued sweeping guidance on religious freedom that critics said could also erode civil rights protections for lesbian, gay, bisexual and transgender people.



The Week in Review

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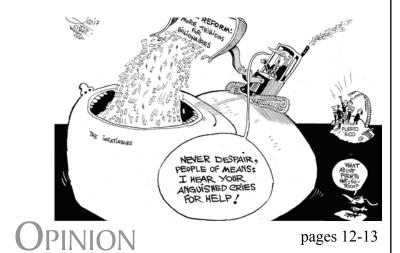








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**ALENDAR** 

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This page

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What's on your list today?

# An Unusual Ally

### Police leader defends protests

BY DANNY PETERSON THE PORTLAND OBSERVER

Civil rights advocates don't often count on police as allies in their efforts to bring about social and political change. But the controversy over the silent protests by NFL players during the playing of the Nation Anthem at NFL games has the leader of Portland's police union siding with the players.

Daryl Turner, a black member of the Portland Police Bureau and a representative for the association representing officers in collective bargaining, is speaking out to defend the right to protest, both as citizens and employees of the NFL, not necessarily in support of the content of their demonstrations.

Turner also is the current President of the United Coalition of Public Safety, a group comprised of nine major law enforcement associations across the country, including Portland Police Association, Seattle Police Officers Guild, and San Francisco Police Officers



Daryl Turner, a long time member of the Portland Police Bureau, speaks out to defend protests.

gotten from other police officers cussion. in Portland about his stance have been mostly positive.

"I think mostly our members understand that the best way to dispel false narratives is to sit down and have a conversation," Turner said.

Turner has reached out to members of the NFL including the players association and the owners and is waiting on a response back from Turner says the reactions he's them to organize a round table dis-

He said players should have the right to protest both as citizens and employees of the NFL. A former member of the military, he stressed that it's his job to protect the rights of others, including the right to free

"Our First Amendment rights are fundamental to who we are as

CONTINUED ON PAGE 5



Kayse Jama



Two men who police say are suspects in a rash of racist graffiti across multiple elementary schools in the David Douglas School District are seen from a security camera at Menlo Park Elementary, one of the schools vandalized.

# Angered by Racist Graffiti

### Advocate looks to long term solutions

BY DANNY PETERSON THE PORTLAND OBSERVER

Kayse Jama was angry when he found out his child's school in northeast Portland was smeared with racist graffiti.

The executive director of Unite having a conversation," he said. Jama told the Portland Observer that Oregon needs long term and racism in order to prevent crimes ple." like this in the future.

really important. But I think we have to look beyond dialogue and

Oregon, a statewide social justice "We have to really deal with the organization, and a recent can-racism, systematically. That indidate for the state Legislature, cludes really making sure our students are culturally competent first. They also have the policy specific solutions to fix systemic and procedures that protect peo-

A total of four elementary "Education and dialogue are schools in the east Portland Da-

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# Trauma and Justice

### CONTINUED FROM FRONT

checking impulses and controlling reactions.

"Over time, stress that is untreated and unmanaged becomes trauma," Moreland-Capuia said. "That trauma, when not dealt with, becomes toxic not only to

pacts mental health."

Trauma-informed practices. she said, help individuals access the more critical portions of their

"What trauma informed practices do is help individuals get out of the bottom part of their brain,

the body physically, but also im- and use that top, more critical part of the brain," Moreland-Capuia said. "That's where the healing takes place."

> For victims of racism, there can be a long-term fear of discrimina-

> "They are under a situation where they're in toxic stress,"

Moreland-Capuia said. "They're always looking out for their own safety, but they also have to be constantly concerned about what might happen as a consequence of someone else's racism."

The basis of trauma-informed care is creating a safe environment in which clinicians and caseworkers can understand the root causes of an individual's trauma.

In clinical contexts, trauma-informed practices have helped psychiatric specialists address a wide range of mental health concerns. Moreland-Capuia said that the county is porting long-standing clinical practices to the criminal justice world.

"This idea of creating safety allows us to more effectively treat folks," she said, "and more effectively move them down this path to healing."

Multnomah County's implementation of trauma-informed practices stems from a grant the county received from the John D. and Catherine T. MacArthur Foundation that was designed to help the county reduce its reliance on the jail system.

The county reached out to Moreland-Capuia to give Master's-level training in trauma and the implementation of trauma-informed practices for parole and probation specialists. She has also been working with the county's judges, to inform them about the place of trauma-informed practices during sentencing proceedings.

Kate Desmond, community justice manager for Multnomah County, says that in every-day practice, trauma-informed care is allowing her caseworkers to empathize more with their clients.

"What I've noticed is that we are being much more patient," Desmond told the Portland Ob-

Keith Murphy, a caseworker for ing better."

the county and a member of the pilot program, says that for many justice-involved individuals, approaching their caseworkers can be a challenging experience. He added that the use of trauma-informed practices is making it less intimidating, however.

"It's just a stressful experience coming into our offices at times," Murphy said. "With trauma-informed practices, there's a better rapport."

Having more in-depth conversations with their clients is allowing parole and probation officers to achieve a deeper understanding of their behaviors. Desmond and Murphy say that they will try to gain an understanding of everything that their client has experienced, starting from the moment of their birth.

"Your brain develops a certain way, and that starts in-utero," Murphy said. "We're going under the hood, so to speak.'

Desmond added that this enhanced understanding is helping the county reduce its use of the jail system, and use a more thoughtful approach to punishment for those who run afoul of the law.

"If you think about who's in jail, it's mostly anti-social people," Desmond said. "You're exposing them for 72 hours to a week to all anti-social people."

Desmond said that house-arrest, GPS monitoring and community service are all viable alternatives to a stint in jail.

"You just can't arrest away your social problems," Murphy added.

Moreland-Capuia expects that addressing trauma will help to reduce recidivism rates, and focus the county's efforts on transitioning offenders permanently out of the criminal justice system.

"Helping to manage trauma is going to be key in helping people move along their path to healing," she said. "Getting better, and stay-

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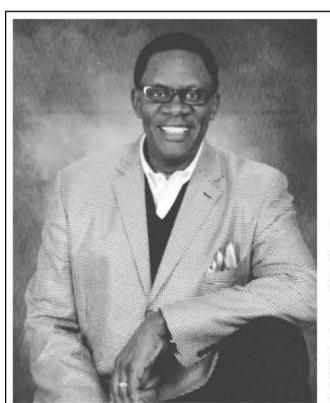
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### Part 24. Osteoarthritis: you needn't be frightened about a frightening problem anymore

of pain in my neck. The doctor said that it was osteoarthritis and that I would have learn to live with it. What is your opinion?

: As you might know, A: As you ....g
there is a tremendous amount of health research going on today Much relates to the spine and nervous system. You might ask your doctor if he has read the latest study on osteoarthritis. The study showed that there was no correlation between the amount

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# An Unusual Ally

### CONTINUED FROM PAGE 3

a nation and the hallmark of our liberty. It is time we stop pointing fingers and fueling division, issuing threats, and denigrating those exercising their opinions. If we don't start talking with each other, rather than talking past each other, our communities and police forces," Turner said.

for the National Anthem last month to conscientiously object to police brutality against African Americans and other issues of racial inequality. The demonstrations came just days after a comment from President Trump to a mostly white audience caused by police has fallen slightly condemning the mostly black players' participation in the protests.

"Wouldn't you love to see one of these NFL owners, when somebody disrespects our flag, to say, 'Get that son of a bitch off the field right now. Out. He's fired. He's fired!" Trump said at a Sept. 22 rally in Alabama.

Opposing that kind of rhetoric, Turner stressed the importance of versation between all representaplayers' rights as members of a tives of the NFL and on a national collective bargaining union.

According to City University of New York Law Professor Marc Edelman in a Forbes op-ed, there is little evidence to support it would the coin," Turner said.

be legal for an NFL team owner to fire a player for this kind for peaceful demonstration, since the players are under contract.

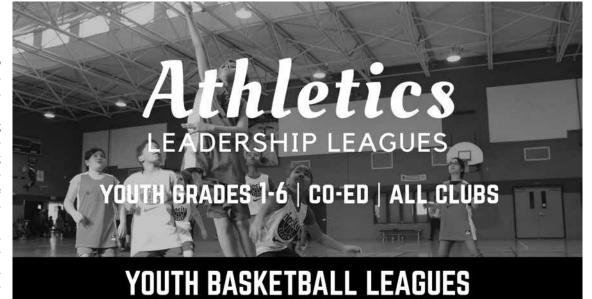
Players' collective bargaining agreement calls for a formal arbitration process in the case of firing a player, so even if owners did level a complaint against a player, the we will never solve issues facing firing would not necessarily happen by the owner, Edelman said.

In 2016, black males aged 15-At its peak, around 200 NFL 34 were nine times more likely players kneeled rather than stand than other Americans to be killed by law enforcement in police actions, according to a racial disparities report, The Counted. They were killed at four times the rate of young white men.

> Though the number of deaths since the fatal shooting of Michael Brown in 2014 -- the unarmed black man in Ferguson, Mo. whose death sparked protests in Ferguson and across the country -- there were 1,091 deaths caused by police recorded in 2016, and 169 of those deaths were people who were un-

> Turner would like to see a conscale to start the process of finding solutions.

> "As an African American and a police officer, I see both sides of



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Dreamer recipients, activists, and supporters attend a meeting Friday with Oregon's two U.S. Senators Ron Wyden and Jeff Merkley to call for action to support young people who immigrated to the U.S. as children and who now face deportation under President Trump.

# Dreamers in Limbo

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### Merkley and Wyden hear plea to take action

### BY DANNY PETERSON THE PORTLAND OBSERVER

A deal President Trump appeared to have made with Democrats to preserve the Deferred Action for Childhood Arrivals (DACA) program for young immigrants appeared to be jeopardy Monday after the White House released a wish list on Sunday that would make it harder for unaccompanied minors to enter the country illegally, provide money for the President's proposed border wall, and make massive cuts to legal immigration for family members.

Oregon's two U.S. senators visited Portland just a few days earlier to defend immigrants whose legal status is in jeopardy and to respond to a call for action by many former DACA recipients whose benefits are now being taken away by the Trump administration

About 11,000 Oregon dreamers, as they are called, who were once protected under the Obama administration policy from being deported now find themselves in limbo. Two dozen dreamers and immigration activists at the roundtable discussion on Friday asked Act.



U.S. Sen. Ron Wyden, D-Ore., calls for legislation to protect young immigrants from deportation during a visit to Portland on Friday and a discussion with former Deferred Action for Childhood Arrival recipients at the Catholic Charities Clark Family Center.

the senators to fight for them in Congress.

"Hold your party accountable," dreamer activist Jaime Limon-Guzman told the senators at the meeting.

The senators said they plan to push three bills within the next couple of month: A bill that would grant permanent legal status to dreamers called the Dream Act, one that would protect the private information of Dreamers, called the Dreamer Confidentiality bill, and one that would extend DACA for three more years, the Bridge Act.

"We can do this, but it's going to have to be a grass roots juggernaut" Wyden said.

In response to the president backtracking on a DACA deal, he issued the following statement on Tuesday to the Portland Observer:

"What I heard firsthand in recent days both in Portland and Eugene from DREAMers and those working hard to help them in Oregon is the urgent need to take care of DACA so these young people can continue contributing to their communities throughout our state and country without fear and uncertainty," Wyden said.

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# 'Zoo for All' Lowers Price

### **Discounts** offered for low income access

The Oregon Zoo recently launched "Zoo For All," a new discount program that provides \$5 admission for qualifying individuals and families every day, all year long.

"We want to make sure more of our community can enjoy the zoo and learn about wildlife conservation," said Dr. Don Moore, zoo director. "Every person who walks through our gates represents an opportunity to make positive change for wildlife.'

tickets for \$5 each by bringing a photo ID and documentation showing they participate in any of the tance for Needy Families, Head throughout the region for \$5.



PHOTO BY KATHY STREET, COURTESY OF THE OREGON ZOO. Asian elephant Samudra enjoys a splashy swim at the Oregon Zoo. The zoo's new "Zoo for All" discount program provides \$5

admission for qualifying individuals and families.

following programs: Oregon Trail Start and foster home certificate. card, Washington Quest Card, Med-Visitors may purchase up to six Plan, Apple Care), Section 8, WIC program, which allows Oregon - eWIC card, free/reduced school Trail cardholders to purchase ticklunch, TANF, Temporary Assis- ets to many arts and culture events

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# **Obituary**



### In Loving Memory Lila B. Frances Streeter

Lila B. Frances Streeter was born June 12, 1991 and died Oct. 2, 2017.

Funeral services will be held Wednesday, Oct. 11 at 11 a.m. at Mt. Olivet Baptist Church, 8501 N. Chautauqua Ave.

### HAPPY BIRTHDAY

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In memory of Patrick Curry who was born Oct. 15, 1957 and died March 19, 2016 and would have turned 60 years old this week

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Love you always, Mom and family



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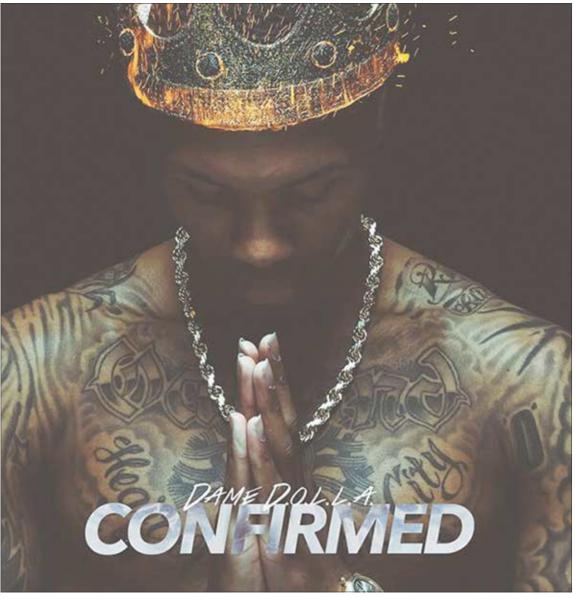
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Portland Trail Blazers star point guard Damian Lillard has released 'Confirmed,' the follow-up to his debut project, 'The Letter O,' which came out last year.

# Lillard's Second Rap Album

### 'Confirmed' makes a statement

Portland Trail Blazer point guard Damian Lillard is showing that his second career as a rap star is no

Taking his music persona "Dame DOLLA" to a new level, the NBA sensation released 'Confirmed" Friday, a new album featuring an all-star team of rap stars, including Lil Wayne, 2 Chainz, BJ The Chicago Kid and Nick Grant.

Lillard said he named the album as a way to ac-

knowledge that his talent as a hip hop performer has progressed to a new level, but also in response to people who say he should only be focusing on bas-

"There's always been something said about me spending time in the studio, even though I've always shown up and produced for my team every night," Lillard wrote in an Instagram post. "I"ve always created music while playing at every level of basketball. But now this is no longer an experiment. This is my second album. I'm putting out respectable music yearly. I've invested in that. I'm settled in."

"Confirmed" is available on all major digital music platforms, including @spotify.

# Concert Explores Unity, Diversity

the Portland Gay Men's Chorus Unites Us." on Sunday, Oct. 15 at 3 p.m. in Kaul Auditorium at Reed College in southeast Portland.

A piece entitled "Seven Voices of the Unarmed," will make its West Coast debut during the concert. The composition by black Atlanta-based composer Joel

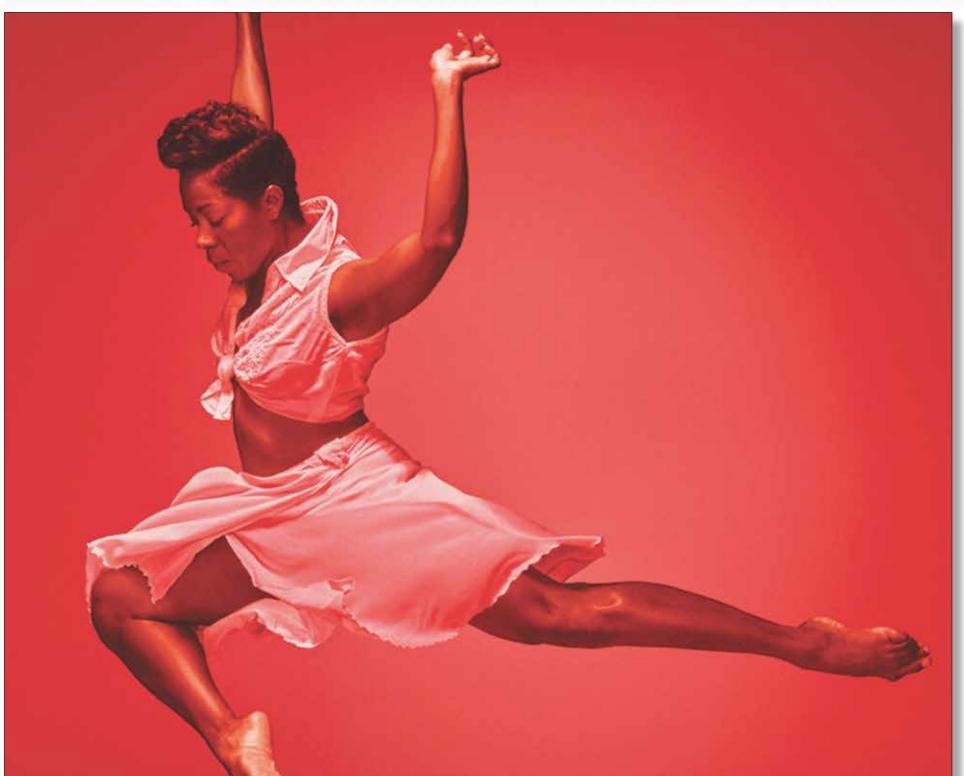
Facing social injustice head on, Thompson is about the final words litical climate. spoken by seven unarmed black presents its fall concert "What men who were killed in police ac-

> The concert will also provide a spotlight on local nonprofits, including the Portland NAACP and Native American Youth and Family Center (NAYA), whose constituencies are among those most vulnerable in today's volatile po-

"I'm excited to be party to an event that not only provides a stage for beautiful and thoughtful art, but one that also shines a spotlight on the work of these wonderful nonprofits. Art and music in service of the greater good," said Bob Mensel, PGMC artistic director.

Tickets available at pdxgmc.





# White Bird's 20th Anniversary

White Bird celebrates its 20th anniversary season with the brilliant Paul Taylor Dance Company with performances Thursday through Saturday, Oct. 12-14 at Newmark Theatre, downtown. Acclaimed worldwide for the vibrancy, power and relevance of his work, Paul Taylor launched White Bird's first season back in 1997 and was White Bird's first Lifetime Achievement Award winner in 2013.





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# Music Runs in His Family



Portland's Tyrone Carter, aka Ty Corleone, showcases poetic rhymes and storytelling as a dedicated hip hop artist.

Tyrone Carter, aka Ty Corleone, a talented Portland rap artist and musician with an incomparable sound, is finally getting his time to shine and

The young hip hop artist has been involved with music since his childhood days at Maranatha Church in northeast Portland. His grandmother, Linnie Ree Carter, sister LaTanya Carter, and nephews Devin and Javon have all been singing in churches and musical spectrums for many years.

Ty has now been drafted to produce high quality hip hop with Terrell Brandon Enterprises. He will be featured on a special musical compilation project this fall, a mega project filled with a talented showcase of hip-hop artists.

His hot new single "The Game is Alive" is due for release this month along with a companion video that has catchy visuals and narration. The track is from Ty's debut album, titled "Never Go Against the Family."

# Music Night Salute to a Legend

Jazz composer and multi-instrumentalist David Ornette Cherry will front a special evening of performances that integrates music with storytelling about Portland's late, great, Native American musician Jim Pepper.

The one night only show, Tuesday, Oct. 17 at 7:30 p.m. at Artists Repertory Theater, downtown, is a production of the Organic Nation Listening Club. Cherry, the son of jazz legend Don Cherry, received a Regional Arts and Culture Council grant to produce the show, featuring some of Portland's finest musical talents.

The lineup includes Renato Caranto, Carlton Jackson, John Maz-



Jim Pepper

and share stories about their interactions with Pepper, who spent a large part of his life in Portland. Admission is \$15.

Jim Pepper (1941-1992) was zocca, LaRhonda Steele and Nor- a Kaw-Muscogee Native Amerman Sylvester who will perform ican jazz saxophonist, composer rose.



David Ornette Cherry

and singer from Salem. He came to prominence in the late 1960s as a member of The Free Spirits, an early jazz-rock fusion group. The Jim Pepper Native Arts Festival is held annually in Park-

# A Selfie with Napoleon

Take a selfie with Napoleon, a therapy alpaca, and meet lovable puppies from the Guiding Eyes of Clark County, a guide dog and puppy-raising club, on Saturday, Oct. 14 when the Vancouver's Water Resources Education Center, 4600 S.E. Columbia Way, hosts a free, kid-friendly Second Saturday activities event celebrating service animals from 1 p.m. to 3 p.m.





# ENTERTAINMENT

Oregon Music Hall of Fame Concert -- New members of the Oregon Music Hall of Fame will be inducted and big lineup of artists will perform during the annual Oregon Music Hall of Fame Induction and Concert, Saturday, Oct. 14 at 7 p.m. at the Aladdin Theater. Tickets are \$30 in advance and \$35 at the door, available at the box office and ticketfly.com.

Haunted Walks -- Haunted excursions blending local myths, oral histories and research on Vancouver's sometimes sordid past are the backdrop for the Clark County Historical Museum's Haunted Walking Tours each Friday and Saturday night during the month of October, Reservations are limited. Call 360-993-5679 or visit cchmuseum.org to hold your spot.

Pompeii Exhibit at OMSI -- Preserved bodies cast by volcanic debris in the eruption of Mt. Vesuvius and nearly 200 other artifacts on loan from the unparalleled collection of the Naples National Archaeological Museum in Italy are part of the new OMSI exhibit, Pompeii: The Exhibition. Now showing through Oct. 22.

Norman Sylvester -- 'Boogie Cat' Norman Sylvester plays Friday, Oct. 13 at Catfish Lou's; Saturday, Oct. 14 at the Spare Room; Tuesday, Oct. 17 at Artist's Repertory Theater; Friday, Oct. 20 at the Half Penny in Salem; and Saturday, Oct. 21 at Clyde's.

Life of an Iconic President -- One hundred years after his birth, John Fitzgerald Kennedy remains a subject of endless fascination for millions of Americans. The Oregon Historical Society's current exhibition "High Hopes: The Journey of John F. Kennedy" explores Kennedy's early life, his road to the presidency, and the changes he effected during his time in office. Runs through Nov. 12.

History Hub -- Oregon Historical Society exhibit for young people explores the topic of diversity with interactive objects and pictures that tell the stories of the people of Oregon, past and present. With puzzles, touch screen activities and board games, History Hub asks students to consider questions like "Who is an Oregonian?," "How has discrimination and segregation affected people who live in Oregon?," and "How can you make Oregon a great place for everyone?"

Zoo for All -- The Oregon Zoo has launched "Zoo for All," a new discount program that provides \$5 admission for low income individuals and families. Visitors may purchase up to six of the \$5 tickets by brining a photo ID and documentation showing they participate in low income service, like the Oregon Trial Card, Medicaid, Section 8, Temporary Assistance for Needy Families, and Head Start.

Discount Tickets -- Low income families and individuals can purchase \$5 tickets to classical musical performances in Portland as part of a unique program called Music for All. Participating organizations include the Oregon Symphony, Portland Opera, Oregon Ballet Theater, Chamber Music Northwest, Portland Youth Philharmonic, Portland Baroque Orchestra, Friends of Chamber Music, Portland Chamber Orchestra, Portland Piano International, Portland Symphonic Choir, Cappella Romana and Portland Vocal Consort.

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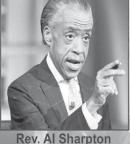
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3 A.M. - 7 A.M.

A.M. - 10 A.M.TONI TERRELL

10 A.M. – 1 P.M. REV. AL SHARPTON (KEEPING IT REAL)

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PAPA SMURF

9 P.M. – 12 Midnight MIKE SHANNON

SUNDAY

12 Midnight - 3 A.M. MIKE SHANNON

TOYA BEASLEY

6 A.M. - 12 NOON SUNDAY MORNING GOSPEL W/ANGELA

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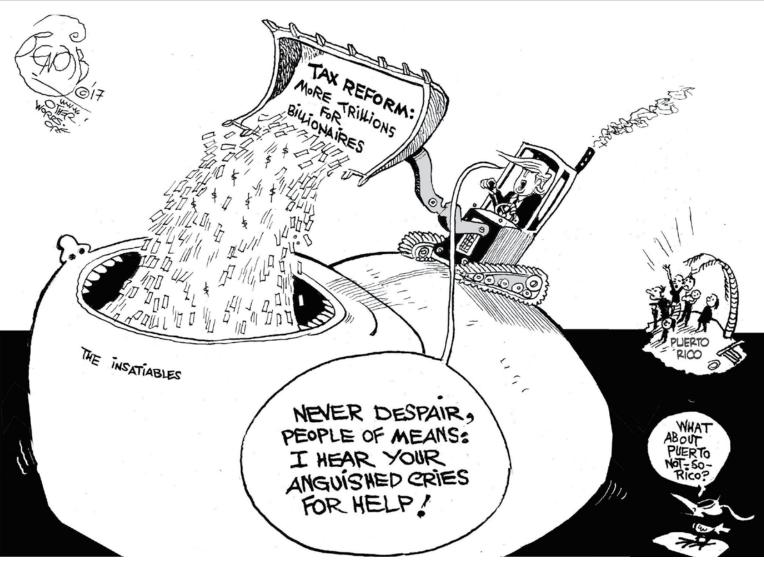
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# NFL Owners Can Do More to Fight Racial Injustice

Will they put their money where their mouth is?

BY JESSICAH PIERRE

When Colin Kaepernick began to protest during the national anthem at NFL games last year, he made his intent very

clear. "I am not going to stand up to show pride in a flag for a country that oppresses black people and people of color," Kaepernick told NFL Media.

"To me, this is bigger than football," he explained, "and it would be selfish on my part to look the other way. There are bodies in leave and getting away with mur-

Kaepernick made the brave decision to do this mostly alone was until President Trump decided to attack black sports players who raised awareness about racial injustice.

At a campaign rally in Alabama, Trump called out NFL play- only 6 percent of the United States

love to see one of these NFL own- no wonder that issues around race test on in the first place. ers, when somebody disrespects are making their way into the NFL our flag, say, 'Get that son of a spotlight. b\*tch off the field right now'?' Trump asked.

by many of the team owners campaign. Trump called out to.

Black issues have never been a concern for NFL officials when The following Sunday, a far it came to causes worthy of their greater number of NFL monetary support. Instead, many players stood up for those NFL officials have donated milwho protest inequity during lions to causes that were openly the national anthem — and hostile to the Black Lives Matter were joined, surprisingly, movement — such as the Trump

CNN Money reports that "at While this was a good least \$7.75 million of the \$106 show of solidarity, it led million raised for Trump's inau-

Now would be a fine time to take the next step. While there are a number of ways the league can contribute to this movement, there's one obvious way: supporting the Colin Kaepernick Founda-

After Kaepernick began to raise awareness on the field, he put his money where his mouth is and created a foundation aimed at fighting oppression of all kinds globally, through education and social activism. Through this foundation, he made a pledge to "donate one million dollars plus all the proceeds of my jersey sales from the 2016 season to organizations working in oppressed communities."

Imagine what could really transpire if NFL officials decided to make this same commitment.

We need to hold the NFL accountable, just as we do for other powertul American organizations. Taking a knee, banding arms, and releasing statements of support is easy compared to what the league can actually do to help fight racial injustice.

It's time for the NFL to stand up for black lives and the rights of all Americans.

Jessicah Pierre is the inequality media specialist at the Institute ers that chose to take a knee or sit population, but comprise nearly nomic power to actually address for Policy Studies. Distributed by Other Words.org.

African-American males are only 6 percent of the United States population, but other way. There are bodies in the street and people getting paid comprise nearly 70 percent of NFL players.

and of course faced the backlash some to wonder whether the NFL gural committee came from NFL and took the heat on his own. That actually cares about black lives, owners and the league." Several or whether team owners were just owners, many of whom supported looking to distance themselves Trump — and seven of whom had from Trump's problematic and divisive comments.

African-American males are ing Trump's comments.

donated at least \$1 million to him - released statements denounc-

Yet none have used their ecoduring the anthem. "Wouldn't you 70 percent of NFL players. It's the problem that brought the proOpinion articles do not necessarily represent the views of the Portland Observer. We welcome reader essays, photos and story ideas. Submit to news@portlandobserver.com.

# America's Calling Card of Violence

### Gun control laws are not enough

BY ROBERT C. KOEHLER

In the wake of the Las Vegas massacre, as in the wake of all the high-profile mass shootings that preceded it, the big question looms:

tion this way: "What is it about profit-driven military industrial America that makes violence our nation's calling card?"

This is the enormous question — you might call it the \$700 billion question, which is the size of the 2018 military budget recently approved by the Senate — that most media and law enforcement personnel do not ask or acknowledge, as they search for clues about the motive behind Stephen Paddock's rampage on the night of Oct. 1 amid the scattered wreckage of the killer's life.

"psychopath."

He was an American.

And he was in possession, in his various dwelling places, of 47 firearms, some of which were used to kill at least 59 people and injure more than 500 others as they attend-

ified by "bump stocks," a cheap, legal device that allows a semiautomatic rifle to fire like an automatic.

> Whitehead puts the answer out there with terrifying clarity: "Perhaps there's no single one factor to blame for this gun violence. However, there is a common denominator, and that is

John Whitehead puts the ques- a war-drenched, violence-imbued, complex that has invaded almost every aspect of our lives."

engaged in endless war, with an entertainment and news media that sells violence as a spectator sport most powerful non-nuclear bomb in and a consequence-free solution to pretty much every problem you can think of. We believe in having enemies — not in a personal sense but in the abstract: people who are different in some defining way and symbolize, in their differentness, the cause of our troubles. In oth- national economy depends on the He was a "lone wolf." He was a er words, we dehumanize. We call people gooks or ragheads or . . . we all know the list of obscenities, past and present.

wake of the Sandy Hook killings

to kill this particular person, you are shooting because he is wearing the enemy uniform. . . . Enemy soldiers are socially substitutable."

And mass murderers behave the same way as soldiers, except the "orders" they are obeying are their own or those of some marginal hate-community. The defining characteristic of mass murder is not that it's senseless or random, but that, to the murderer, the victims symbolize evil. This sort of behavior, in other circumstances, is publicly celebrated. Suddenly, for instance, I'm thinking about the outpouring This is America, a global empire of praise Donald Trump generated from much of the media when the U.S. dropped a MOAB bomb — the the American arsenal - on Afghanistan. Some commentators declared that he became "presidential" after this action. The poor slobs who died because of it couldn't have mattered less to the cheering spectators.

> And a serious segment of the continual flow of enemies and their elimination. It depends on selling weapons.

For instance, William Hartung, Sociologist Peter Turchin, in the director of the Arms and Security Project at the Center for Internanearly five years ago, wrote: "On tional Policy, pointed out in a recent the battlefield, you are supposed to Democracy Now! interview that ed a country music concert. And try to kill a person whom you've the Trump administration has elim-

some of these firearms were mod- never met before. You are not trying inated human-rights restrictions on cally just stopgap measures perpetuunder the control of the Commerce Department rather than the State Department, as well as "restrictions on fighter planes and bombs and the large weapons, the kind that are being used by Saudi Arabia to kill civilians in Yemen."

Remarkably, domestic gun sales had slumped after Trump's election - gun owners apparently became less fearful that the government would take their weapons away so "gun manufacturers are desperate for more foreign sales. And they don't care who the guns go to," Hartung said. "And I think that's really the problem."

He concluded by quoting Martin Luther King's speech against the Vietnam War: "I can't in good conscience fight violence at home if I don't stand up to my own government, which is the greatest purveyor of violence around the world."

Only in this context does it becontrol legislation. By themselves, such basic regulations as universal background checks, a reinstating of the assault-weapons ban and required permits for gun ownership feel like a frail wall against American violence and the ease with which the next "lone wolf" can plan

Indeed, gun control laws are basi- award-winning journalist and editor.

small-arms exports, putting them ally debated by a violence-addicted society. They swell in significance because they're so viciously opposed by the NRA. I'm not against them, but they're not enough.

"And I awoke Monday hoping that maybe this shooting is the one that will persuade America to reclaim the mantle of global leadership that has been at our core since our origin," Connecticut Sen. Chris Murphy wrote in the Washington Post the day after the Las Vegas massacre, calling for sane gun control legislation.

Yes, this is crucial. But I can't help but note that Murphy was one of the 89 senators, including, of course, most Democrats, who voted last month for the 2018 National Defense Authorization Act, bestowing \$700 billion on the U.S. military next year, an increase of \$80 billion, which is even more than the Pentagon or Trump requested.

"Mass shootings," Murphy accome relevant to talk about gun knowledged, "happen almost nowhere else but the United States."

> This is not because of tepid gun laws. It's because the country funds — and benefits from — endless war and violence of all sorts. Occasionally the violence comes back to haunt us

syndicat-Robert Koehler, ed by PeaceVoice, is a Chicago

# Congress Holding CHIP and Children Hostage

### Vital insurance program in crisis mode

BY MARIAN WRIGHT EDELMAN

Dr. Lanre Falusi knows firsthand the anxiety families face when the future of their child's health insurance is in jeopardy. A pediatrician at Children's National Medical Center in Washington, D.C., Dr.

this little girl has been fairly stable the wayside. thanks to her daily controller and rescue medication covered through D.C.'s Children's Health Insurance Program (CHIP). But she often has tough winters and her mother was trying to plan ahead having heard CHIP's future funding was uncer-

nine million children like Dr. Falu- the Sept. 30 deadline was arbitrary si's young patient uncertain about when in fact it has immediate imtheir health coverage. For months plications for real children and whether or not to repeal the Afford-

> the death of the Graham-Cassidy health re- tion makes a difference. peal bill in late Septem-

Falusi recently had a routine visit rely on Medicaid for their health ahead makes it harder to help parfrom a seven-year-old patient with coverage, in the midst of that major ents think proactively about their and now that fear is showing up in pay for it or any other policy issues. asthma. For the last few months fight, funding for CHIP was left by

> There is bipartisan support for CHIP. If Senate and House members, Republicans and Democrats alike, agree on what we need to do for children's health, let's do it now and for the children's sake forget the need for political wrangling.

States and families across the and gone, most states still have transportation to work." country are in this crisis mode some carryover funds to continue because Congress let the deadline to operate their CHIP programs Department was the first to send ma can go from controlled to the Fund.

taken steps to put families on noable Care Act (ACA) tice and are even prepared to modand destroy Medicaid ify or end their CHIP programs as we know it. While because of continuing uncertainty.

Every day Congress delays ac-

Dr. Falusi added: "We haven't ber was a major win for fallen off a cliff yet, but the uncer-37 million children who tainty that there is a cliff looming to follow suit. vidual provider, it can affect the positivity -- the certainty of saying 'See you back in six months for the two-year well-child visit,' when I don't know if they'll still be insured and able to afford it, or if they'll be trying to decide between whether they can afford transporta-Although the deadline has come tion to the pediatrician's office or

to extend funding for CHIP pass in the short term, leading many in a letter to Congress warning that intensive care unit, which I've seen at midnight on Sept. 30h leaving Congress to erroneously believe despite predictions that said otherwise, its CHIP funding would run tions...In the life of a child, even out Sept. 30 and it would have to a couple of months can have some take "extraordinary measures" to Congress has been busy debating families. Some other states have continue coverage in October including the possibility that pregnant women could "be at risk of losing coverage all together."

> Utah officials have said they will end their CHIP program if Congress doesn't provide new funding, and officials in a growing number of states have said they may need

Parents are getting the message places like Dr. Falusi's exam room.

the family perspective . . . We 23 and passage of the CHIP extenknow kids have colds, flu and asthma attacks that cluster in the winter. Right now is really the worst time for families to either fear or know for sure their child is about to lose their insurance coverage," says Dr. Falusi. "Even if there's a shortfall of a couple of months, in The Minnesota State Health a couple of months a child's asth- President of the Children's Defense

when kids go off of their medicalong-term lasting effects."

Congress must not leave children, families and their doctors in this dangerous political limbo a minute longer. CHIP has been beloved for 20 years and the CHIP extension has bipartisan support.

Why are we letting it get caught up in political posturing and debates? Tell Congress to pass CHIP now and not hold it hostage to partisan disagreements over how to

"The urgency is palpable from be back at work the week of Oct. sion must be first on their agenda. Please let your members of Congress hear from you why CHIP must be passed now - children need their health care! Congress must stop playing politics with children's health.

Marian Wright Edelman is

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**EAST LINK EXTENSION – LINK CONTRACT E335 DOWNTOWN BELLEVUE TO SPRING DISTRICT** Bid Package No. 01D - Wilburton (Hospital) Station

**REVISED BID DATE** 

**BID DATE: NOVEMBER 1, 2017 @ 1:00 PM** Sub Bids Due: <u>October 31, 2017</u> @ 1:00 PM

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EMAIL: pdxestimating@stacywitbeck.com

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## Angered by Racist Graffiti

CONTINUED FROM PAGE 3

vid Douglas School District have been hit with racist graffiti in the past two weeks and police suspect the same two culprits, two men in their 20s or 30s, for all four instances.

Menlo Park Elementary School was the first to get tagged back on Sept. 28. Security video shows it happened around 1 a.m. Three more schools were hit with similar graffiti last week. Mill Park, Ventura Park and Lincoln Park Elementary Schools.

"As a parent, I am angry and saddened this hateful incident targeted our precious children and our school, Jama said, shortly after the attacks. "Sadly, this type of hate is becoming more common—across the country and particularly in Oregon—due to the current political climate."

Oregon recently was identified as the No. 1 reporter of hate crimes in the nation, according to a report from ProPublica.

Jama's comments echoed by State Rep. Diego Hernandez, a lawmaker from outer northeast Portland who formerly served on the adjacent Reynolds School District.

"Schools are meant to be safe places for our students to learn and feel welcomed. This is an appalling and offensive display of ignorance and we should all stand together in denouncing racism and hate," said Hernan-

For anyone with information about the graffiti or the suspects. you're encouraged to call the non-emergency phone number for Portland Police, 503-823-3333.

# LASSIFIED/BI

### **INVITATION TO BID**



**PROJECT: AC PAVING GROUP 1601 CITY OF SAN DIEGO – BID NO # K-18-1538-DBB-3** SAN DIEGO, CA

\*\*THIS PROJECT HAS A 15.1 % SLBE-ELBE GOAL\*\* BID DATE: OCTOBER 19, 2017 BID TIME: 2:00 P.M. Please respond by 5:00 P.M., OCTOBER 18, 2017

We are seeking quotes from all small business concerns - CERTIFIED SLBE-ELBE including, but not limited to, the following work items: AC PAVING, AGGREGATES, COLD PLANE, EXCAVATION, CLASS 2 AGGEGATE BASE, SPEED HUMP REMOVE & REPLACE, MINOR CONCRETE, CONCRETE, TREE PLANTING, TREE REMOVAL & DISPOSAL, TREE ROOT PRUNING, PHNEUMATIC SOIL EXCAVATION & TREE ROOT RELOCATION, SWPPP, TRAFFIC CONTROL, MOBILIZATION, TRUCKING / HAULING, WATER POLLUTION CONTROL, QC, WASTE DISPOSAL, STRIPING & PAVEMENT MARKERS, TRAFFIC LOOP REPLACEMENT,

PEDESTRIAN PUSH BUTTONS

Coffman Specialties, Inc. is signatory to Operating Engineers, Laborers, Teamsters, Cement Masons and Carpenters unions. Quotations must be valid for the same duration as specified by the Owner for contract award. Insurance and 100% Payment & Performance Bonds will be required, and will pay up to 1.5% for the cost of the bond. Waiver of Subrogation will be required. We will provide assistance/advice with obtaining Bonds/Insurance/Credit/Equipment. Subcontractors must provide contractor's license number and Department of Industrial Relations (DIR) registration number with their quote. Plans and specs are available at no cost to interested ELBE & SLBE'S firms from the City of San Diego/PlanetBids https://www.planetbids.com/portal/portal. cfm?companyID=17950 website using the Project invitation No. K-18-1538-DBB-3 and/or our San Diego Office. We are an EOE & seriously intend to negotiate with qualified firms.

If you have any questions, Please contact Joe Eckardt: Phone 858-536-3100, Fax 858-586-0164 or email estimating@coffmanspecialties.com.

Non-ELBE/SLBE Subs/Suppliers: Indicate 2nd tier participation offered on your quotation as it will be evaluated with your price. For any bid proposal submitted on or after March 1, 2015 and any contract for public work entered into on or after April 1, 2015, the following registration requirements apply: Every Subcontractor is required to be registered to perform public work pursuant to Section 1725.5 of the Public Contract Code. No Contractor or Subcontractor shall be qualified to bid on, be listed in a bid proposal pursuant to Section 4104 of the Public Contract Code, or engage in the performance of any contract for public work, unless currently registered to perform public work pursuant to Section 1725.5. No bid shall be accepted nor any subcontract entered into without proof of the Subcontractor's current registration to perform public work pursuant to Section 1725.5. If used in our Bid, Coffman Specialties requires this proof be submitted w/in 24 hours of Bid Date.

> Coffman Specialties, Inc. 9685 Via Excelencia, Suite 200 San Diego, California 92126 Phone (858) 536-3100 Bid Fax (858) 586-0164 estimating@coffmanspecialties.com

### **INVITATION TO BID**

**PROJECT:** TriMet Elevator Refurbishment Program (ERP): **NE 42nd Avenue TC Max Station, NE 60th Avenue Max** Station and NE 82nd Avenue Max Station (Phase 1)

BID DATE & TIME: October 26, 2017 @ 2:00pm PST

Bids will be received at Howard S. Wright Constructors offices located at 1455 NW Irving Street, Suite 400, Portland, OR 97209.

Bids may be E-mailed, Faxed or hand delivered.

PROJECT DESCRIPTION: TriMet is replacing the elevators at the Banfield Max Stations. Scope of work includes but not limited to elevator replacements, new canopies, concrete, structural steel, misc. metals, paint, electrical systems and mechanical systems.

Howard S. Wright Constructors (HSW) serving as the CM/GC for TriMet are requesting lump sum bid proposals from selected subcontractors and/or vendors for certain scopes of work in the construction of the ERP Phase 1: located at the NE 42nd Avenue TC Max Station, NE 60th Avenue Max Station and NE 82nd Avenue Max Station.

HSW Contact: Aaron Braun brauna@hswc.com phone: 503-757-0366.

A non-mandatory Pre-Bid Conference will be conducted on October 16, 2017 @ 10:00AM PST. The pre-bid will start at the NE 42nd Avenue Station. Personnel protective equipment (hard hats, safety vests, etc.) is not required for the pre-bid conference. Please meet at the lower level of the lower level platform elevator.

Bid Documents are available at: https://bbcus.egnyte.com/fl/0n4c2k30z4

All bidders must comply with requirements of the prevailing wage law in ORS 279C.800 through ORS 279C.870. All bidders must be registered with the Construction Contractors Board at the time of bid submission.

The Portland City Auditor's Independent Police Review (IPR) is responsible for the civilian oversight of the Portland

Police Bureau (Police Bureau). The Citizen Review Committee (CRC) is an advisory body to IPR and the Police Bureau.

CRC holds appeal hearings of police misconduct investigations; listens to community concerns; periodically serves on the Police Review Board, an advisory body to the Chief of Police that makes recommendations as to findings and disciple of sworn police members; reviews Police Bureau policies; and advises IPR on complaint handling processes.

CRC members are appointed by Portland City Council to serve three-year terms.

Candidates must be Portland, Oregon, residents or business owners, and be impartial and objective in regards to law enforcement.

Applications are available at <a href="http://www.portlandoregon.gov/">http://www.portlandoregon.gov/</a> ipr/ or the IPR office: City Hall, 1221 SW 4th Avenue, Room 140, Portland, OR 97204. Return applications by 5:00 pm, Thursday, October 26, 2017, via fax 503-823-4571, e-mail crc@ portlandoregon.gov, mail, or hand-delivery to IPR.



# It Does Good Things

It Does Good Things

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### SATURDAY **SUNDAY** MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

11

Edward Ormondroyd born, 1925 The Great Chicago Fire *started* (1871)

Leif Ericson Day Columbus Day Thanksgiving Day in Canada Moldy Cheese Day

9

10 James Marshall born, 1942 Henry Cavendish born in England in 1731

Eleanor Roosevelt born, 1884 First Steam-Powered Ferryboat 'Juliana' began operations in 1811 National Poetry Day (England) Farmer's Day

Dia de la Raza

(Mexico)

13 Margaret Thatcher born in 1925. Molly Pitcher (Revolutionary War Heroine) born, 1754

Lois Lenski born, 1893 Dwight David Eisenhower (34th President) born, 1890

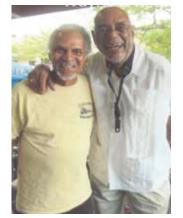
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# Food

### Butternut Squash and Sweet Potato Soup

Butternut Squash Sweet Potato Soup is creamy, comforting, and easy to make. Vegan and gluten-free.

### **INGREDIENTS:**

- 2 tablespoons olive oil
- 1 small yellow onion, finely chopped
- 2 carrots, peeled and finely chopped, (about 3/4 cup)
- 1/4 teaspoon salt
- 1 medium butternut squash, peeled and diced (about 5 cups)
- 1 large sweet potato, peeled and diced (about 3 cups)
- 4 cups vegetable broth
- 1/2 cup full fat coconut milk
- 1/2 teaspoon garlic powder
- 1/4 teaspoon ground ginger
- 1/4 teaspoon curry powder
- 1/8 teaspoon ground nutmeg



### **DIRECTIONS:**

1. In a large pot, warm the oil over medium heat. Add the carrot and onion, sprinkle with salt and cook for 5 minutes. Add the spices then stir together.

2. Next add the diced squash and sweet potato to the pot then pour in the vegetable broth and bring to a boil. Reduce to a simmer and cover while allowing it to cook for about twenty minutes or until all of the veggies are very tender.

**3.** Using an immersion blender or regular blender, pure the vegetables until a thick, smooth consistency is reached. Transfer mixture back to the pot then pour in the coconut milk. Stir to combine then cook until heated through, about 5 minutes. Serve warm and enjoy!

### Savory Zucchini Bread

### **INSTRUCTIONS:**

**1.** Heat your oven to 350 degrees. Spray a loaf pan with a light coating of vegetable spray.

**2.** In a mixing bowl, combine the flour, baking powder, baking soda, and salt. Stir to combine. Set aside.

- **3.** Cut off the top of the zucchini. Discard. Then roughly chop the remaining and place in a food processor. Pulse a few seconds.
- 4. Roughly chop the tomato, basil leaves, and scallions. Add these to the food processor. Pulse for several seconds. Use a spatula to push any pieces in the side of the bowl down. Pulse again, until shredded. Add the water, apple cider vinegar and vegetable oil. Pulse again to combine.
- **5.** Pour the contents from the food processor into the mixing bowl with the flour. Stir until just combined.\*\*
- **6.** Pour the batter into prepared loaf pan. Top with the 3 tomato slices.
- 7. Place in heated oven and bake for 70 minutes, until a toothpick inserted in the middle of the loaf comes out clean. The top of the loaf should be a golden brown.



### **INGREDIENTS:**

- 3 cups flour
- 1 tablespoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon sea salt
- 1 medium zucchini
- 1 medium tomato
- ½ cup fresh basil chopped
- ½ cup scallions chopped
- 1 cup water

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- 1 tablespoon apple cider vinegar
- 3 tablespoons vegetable oil
- 3 thin slices tomato



### EFREM LAWRENCE, ESQ.

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