



## Boogie at the Waterfront

July 4th kicks off Blues Festival

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## ICE Building Reopens

Path cleared; protest camp continues

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# Portland Observer

Volume XLVII • Number 26



www.portlandobserver.com  
Wednesday • July 4, 2018



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Vickie Naylor (from left), Bernadine Clay, and Donna Maxey look over the walking route as they take part in a unique program blending the physical activity of neighborhood walks with social engagement and reminiscing, a way of slowing mental decline and improving physical health.

## Memory Walks for Healing

### OHSU study finds benefits for aging brains

BY DANNY PETERSON  
THE PORTLAND OBSERVER

A unique program blending the physical activity of neighborhood walks with social engagement and reminiscing shows promise as a way of slowing mental decline, improving physical health, and even helping black residents and others process the grief associated with displacement from their homes, preliminary assessments and qualitative research shows.

The designer of the program is an African-American assistant professor of neurology at Oregon Health and Sciences University who spent some of her own upbringing in north and northeast Portland neighborhoods which have become much less diverse because of displacement from gentrification.

“My interest was in memory and how we remember our experiences, and to communicate moral values, what’s important in life, through our stories,” Raina Croff, told the Portland Observer.

Her work involved 21 African Americans 55 or older who were long time residents. Divided into groups of three, they would walk three times a week over six months to pre-designated, one mile routes, many of which are now dramatically changed.

Guided by a smart tablet, a GPS-triggered “memory marker” that would pop up historic photos, news clippings or other artifacts from the past, the participants would reminisce about their connection to the place, until walking to another “memory marker” which prompted more discussion in 10 minute intervals.

Called Sharing History through Active Reminiscence and Photo imagery, or SHARP, the study focuses on brain health while also serving as a way of preserving the stories of community black elders — the participants’ conversations were recorded and archived as oral histories.

Croff said that physical activity, social engagement, and reminiscing— have all been proven individually to be good for brain health, “but we wanted to see

what happens when we put these modes of healthy brain behaviors together,” she said.

The participants included people who were cognitively healthy and those who have experienced mild cognitive impairment. The mild cognitive impairment group showed the most improvement, according to a post-study assessment, which Croff said was “promising.”

For older African-Americans, brain healthy activities are especially important, Croff said, because members of this group are statistically twice as likely to develop Alzheimer’s disease and other mental health dementias as the general white population.

Disproportionate rates of chronic conditions like obesity, diabetes, and hypertension probably contribute to the higher impacts, she said, as well as cultural factors like unhealthy eating and inaccessibility to quality health information.

CONTINUED ON PAGE 5



Jason Washington

## Deadly Force Review

### First shooting by PSU campus police kills man

BY DANNY PETERSON  
THE PORTLAND OBSERVER

The death of a local black resident and U.S. veteran killed Friday while trying to break-up a fight outside a bar adjacent to Portland State University and marking PSU’s first officer-involved shooting has drawn fierce protests, outcries from the victim’s friends and family and a reignited a debate of whether PSU should have armed officers in the first place.

The victim, Jason Washington, was a 45-year-old Navy veteran, father, grandfather, and postal worker. The campus police officers involved have been identified as Shawn McKenzie and James Dewey. Both were placed on paid administrative leave pending an investigation.

Multiple witnesses reported that Washington was trying to break up a fight outside the Cheerful Tortoise at 1939 S.W. Sixth Ave. around 1:30 a.m. on Friday, June 27 when he was shot. The PSU officers were responding to the disturbance.

Cell phone footage captured by a bystander showed a crowd of men physically pushing each other and falling to the

### Correction: 'Sex Ed on the Line'

A story about the Trump Administration's new policies for abstinence-only sexual education and cutting funds to health care providers ("Sex Ed on the Line: Advocates fight new rule and brace for cuts, June 27 issue) should have clarified that the changes in requirements for Title X family planning programs across Oregon and Multnomah County's Teen Pregnancy Prevention Program are separate but related issues. Our front page story referred to both programs as "Title X." We regret the error.



Harriet Tubman Middle School in north Portland will be reopening in the fall. In celebration, a Alumni Gala for all former administrators, teachers, staff and students that graduated from the school is planned for Saturday, July 21 at the nearby Leftbank Annex, 101 N. Weidler St.

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## Celebrate Tubman's Reopening

Harriet Tubman Middle School is reopening in the fall and to celebrate the revitalization of a quality middle school to serve Portland's historic African American communities plans have been made for an alumni gala.

All former Harriet Tubman

administrators, teachers, staff and students that graduated from the school are invited to attend this planned classy event, scheduled for Saturday, July 21 at the nearby Leftbank Annex, 101 North Weidler St., from 7 p.m. to 10 p.m.

For more information or to RSVP, reach out to Harriet Tubman's Principal Secretary, Theresa Smallwood by email at [tsmallwood@pps.net](mailto:tsmallwood@pps.net) or call 503-916-2000, extension. 74929 or email Andrea Wade at [awade@pps.net](mailto:awade@pps.net) or call 503-916-3073.

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### Protest Turns to Riot

Portland police declared a riot and moved in to break it up Saturday when marchers with the right-wing protest group Patriot Prayer beat an opposing group of antifascist protesters with wooden and PVC pipe flag poles. At least one protester was severely injured in the brawl and lay motionless on the ground after police broke up the altercation.

### LeBron James Joins Lakers

LeBron James, the four-time NBA MVP announced Sunday night that he has agreed to a four-year, \$154 million contract with the Los Angeles Lakers, joining one of the league's most storied franchises and switching conferences to try and dethrone the Golden State Warriors and grow his own legacy.



### First Woman Chief Justice

For the first time in history, a woman was sworn in Monday as chief justice of the

## The Week in Review

Oregon Supreme Court. Martha L. Walters, 67, was elected by her fellow justices to succeed Thomas Balmer, who has served on the court since 2001 and will remain on the bench.

### Minimum Wage Increased

Oregonians earning minimum wage received a raise starting July 1 thanks to legislation signed into law two years ago. The increase is split into three regions and rates: Rural counties go from \$10 per hour to \$10.50; statewide it goes from \$10.25 to \$10.75 and in the Portland Urban Growth Boundary the rate goes from \$11.25 per hour to \$12.

### Carter at Multnomah Falls

Former President Jimmy Carter paid an unexpected visit to Multnomah Falls. Carter made the visit on Thursday while in town for an event in nearby Ste-



venson, Wash. He told reporters, the famous falls was "taller than I thought it was."



### Beavers Win 3rd Title

Freshman Kevin Abel threw a two-hitter for his record fourth win in the College World Series, and Oregon State beat Arkansas 5-0 on Thursday for the national championship, the third time in school history.

### Gunman Kills Journalists

A gunman who opened fire at the Capital Gazette newspaper in Maryland, killing five, barricaded the door to stop people from getting out and was bent on killing "as many people as he could kill," police and prosecutors said. Thursday's mass shooting sent shockwaves through the journalism community.

**The Portland Observer** Established 1970 ————— USPS 959 680 ————— 4747 NE Martin Luther King, Jr. Blvd., Portland, OR 97211

**The**  
PUBLISHER: *Mark Washington, Sr.*  
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EXECUTIVE DIRECTOR: *Rakeem Washington*  
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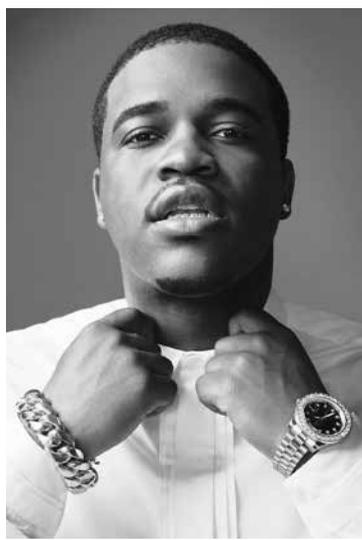
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Federal police officers stand guard after clearing a path to the U.S. Immigration and Customs Enforcement (ICE) holding facility on Southwest Macadam Avenue on Thursday, June 27. Nine protestors blocking the entrance of the building were arrested.

# ICE Building Reopens

### Path cleared; protest camp continues

A federal immigration building in southwest Portland reopened Monday as a protest against President Trump's immigration policies continues outside the building.

The Immigration and Customs Enforcement (ICE) holding facility on Southwest Macadam Avenue had been closed since June 20, after the protest group "Occupy ICE PDX" set up a camp with the goal

of shutting down the agency. The protests followed the separation of children from families trying to enter the U.S. at the Mexican border.

Federal police officers cleared a path to the building last Thursday and nine protestors blocking the entrance were arrested.

"Freedom of speech and peaceful assembly are sacred rights enjoyed by all Americans and the U.S. Attorney's Office is committed to protecting these rights. However, when individuals break the law by blocking employees and the public from accessing a

federal facility, federal law enforcement will respond to restore normal business operations," said Billy J. Williams, U.S. Attorney for the District of Oregon.

A spokesman for the protest group said their demands still stand. They want Portland to withdraw from the Joint Terrorism Task Force; end all cooperation with the Department of Homeland Security; and fund an office of immigrant rights to provide legal help to immigrants swept up in the Trump Administration's "zero tolerance" immigration policies.

# Gun Control Supporters Regroup

An effort led by Portland-area clergy to put a measure on the November ballot to ban the sale of certain semi-automatic guns and large capacity ammunition magazines has been postponed after legal maneuvers by opponents made it nearly impossible to gather enough signatures to meet a July 6 deadline.

Pastor W.J. Mark Knutson of Augustana Lutheran Church said the "Lift Every Voice" campaign will instead set its sights on the 2020 ballot.

Gun rights and hunting groups

had appealed the ballot title for the Initiative 43 Petition, and the Oregon Supreme Court last week ordered changes, giving additional time for the Oregon Attorney General to re-write the title, another period of days for additional appeals and then time for the court to rule again. That meant supporters did not have time to meet the deadline to gather the needed 88,184 signatures in order for the initiative to appear on the ballot in November.

The court said the measure's caption needed to describe more precisely what types of guns and

magazines would be banned under the measure.

Oregon Secretary of State Dennis Richardson called out the developments as an example of how the state's initiative process makes it difficult for anyone other than well-funded groups and political pros to get their proposals before voters.

Pastor Knutson said supporters of the gun safety measure were hit with every legal maneuver they could imagine, but would be back.

"We are just getting going," he said.



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Leaving standing water in a wheelbarrow creates a breeding ground for mosquitos.

# Mosquito Season Arrives

Mosquito season has arrived, and the pesky insect population is higher than years past.

Clark County Mosquito Control District crews are finding a higher number of mosquitoes this season than they have the last sev-

eral years.

Officials suspect the mild weather during the winter, followed by an unseasonably warm spring, provided ideal conditions for the mosquito population to increase dramatically.

Clark County health officials are urging residents to take steps to help prevent mosquitoes from

breeding and avoid mosquito bites.

To eliminate mosquito habitat around your home, drain standing water from old tires, flower pots, buckets, plastic tarps and wheelbarrows. It's also important to change water in bird baths, ponds, wading pools, pet bowls and animal troughs twice a week.

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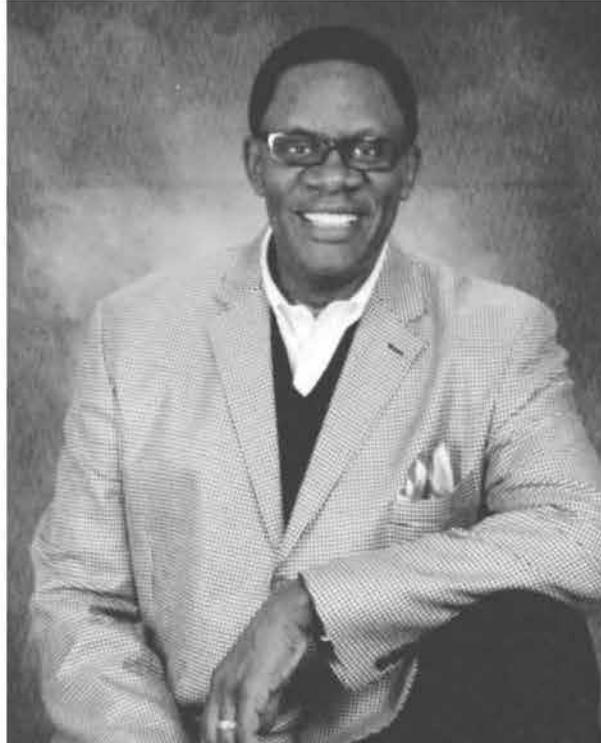
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# Memory Walks for Healing

CONTINUED FROM FRONT

Many African Americans believe memory loss that is severe enough to impair daily functioning is natural to aging, even though it's not, she added.

The results of the study are still fresh, having just been wrapped up in May. But so far, the benefits to overall mental health seem evident, though Croff cautions that she's unsure if its due directly to participants' behavior during the study or changes in behavior overall as a result of having gone through it, such as being inspired to walk, socialize, or reminisce more in their day-to-day life.

For 86 percent of the participants who completed the study, half of them had improved cognitive assessment scores at the end. In addition, 77 percent had decreased blood pressure, half experienced lost weight, and all of them reported improved mood since starting the walks, Croff said.

Qualitative research, like focus group evaluations and interviews, revealed that many of the participants were engaged and dropout rates from the study were low due to the sense of purpose participants gained from activities that recorded Portland's African American history.

"What we've heard is that there's a real healing aspect -- healing from the trauma of gentrification," Croff said.

She said the participants also warmed up to the ethnically diverse college students who participated in the study, which Croff said ranged from undergrad to post grad researchers from Lewis and Clark College and Pacific University.

Croff was born in Portland to a black father and white mother. She said her mother saw to it that she was taught black history and would check up to see what she was learning in school. After high school she went on to study the African Diaspora Cultures—which describes the mass dispersion of people of African descent during the Transatlantic Slave Trades from the 1500s to the 1800s—as an archaeologist in Senegal and Guadeloupe, as well as African American burial grounds in the U.S.

After taking a job as a qualitative researcher at OHSU, Croff conceived of the SHARP study with the support of a trusted mentor who told her "why not?"

"That gave me the confidence that there is a place for an anthropologist in neuroscience. There is a place for oral history. If it's aligned with participants' cultural worldview and their passion, which is community, then there's a way," she said.

Croff hopes the program, which she says is highly adaptable, can eventually be used in other cities impacted by similar issues.

"Gentrification is happening all over the U.S. and wouldn't this be a great way...to have those people go through their historical archives, just the way we did, and form themed routes and images and questions and be able to do the study in their cities."

The SHARP study was supported by funding from the Alzheimer's Association and



Raina Croff, Ph.D., assistant professor of neurology at OHSU, and designer of a program called *Sharing History through Active Reminiscence and Photo Imagery, or SHARP*. The study focuses on brain health while also serving as a way of preserving the stories of community black elders.

performed out of OHSU's Layton Aging & Alzheimer's Disease Center, one of the National Institute of Health's top ranked facilities of such research. The original pilot program, which launched in 2016, was supported by the U.S. Centers for Disease Control and Prevention.



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July 3 ..... 9-11 a.m.  
July 10..... 9-11 a.m.  
July 17 ..... 9-11 a.m.  
July 24..... 9-11 a.m.  
July 31..... 9-11 a.m.

**HOME FORWARD RESOURCE FAIR**  
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July 19..... 3:30-7 p.m.

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July 12..... 12-2 p.m.

**MOUNT HOOD FARMERS MARKET**  
38600 Proctor Blvd, Sandy  
July 13..... 3-7 p.m.  
July 20 ..... 3-7 p.m.

**PORTLAND RESCUE MISSION**  
111 W Burnside, Portland  
July 12..... 8-10 a.m.  
July 26 ..... 8-10 a.m.

**ROSEWOOD FAMILY INITIATIVE HEALTH CENTER FAIR**  
8935 SE Powell Blvd,  
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**UNION GOSPEL MISSION**  
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### WASHINGTON COUNTY

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# CALENDAR July 2018



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<p>1</p> <p>Build a Scarecrow Day Canada Day International Joke Day National Postal Worker Day</p>	<p>2</p> <p>CARICOM Day First Zeppelin Flight in 1900</p>	<p>3</p> <p>Dog Days Begin</p>	<p>4</p> <p>Independence Day National Country Music Day</p>	<p>5</p> <p>P.T. Barnum born, 1810</p>	<p>6</p> <p>☾</p> <p>First Picture Postcard Made National Fried Chicken Day National Kissing Day</p>	<p>7</p> <p>Macaroni Day</p>
<p>8</p> <p>Barn Day Liberty Bell Cracks In 1835 Video Games Day</p>	<p>9</p> <p>National Sugar Cookie Day</p>	<p>10</p> <p>Martin Provensen born, 1916 Teddy Bear's Picnic Day</p>	<p>11</p> <p>E.B. White born, 1899 Cheer Up the Lonely Day</p>	<p>12</p> <p>Battle of the Boyne Paper Bag Day</p>	<p>13</p> <p>●</p> <p>Go West Day National French Fries Day</p>	<p>14</p> <p>Bastille Day</p>
<p>15</p> <p>Cow Appreciation Day First Boeing 707 Flew In 1954</p>	<p>16</p> <p>Apollo 11 Lifts Off on its voyage to the moon in 1969</p>	<p>17</p> <p>Karla Kuskin born, 1932 Disneyland Opens In 1955</p>	<p>18</p> <p>National Caviar Day</p>	<p>19</p> <p>Stick Your Tongue Out Day</p>	<p>20</p> <p>☾</p> <p>Moon Day (First landing on the moon) International Chess Day</p>	<p>21</p> <p>National Junk Food Day</p>
<p>22</p> <p>Pied Piper of Hamelin Day</p>	<p>23</p> <p>Robert Quakenbush born, 1929 Ice Cream Cone Introduced In 1904</p>	<p>24</p> <p>Amelia Earhart Day Marvin the Martian First debuted in cartoons in 1948</p>	<p>25</p> <p>Thread the Needle Day</p>	<p>26</p> <p>Jan Berenstain born, 1923</p>	<p>27</p> <p>Scott Corbett born, 1913</p>	<p>28</p> <p>○</p> <p>Natalie Babbitt born, 1932 First Fingerprint taken</p>
<p>29</p> <p>NASA Established in 1958 National Lasagna Day</p>	<p>30</p> <p>National Cheesecake Day</p>	<p>31</p> <p>First US Patent Issued Granted to Samuel Hopkins in 1790</p>				

# Arts & ENTERTAINMENT



A sleek Bugatti Aerolithe is one of the 19 rare automobiles and motorcycles on exhibit for "The Shape of Speed: Streamlined Automobiles and Motorcycles, 1930-1942," now showing at the Portland Art Museum.

## The Shape of Speed Streamlined autos from a golden age

"The Shape of Speed: Streamlined Automobiles and Motorcycles, 1930-1942," a new special exhibit at the Portland Art Museum is now showing through Sept. 16.

The concept of streamlining autos has fascinated people for generations. Beginning in the 1930s and extending until the outbreak of the World War II, automotive designers embraced the challenge of styling and building truly streamlined cars that were fast and fuel-efficient.

They were encouraged by the confluence of aircraft design with the sleek shapes of fast railroad locomotives; new advanced high-

ways such as the Autobahns; and events like the 1939 New York City World's Fair, which showcased futuristic design.

The Shape of Speed presents a select group of 17 rare automobiles and motorcycles that demonstrate how auto designers translated the concept of aerodynamic efficiency into exciting machines that in many cases, looked as though they were moving while at rest.

A special event in conjunction with the exhibit takes place on Sunday, July 8 in the adjacent South Park Parks, featuring collectors and enthusiasts of classic sports cars.

## Soul of '71 Class Reunions Gala at Colwood Golf Center kicks off events

All African American 1971 high school graduates from the entire Portland metro area will be celebrated with a dinner and dancing class reunion event on Saturday, July 7 at the Colwood Golf Center in northeast Portland and during a picnic for family and friends later this month at Columbia Park in north Portland.

For the reunion celebration at Colwood, folks have been invited to dress to impress or make it special by dressing in 1971-themed attire. A photo booth and regular photos will be available for purchase to capture your moment. Music will be provided by DJ Ricky Pettiford.

The Community Family and Friends Picnic at Columbia Park, coming on Saturday, July 14 will take place from noon to dusk. Cost is \$5 with attendees asked to bring a dish to share. Class of '71 Re-

union T-Shirts will be on sale for \$10.

For more information on both events, contact members of the Class of '71 Reunion Committee, Tina Brazzle at 503-287-2949, Elijah Cocheran at 503-309-7306 or Wynona Lowe at 503-490-4060. The group's mission is to celebrate and honor our families and community.

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# Celebrating a Great Season

The 2018 Beaumont Little League Portland Observer softball team. Congratulations on a great season!

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**Our Theme Is "A Pastor Chosen by God". Scripture: Jeremiah 3:15.**

The Goodwill Missionary Baptist Church in Seattle, WA will be our special guest on that day. Evangelist Nicole Tyson will be preaching at the 8:00 am service. Bishop Garry Tyson will be preaching at our 11:00 am and 3:00 pm services.

We hope to be blessed by your presence. We are praying and expecting the moving of the Holy Spirit as we Praise, Worship and give Thanks to our God for his wonderful servants.

If you have any questions you may contact Sister Barbara Scott or Sister Yvonne Lawrence, Chairpersons at (503) 995 - 2292.



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The Waterfront Blues Festival at Tom McCall Waterfront Park in downtown Portland is a Fourth of July holiday week tradition. This year's event runs four days Wednesday, July 4 through Saturday, July 7.

# Boogie at the Waterfront

## Annual Blues festival nation's second biggest

Ready to put on your boogie shoes? A Fourth of July tradition marks the summer holiday with the Waterfront Blues Festival, Wednesday, July 4 through Saturday, July 7 at Tom McCall Waterfront Park in downtown Portland.

Over a hundred acts representing American roots music at its best will be spread

across four stages and four days. It's the largest blues festival west of the Mississippi and the second largest in the nation. Headliners include George Thorogood, Beth Hart, Ruthie Foster, The Mavericks, and Robert Randolph & the Family Band.

"The Waterfront Blues Festival has become the unofficial start of summer in Portland. It's just a great party," said Peter Dammann, festival artistic director. "But it's much more than that. It's an award-winning event that shows the world that this music is alive and well in the Northwest."

Once again, the festival is a fundraiser

to fight food insecurity in our community, with a food drive and cash donations.

Tickets are on sale for the concert bargain of the summer: a four-day pass is just \$40, which lets you come and go throughout the festival. Kids aged 12 and under are free (courtesy of Buick GMC of Beaverton).

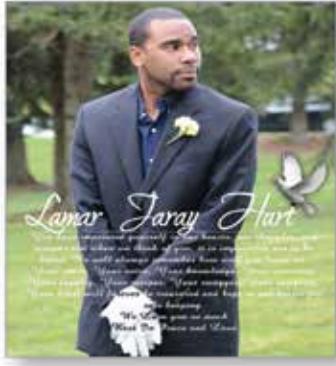
There are two after-hours shows across the street at the Waterfront Downtown Marriott: "Let the Good Times Roll" with Marc Broussard and Nikki Hill on Friday, and "Everything We Do Gonna Be Funky" with The Motet and Polyrythmics on Sat-

urday.

There are also four "Blues Cruise" events with music, no host hors d'oeuvres, and a full bar on the beautiful Willamette River. Other highlights include swing and zydeco lessons and competitions on the region's largest outdoor dance floor, Saturday morning yoga presented by US Outdoor, the annual Harmonica Blow-off, the Journey to Memphis finals and more.

For ticket sales, schedules, artist bios and more information about the festival, visit the website at [waterfrontbluesfest.com](http://waterfrontbluesfest.com).

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# Arts & ENTERTAINMENT



PHOTO BY  
 DEAN WONG/  
**MADE IN CHINATOWN,  
 USA: PORTLAND**  
 One of the  
 photographs for the  
 inaugural opening  
 exhibit for the  
 Portland Chinatown  
 Museum shows Ivan  
 Mui in front of the  
 Mui family-owned  
 Republic Café in  
 downtown Portland.

## New Chinatown Museum First exhibit a showcase of cultural pride

The new Portland Chinatown Museum, the first museum of Chinese-American history and culture in Oregon, will re-open after two weeks for repairs, on Thursday, July 5 and admission will be free from 5 p.m. to 8:30 p.m. in observance of downtown community's First Thursday events each month.

The museum, at 127 N.W. Third Ave., opened this summer, the result of a four-year collaboration among the Portland Chinese community, the Portland Chinatown Historical Foundation, and funding organizations, including

Prosper Portland. It will focus on preserving the history of the Old Town/Chinatown neighborhood, with programming that addresses the critical issues of our time - immigration, national and ethnic identity, gender and race.

The inaugural exhibition now on display showcases new photographs by the museum's first visiting artist in residence Dean Wong, "Made in Chinatown, USA: Portland," is a collection of photographs documenting the complexity, vibrancy, beauty, and pride of Chinatown and its people.

A nationally acclaimed photog-

rapher, Wong, is a second-generation Chinese American born and raised in Seattle's Chinatown-International District. His book *Seeing the Light: Four Decades in Chinatown* was praised by the *New York Times* as an "eloquent documentation of complex and evolving communities."

The Portland Chinatown Museum's summer hours are Thursdays, from 3 p.m. to 8 p.m.; Friday's from 1 p.m. to 6 p.m. and Saturdays and Sundays from noon to 5 p.m. Admission is a suggested \$5 and free on First Thursdays from 5 p.m. to 8 p.m.

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7 A.M. - 10 A.M.  
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10 A.M. - 1 P.M.  
 REV. AL SHARPTON  
 (KEEPING IT REAL)

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 KENNY SMOOV

3 P.M. - 7 P.M.  
 D.L. HUGHLEY

7 P.M. - 9 P.M.  
 PAPA SMURF

9 P.M. - 12 Midnight  
 MIKE SHANNON

12 Midnight - 3 A.M.  
 MIKE SHANNON

3 A.M. - 6 A.M.  
 TOYA BEASLEY

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4 P.M. - 12 Midnight  
 DOUGLAS WILLIAMS



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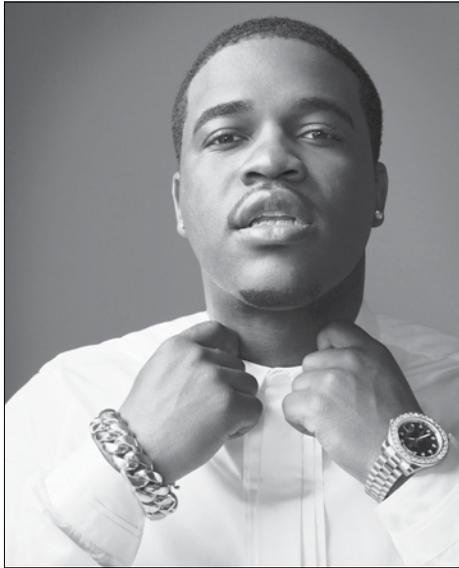
D. L. Hughley  
 3pm - 7pm



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# Arts & ENTERTAINMENT



## Fast Hooks and High Energy

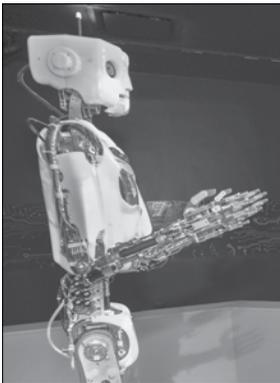
A\$AP Ferg, a popular rapper from New York City's Harlem neighborhood, brings his signature fast hooks and high energy show to the Roseland Theater, downtown, Saturday, July 7. The 29-year-old has a Portland connection. He was recently featured in a new Adidas World Cup commercial featuring superstar players, including the Blazers' All Star guard Damian Lillard. A\$AP Ferg is also a member of the hop hop collective A\$AP Mob, from which he adopted his moniker.

### Gorge Shuttle Returns

The Columbia Gorge Express bus service by the Oregon Department of Transportation has made its return, now going as far east as Hood River and offering serve seven days a week, year round. The bus departs from the Gateway Transit Center to Rooster Rock State Park, Multnomah Falls, Cascade Locks and Hood River.

**Norman Sylvester** -- 'Boogie Cat' Norman Sylvester plays Saturday, July 7 at Catfish Lou's; Friday, July 13 at Billy Blues in Vancouver; Saturday, July 14 at 2 p.m. for the Donald Hazelnut Festival, at 5:30 p.m. for the Mississippi Street Fair and at 9 p.m. at the Spare Room; and Friday, July 20 at 7 p.m. for the Cathedral Park Jazz Festival in north Portland.

**Robot Revolution** -- A new exhibit at OMSI brings some of the most innovative robots from all over the world. Learn about the skills robots possess that mimic and often surpass human capabilities in "Robot Revolution," now showing through Sept. 7.



## ENTERTAINMENT GUIDE

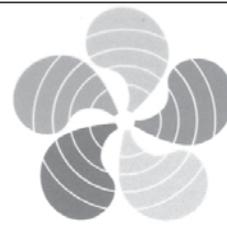
### Waterfront Blues Festival

Blues legends, up-and-comers and regional favorites mark the Waterfront Blues Festival, July 4-7 at Tom McCall Waterfront Park, downtown. The 31st annual event features more than 100 acts on four stages. Festival proceeds help the Oregon Food Bank fight hunger. For a complete schedule, visit waterfront-bluesfest.com.

**Zoo for All** -- The Oregon Zoo has launched "Zoo for All," a new discount program that provides \$5 admission for low income individuals and families. Visitors may purchase up to six of the \$5 tickets by bringing a photo ID and documentation showing they participate in low income service, like the Oregon Trial Card, Medicaid, Section 8, Temporary Assistance for Needy Families, and Head Start.

**Discount Tickets** -- Low income families and individuals can purchase \$5 tickets to classical musical performances in Portland as part of a unique program called Music for All. Participating organizations include the Oregon Symphony, Portland Opera, Oregon Ballet Theater, Chamber Music Northwest, Portland Youth Philharmonic, Portland Baroque Orchestra, Friends of Chamber Music, Portland Chamber Orchestra, Portland Piano International, Portland Symphonic Choir, Cappella Romana and Portland Vocal Consort.

# BUSINESS Guide



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# OPINION

Opinion articles do not necessarily represent the views of the Portland Observer. We welcome reader essays, photos and story ideas. Submit to [news@portlandobserver.com](mailto:news@portlandobserver.com).

## Consider the Facts to How Nation Came to Be

### The historical significance of Independence Day

BY OSCAR H. BLAYTON

Each year, many Americans celebrate the 4th of July. On that day in 1776, it is said that "The Land of the Free" was born.

But the true historical significance of Independence Day has been smothered in hot dogs, barbecue ribs and potato salad. And fireworks distract us from contemplating the economic forces that served as midwife to the birth of this nation.

Four hundred years ago, Europeans invaded the Atlantic coast of North America and fought each other and the indigenous peoples for control of the land. By 1763, the British had made deals or driven everyone else out so that they controlled the entire coast. This included Canada and Florida, which the British obtained



by treaty from France and Spain, respectively, at the end of the Seven Years' War – a global conflict waged by the colonial powers of Europe for control of the rest of the world.

Nine years after Britain gained control of the entire Atlantic seaboard, its colonists in North America were rocked by the news of a decision in the British high court that sounded the death knell for chattel slavery in the British Empire. This decision was the result of a case known as *Somerset v. Stewart*.

James Somerset was a West African held in slavery by a Norfolk, Va., merchant and customs officer, Charles Stewart. Stewart had taken Somerset with him when he sailed to England on business in 1769. Somerset escaped in 1771 while in England, but Stewart recaptured him and had him imprisoned on a ship due to sail for Jamaica. Somerset had been baptized while in England and his godparents helped him sue for his release.

The Lord Chief Justice of the

high court ruled in 1772 that slavery was contrary to Common Law and therefore illegal in England. Somerset was freed, and the news spread quickly to America. By early 1773, enslaved African Americans began to petition for their release in courts in the colonies, hoping to repeat Somerset's success.

The slaveholding British colonists were alarmed at these developments and believed correctly that the British Empire was on the path to ending chattel slavery. By taking their "revolutionary" stance, the colonists hoped to free themselves and their slave-based economy from the inevitable arrival of abolition in the Empire.

Every red, white and blue American knows the narrative of how the freedom loving Sons of Liberty threw off Britain's yoke of oppression. Some narratives even recount faithful slaves cheering them on. PBS and others have reported that 5,000 African Americans served in the Continental Army. But many thousands more ran away to fight for their own

freedom with the British.

The Revolutionary War did not end until two years after the Battle of Yorktown in 1781. As British troops were evacuating New York City in 1783, they took with them, from that port alone, 3,000 former slaves who had supported the crown. The names of these African Americans were documented in the "Book of Negroes" as they boarded the ships bound for Nova Scotia and the British West Indies. An accurate record of these former slaves was kept because of a dispute between George Washington and Sir Guy Carleton, the British commander in charge of the evacuation of New York.

Southern colonials had insisted that the treaty ending the war include a provision for the return of escaped African Americans to their slaveholders. Carleton refused to comply with that provision and was backed up by Lord Frederick North, the British Secretary of State who wrote to him that transporting the runaways from the land of their oppression was "certainly an act of justice

due to them from us..."

On the other hand, Washington and other slaveholders believed they had been robbed of what was rightfully theirs. After his first meeting with Carleton, Washington complained in a letter to the governor of Virginia: "[T]he slaves who have absconded from their masters will never be restored to them."

Take a moment to consider the facts of how and why this nation came to be. Maintaining slavery, as an economic institution, was the major driving force for the desire for Independence from England – at least for the Southern states. And it is fair to say that the Stars and Stripes were stitched together in large part by the sting of the lash upon black backs.

It is important to accurately recall and understand these facts in our history if we hope to make meaningful progress towards a better future.

*Oscar H. Blayton is a former Marine Corps combat pilot and human rights activist who practices law in Virginia.*

## An Attack on American Consumers and Workers

### Now comes Trump's trade war

BY TOM H. HASTINGS

Now comes the Trump Trade War, his *Bellum omnium contra omnes*, war of all against all. It is the most spiritless, cynical, pessimistic perspective on human nature and international relations imaginable. It is also doomed to



simply amount to an alienated attack on American consumers and workers.

I'm an old man who developed a hearing problem over the decades. I'm well into my senior citizen years and on my fourth generation of hearing aids, each improvement changing my life, saving my ability to work, and res-

cuing me from what would be increased social isolation. Trump's tariffs affect the import of high tech gear, including the most advanced components of state-of-the-art hearing aids. Do I care where components of my hearing aids are made or where they are assembled into the final product? I do not. Do I care if Trump alters not only the price of my hearing aids but possibly the quality? Yes, I do.

If you have a device such as a phone, a laptop, any notebook or tablet, Trump is stepping on you. He is driving up the price and possible dragging down the quality of what you can purchase and use. Thanks, Dear Leader.

Making cars, motorcycles, and other consumer goods that sell big in China—or Canada, or any of the countries Trump is hitting with tariffs, is now going to see a

radical reduction in markets. From soybeans to distilled spirits, the exports from the US are going to plummet as erstwhile trading partners respond in kind to Trump's "eff you, everyone!" Did you vote for him? Trump speaks for you. Trump is your leader. Trump is taking you right over the cliff. Trump's momentary success living in the White House as unemployment drops is now about to snatch failure from the jaws of victory. Hear that snap, crackle, pop? That is the giant bubble-bursting sound with the Trump lurch into trade wars that he says are "easy to win."

This is a guy who makes glib promises and instant blame-others excuses for his many failures, including, by the way, six declarations of bankruptcy. He refuses to own his mistakes and calls himself clever for taking advantage of laws that unfairly stick everyone

else with the losses and debts.

So when his trade war bombs and you are jabbed with the costs and consequences, Trump will refuse to be accountable. I mean, this is a guy who orders children snatched from their parents at the border and then repeatedly blames "the Democrats." Huh? He did it, no Democrat, not one. He could fix it. His cruelty and obdurate rationalizations are epic and inexcusable.

Indeed, the only possible way to hold him responsible is to impose all possible penalties, from indictment to impeachment. He will assume no component of culpability that is not simply brought down on him, and he will go kicking and screaming, but he must go if we have an ounce of collective common sense and decency

*Tom H. Hastings is founding director of PeaceVoice.*

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### Letter to the Editor: Appalling Blow to Unions

I am appalled by last week's Supreme Court's decision that delivered a blow to unions in Oregon and across this nation. Unions built the middle class in America. My mother was a lifelong member of the United Auto Workers and five of my aunts retired from the United Food and Commercial Workers Local 555 -- so I understand the job stability

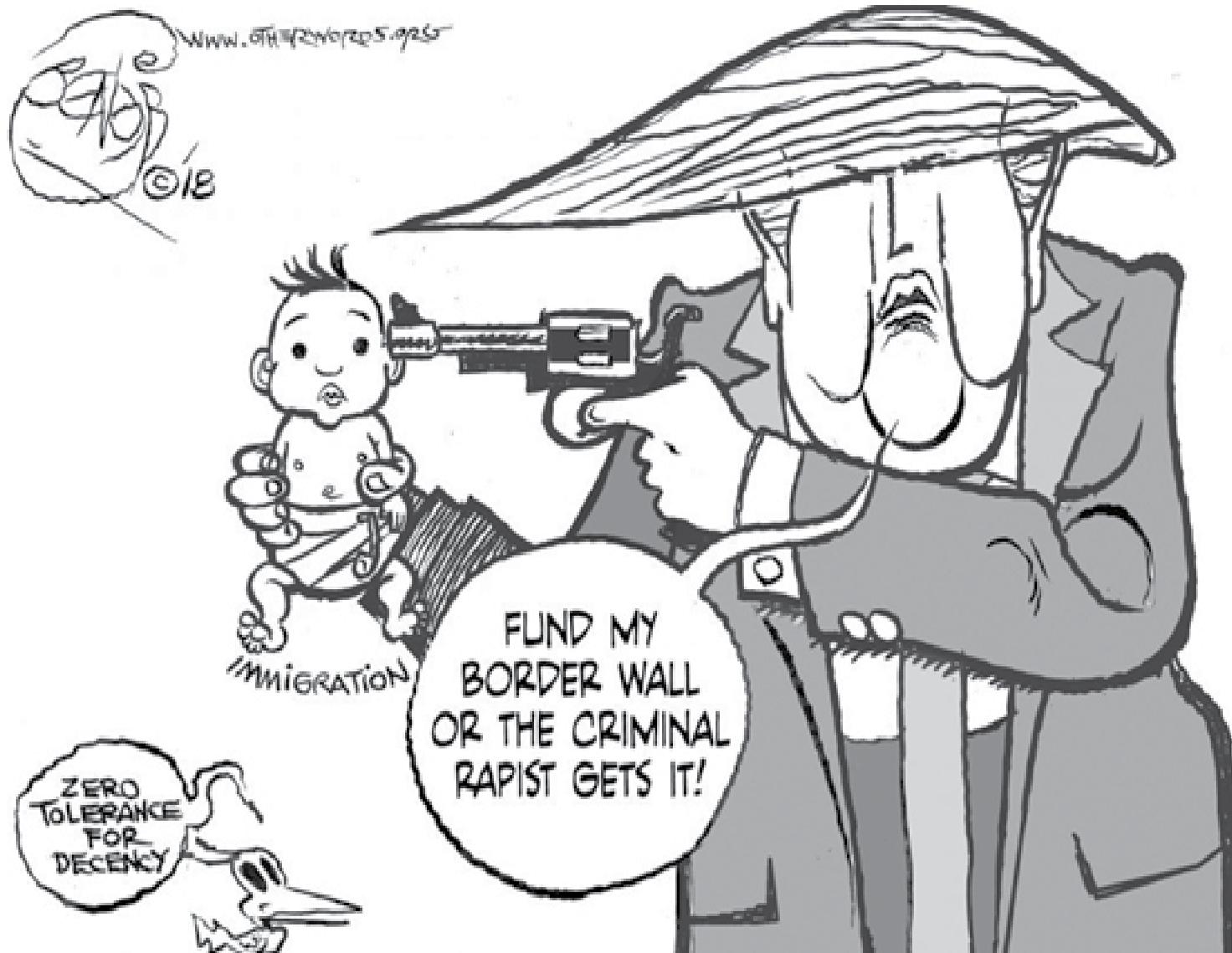
and economic security that come with union membership.

The Trump-backed Supreme Court will not stop me from continuing to fight for the men and women in labor.

Today I reaffirm my commitment to all labor, especially my friends in the public sector unions. Count me in to support any efforts to ensure fair share is the standard throughout Oregon.

*Loretta Smith, Multnomah County Commissioner and candidate for Portland City Council*

# OPINION



## A Right Wing Undemocratic Mess

Recall how this majority came to be

BY PETER CERTO

The Supreme Court is a real piece of work. Over the last week it's been popping off far-right proclamations like a drunk uncle at Thanksgiving. Except this uncle gets to make the rules in your house, and he can stay there until he dies.



Over about 48 hours, the nation's highest court gutted the ability of America's public employee unions to fundraise. It ruled that a president can freely apply his well-documented anti-Muslim bigotry to U.S. immigration policy, as long as he says that's not what he's doing. And it upheld deeply gerrymandered congressional maps in North Carolina and Texas, which lower courts ruled were blatantly designed to make the votes of poor people and people of color count for less.

These decisions weren't without their dissenters — Justice Sonia Sotomayor in particular delivered fiery rebukes to the Muslim ban and gerrymandering decisions. But each one was decided by a rigid 5-4 vote, with the court's right-wing majority carrying the day.

Please recall how this majority came to be.

When the last court seat opened up in early 2016, President Obama appointed the boringly centrist judge Merrick Garland. But the

GOP-controlled Senate refused to seat him, or even to hold a single hearing. This was an almost unprecedented obstruction.

Instead, they held the seat open till they had a Republican president, who appointed the hardline conservative Neil Gorsuch.

Senate Republicans then changed the chamber's rules so Gorsuch could be seated without the votes needed to clear a filibuster. That gave them the fifth vote they needed to disenfranchise voters, gut unions, religiously discriminate, and god knows what else.

And it's more maddening than even that.

According to Think Progress, the senators who opposed Gorsuch represented 53 percent of Americans, but our arcane constitution gives much greater weight to less populous (and more conservative) states. And, remember, Gorsuch was appointed by a president who got nearly 3 million fewer votes than his opponent, but won thanks to the same lopsided malapportionment that also gives us the Electoral College.

Gorsuch, appointed by a minority president and confirmed by representatives of a minority of Americans, now gets to slur offensive proclamations at our tables for life. A similar pattern seems likely to play out following the retirement of justice Anthony Kennedy, for whom the president will no-doubt name a hard-right successor.

The malapportionment will only get worse as progressive voters — and an ever larger share of the U.S. population — cluster in the bigger states underrepresented by our system.

Meanwhile, lawmakers will continue drawing maps amplifying their own advantage and passing laws suppressing the votes of everyone else, with the likely backing of a Supreme Court even more conservative than it is now.

Under these conditions, electoral politics can seem hopeless. But they don't have to be.

For instance, organizers in Arkansas, Michigan, Missouri, Oklahoma, and Utah are pushing ballot initiatives to put map drawing in non-partisan hands. Similar measures have already succeeded in California and Arizona. Others are being considered by lawmakers in states like Ohio, where voters overwhelmingly backed a requirement to get bipartisan buy-in on any new maps.

Grassroots mobilizations like the Poor People's Campaign, meanwhile, are looking into mass voter registration drives as one way to push back against voter suppression. And election results like socialist Alexandria Ocasio-Cortez's stunning primary victory over veteran establishment Democrat Joe Crowley point to a vibrant battle of ideas that defies our sclerotic voting system.

Can movements like these swing more elections? Maybe — it's a steep climb. But more importantly, they're building a strong base of Americans who aren't going to put up with a system that leaves their drunk uncle to hold court forever.

Peter Certo is the editor of *OtherWords* and the editor of *Foreign Policy In Focus*. Distributed by *OtherWords.org*



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Advertisement for: **University of Oregon – Health and Testing – Bid Package #1**

Lease Crutcher Lewis, LLC, serving as the Construction Manager/General Contractor (CM/GC) for the University of Oregon is soliciting bids for the construction of the University Health and Testing Center in Eugene, Oregon. Terms and conditions of the bid are outlined in Lease Crutcher Lewis, LLC (CM/GC) "Invitation to Bid", dated June 19, 2018, attached to and made a part of the Contract Documents.

**Bids will be received at the offices of Lease Crutcher Lewis, LLC, (CM/GC), 125 Lawrence Street, Eugene, Oregon 97401, until 3:30 p.m. PDT, July 10, 2018 at which time the bids will be publicly opened and read aloud. Proposals shall be clearly marked "University of Oregon – Health and Testing Center: Bid Package #\_\_\_"**

The total building construction cost is projected to be approximately \$11 million.

The scope of work for Bid Package #1 includes Earthwork/Site Prep, Concrete Footings, Structural Steel, Under Slab Mechanical & Plumbing, Under Slab Electrical. It is the Intention of Lease Crutcher Lewis, LLC to submit bid(s) for portions of this work.

**A non-mandatory pre-bid conference for all bidders will be held on June 25th at 2:00 pm at the jobsite located at 1590 E 13th Avenue, Eugene, OR 97403.**

Contract Documents and the Invitation to Bid may be reviewed at the following locations beginning June 19th: Lease Crutcher Lewis, LLC (CM/GC)/Portland, OR; Daily Journal Plan Center/Portland, OR; Eugene Builders Exchange/Eugene, OR; Oregon Contractors Plan Center/Clackamas, OR; Oregon Assoc. of Minority Enterprises/Portland, OR; Salem Contractors Exchange/Salem, OR; S.W Washington Contractors Association/Vancouver, OR.

Contract Documents may be purchased (non-refundable) in its entirety or in part from Precision Images, (503) 274-2030.

Drawings and bidding documents are available online through the following Lewis FTP site: <https://lewisbuilds.exavault.com/share/view/nssv-bnhiadnj>

All proposers must comply with the following requirements: Prevailing Wage Law, ORS 279C.800-279C.870, Licensed with Construction Contractors Board ORS 671.530.

Bidder shall indicate Resident Status per ORS 279A.120. If Required, Bidders must obtain business licenses to perform work in the City of Eugene prior to mobilizing on jobsite.

**Bids will not be considered unless RECEIVED by 3:30 p.m. PDT on July 10, 2018, and fully completed in the manner provided by the "Instructions to Bidders".**

"NOTICE OF REQUIREMENT FOR AFFIRMATIVE ACTION TO ENSURE EQUAL EMPLOYMENT OPPORTUNITY (Executive order 11246)".

Lease Crutcher Lewis, LLC (CM/GC) is committed to taking affirmative action to encourage and facilitate the participation of minority, women-owned, and emerging small business enterprises (M/W/ESBE) in State projects and encourage Subcontractors to provide similar opportunities for their subcontractors / vendors.

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## REQUEST FOR PROPOSALS

### .NET/SQL Programmer

Worksystems is seeking a qualified and experienced .NET/SQL Programmer to be available for planned system development. The RFP will be posted on Worksystems' website at [www.worksystems.org](http://www.worksystems.org). Proposals are due no later than noon, August 1, 2018. Worksystems is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. To place a free relay call in Oregon dial 711.

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## INVITATION TO BID



Howard S. Wright  
a Balfour Beatty company

### PROJECT: TriMet Elevator Refurbishment Program (ERP) Package II: Sunset TC Max Station & Park and Ride, Washington Park Max Station, Gresham Park and Ride.

**BID DATE & TIME: July 26, 2018 @ 2:00pm PST**

Bids will be received at Howard S. Wright Constructors offices located at 1455 NW Irving Street, Suite 400, Portland, OR 97209.

Bids may be E-mailed, Faxed or hand delivered.

**PROJECT DESCRIPTION:** TriMet is replacing the elevators contained in Package II. Scope of work includes but not limited to elevator replacements, new canopies, concrete, misc. metals, paint, electrical systems and mechanical systems.

Howard S. Wright Constructors (HSW) serving as the CM/GC for TriMet are requesting lump sum bid proposals from selected subcontractors and/or vendors for certain scopes of work in the construction of the ERP Package II: located at Sunset Transit Center Max Station & Park and Ride, Washington Park Max Station, Gresham Park and Ride.

**HSW Contact:** Aaron Braun [brauna@hswc.com](mailto:brauna@hswc.com) phone: 503-757-0366.

A non-mandatory Pre-Bid Conference will be conducted on July 10, 2018 @ 10:00AM PST. The pre-bid will start at the Sunset TC Max Station & Park and Ride. Personnel protective equipment (hard hats, safety vests, etc.) is not required for the pre-bid conference.

Bid Documents are available at: <https://bbcus.egnyte.com/fl/BuSCiOJzsH>

All bidders must comply with requirements of the prevailing wage law in ORS 279C.800 through ORS 279C.870. All bidders must be registered with the Construction Contractors Board at the time of bid submission.

## SUB BID REQUEST

### The Portland Building Reconstruction Project

#### Invitation to Bid on Packages:

- 4A – Painting • 4C – Carpet and Resilient Flooring  
4I – Interior Glazing • 4N – Tiling  
4G – Sheet Metal Cladding • 5I – CMU Walls**

**Proposals are due: July 12, 2018 at Noon**

Bid Contacts: Oleg Saidov, Kevin James  
Email address: [saidovo@hswc.com](mailto:saidovo@hswc.com); [kevinjames@hswc.com](mailto:kevinjames@hswc.com)

Bid Documents are located at link:  
<https://bbcus.egnyte.com/fl/ZnwwDNtup8>



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**Department Head Stagehand Carpentry, full-time,** Portland's Centers for the Arts, \$28.18 hourly. Deadline date: July 6, 2018

**Ticket Seller, part-time,** Portland's Centers for the Arts, \$14.70 - \$14.96 hourly. Deadline date: July 10, 2018

These opportunities are open to First Opportunity Target Area (FOTA) residents: This area includes the following zip codes located primarily in N, NE and a small portion of SE Portland: 97024, 97030, 97203, 97211, 97212, 97213, 97216, 97217, 97218, 97220, 97227, 97230, 97233, 97236, and 97266, whose total annual income was less than \$47,000 for a household of up to two individuals or less than \$65,000 for a household of three or more.

Visit [oregonmetro.gov/FOTA](http://oregonmetro.gov/FOTA) for the complete job announcement and a link to our online hiring center or visit our lobby kiosk at Metro, 600 NE Grand Ave, Portland.

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**Cascade Management, Inc.** is hiring for a great career opportunity at the brand new Beatrice Morrow apartments! Cascade is currently seeking an experienced **Maintenance Technician** and **Community Manager** at Beatrice Morrow in NE Portland. Full-time employees are eligible for Insurance, PTO and a 401(k). Inquire online at [www.Cascade-management.com/jobs](http://www.Cascade-management.com/jobs)

**United Way** is hiring a **Salesforce/Database Administrator**, responsible for developing and managing UW's Salesforce instance and other donor tracking and accounting databases. Serves as technical lead on maintaining and developing processes within database. Hiring range: \$60,241-\$75,302. More info and to apply: [www.unitedway-pdx.org/about/careers](http://www.unitedway-pdx.org/about/careers). Position closes 7/13/18 or when filled. **EOE**

## LEGAL NOTICES

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# FOOD



**Ingredients:**

- 2 (6 ounce) boneless salmon fillets
- 1 tablespoon dried basil
- 1 tomato, thinly sliced
- 1 tablespoon olive oil
- 2 tablespoons grated Parmesan cheese

## Tomato Basil Salmon

**Directions:**

1. Preheat oven to 375 degrees F (190 degrees C). Line a baking sheet with a piece of aluminum foil, and spray with nonstick cooking spray.
2. Place the salmon fillets onto the foil, sprinkle with basil, top with tomato slices, drizzle with olive oil, and sprinkle with the Parmesan cheese.
3. Bake in the preheated oven until the salmon is opaque in the center, and the Parmesan cheese is lightly browned on top, about 20 minutes.



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**FOR MORE INFORMATION**

503.282.1975

[www.albinahs.org](http://www.albinahs.org)



# CLASSIFIED/BIDS

**SUB BIDS REQUESTED**

**University of Oregon Knight Campus for the Acceleration of Scientific Impact (KCASI)**

**Eugene, OR**

**Bid Package: #5**

**MEP, Shell & Core**

(Architectural Precast, CMU, Exterior Stone, Framing & Drywall, Metal Panels, Roofing, Roof Accessories, Expansion Control, Coiling Doors & Folding Panel Partitions, Loading Dock Equipment, Fall Protection, Water Feature, Clean Room, Elevators, Fire Suppression, Plumbing & HVAC, Electrical, Landscaping and Site Concrete)

**Bids Due: July 11th 2:00pm**

**Bid Documents:** [www.hoffmancorp.com/subcontractors](http://www.hoffmancorp.com/subcontractors)



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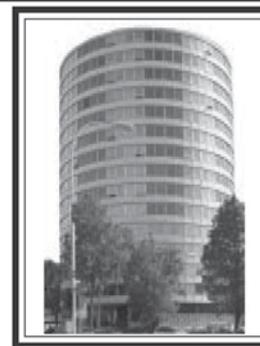
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# Deadly Force Review

CONTINUED FROM FRONT

ground during a struggle. The PSU officers could be seen trying to stop them from fighting and commanding others to step back.

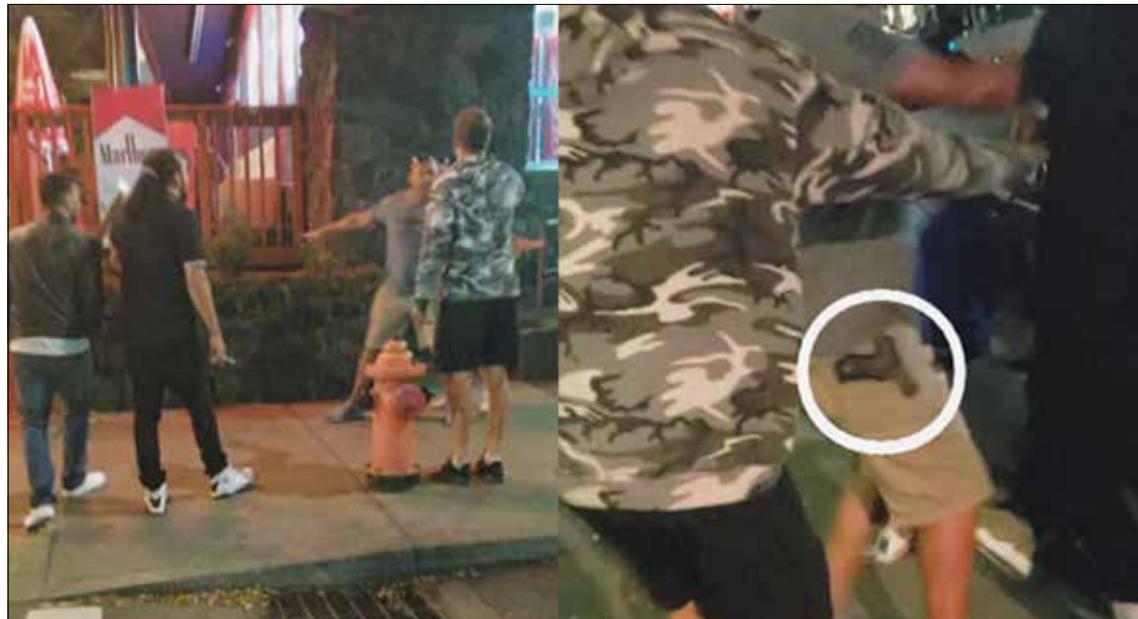
Washington can be seen trying to stop the fight. The images show a gun holstered on his hip — for which it was reported he had a legal concealed carry permit. He then fell, with the gun underneath him, at which point the person recording the video stepped back and other people blocking the camera's view of what happened next. But one of the officers can be heard saying "drop the gun," and then seen pulling out his own firearm and shooting.

Multiple witnesses say Washington's gun fall out of his holster. When he went to pick it up, he was shot, they said.

The outpouring of grief was immediately palpable downtown and on the web.

"I love you Dad! You didn't deserve this," one message, apparently from Washington's daughter, was scrawled on a pillar near the shooting scene on Monday where many messages of remembrance were written.

Social media was lit up with



Cellphone video shows Jason Washington (with arms extended) trying to break up a fight outside a Portland sports bar Friday. He was carrying a permitted weapon which fell from his holster. When he tried to pick it up, Portland State University Police officers shot and killed him.

mourning as well.

"I need to say that Jason Washington has been a next door neighbor, a fellow dad and one hellava fine family man. That beautiful smile and welcoming persona. It's a tragic loss of a truly good man. Stunning," Dave Marlin wrote on Twitter Saturday.

"Love you so much Uncle #JasonWashington. You didn't deserve this. RIP," Washington's ap-

parent niece, Kyah Lee, tweeted.

Washington's brother, Andre Washington, voiced his "disgust" and mourning at a protest rally on Sunday in which nearly 100 PSU students, friends, family, and activists called for the disarmament of PSU officers.

Opposition to the creation of an armed police force at PSU to replace non-armed security officers has been in the consciousness of

many college students, faculty, and civil rights activists since it was first proposed in 2014.

Tom Hastings, a conflict resolution professor at PSU, was one of the most vocal opponents of having armed officers on campus. Now, he's starting a petition to get the policy reversed. He's also calling for the PSU board members who approved of the policy to step down in light of the shooting tragedy.

Hastings said he sadly was not surprised to learn about the circumstances of the shooting through the cell phone footage and news stories that have come out.

"It was exactly what we predicted would happen when we argued to board of trustees, PSU board of trustees, not to do this," Hastings told the Portland Observer.

Hastings previously testified to the board three times in opposition to arming police. He was joined by student group representatives from organizations like Students United for Nonviolence, the PSU Student Union and the PSU Black Student Union. A chorus of opposition eventually included the majority of PSU faculty and students, he said.

The debate at the time was heightened by the civil protests across the county about other officer-involved shootings, especially in the wake of the 2014 shooting of Michael Brown in Ferguson, Mo., and other instances of police killing unarmed black men.

Hastings said it was "disem-

powering" that the university moved forward with the armed police policy, despite PSU faculty and students "overwhelmingly" opposing it.

"For them to just ignore all of this and just go ahead and do it was very discouraging and now we see, damn it, the exact, horrifying, fatal consequence that we voiced our repeated, strident, concerns about," Hastings said.

A PSU spokesperson even unwittingly, ominously foreshadowed Friday's shooting in a statement he gave to the Portland Observer nearly four years ago.

At the time, Scott Gallagher, director of communications at PSU, presented the fictional scene of a potential fight outside the Cheerful Tortoise as an example of an incident that would benefit from fully accredited campus police officers being able to respond off campus, unlike PSU security which would have to wait for Portland Police before taking action.

After PSU implemented an armed police force in late 2016, it hired three experienced officers of color to help bridge students' concerns that deputized officers would engage in racial profiling. Hastings, who has been working for PSU for nearly 18 years, said in the past, unarmed campus security successfully concluded conflicts without any injuries for the entirety of the university's history, even if suspects had weapons.

"I think this can be undone. I think it can be reversed. But it's going to take a lot of political will on campus, a lot more than it would've taken to stop it before it launched," he said.

An internal assessment and evaluation, as well as a review of PSU's policies and procedures is currently underway, according to a statement released by PSU President Rahmat Shoureshi issued Friday afternoon.

In addition, Portland Police Bureau is conducting its own investigation.

"There are a lot of questions and concerns about the shooting on campus—the first time there's been an officer-involved shooting on this campus" PSU spokesman Chris Broderick told the Portland Observer.



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