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### Recycling Tips

*Things to keep  
out of your  
recycling bin*

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*A play  
transcending  
your past and  
future*

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# The Portland Observer 46

'City of Roses'



Volume XLV  
Number 20



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PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Damaris Webb (from left), Laura Lo Forti and S. Renee Mitchell meet outside the Interstate Firehouse Cultural Center to promote the inaugural Vanport Mosaic Festival, coming May 27-30 to the IFCC and other venues. A series of events, including theater, poetry, film and a reunion of former Vanport residents will pay tribute to the history and cultural significance of a city that brought African Americans and others to Portland for work during World War II before being lost to a Memorial Day flood 68 years ago.

## Celebrating a history, culture and legacy

Last year, when three women artists came together to discuss their separate Vanport-related projects, they had no idea where their shared interest would lead. Still, the talking continued, historians, educators, and other artists joined the conversation, former Vanport residents expressed excitement, and eventually, the word "festival" was put on the table.

# Vanport Mosaic

The three artistic co-directors "story midwife" Laura Lo Forti, theater artist Damaris Webb, and S. Renee Mitchell, a former columnist for The Oregonian are now responsible for curating a series of events, including theater, poetry, film, academia and a residents' reunion, to celebrate the history of Vanport, once the second-largest city in Oregon that at its peak had more than 40,000 residents.

"We have to amplify the silent stories of the past, and listen intentionally so we can better understand who we are, and why the city of Portland is how it is today," says Webb. "If we don't celebrate and engage with these living stories now, they'll be gone forever."

This coming Memorial Day marks the 68th anniversary of the Vanport Flood, which destroyed Vanport, a city whose historical impact remains largely unknown, especially to the thousands of new residents who have recently moved into the metro area.

This year's inaugural Vanport Mosaic Festival, scheduled for May 27-30, seeks to educate the public on the history, culture, and legacy of Vanport, which brought together a mix of races across the country to work in Portland's shipyards during World War II.

CONTINUED ON PAGE 15

### Antique Art Way Off Mark

In a recent episode of the Antiques Roadshow filmed in Spokane, a Bend resident's 1970s art project was mistaken for 19th century pottery with a value of \$50,000. Alvin Barr, the most recent owner, purchased the clay pot for \$300 at a barn in Eugene. Betsy Soule, the former Churchill High School student who sculpted the piece of 40 years ago, was obviously shocked.



### Wrongful Weed Death

The family of a woman fatally shot in 2014 has filed a wrongful death suit against a marijuana candy company. The manufacturer, Gaia Gardens, is accused of failing to warn against the potency of the product after husband Richard Kirk consumed the candy and shot his wife. There are 911 call records of Kristine Kirk calling dispatchers on the day the candy was purchased, saying her husband was jumping in and out of windows and talking about the end of the world.

### Olympics Disaster Fears

Doctors are warning that the summer Olympics in Rio de Janeiro could cause a "full blown public health disaster" because of the Zika virus. The World

## The Week in Review

Health Organization declared a health emergency after the virus began spreading throughout Latin America last year. Rio de Janeiro has the highest amount of suspected Zika cases in Brazil and health specialists and Olympic athletes alike are worried about a heightened spread rate with thousands expected to attend the games.

### Oldest Person Passes Away

African American Susannah Mushatt Jones was the longest living person in the world and the last American alive that was born in the 1800s. She passed away Thursday evening at age 116. Jones was born outside Montgomery, Ala. in 1899 where she was the youngest of 11. She attributed her long life to lots of sleep and her daily breakfast of bacon, eggs and grits.



### Frozen Food Recall

Ajinomoto Windsor, a national frozen food company that has an office in Portland, was recently swept into the recall of frozen food products. The company produces many Asian and Latin American style cuisines and is recalling over 47 million pounds of

its meat and poultry products. It comes as a precaution after seven recent cases of Listeria coming from Washington based CRF Frozen Foods.

### Mike Brown's Mother Releases Memoir



Lezley McSpadden, mother of Michael Brown, has released her memoir book titled "Tell the Truth & Shame the Devil: The Life, Legacy, and Love of My Son Michael Brown." The book reflects on her life growing up, getting pregnant at 15 and dropping out of school to take care of her son. She also

tells of life without Michael, how she's been treated by protestors and police, and the shock she experienced when Officer Darren Wilson wasn't indicted for her son's 2014 death.

### U of O Sued for Racism

A fired Native American professor has filed a suit against the University of Oregon on grounds of wrongful termination based on discrimination and racism. CHiXapkaid Donald Michael Pavel was let go more than a year ago on accusations of sexual assault on a freshman student. His suit places blame on eight specific employees for his termination, and claims the university violated his constitutional rights by discriminating against him.



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Web—[www.goodinthehood.org](http://www.goodinthehood.org); GITH hotline 971.302.6380

Volunteers needed—[volunteers@goodinthehood.org](mailto:volunteers@goodinthehood.org)

Want to be a sponsor—[shawnpenney@goodinthehood.org](mailto:shawnpenney@goodinthehood.org)

Festival Participation—[feedback@goodinthehood.org](mailto:feedback@goodinthehood.org)

## Help Us Choose Portland Community College's Next President!

The PCC Board of Directors invites you to meet the finalists for district president at open forums held at all PCC campuses.

May 23–27

Visit [pcc.edu/presidentsearch](http://pcc.edu/presidentsearch) for details.



### Mark Mitsui, M.Ed.

Deputy Assistant Secretary for Community Colleges,  
U.S. Department of Education, Washington D.C.



### Melinda Nish, Ed.D.

President, Southwestern Community College District,  
Chula Vista, California



### Rassoul Dastmozd, Ph.D.

President/CEO, Saint Paul College,  
Saint Paul, Minnesota

### #AskFuturePres

Can't make it? Tweet a question for the finalists.  
Your question may be read at an upcoming forum.



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## LOCAL NEWS



Mark Mitsui



Melinda Nish



Rassoul Dastmozd

# Zeroing In on a Leader

## PCC names finalists for college presidency

A year after the sudden departure of its last leader Jeremy Brown, Portland Community College's search for a new president is coming to a close.

PCC district officials announced Monday that finalists for

the position have been narrowed to three candidates who will visit the college's campuses next week to meet with faculty, staff, students and the community at large.

The candidates are Rassoul Dastmozd of Saint Paul, Minn.,

Mark Mitsui of Washington, D.C., and Melinda Nish of Bonita, Calif.

PCC's Board of Directors will conduct finalist interviews and a decision is expected in late June.

CONTINUED ON PAGE 4



Clark College students Keith Cheek (left) and James Powers (right) meet John Clyton of the Clayton-Hamilton Orchestra at the recent University of Northern Colorado/Greeley Jazz Festival.

# Clark College Jazz Shines

Eight Clark College Jazz Ensemble students were honored with Outstanding Musician-ship awards at the University of Northern Colorado/Greeley Jazz

Festival. Students from the Vancouver campus also had the opportunity to listen to performances, attend workshops, and meet luminaries

in the field of jazz at the recent event, including the John Clayton of the Clayton-Hamilton Jazz

CONTINUED ON PAGE 4

June 11th 2016  
Dinner at 7:00pm Show Time 8:30pm

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**Clifford McAffee**  
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White-collar Blues

**Lee Hinton**  
Hilarious Portland  
Funnyman

**Meiqa Fulepp**  
International Dance Instructor  
Choreographer

**Belinda Jiles**  
Super Host Funnycady  
"Amazon Queen"

**Paul Knauls**  
Host/Humorist Extrordinaire

**Don Allen**  
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The Portland Observer

## Executive to Lead Community Media

A veteran film and television producer who most recently has served as a marketing and communications executive with the Oregon Episcopal School in Portland has been named the new chief executive for MetroEast Community Media.

Martin "Marty" Jones brings more than 25 years of diverse management, leadership, and marketing experience to the to the cable channel and website serving Gresham, Troutdale, Fairview, Wood Village, and unincorporated Multnomah County.

"Our Board was impressed with Marty's passion for storytelling, his expertise with marketing and media production, and his leadership capabilities," said Shannon Chisom, MetroEast Board vice president and search committee chair. She noted his



Martin 'Marty' Jones

long-standing interest in community media, which was sparked through his involvement as a teenager at a public access tele-

vision center in Columbus, Ohio.

MetroEast Community Media's mission is to invigorate civic engagement, inspire diverse voices, and strengthen community life.

The nonprofit makes community programming available to the public—including coverage of events and performances, productions that give voice to youth and diverse cultural communities, and coverage of local government meetings and elections.

"It's wonderful to inherit a fiscally strong organization, and I embrace the opportunity to help diversify and grow the revenue for MetroEast Community Media," Jones said.

Jones came to Portland and OES six years ago to establish the school's marketing and communications department.

## Zeroing In on a Leader

CONTINUED FROM PAGE 3

Since Brown's departure, Sylvia Kelley, PCC's executive vice president, has served as interim president.

Dastmozd is the president and chief executive officer of Saint Paul College in Saint Paul, Minn., the most diverse and fastest-growing comprehensive college in the state. He has experience in strategic planning, accreditation and accountability initiatives and previously worked at Clark College

in Vancouver as vice president of instruction and workforce education.

Mitsui has served as the Deputy Assistant Secretary for Community Colleges within the Office of Career, Technical and Adult Education for the U.S. Department of Education. In this role he works to advance the community college agenda of President Obama and the Secretary of Education. Prior to working in Washington D.C., he was the president of North Seattle College in Wash-

ington.

Nish is the superintendent/president of the Southwestern Community College District in Chula Vista, Calif., which serves more than 20,000 students annually. She oversees five administrative divisions that operate student services, academic affairs, business and finance, technology and employee services.

Public forums with the presidential candidates will begin the week of May 23 with details about the sessions on the college's president search web page at [pcc.edu/presidentsearch](http://pcc.edu/presidentsearch).

## Clark College Jazz Shines

CONTINUED FROM PAGE 3

Orchestra, Houston Person, Joey DeFrancesco and legendary jazz royalty Ellis Marsalis.

"The experience of visiting the Greeley Jazz Festival this year was exhilarating," said James Powers, one of the Clark College

winners. "It has been said that it can be disappointing to meet one's heroes, but I can say that that is not always the case. When speaking with some of the learned men of music, I was greeted with humility and kindness. Just as important as the uplifting musical performances, was the realization

that these performers were all just regular people who have just practiced more than I have."

The other Clark students to receive awards were Mattias Tyni, trumpet; Keith Cheek, tenor saxophone; Anna James, tenor saxophone; Jenny Baird, trombone; Hayden Lilak, bass; Josh Gonzales, drums; and Sam Niborg, drums.

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# Things to Keep Out of Your Recycling Bin

## The ins and outs of recycling

BY REBECCA KOFFMAN

You're at home in front of your recycling bin. Maybe the bin is in your driveway, or in the parking lot of your apartment complex. Maybe you're in your bathrobe. Maybe it's raining. And you've got a take-out container. Or some weird packaging you've never seen before. Is it recycling or garbage? Read on for what goes in and what stays out of your home recycling bin.

When deciding which plastics to throw in your curbside bin, "pay attention to shape and size," says Betty Shelley, a recycling expert who has answered calls and emails at Metro's Recycling Information Center.

Shapes to look for? Bottles, jars, buckets and tubs. Remember bathroom products like shampoo and body lotion, as well as garden pots, are also often recyclable at home.

What stays out of your home bin: Plastic bags: "Plastic bags absolutely can't go in," says Shelley. "They get tangled in the machinery at the sorting facility."

Plastic lids are also a no. These tend to be small and thin, and so are easily hidden by paper and cardboard as they make their way along the conveyor belts at sorting facilities. They can then end up in bales of paper or cardboard — making those bales harder to sell, and therefore harder to actually recycle into new paper products.

Plastic clamshells, those containers that salad greens, cherry tomatoes, and deli salads and sandwiches are packed in, along with some other similar plastics, are not recyclable at home. Sorting facilities don't have the machinery to deal with them and the plastic they're made of can be harder to sell to recyclers.

It's confusing though, because a lot of these plastics have a recycling number on them, surrounded by a triangle of arrows.

"Ignore the arrows. Ignore the numbers," says Shelley. The number is an indicator to industry insiders — it tells them what kind of resin is in the plastic and what its properties are but as doesn't mean it's recyclable at the curb.

Everything from junk mail to



Things like household batteries and a range of plastics may fall into the category of what Singh calls "wishful recycling" — things that people want to be recycled, but that actually aren't on the list of what you can recycle at home.

The Metro Recycling Information Center answers questions about whatever you're not sure how to get rid of 8:30 a.m. and 5 p.m. Monday through Saturday at 503-234-3000.

Rebecca Kaufman writes for the regional government agency Metro.

Plastic bags are not recyclable at the curb because the bags get tangled in the machinery at the sorting facility.

newspapers to egg cartons (the paper ones) goes in your home recycling bin. You can also recycle milk and juice cartons, as well as aseptic containers that allow soup, broth and soy milk to be stored at room-temperature. These containers are not 100 percent paper, but because the manufacturers of these kinds of cartons have invested in ways to collect and recycle them they're a part of the home recycling system.

What stays out: Frozen and refrigerated food boxes. Keep food boxes that go in the freezer or refrigerator out of your home recycling. Think waffles, popsicles or butter boxes. They may not seem different from cereal or cookie boxes but they are made with a plastic that keeps them from getting soggy when exposed to moisture. Milk, juice and aseptic cartons are layered rather than penetrated with plastic, making the materials easier to separate.

Paper cups also stay out of the bin. Like freezer boxes, "paper" cups are also made with plastic so they don't dissolve into a sodden mass when filled with liquids.

A cost-efficient recycling system depends on making sure recyclables are actually recycled once they leave your bin. So mucking them up with the stuff that doesn't belong there — that either slows the sorting lines like plastic bags do, or makes other recyclables less marketable like lids can — eventually drives up costs for everyone.

When in doubt, keep it out.

The Civil Rights Committee of the Oregon State Bar presents:

## FACING THE TRUTH

Race and Criminal Justice in Multnomah County

May 26, 2016 // 7 p.m.  
Portland Community College, MAHB Auditorium // 705 N Killingsworth

Communities of color are vastly overrepresented at each stage of Multnomah County's adult criminal justice system. Representatives from community organizations and the justice system will discuss a recently released report that highlights this problem. Panelists will begin a conversation about community solutions. Please join us.

GUEST SPEAKERS: Jo Ann Hardesty, President, NAACP Portland Branch; Principal Partner Consult Hardesty // Ana del Rocío Valderrama, Chief of Staff to Rep. Jessica Vega Pederson // Rod Underhill, Multnomah County District Attorney // The Honorable Adrienne Nelson, Multnomah County Circuit Court Judge // Lane Borg, Executive Director, Metropolitan Public Defender Services, Inc. // Judy Shiprack, Multnomah County Commissioner

If you require Spanish language or ASL interpretation services, contact Cristela at Legal Aid by May 23rd, 503-471-1137 or Cristela.Delgado-Daniel@lasoregon.org. Si necesita servicios de interpretación en español, póngase en contacto con Cristela en Servicios Legales 23 de mayo, llamando al 503-471-1137 o cristela.delgado-daniel@lasoregon.org.

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# OPINION

Opinion articles do not necessarily represent the views of the Portland Observer. We welcome reader essays, photos and story ideas. Submit to [news@portlandobserver.com](mailto:news@portlandobserver.com).

## Good Food Movement Needs Science, Too

We can move forward sustainably

BY JILL RICHARDSON

Perhaps you've heard some organic food advocates say, "We should just roll back the clock and farm the way we used to" — before modern science gave us factory farms and genetically modified ingredi-

ents. Others disagree, saying that we'd all starve if we didn't use science and technology in farming.

It's a big debate. But maybe the turning of a clock isn't the right metaphor.

Instead, I thought recently of an old Chinese saying: "Draw snake, add legs." It refers to when some-

one gets so carried away in doing something that they carry it too far, ruining it by adding extra, useless things.

A study of how our food system developed over the last century appears to be a clear case of drawing a snake and adding legs.

My master's thesis is on chickens. I've dug into historical documents going back to the late 1800s to learn how Americans raised chickens over time. It's not a pretty picture.

At the start of the 20th century, breeders bred chickens for aesthetic qualities that would win chicken shows. They took no notice of whether their chickens were any good at laying eggs or valuable for meat.

That might be nice if awards from chicken shows put food on the table, but I think eggs and meat

taste better than blue ribbons.

It wasn't a great deal for the chickens, either.

A 1918 study found some American city dwellers keeping up to 200 chickens in their backyards as for-profit ventures. The researchers reported that each person interviewed claimed to take good care of their chickens. Yet examinations found the birds covered in lice.

In one instance, a woman had 60 more chickens in her yard than could fit in her coop. In another case, some of the chickens died and the owner left them to rot in the yard. A few times, the researcher noted the smell was so bad he could barely tolerate staying long enough to conduct the interview.

As late as the 1950s, scientists still didn't know everything there was to know about chicken nutrition. Chickens survived because they foraged outside to meet their

nutritional needs. Diseases that are now rare were common. Early incubators served to spread germs, so that one infected chick spread disease to all of the others as they hatched.

Have science and technology improved these conditions? Absolutely.

Did we take it too far? Did we draw legs on a snake? I would say so.

Once scientists figured out how to cope with disease and provide for all of a chicken's nutritional needs in a manufactured feed, they found they could keep them in confinement. The cooped-up birds went from having four to five square feet each in the early 20th century to just half a square foot apiece by 1966.

Stressed by confinement, chickens began pecking one another — sometimes to death. A solution, devised in 1942, was de-beaking. Breeders found that if they re-

moved the tip of each bird's beak, this kind of stress-induced pecking became less lethal.

The answer to science that leads to animal cruelty and environmental degradation, however, isn't less science. It's better science. There's no need to turn back the clock on progress, or to erase the snake and start over.

Today's science tells us that eggs are more healthful when hens are allowed to forage on bugs and grass. And odds are, if you want to keep backyard chickens, you'll be grateful for a century of work eradicating parasites and disease. So will your neighbors.

If we use our judgment, we can find a way to move forward sustainably, healthfully, humanely — and scientifically.

*OtherWords* columnist Jill Richardson is the author of *Recipe for America: Why Our Food System Is Broken and What We Can Do to Fix It*. [OtherWords.org](http://OtherWords.org).

## Changing the Conversation when it comes to Gender

Fighting the Trump insult method of debate

BY LAURA FINLEY

The "woman card." It's so much nonsense. Donald Trump is merely the latest to accuse a woman of playing identity politics because she, well, actually discussed the fact that the U.S. still has much to improve in terms of gender equality.

Trump alleges that Clinton is discussing women's issues so she

can win the votes of women. The nerve of her, trying to win the support of more than 50 percent of the population! It's like she's running for the highest office in the country or something. Clinton's response was terrific: "If fighting

for women's health care and paid family leave and equal pay is playing the woman card, then deal me in."

Other responses to Trump's comments bothered me, though. Elizabeth Warren said that Trump "wears the sexism out front for everyone to see," which is undeniably true. More than just one man's sexism, though, the whole affair is a stark reminder that we really need to change the

conversation when it comes to gender. And, doing so has to go beyond attacking people for the same things women abhor—emphasizing our looks more than our words.

For instance, Warren made fun of Trump's hair in her response to his comments. There's no need to play that same game; his remarks would be no more palatable were he to shave his head or sport a

cause of the antiquated notion that men can't be feminists.

Likewise, advocacy for gender equality should not be marginalized because the proponent happens to be attractive or even sexy, as is often the case when female celebrities like Beyonce speak out. Similarly, when we disagree with a sexist remark, like those made by Trump, we have to resist

shifting who is the oppressor or the oppressed does not challenge structural inequality.

Birth control and reproductive freedom, for instance, are not "women's issues," they are concerns for anyone who wants to (or does not want to) have children, not about males or females. Paid family leave is about families, regardless of the gender of both par-

*Birth control and reproductive freedom, for instance, are not "women's issues," they are concerns for anyone who wants to (or does not want to) have children, not about males or females. Paid family leave is about families, regardless of the gender of both parents.*

*Domestic violence is not a women's issue, it's a public health concern that costs the country an estimated \$8.3 billion annually.*

mullet. Likewise, Clinton's recognition of the importance of equal pay would mean no less were she a supermodel.

Too often, advocates of gender equality are marginalized because of how they appear. It is way past time that we worry about someone's actions, not the package in which they are wrapped. Feminists come in so many varieties, and their work shouldn't be trivialized because someone doesn't like their voice or pantsuit or be-

the urge to comment on his appearance, as it also shifts the focus and entrenches us into the same duel mentality.

It's unbelievable that issues affecting all of us are even still called "women's issues." In this patriarchal society, labeling something a woman's issue reinforces the same binary way of thinking about gender that produces the problem in the first place. Like Gloria Steinem argued decades ago in her classic piece "If Men Could Menstruate,"

Domestic violence is not a women's issue, it's a public health concern that costs the country an estimated \$8.3 billion annually. These are issues of justice and of human rights. But, it will be impossible to change the way we view these problems until we stop using the same tactics that the sexists use.

*Laura Finley, Ph.D., teaches in the Barry University Department of Sociology & Criminology and is syndicated by PeaceVoice.*

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# OPINION

## Hope is Waiting for the Supreme Court

Speaking up for our brothers and sisters

BY MARIAN WRIGHT EDELMAN

The futures of millions of immigrant families are on hold until the Supreme Court makes a decision in *U.S. v. Texas* expected in June. Texas and 25 other states filed a



lawsuit in February 2015 to block President Obama's November 2014 executive action to help keep immigrant families together. The Deferred Action for Parents of Americans (DAPA) and Lawful Permanent Residents and expanded Deferred Action for Childhood Arrivals (DACA) initiatives would help parents and young adults remain in the country temporarily to work, further their education, and support their families

The story of Baldo who came to the United States from Mexico in 1988 when he was 17 years old and who lives in Pasadena, Calif. with his wife and their two U.S. citizen daughters is documented in one of the nine friend of the court briefs filed on behalf of more than 1,000 organizations and individuals supporting the president's executive actions.

The Children's Defense Fund joined 75 other education, health

and child advocacy organizations in one of these briefs. The National Immigration Law Center says the multiple briefs in this case "demonstrate the severe, nationwide harm — to millions of individual families, to the safety of our communities, and to local and national economic well-being — produced by the injunction barring implementation of the Obama administration's DAPA and expanded DACA programs."

The deferred action order would allow immigrant parents like Baldo, with citizen children, to seek protection from deportation, get a work permit, and keep their families together.

The brief shares more about his story: "Baldo's financial difficulties are compounded by his fear of being forced to return to Michoacán, Mexico, where he has not lived in nearly 30 years. He has heard from family members about kidnappings and other drug cartel-related violence, and would not feel safe returning to Michoacán. Given the risk of harm, he would not want to take his daughters there, but he also would not want to be separated from them."

An estimated 16 million people in the United States have mixed-status families like Baldo's. One in five undocumented immigrant adults have a U.S.

citizen or lawful permanent resident spouse and about 3.8 million undocumented immigrants have children who are U.S. citizens.

Deportation can result not only in separation of children from a parent but also food insecurity, challenges in accessing health care, housing instability, and sometimes entry of children into foster care. Families lose the financial stability provided by their formerly employed parent and the local economy suffers lower tax revenue. The very real threat of a parent's removal is causing millions of U.S. citizen and lawful permanent resident children emotional, psychological, and educational harm.

DAPA would allow a parent like Baldo to return to his former job and stay with his family for at least three years without fear of deportation, with the opportunity for renewal.

By expanding DACA, the Department of Homeland Security would offer deferred action to more young people brought to the United States as children before their 16th birthday. They must have continuously lived in the U.S. since January 2010 and every day since Aug. 15, 2012, have a high school diploma or equivalent, or be in school. They would have access to important educational opportunities, internships and career and vocation training and have better chances of new

jobs and increased earnings. The state of Texas' injunction prevents an estimated 290,000 people brought to the country as children from applying for DACA.

Qualifying for these temporary, renewable deportation deferrals requires people to meet a variety of requirements and pass a criminal background check. In recognition of the benefits for children and families and the economic future of our country, there is very broad support for DAPA and expanded DACA. Sixteen states and the District of Columbia; 116 cities and counties, along with the National League of Cities and the U.S. Conference of Mayors; 51 current and former chiefs of police and sheriffs and the Major Cities Chiefs Association and Police Executive Research Forum; 326 immigrants' rights, civil rights, labor, and social service organizations; a bipartisan group of former members of Congress; 225 current U.S. senators and representatives; and former federal immigration and Homeland Security officials have filed friend of the court briefs in the Supreme Court.

Let all of us break our silence and speak up about the suffering of our sisters and brothers whose family members are at risk of being torn apart by deportation.

Marian Wright Edelman is president of the Children's Defense Fund.

## Nonviolence Superior to Violence in Every Way

Consider the research and all the costs

BY TOM H. HASTINGS

I teach and write in the field of Peace and Conflict Studies, with a special focus on strategic nonviolence. It is a rich field, growing in its scholarship and its widespread usage. I'm so enthused by this—the more we wage our conflicts with nonviolence the lower the costs.



Counting the costs of conflict, we normally think of blood and treasure, of casualties and expense. We are slowly beginning to also count other costs, including our environment, our relationships, our civil rights, our human rights, our metrics of democracy, and more. Nonviolence is superior to violence in every way if we

read the research and consider all the costs.

Nonviolence can fail, of course, and in the most robust of struggles—trying to overthrow a dictator, for example—nonviolent struggle only works about 53 percent of the time. Of course violent insurgency only succeeds 26 percent of the time, about half as often as does nonviolence. This is disturbing to those who define revolution as violent. I hope they get over it. Wake up

and smell the flowers instead of the cordite.

One secret to nonviolent success is communication. When we are quiet the injustices we see or suffer are allowed to continue. When we are aggressive—violent or demeaning, threatening, and insulting—that strengthens the resolve of the opponent and progress is unlikely. The best path to victory is assertion—visualize a thin bright line between you

and the oppressor. Shrink back from the line and nothing changes. Charge over the line and all defenses spring into counter-aggression, counterattack. But go up to the line with insistent civil assertion, creative and resilient, and your chances for winning your objectives are radically increased.

These principles are basic, but ignored all too often, as we see in many conflicts domestic and transnational, in families and workplaces, in neighborhoods and in towns, in regions and states. The destructive, adversarial conflicts that result are often heartbreaking to observe.

From a belligerent North Korean dictator to a misogynist Donald Trump, the results are not impressive. Ruling over others is a poor path to sustainable gains and doing so in an aggressive manner will only generate pushback. If that resistance is civil but insistent, assertive but not aggressive, it can achieve what no one thought possible.

If I had predicted publicly in 1985 that the Philippines would see Marcos deposed without a single fired shot, that the Berlin Wall would fall in a massive nonviolent uprising, that Nelson Mandela would be liberated and apartheid would end without a widely predicted bloodbath, that Pinochet would fall in Chile to mass nonviolent power, and that Slobodan Milosevic would create horrific wars in the Balkans but would be deposed by nonviolence, I might have been diagnosed as delusional.

These cases and 1,000 more are chronicled in a Swarthmore database that is growing constantly. We are humans—we have great big brains that are hardwired for all possible responses, from violent to nonviolent, which makes us the unique species neurologically capable of infinite, illimitable choice. Let's be wise about it.

Dr. Tom H. Hastings is founding director of PeaceVoice.



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# SPORTS

## Special Season Ends

A special season in which the Portland Trail Blazers defied expectations and advanced to the postseason with an exciting play-off run ended in Oakland, Calif.

The Golden State Warriors advanced to the Western Conference Finals May 11 after eliminating Portland with a 125-121 victory in Game 5.

For the third time in five games,

Golden State Warriors' Stephen Curry, right, speaks with Portland Trail Blazers' Damian Lillard at the end of Game 5 of a second-round NBA basketball playoff series Wednesday, May 11, 2016, in Oakland, Calif. The Warriors won 125-121 and advanced to the conference finals. (AP photo)



the Warriors erased an early double-digit deficit to hand the Trail Blazers a frustrating loss. The only difference this time was that it ended Portland's season. Facing elimination, the young Trail Blazers opened the game with the kind of intensity and aggressiveness you'd expect from a squad playing for their playoff lives. But as the night wore on, the veteran Warriors slowly gained momentum, and turned the tables on the Trail Blazers in the final quarter to close out the series.

## Coaching Contract Extended

The Portland Trail Blazers and head coach Terry Stotts have agreed to a contract extension, president of basketball operations Neil Olshey announced Monday.

"Terry has been an outstanding partner and this extension represents our desire to build a model of stability and consistency," said Olshey.

Stotts completed his fourth season as Blazers head coach last week, going 44-38 to solidify his third consecutive winning season and third straight postseason berth, despite not returning four of five starters from 2014-15. Portland defeated the Los Angeles Clippers in the first round of the 2016 NBA Playoffs to advance to the Western Conference Semifinals for the second time in the past three seasons.



Terry Stotts

"As an organization, we have developed a culture and continuity that is exciting to be a part of, and I could not be more appreciative of the players and coaching staff," Stotts said.

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From the past to the future, Myra is played at different ages by Mikki Lipsey and Nora Zahakarias in 'Notes to Self.'

# Transcending Your Past and Future

## Local playwright presents 'Note to Self'

What if you could talk to your past or future self? What would you say? How would you answer?

"Note to Self," a play produced by Portland director, writer and editor Adrienne Flagg in association

with CoHo Theater, turns the argument between generations inward. The play is a personal examination of how individuals change and grow over time, six lives played by 12 diverse performers spanning 125

years of love, tragedy, joy, life.

Devised from hundreds of notes to self, using traditional theatre, poetry, music and dance, the cast blends their personal stories into characters that they play at different

stages of life.

"Note to Self," opens Thursday, May 20 and plays Thursdays through Saturdays at 7:30 p.m. and Sundays at 2 p.m. through June 5 at CoHo Theater, 2257 N.W. Raleigh St. Tickets are \$21 in advance and \$25 at the door.

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# Arts & ENTERTAINMENT

## Powerful Film Classic

The Northwest Film Center presents "Black Girl" from the unofficial "father" of African cinema as part of its series of restored or preserved film prints.

The 1996 classic by director Ousmane Sembene is about a young Senegalese woman who moves to France with dreams of a better life, with sophisticated leanings. She works as a nanny for a wealthy couple, but before long it becomes clear that the couple intend to have her do more than just nanny, and her new life spirals out of control.

The movie in French with English subtitles screens on Friday, May 20 at 7 p.m.; Saturday, May 21 at 7 p.m. and Sunday, May 23 at 7 p.m. in Whitsell Auditorium at the Portland Art Museum, 1219 S.W. Park Ave. Admission is \$9 general and \$8 for students and seniors.



A Senegalese woman works as a maid in France for a couple who treat her as a slave in the 1966 classic film 'Black Girl.'

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must be 18 or older to participate. no purchase of internet time is necessary to gain entry into game promotion.

## Powerful Stories to Share

Write Around Portland releases its 50th anthology "Draw the Outside" at two free community events featuring readings of powerful works by adult and youth participants.

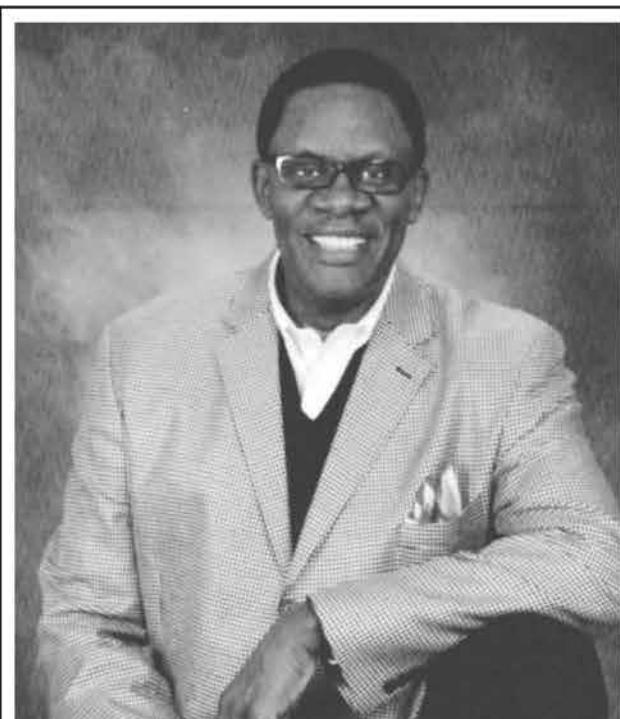
The readers will include survivors of domestic violence; middle and high school students; adults experiencing mental illness; adults with developmental disabilities; members of low-income housing and assisted living communities and many others.

Write Around Portland runs community-building writing

workshops in hospitals, schools, homeless youth shelters, senior centers, low-income housing buildings, prisons, treatment facilities and social service agencies.

The first reading event will be held Friday, May 20 at 6:30 p.m. at the Portland Community College Willow Creek Center, 241 S.W. Edgeway Dr. The second reading will take place on Wednesday, May 25 at 6:30 p.m. at Taborspace, 5441 S.E. Belmont St.

For more information, visit [writearound.org](http://writearound.org).



Dr. Billy R. Flowers

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he could not pull his pant leg up to show me. I talked to him about his knee and showed him graphs of the nervous system and how it affects the knee. He decided to become a Chiropractic patient and has had no problem with his knee since. Within days the swelling was out of his knee. Like so many patients, he

had an added bonus. His back was stronger and healthier than it had been in years. His headaches disappeared. In short, he got that healthy happy feeling of Chiropractic. If you have knee pain or if you have any question concerning your health at all, call us today, Isn't it time you stepped up to Chiropractic?

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# Arts & ENTERTAINMENT



Face painting at the Vancouver Parks and Recreation Marshall Community Center. This Saturday, May 21, the center at 1009 E. McLoughlin Blvd. opens for a free family fun day.

## Family Fun Day in Vancouver

Activities for the whole family will be free on Saturday, May 21, from noon to 5 p.m. at the Marshall Community Center, 1009 E. McLoughlin Blvd. Vancouver Parks and Recreation will host the family fun day as it prepares for an exciting summer.

"We invite the community to enjoy a day of fun and learn about

all the services and programs we have to offer," said community center director Andy Meade.

The free activities include public swims at the Marshall Pool, pottery demonstrations, sports activities in the gymnasium, body composition testing and demonstrations at the fitness center, gaming activities and face painting

Special discounts on summer programs will be available to those who register in person at the event.



## Electronic, Hip Hop and Dance

Kaytranda, a musician, producer and DJ born in Haiti and who perfected his craft after moving to Canada brings an electronic, hip hop, R&B and dance world tour to Portland for a performance Sunday, May 29 at the Euphoria, 315 S.E. Third Ave.

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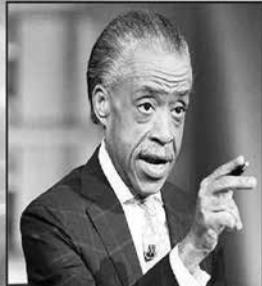


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3 P.M. - 7 P.M. D.L. HUGHLEY	4 P.M. - 12 Midnight DOUGLAS WILLIAMS
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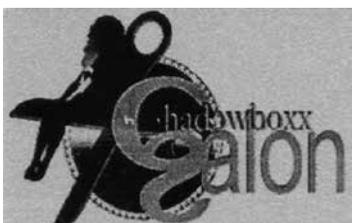
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# Arts & ENTERTAINMENT

## ENTERTAINMENT GUIDE

**Silent Movies and Live Music** -- The Columbia River Theatre Organ Society and the Hollywood Theatre present a Silent Comedy Special starring Harold Lloyd, Buster Keaton and Charley Chase, Saturday May 28, at 2 p.m. Four films, *Jumping Beans* (1922); *Bumping into Broadway* (1919); *Crazy Like a Fox* (1926) and *The Scarecrow* (1920) will screen. Tickets are \$10 at the door.

**Swashbuckling Peter Pan** -- Portland Playhouse, 602 N.E. Prescott St., presents the Tony-Award nominated action adventure "Peter and the Starcatcher" at its intimate 100 seat theater. The swashbuckling, family-friendly prequel to *Peter Pan* is one of the most Tony Award-nominated plays of all time. Now showing through Sunday, May 29. Tickets are \$20-36. Visit [portlandplayhouse.org](http://portlandplayhouse.org) or call 503-488-822.



**Cultures of Asia and the Pacific** -- Portland's Lan Su Chinese Garden celebrates Asian Pacific American Heritage Month during the month of May with performances every Saturday and Sunday from local cultural organizations and dance troupes.



**Blending Latino and American Pop** -- 'Into the Beautiful North' — a hip, heroic comedy based on modern Mexican experiences and inspired by the classic film *The Magnificent Seven* and American pop culture. Now showing through Saturday, May 28 at Milagro, 525 S.E. Stark St. Tickets available at [milagro.org](http://milagro.org) or call 503-236-7253.

**The Jacksons at Chinook Winds** -- The Jacksons with brothers Jackie, Jermaine, Marion and Tito will perform live in concert at Chinook Winds Casino

in Lincoln City, Friday and Saturday, May 20- 21. From their rise to fame with

their late brother Michael in the 1970s to today, the Jacksons bring a unique brand of soulful pop-funk and a lengthy catalogue of hits. For tickets, call 1-800-MAIN-ACT or visit online at [chinookwindscasino.com](http://chinookwindscasino.com).



**Through Indian Eyes: Native American Cinema** -- Organized by the UCLA Film and Television Archives, the NW Film Center at the Portland Art Museum, presents a series of films by First Nations filmmakers that aim to reach mainstream audiences and Native communities while working to recuperate tribal languages, spirituality, and community. Now showing through Sunday, May 22. Visit [nwfilm.org](http://nwfilm.org) for a complete listing.



**Music Millennium Free Shows** -- The Music Millennium, 3158 E. Burnside, hosts a series of in-house live performances. Enjoy free music and the opportunity to meet artists. Call 503-231-8926 for a schedule.

**Fourth Sunday Jam Night** -- A friends and family variety comedy show in a Saturday Night Live format with local recording and performing artists, bands, dance crews, poets, and drama groups, takes place each fourth Sunday of the month at 7 p.m. at Celebration Tabernacle, 8131 N. Denver Ave. The free event is open to the community.

**Discount Tickets** -- Local low-income families and individuals can purchase \$5 tickets to classical musical performances in Portland as part of a unique program called Music for All. Participating organizations include the Oregon Symphony, Portland Opera, Oregon Ballet Theater, Chamber Music Northwest, Portland Youth Philharmonic, Portland Baroque Orchestra, Friends of Chamber Music, Portland Chamber Orchestra, Portland Piano International, Portland Symphonic Choir, Cappella Romana and Portland Vocal Consort.

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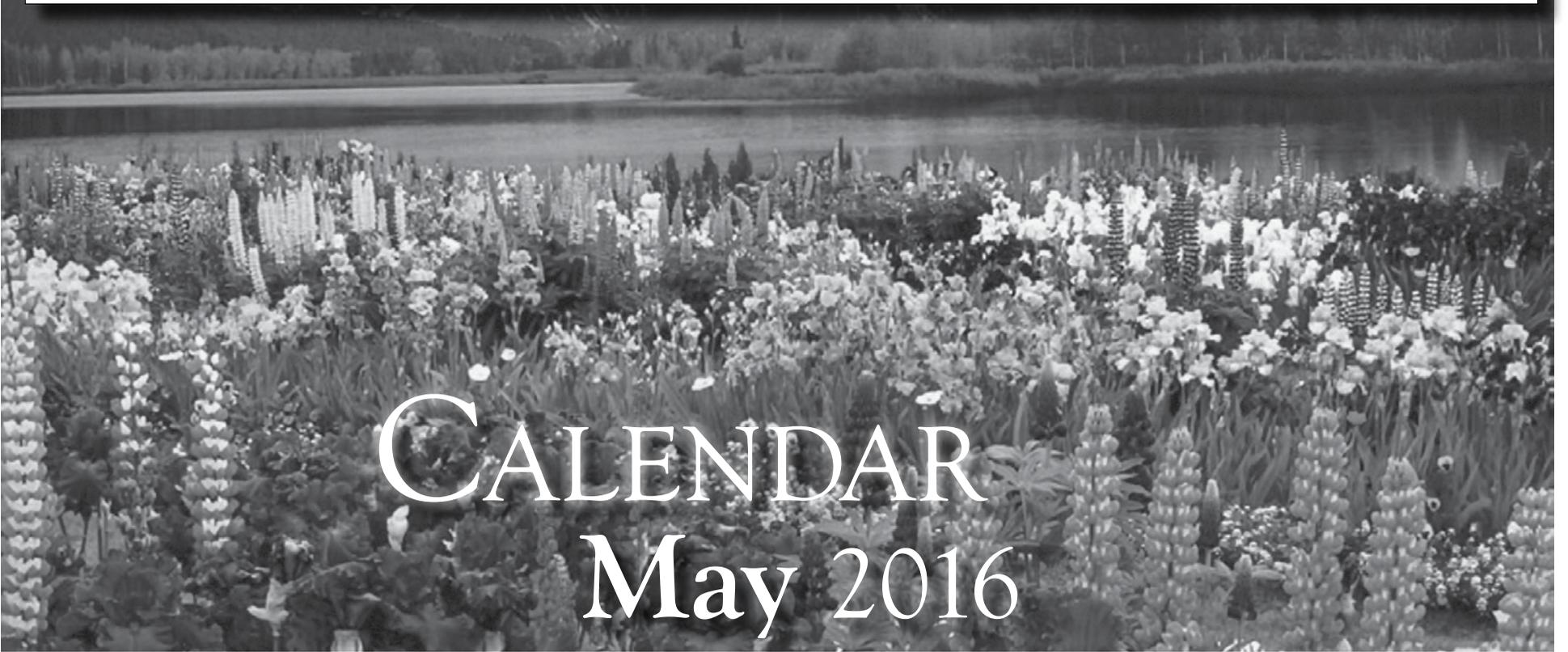
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## CALENDAR May 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>Hawaiian Lei Day <b>May Day</b> Worthy Wage Day For child care providers.</p>	<p>2</p> <p><i>Dr. Benjamin Spock</i> Born in 1903</p>	<p>3</p> <p>National Teacher Day National Sun Day Constitution Memorial Day, Japan</p>	<p>4</p> <p>National Weather Observers' Day <i>Susan's Birthday</i> (<i>Sesame Street</i>)</p>	<p>5</p> <p><i>Leo Lionni</i> born, 1910 Cinco de Mayo Children's Day In Japan</p>	<p>6</p> <p>● Space Day <i>Eiffel Tower opens to the public in 1889</i></p>	<p>7</p> <p><i>1st Stamp Collection Started</i> <i>Pulitzer Prize Established (1917)</i></p>
<p>8</p> <p><b>Mother's Day</b> No Socks Day</p>	<p>9</p> <p><i>Eleanor Estes</i> born, 1906 <i>First Newspaper Cartoon In the USA in 1754</i></p>	<p>10</p> <p>Clean Up Your Room Day <i>Christopher Paul Curtis</i> born, 1953</p>	<p>11</p> <p>National School Nurse Day Twilight Zone Day</p>	<p>12</p> <p>International Nurses Day Kite Day Limerick Day</p>	<p>13</p> <p>◐ Tulip Day</p>	<p>14</p> <p><i>Beginning of Lewis and Clark Expedition In 1804</i> National Dance Like a Chicken Day</p>
<p>15</p> <p><i>Norma Fox Mazer</i> born, 1931 National Chocolate Chip Day</p>	<p>16</p> <p><i>First US Nickel Minted In 1866</i></p>	<p>17</p> <p><i>First Kentucky Derby In 1875</i> <i>Gary Paulson</i> born, 1939</p>	<p>18</p> <p>International Museum Day <i>Mt. St. Helens Erupted, 1980</i></p>	<p>19</p> <p>Circus Day (<i>Ringling Brother's Circus opened in 1884</i>)</p>	<p>20</p> <p>Lindbergh Flight Day (1927) <i>Mary Pope Osborne</i> born, 1949</p>	<p>○</p> <p>21 Armed Forces Day <i>American Red Cross Founded by Clara Barton, 1881</i></p>
<p>22</p> <p><i>Arnold Lobel</i> born, 1933 Buy-A-Musical Instrument Day</p>	<p>23</p> <p>Victoria Day in Canada <i>Margaret Wise Brown</i> born, 1910 Penny Day</p>	<p>24</p> <p><i>First Morse Code Message Sent (from Washington DC to Baltimore, 1844)</i></p>	<p>25</p> <p>National Missing Children's Day National Tap Dance Day</p>	<p>26</p> <p>Blueberry Cheesecake Day</p>	<p>27</p> <p><i>Golden Gate Bridge Opens in 1937</i> <i>Masking Tape Patented in 1930</i></p>	<p>28</p> <p><i>Jim Thorpe</i> Born in 1888</p>
<p>☾</p> <p>29 <i>John F. Kennedy</i> born in 1917 <i>Andrew Clements</i> born, 1949</p>	<p>30 <b>Memorial Day</b></p>	<p>31 World No Tobacco Day</p>				

## Obituaries

### Correction on Photos Placement

#### Dear Readers:

*We are republishing obituaries in honor of Portland residents Maddie Mary Davis Richmond and Gladys Farve in this week's issue because their photos were mistakenly switched in last week's Portland Observer. We sincerely regret the error and wish to apologize to all the families and friends.*

### In Loving Memory

#### Maddie Mary Davis Richmond

Maddie Mary Davis Richmond was born April 9, 1927 in Garyville, La., to Gertrude Smith and RD Davis. Her twin sister Martha passed away in infancy. She also had a father known as "Daddy Smith" of New Orleans. She was raised by her paternal grandmother, Rebecca Davis, whom she loved as her mother and was affectionately known as "Grand Mama Dynamite."

She was baptized at an early age and later became a devoted Catholic. She and her mother moved to Portland in 1945.

In 1946 she married her childhood sweetheart, Marshall C. Richmond Sr., in Vancouver. To this union were born 11 children.

Maddie was a retired cosmetologist of 35 plus years. She trained

and mentored with Mrs. Etoile Cox, and in 1944, passed a state of Oregon board to acquire a license in cosmetology. She worked with Ms. Irving and with Mrs. Dean's hair salon on Hancock Street. Shortly after, she acquired her own hair salon from lovely Hattie Porter and became the owner of Maddie Beauty Salon on North Albina. She also worked at several funeral homes preparing hair and make-up for home-going services.

She has two grandkids named after her from her son Randall, his daughter Mary and grandson Nate. She also has a great-granddaughter D'Naejah who was born on her birthday. These are special memories she held dear.

In 2010 Maddie's daughter Sheila Washington preceded her in death. The two were inseparable at the time, enjoying thrift shopping, bingo and grocery shopping. They also worked together as cer-



tified nursing assistants.

Maddie's hobbies included going to the race track, playing cards and going to OG Motors when in the market for a Cadillac. She also loved her last car, a Lexus. She enjoyed cooking gumbo, frying fish, making greens and hot water corn bread.

She had a very strong and independent personality. If you knew her then you respected her. She was a very loving and generous person. She would feed anyone and help them financially if they needed it. If you crossed her she had no problem telling you where to go and how to get there. She loved her husband and enjoyed talking about him. She was a loving mother who protected her children and grandchildren. She loved her sisters and brothers. She will be deeply missed.

She leaves to cherish her life with memories, children Mar-

shall (Ly) of Las Vegas, Nev.; Gail Blake of Portland; Rebecca Gator of Atlanta, Ga.; Ralph Richmond, Ellen Stevenson, Randall Richmond, and Marilyn Lindsey, all of Portland; Arnetia Hammick of Federal Way, Wash.; and Ramona LaGrone-Eshmon (Reginald) of Tacoma, Wash. Brothers and sisters James Smith (Shirley) of Seattle; Rudolph Smith (Margaret), Emile Smith and Irma Smith, all of New Orleans, and a host of grandchildren, great grandchildren and great-great grandchildren. She also leaves to memory, a host of nieces, nephew, and friends.

Also preceding her in death were her husband, Reginald Richmond; and siblings Herman King, Elenora King, Alfred King, Anna Mae King and Joe Smith.

A Mass of Christian Burial was held at St. Andrew's Catholic Church in northeast Portland on May 12 and entombment followed in Rose City Cemetery under the direction of Rose City Funeral Home.

### In Loving Memory

#### Gladys Farve

Gladys Farve passed away peacefully on May 4, 2016. She was born on Dec. 12, 1941 in Bonita, La. to Amos and Helen Hawkins Mott.

In addition to Antione, her loving husband, she is survived by her children, Gail Farve of New Orleans, Antione J. Farve IV of Portland, Desiree Farve of Gaithersburg, Md., Antionette Robinson of Portland, and Delaney Farve of Vancouver; and five



grandchildren, five great grandchildren, eight siblings and host of nieces, nephews and cousins.

She was preceded in death by two of her children, Andre Farve of Portland, and Denise Farve of New Orleans; her parents; stepfather Robert Taylor and four siblings.

A viewing was held May 11, at Terry Family Funeral Home. A Mass of Christian burial was held May 13 at St. Andrew Church, 806 N.E. Alberta St., and a repast followed in the church community center. In lieu of flowers, remembrances may be made to the Alzheimer's Association.

### In Loving Memory

#### Samoyia LaCheryl Lowe

Samoyia LaCheryl Lowe, 34, was born Oct. 24, 1981 in Portland and passed away peacefully in Portland after a long battle with cancer. She was the only child born to Cheryl A. Harris and Curtis T. Lowe.

She grew up in southeast Portland where she was matriculated through the public school system, attending Ventura Park Elementary School and then moving to northeast Portland where she graduated from Thomas Jefferson High School as a member of the millennial Class of 2000. Samoyia worked at various companies throughout the Portland area including ACS, a Xerox Company

where she excelled in her job and became a supervisor. She enjoyed cooking, poetry, drawing, reading, music and sports.

She was sweet, loyal, positive and easy-going in her soft spoken way, a rock to many. She was affectionately nick named "Scorpio Girl" by close friends.

Samoyia is lovingly remembered and survived by her mother, Cheryl A. Harris; her father, Curtis T. Lowe; aunts, Diane Harris, Kandyce Harris, Drs. Dana Harris-Echols (Eric), Robin Lowe; (honorary aunt) Stacy Buchanan; uncle Phillip Harris; cousins, Phyllis Harris, LaShaun Harris, Doris Lowe, and Namon Franklin; a host of other relatives including many godchildren; close family friends B (Becca) Lynn Cheatham and Wendy Pruet; and a treasure trove of friends.



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# Vanport Mosaic

CONTINUED FROM FRONT

Festival activities will also capture and preserve memories of former residents as part of the Vanport Mosaic community-based oral history project led by Lo Forti.

“Vanport is so much more than the story of the flood,” notes Lo Forti, organizer of the festival’s Lost City, Living Memories: Vanport Through the Voice of Its Residents, a compilation of short community-produced documentaries featuring former residents. “And, the people who lived there are more than the victims of a disaster.”

The festival will offer an array of events hosted at various venues throughout north and northeast Portland, including screenings; a historical exhibition in tandem with Cottonwood In the Flood, a full-length play running through June 12; an educational symposium curated by Concordia University; and Wel-

come Home to Vanport, which includes self-guided walking or biking tours of the former Vanport grounds currently occupied by Portland International Raceway.

Special guests include Oregon Sen. Jackie Winters; City Commissioners Amanda Fritz and Nick Fish; Henry Mead Kaiser of the Kaiser shipbuilding family; Portland Community College professor of history James S. Harrison; Shalanda Sims, director of “Vanport, The Musical,” performing songs from her play, and poets associated with Spit/WRITE, a youth voice initiative.

Vanport Mosaic Festival events are free or low cost, though some will require tickets or reservations. Donations are accepted. The festival headquarters is located at the Interstate Firehouse Cultural Center, 5340 N. Interstate Ave. For more information visit [vanportmosaic.org/festival2016](http://vanportmosaic.org/festival2016) or call 510-717-2441.



## CELEBRATION OF LIFE

The mother of Patrick Curry Sr. would like to invite you to join her in a “Celebration of Life Appreciation” honoring her late son Patrick Curry Sr. on Saturday, June 4 at Columbia Park (North Lombard Street) starting at 2 p.m. in the park’s covered area.

There will be music, food games and a chance to share your memories. No alcohol please.

If you have a memorial t-shirt in Patrick’s memory, please wear it and if you don’t and would like to order one, they are \$10 and the last day to order is Saturday, May 28. To order, call 503-282-0227. All orders must be paid in advance.

# CLASSIFIED/BIDS

### Protective Services Instructor Troutdale Oregon

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**Administrative Technician**, Portland’s Centers for the Arts, \$19.66 - \$26.55 hourly. Deadline: 05/25/2016

**Event Custodian – Night Shift, part-time**, Portland’s Centers for the Arts, \$14.03 - \$15.85 hourly. Deadline: 05/23/2016

**Event Custodian – Show Shifts, part-time**, Portland’s Centers for the Arts, \$14.03 - \$15.85 hourly. Deadline: 05/20/2016

**Stage Door Attendant, part-time**, Portland’s Centers for the Arts, \$13.39 - \$13.64 hourly. Deadline: 05/25/2016

These opportunities are open to First Opportunity Target Area (FOTA) residents: This area includes the following zip codes located primarily in N, NE and a small portion of SE Portland: 97024, 97030, 97203, 97211, 97212, 97213, 97216, 97217, 97218, 97220, 97227, 97230, 97233, 97236, and 97266, whose total annual income was less than \$47,000 for a household of up to two individuals or less than \$65,000 for a household of three or more.

To apply: visit our web site at: [www.oregonmetro.gov/jobs](http://www.oregonmetro.gov/jobs) for the complete job announcement and a link to our online hiring center or visit our lobby kiosk at Metro, 600 NE Grand Ave, Portland.

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### SUB BIDS REQUESTED

#### Hillsboro Public Works Facility Hillsboro, Oregon Bid Package: #3 Special Flooring

(Stained Concrete, Sealed Concrete and Resinous Flooring)

**Bids Due:** May 24 2:00pm  
**Bid Documents:** [www.hoffmancorp.com/subcontractors](http://www.hoffmancorp.com/subcontractors)



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### SUB BIDS REQUESTED

#### GATEWAY DISCOVERY PARK PROJECT

**Bids Due: June 13, 2016 @ 2:00pm**

**Sub-Bid Packages Available: May 23, 2016**

**Contact: Duy Nguyen**  
[dnguyen@rrgcinc.net](mailto:dnguyen@rrgcinc.net)

#### Project Overview

Gateway Park & Urban Plaza will be a new 3.2 acre neighborhood park located on the corner of NE Halsey and NE 106th. The Master Planning process of 2010 outlined some important features including a programmed urban plaza, green space, inclusive nature playground, skate dot, and picnic area.

#### This project consists of the following Sub Bid Opportunities:

Landscape, Site Lighting and Electrical, Structural Steel, Polycarbonate Roofing Systems, Structural Concrete, Wood Framed Roofing Systems, Plumbing & HVAC, Drywells, Office Fitouts, Site Furnishings, Fencing, Playground Equipment and Surfacing, Water Features, Skate Park, Decks and Bridges, Site Walls, Survey, Trucking, Traffic Control, Tree Removal, Concrete Cutting, & Concrete Flatwork.



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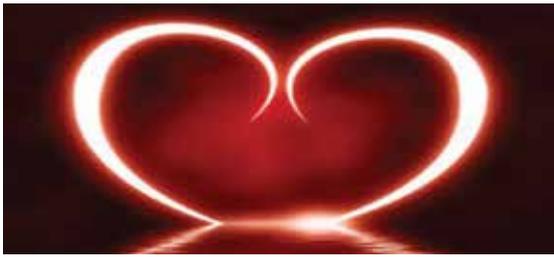
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# FOOD

## Spring Pasta with Fava Beans and Peas



**KIC Ministries**

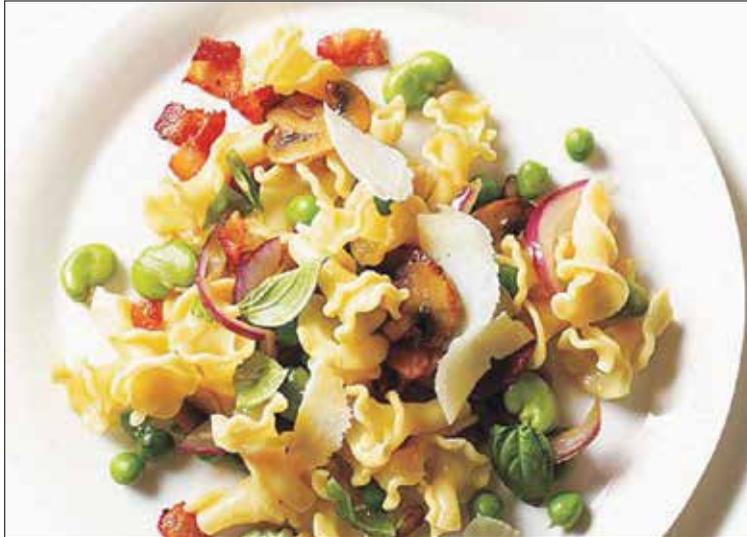
*presents*

Sunday, 11am - 12:30pm

**Living Heart Faith Community**

Location: 8219 NE Glisan St

Pastor Antonio L. Thomas



**Ingredients:**

- 1 1/2 cups shelled fava beans (about 1 3/4 pounds unshelled)
- 6 ounces uncooked campanelle or farfalle (bow tie pasta)
- 2 tablespoons extra-virgin olive oil, divided
- 6 center-cut bacon slices, cut into 1/2-inch pieces
- 1 1/2 cups sliced red onion
- 8 garlic cloves, sliced
- 3 ounces thinly sliced mushrooms
- 1 cup fresh shelled or frozen green peas, thawed
- 2 teaspoons fresh lemon juice
- 1/4 teaspoon kosher salt
- 1 1/2 ounces fresh pecorino Romano cheese (about 6 tablespoons), grated and divided
- 1/2 cup torn basil leaves

**Preparation:**

1. Place fava beans in a large pot of boiling water; cook 1 minute. Drain; rinse with cold water. Drain well. Remove tough outer skins from beans.
2. Cook pasta according to package directions, omitting salt and fat; drain.
3. Heat a large nonstick skillet over medium-high heat. Add 1 tablespoon oil to pan; swirl to coat. Add bacon; sauté 3 minutes or until bacon begins to brown. Add onion and garlic; sauté 3 minutes or until vegetables are tender. Add mushrooms; sauté 3 minutes or until mushrooms begin to brown. Add fava beans and peas; sauté 2 minutes. Stir in remaining 1 tablespoon oil, pasta, juice, and salt; cook 2 minutes or until thoroughly heated. Remove pan from heat. Stir in 3 tablespoons cheese. Divide pasta mixture evenly among 4 bowls, and top evenly with remaining 3 tablespoons cheese and basil. Serve immediately.

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