

48
years of
community service
‘City
of
Roses’

**A Struggle to
Stay Relevant**
*Factory workers
fight for survival
in ‘Skeleton Crew’*
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**Absorbed by
the Experience**
*Plays worth seeing
at the Oregon
Shakespeare
Festival*
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PHOTO COURTESY OREGON HEALTH AND SCIENCES UNIVERSITY

Dr. Danny Jacobs, whose calling to science and community service set him on the path to becoming an esteemed medical researcher, doctor, teacher and administrator, is the fifth president of Oregon Health and Sciences University (OHSU) and the first African American to lead the medical institution.

Accepting the Challenge

For new OHSU leader, it's about doing better

BY DANNY PETERSON
THE PORTLAND OBSERVER

Dr. Danny Jacobs, the first African American president of Oregon Health and Sciences University, said he's setting in place the steps necessary to successfully steer the university at the challenging intersection of education,

patient care, and research.

That was a challenge made all too apparent when, just three weeks into Jacob's tenure, a sudden exodus of four heart transplant cardiologists rendered Oregon's lone program for such procedures in limbo.

The Portland Observer reached out

to Jacobs for comment and in response the university sent a statement announcing the program was indefinitely suspended after an initial two-week suspension.

A statement said OHSU officials would begin an independent peer review of the heart transplant program

in October that will be responsible for determining the issues that led to the suspension and according to Jacobs, "what we need to do better," including the quality of patient care, supervision of the program and staff and their ed-

CONTINUED ON PAGE 4

Sign Up for MLK Dream Run

Annual event benefits local youth

It's not too late to register for the Martin Luther King Dream Run coming to north-east Portland on Sunday, Sept. 23.

Honoring Dr. Martin Luther King Jr.'s "I Have a Dream" speech, the seventh annual event is sponsored by the diverse North/Northeast Business Association and is aimed at helping local youth entrepreneurs get needed assistance.

The race starts and ends at 6431 N.E. MLK Jr. Blvd., which is a vacant lot on

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Participants warm up for the Martin Luther King Dream Run. The annual community event makes its return on Sunday, Sept. 23.



PORTLAND OBSERVER AutoReview 2018 Buick Regal GS

The 2018 Buick Regal GS packs a lot of punch amid its place in the entry-level sport/luxury sedan market. With a base price of \$40,030, the Regal has a 3.6-liter V-6 engine with 310 horsepower and 282 pound-feet of torque; a nine-speed automatic transmission; and all-wheel-drive. Fuel economy comes in at a respectable 19 mpg for the city, and

27 mph for the highway.

The Regal GS was developed specifically for front-drive platforms. Handling balance is on-point. The GS stays even-keeled during even the feistiest lane-change maneuvers, with quick steering and active dampers that can adjust every two milliseconds to properly soak up the bumps.

The Week in Review

9/11 Station Re-Opens for Sept. 11 Anniversary

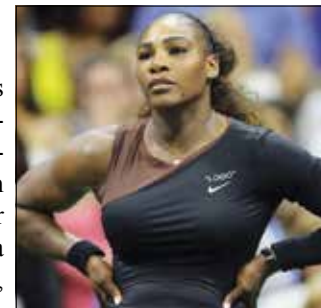
A once high-traffic subway station that was wrecked when the Twin Towers collapsed re-opened in New York City Saturday just as the city was preparing for the 17th anniversary of the Sept. 11, 2001 attack. The station was located directly below the World Trade Center when the iconic towers collapsed and tore through the terminal.

Legendary Reporter's Bombshell Book on Trump

Legendary reporter Bob Woodward's explosive new book about the Donald Trump presidency, "Fear," hit shelves Tuesday, much to the chagrin of White House officials. Among its claims are that Trump's top aides actively work to block his most destructive orders, like when Trump wanted to assassinate Syrian President Bashar Al-Assad and considered sending a tweet that his aids worried could cause war with North Korea.

Williams Calls Out Sexism

Tennis superstar Serena Williams claimed unfair treatment from an umpire who thrice penalized her for violations totaling \$17,000 at the US Open Saturday, claiming the official cost her the final match. Japan's Naomi Osaka beat the 23-time Grand Slam champion, whom she idolizes, to the loud booing of the crowd before both women hugged, in tears.



White Officer Shoots Black Man at His Home

A white police officer in Dallas, Texas was arrested on manslaughter charges Sunday for fatally shooting a black man in his apartment after mistaking his home for her own. Amber Guyger was off duty when she shot the unarmed Botham Shem Jean, 26, a native of St. Lucia, who died at a hospital after the Thursday evening shooting.

Max Station Closures Considered

TriMet announced last week that it is considering closing four MAX stations in downtown Portland in order to make train movement more efficient and asked for feedback from riders and the public. TriMet estimates MAX Blue and Red Line trips between the Goose Hollow/SW Jefferson St and Old Town/Chinatown stations would be about two minutes faster.

John Legend Milestone

John Legend became the first African American man to attain the four biggest awards in the entertainment industry when he topped off his Oscar, Grammy, and Tony statuettes with an Emmy—collectively known as an EGOT. The 39 year old singer-actor won the Creative Arts Emmy on Sunday with Andrew Lloyd Webber and Tim Rice for "Jesus Christ Superstar Live in Concert."



Wife Arrested for Chef's Murder

A Portland romance writer was arrested last week on suspicion of killing her husband, Daniel Brophy, 63, a chef found dead in the kitchen of Oregon Culinary Institute last June where he also taught. Nancy L. Crampton-Brophy, 68, is charged with murder and unlawful use of a firearm.

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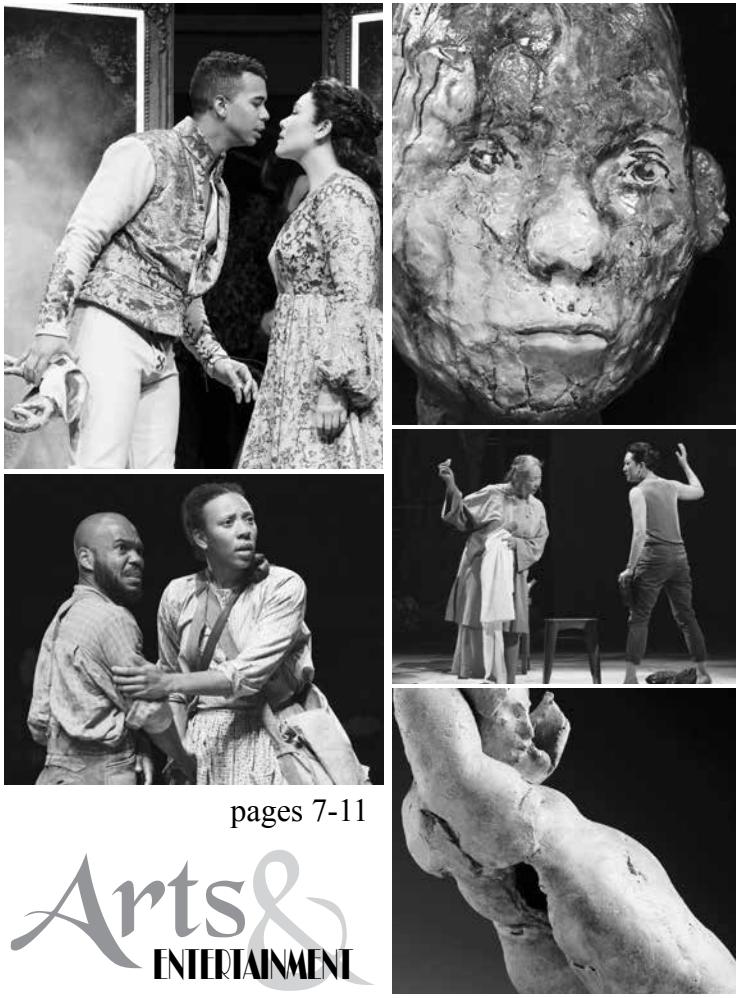
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FOOD

This page
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What's on your list today?



PHOTO BY DANNY PETERSON/THE PORTLAND OBSERVER

Lisa DiTommaso (left) and Tanya Murdock welcome patients to the Russell Street Dental Clinic which serves the low-income community by charging fees on a sliding scale. The clinic recently hired a new full time dentist and upgraded facilities to serve more people. An open house will be held this Saturday afternoon to celebrate.

Russell Clinic Expands

Second dentist to serve low-income community

BY DANNY PETERSON
THE PORTLAND OBSERVER

The Russell Street Dental Clinic, which has served low-income community members from its north Portland headquarters for over 40 years, recently hired a second full time dentist and is now accepting new patients and celebrating by holding an open house this Saturday afternoon.

The clinic, which is operated by Oregon Health and Sciences

University, also recently upgraded their facilities, taking down a barrier near the reception desk.

"Now it's open and nice," Russell Street Dental Clinic Practice Manager Lisa DiTommaso told the Portland Observer. "We've planted shrubs and plants outside so we've made it look more inviting and welcoming."

The clinic was previously unable to take new patients for the past year as only one dentist, Dr. Dmitri Aleksandrov, worked there. Now they have a second-full time dentist, Dr. Erin Waid, to help shoulder the patient load, DiTommaso said.

The clinic accepts Oregon Health Plan, as well as private insurance, and has a sliding scale

fee which may benefit low income people.

"It's based on the federal poverty level. So patients depending on their income will either get a 25 percent or 40 percent discount if they qualify. They need to bring in proof of income when they come in," DiTommaso said.

Preventative care, cleanings, fillings, tooth extractions, partial or full dentures, and crowns are some of the services the clinic provides.

The open house of the clinic is this Saturday, Sept. 15, at 214 N Russell St. from 1pm to 3pm. More information can be found by calling the clinic at 503-494-6822 or by sending an email to russellstreet@ohsu.edu.

Community Support for Nike

Nike got some community support last week when it made former NFL quarterback Colin Kaepernick the face of its 30th anniversary 'Just do It' advertising campaign.

Lawrence Jefferson, a Vancouver resident and Portland native, made a sign praising Nike for its decision and displayed the billboard at Nike

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PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Portland native Lawrence Jefferson displays the billboard he created in support of Nike for picking former NFL quarterback Colin Kaepernick as the face of its 30th anniversary 'Just do It' advertising campaign.

Accepting the Challenge

CONTINUED FROM FRONT

uation.

"Everyone regrets this disruption our patients are experiencing in their care. The key message for me is the peer review process will help us be patient-centered and bring the program back as quickly as possible," he said.

The distress that the suspension caused for the university's 20 waitlisted heart transplant patients, some of whom transferred to other facilities, was something the university said it profoundly regretted.

"We are deploying every resource at our disposal to ensure they have immediate and ongoing care," the statement read.

Jacobs, who is the fifth president of Oregon's only academic health hospital, took over duties last month from Dr. Joe Robertson, who retired as OHSU president after being diagnosed with multiple sclerosis last fall. In May, the university board of directors unanimously approved the selection of Jacobs, 64, after a months-long search.

Jacobs told the Portland Observer that his previous six-year tenure as the executive vice president, provost, and

dean of the School of Medicine at the University of Texas Medical Branch helped him understand the challenges of running an academic health center.

"In terms of the academic duties that are part of a university like ours, to an academic health center, it's more about collaboration, coordination, and cultivation [rather than the command and control approach of previous models],"

Jacobs, whose calling to science and servicing communities set him on the path to medical school early on, will oversee all of the Portland-based University's operations, which include the recently completed Knight Cancer Research Building.

The state-of-the-art, 320,000-acre cancer treatment and research facility, which held an open house Saturday, was funded by the Oregon Legislature and the OHSU Knight Cancer Institute and holds the lofty aspiration of eliminating cancer completely. Thousands of donors invested in the project as part of a fundraising challenge by Nike co-founder Phil Knight and his wife, Penny.

Jacobs said the way the state legislature, governor, and citi-

zens of Oregon coalesced with OHSU to fund the center was something he admired even before taking the position.

"The tremendous spirit of collaboration is one of the attributes that drew me to OHSU," Jacobs said, adding that he's eager to see the scientific progress that comes out of the facility.

Collaboration with community stakeholders to inform strategic plans for the future was a method Jacobs used at University of Texas. He said he's in the midst of using that same approach at OHSU, the first step of which he calls a "listening tour" of people all over the state, whom he considers stakeholders of the university.

"Over the next several weeks...we'll be asking folks who are interested in the university their opinions while we craft this idea of what we want university to be in the near future--2025, for example...and then we'll work backwards to reverse engineer that process."

Jacobs predicts creating task forces that are transparent to the public and comprised of some of the hospital's 16,000 employees will be instrumental in carrying out their goals.

"We'll have to measure our success along the way. We will decide together what our key performance indicators will be and then we will decide how we will track them and then we will regularly reevaluate our progress to see if we need to decide our objectives or change our approach," Jacobs said.

Creating a strategic plan to reflect the communities' collective desired goals will be next on his to-do list, a move to build upon the strategic plan previously set in place that his predecessor, Dr. Robertson, sponsored.

The current strategic plan the university has posted on its website, called Vision 2020, lists an organization "diverse in people and ideas" as one of its goals, a tradition Jacobs plans to continue.

"I think diversity is a moral imperative. It certainly resonates with me personally," Jacobs said.

He added diverse organizations tend to better serve their faculty, staff, and clients, according to research.

An ongoing effort for staff to undergo training that is designed to thwart the negative effects of unconscious biases at the university is another measure the university is taking to ensure inclusiveness.

"We'll continue that initiative, I think that's an important one," Jacobs said.

In terms of Jacobs' education goals of the university, he advocates for a team-based, patient-centered pedagogy.

In addition to a medical doctorate, Jacobs also boasts a master's in public health and is an American College of Surgeons fellow. He's also

held faculty positions at University of Pennsylvania, Harvard, Creighton University, and Duke University, where he was chair of surgery for about a decade before moving to Texas.

As a researcher and doctor who once worked the front lines with patients, Jacob's interests included nutrition and metabolism and how that relates to caring for patients pre- and post-surgery. He also researched nuclear magnetic resonance spectroscopy of organ function, bioenergetics, and growth factors in the nutritional support of patients.

Jacobs was originally inspired to enter the science field as a child from seeing Russians making headway in the space race during the Cold War era of the 1950s with their release of Sputnik 1, the first artificial Earth satellite. He also wished to follow in the footsteps of his older sister, who was four years his senior and participated in national science foundation summer enrichment activities. But in order to reconcile the morals his parents instilled in him during his upbringing, which heavily emphasized community public service, he switched from being a full time basic science researcher to pursuing a career in medicine, with the nudging of a wise college counselor.

"Over my career it's really been about trying to figure out how to serve while also investigating problems or challenges that directly impacted patient care with the hope that I could in some way contribute to something that advanced the state of the art as regards to patient care," he said.

Community Support for Nike

CONTINUED FROM PAGE 3

headquarters in Beaverton and along Martin Luther King Jr. Boulevard in Portland.

Kaepernick was in the Portland area Thursday to view the premiere of the highly anticipated Nike ad. The former San Francisco 49er became a voice for civil rights and justice two years ago when he started taking a knee during the playing of the national anthem in protest of officer-involved shootings of black Americans.

At Nike's "Just Do It" 30th

anniversary event, participants viewed the commercial spot featuring Kaepernick and other black athletes which premiered during the NFL season opener.

The star athlete addressed Nike officials and the public, mentioning his litigation against the NFL for being locked out of the game, saying, "We wouldn't be able to do this without your support, so special thank you to everybody and thank you for believing in me, as well as Nike and being able to do this."



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Murder Case Turns Cold

The Portland Police Bureau, in partnership with Crime Stoppers of Oregon, is asking for the public's help to solve a 2017 homicide.

Police responding to a report of a shooting found Antonio Garrett, 40, also known as "Munchie," dead inside a white Mercury sedan that crashed on Northwest Fifth and Everett a few minutes past 10 p.m. on Thursday, Sept. 7, 2017. The Oregon State Medical Examiner later determined that Garrett died from a gunshot wound. There are no suspects in the shooting and no known motive.

Crime Stoppers of Oregon offers cash rewards for information, reported to Crime Stoppers, that leads to an arrest in any unsolved felony crime and tipsters can remain anonymous. Information about this case or any unsolved felony crime may be eligible for a cash reward of up to \$2,500.

Information learned from social media sites such as Facebook, Twitter or YouTube should be shared as these tips may lead to



Desmond Garrett

the identification of a suspect or suspects. Links can be shared anonymously through Crime Stoppers. Visit the App Store and download P3 Tips. You can also call the Crime Stoppers tip line at 503-823-4357.

DePaul Hosts Service Fair

The nonprofit DePaul Industries site at Northeast Martin Luther King Jr. Boulevard and Alberta Street will host a Community Services Network and Project Homeless Connect Social Service Fair in their parking lot on Friday, Sept. 14, from 9 a.m. to 1 p.m.

The one-day, one-stop event is designed to connect individuals in need to critical services and supports, as well as mobilize the community to help individuals in need. All services offered, including

blood pressure checks, food assistance, vision appointments, employment services, TANF and Oregon Health plan enrollment, haircuts and more, are free for attendees.

Organizations represented will include North by Northeast Community Health Center, DePaul Industries, New Avenues for Youth, LifeWorks NW, the Salvation Army, 211info, Outside In, El Programa Hispano Católico, WorkSource Oregon and Multnomah County.

Sign Up for MLK Dream Run

CONTINUED FROM PAGE 2

the corner of MLK and Rosa Parks Way. The property will be the future home of the King+Parks affordable housing complex constructed by way of the nonprofit Portland Community Reinvestment Initiatives, Inc. (PCRI). A MLK run kickoff celebration will take place on the same spot the day before on Saturday, Sept. 22, from 3 p.m. to 8 p.m.

Fees from the 5k, 10k and 15k races will

support a youth entrepreneurship program which is designed to help disadvantaged business-minded youth ages 18 to 26, by improving and expanding the skills that come from operating successful businesses and organizations, leveraging better employment and higher education opportunities.

The races will have staggered morning starts and culminate with music, food, and entertainment. More information can be found at runsignup.com.

North by Northeast Community Health Center celebrates and honors Black History Month.

north by northeast
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CALENDAR
September 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					<div>1</div> <div>World War II began, Hitler invaded Poland, 1939</div>	<div>2</div> <div>National Blueberry Popsicle Day U.S. Treasury Dept. Established, 1789</div>
<div>3</div> <div>Labor Day Skyscraper Day Treaty of Paris Signed, 1783</div>	<div>4</div> <div>Syd Hoff born, 1912 Newspaper Carrier Day Google First Incorporated (1998)</div>	<div>5</div> <div>National Cheese Pizza Day First Continental Congress Convened (1774)</div>	<div>6</div> <div>Read a Book Day Pilgrims set sail from Plymouth, England (1620)</div>	<div>7</div> <div>Grandma Moses born, 1860 (painter)</div>	<div>8</div> <div>International Literacy Day King Richard the Lion-Hearted born, 1157</div>	<div>9</div> <div>Rosh Hashanah Grandparents Day Teddy Bear Day California became the 31st state, 1850</div>
<div>10</div> <div>Swap Ideas Day Elias Howe patented the sewing machine. In 1846</div>	<div>11</div> <div>Make Your Bed Day World Trade Center attack in 2001 O. Henry born, 1862 (writer)</div>	<div>12</div> <div>National Chocolate Milk Shake Day Jesse Owens Olympian, born 1913</div>	<div>13</div> <div>National Peanut Day Positive Thinking Day</div>	<div>14</div> <div>Francis Scott Key wrote 'Star Spangled Banner,' 1814</div>	<div>15</div> <div>Make A Hat Day National Hispanic Heritage Month</div>	<div>16</div> <div>Collect Rocks Day Mayflower Day Mexican Independence Day Stepfamily Day</div>
<div>17</div> <div>Citizenship Day National Apple Dumpling Day Constitution Day</div>	<div>18</div> <div>The New York Times was first published in 1851</div>	<div>19</div> <div>International Talk Like a Pirate Day Poet John Keats Wrote 'To Autumn' in 1819</div>	<div>20</div> <div>First Railroad Station Opened</div>	<div>21</div> <div>Miniature Golf Day World Gratitude Day International Peace Day H.G. Wells born, 1866</div>	<div>22</div> <div>Dear Diary Day Elephant Appreciation Day U.S. Post Office Opened In 1789</div>	<div>23</div> <div>First Day of Autumn Good Neighbor Day (4th Sunday)</div>
<div>24</div> <div>National Bluebird of Happiness Day Supreme Court established in 1789</div>	<div>25</div> <div>Balboa discovered the Pacific Ocean in 1513</div>	<div>26</div> <div>Johnny Appleseed born John Chapman, in 1774</div>	<div>27</div> <div>Crush A Can Day First Steam Locomotive Run (1825)</div>	<div>28</div> <div>California Native American Day First Airport Opened (1909)</div>	<div>29</div> <div>Stanley Berenstain The U.S. Army was established in 1789</div>	<div>30</div> <div>Safety Pin Invented (1849)</div>



Members of the Hill Block Project Working Group. The community-led team signed a memorandum of understanding last week to include Mayor Ted Wheeler, officials from Prosper Portland, the city's economic development agency, and Legacy Health to guide the re-development of a long vacant block of property on North Russell Street next to the Legacy Emanuel Medical Center.

Hill Block Agreement Signed

Community gets say on plans for vacant site

BY LAKEITHA ELLIOTT
AND BRYSON DAVIS

On Wednesday, Sept. 5, as co-chairs of the Hill Block Project Working Group, we signed a memorandum of understanding with Mayor Ted Wheeler, Kimberly Branam of Prosper Portland, Kathryn Correia of Legacy Health, Shannon Callahan of the Portland Housing Bureau and Dr. Steven Holt, our group facilitator, which outlines our respective commitments and responsibilities related to the potential development of the Hill Block, a 1.7-acre block bordered by Vancouver Avenue, Williams Avenue, Knott Street and Russell Street.

This community-led process began more than a year ago to identify how the Hill Block could be transformed from a vacant lot into a neighborhood asset. The Project Working Group formed through

the collaboration of many organizations and community groups within or with a strong connection to the North/Northeast community. We've established a charter to guide our work. We've conducted public meetings and listening sessions to hear what community members had to say about how a development process would evolve.

Your community voices are so important – we have been grateful for the participation of so many people with ties to the property and the neighborhood, who shared their attachment to the site and its history and their interest in being involved in what comes next.

We each have our own connections to the property.

LaKeitha, a fourth-generation Oregonian with deep ties to Portland's black community, got involved because members of her family were among the displaced decades ago. She's worked for local black-led organizations including the Urban League of Portland and Portland African American Leadership Forum and

advocated for the return of the property for community benefit. Her hope is that the site will become a place where her grandchildren can be involved and engaged.

Bryson has been in the community for more than a decade. In addition to his commitment to the Project Working Group, he volunteers as an attorney coach with Jefferson High School's mock trial team. He also supports local businesses as a board member of the Soul District Business Association, the local business association for N/NE Portland, and as the board chair of Ascent Funding, a community development financial institution focused on helping local black businesses weather the recession. He sees our work representing a shift in focus from equality to equity and is excited to be a part of that shift and lay the groundwork for projects to come.

We've come together to take on this task collectively and deliver a project that matters to our community.

The signing on Sept. 5 marks a milestone, one that keeps us moving forward with clear intentions and understanding

of what each partner will bring to the process. While the project funding details are far from established, we want to point out that the memorandum of understanding calls for Legacy Health, the current property owner, to "convey the Hill Block for no consideration to the body selected by the Project Working Group to implement a project that supports and honors Portland's African-American community, a priority of the Legacy Health Board." This means that the Project Working Group and the community will decide what neighborhood-serving projects rise from this long-vacant land.

The community has been asked to take the lead, and we'll continue to look for and provide ways for your voice to matter. Please follow the work online at www.prosperportland.us/HillBlock, join us at the PWG meetings held at New Song Community Church each month; or reach out to any of the PWG members (they are listed on the above weblink). We can write a new chapter in the story of this neighborhood, one that acknowledges the past, charts a path forward and makes it clear what's possible when we come together.



Joyce Washington

Born: 1937 – 1996

*Joyce Washington Believed in this Community
and all those that made this Community Great.*

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Arts & ENTERTAINMENT

Absorbed by the Experience

Plays worth seeing at the Oregon Shakespeare Festival

BY DARLEEN ORTEGA

Theater at its best does more than entertain; it invites the willing into a unique act of embodiment as we experience the gift of presence offered on stage with an audience that only assembles once. But this summer, the company and audiences at the Oregon Shakespeare Festival have experienced that act of embodiment in especially challenging ways. Climate change has increased the problem of forest fires to a degree unprecedented in the festival's history, interfering with performances in the outdoor Allen Elizabethan Theater to an extraordinary degree. Many performances have been cancelled entirely; others have been moved into a smaller indoor space at Ashland High School, which involves a high level of commitment on the part of audiences (although it also sometimes is possible to opt for an indoor show). The air quality in Ashland has been impacted (as has been true elsewhere in the Northwest).

Nevertheless, the pay-off for participating in the theatrical practice of embodiment—including on the outdoor stage -- continues to be quite high enough to justify a trip to Ashland, especially as



PHOTO BY JENNY GRAHAM, OREGON SHAKESPEARE FESTIVAL.

Romeo (William Thomas Hodgson) and Juliet (Emily Ota) fall in love at first sight in Shakespeare's most popular play. The Oregon Shakespeare Festival in Ashland is giving new life to the classic story, now showing through Oct. 12.

temperatures cool and disruptions become less frequent. A talented group of artists are all the more primed to offer the precious gifts of heart and movement that they have crafted and honed for the outdoor stage, and the two additional indoor shows that have opened this summer offer soulful

windows into how humans struggle and the environment responds.

The outdoor shows will especially appeal to Shakespeare lovers, but also offer temptations to those who aren't sure about the bard. Director Damaso Rodriguez (who helms Portland's Artists Repertory Theater) brings fresh life to Shakespeare's most popular play, "*Romeo and Juliet*," building from his recognition that what makes this story so tragic is not so much the untimely deaths of its protagonists but how easily those deaths could have been avoided. Much of the energy of this production comes from the sense that the conflicts and long-nursed hatred of its characters are traps they keep laying for themselves and then leaping into — and even the two adults who attempt to help the young lovers (the friar and the nurse) embody a frustrating sense of powerlessness that stems from succumbing to that false sense of inevitability. Ironically, the collective energy of this very solid cast serves to hold the energy of the conflicts in a way that helps

you invest in the adolescent lovers, endearingly played by Emily Ota and William Thomas Hodgson — and they, in turn, make you believe in the heart animating their adolescent impulsiveness. Sara Bruner's remarkable turn as Mercutio is alone worth the price of admission, conveying all the playfulness, fury, and despair that the brightest light in the community might feel in tangling with human folly writ this large. [Runs until Oct. 12]

"*Love's Labor's Lost*" isn't one of Shakespeare's most popular; its story can feel awkward to modern audiences and the plotting isn't the bard's best. But in the facile hands of director Amanda Dehnert, who has earned real credibility as (among other things) a director of musicals (including "*Into the Woods*" and "*My Fair Lady*" at OSF), this production feels playfully abstract; its talented cast riffs and jives and gambols and sings, building buoyant waves of music and movement to hold the play's essential conflict between a group of young men and a group

of smarter young women. The young men have gambled their resolve on a dualistic conception of virtue that somehow doesn't include women, and the compelling young women playfully expose the errors of their thinking. This cast, clad in brilliant reds and whites and armed with paint and music, brims with bright energy; their charisma carries this production. [Runs until Oct. 14]

"*The Book of Will*" rounds out the outdoor offerings with a love letter to Shakespeare and to theater itself. It builds on the true story of how a group of the bard's friends collaborated to preserve his work by publishing the First Folio a few years after his death, a challenging undertaking given the expense and difficulty of publishing in Shakespeare's day and the resulting complexity of compiling a faithful rendering of Shakespeare's work from scraps in the hands of various artists. The play is short on action and long on heart; it's less about the story and

CONTINUED ON PAGE 16

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PHOTO BY DAVID KINDER

Shelley B. Shelley and Tamera Lyn are coworkers at a dying Detroit auto plant who struggle to survive in a constantly changing society in Portland Artists Repertory Theater's production of "Skeleton Crew," now playing through Sept. 30.

A Struggle to Stay Relevant

Factory workers fight for survival in 'Skeleton Crew'

An award winning play that touches on the struggles of factory workers living pay check to pay check amid a dying Detroit auto plant and featuring an all-black cast kicks off a new season for Portland's Artists Repertory Theater.

"Skeleton Crew" by Dominique Morisseau, and directed by William

(Bill) Earl Ray, reveals the struggles of everyday Americans trying to stay relevant in a society that constantly changes. Together, the workers somehow shape themselves into a makeshift family, trying to figure out what's next. What will happen? How will they survive?

Morisseau's work includes a

string of finely crafted plays that are being seen by audiences across the country. Ray, a director and actor with 40 years of experience, last directed at Artists Rep for the production of "Ain't Misbehavin'" and he also acted in Artists Rep's "A Raisin in the Sun."

"Skeleton Crew" opened last

week and runs through Sept. 30 on Artists' Rep's Morrison Stage, 1515 S.W. Morrison St. Shows are Wednesdays -Sundays at 7:30 p.m., Saturdays at 2 p.m., and Sundays at 2 p.m.

For tickets and more information, call the box office at 503.241.1278 or visit artistsrep.org.

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Michelle Collier's ceramic work 'Tempest.'



A portrait in clay by Andy Kennedy

September shows at Guardino

Ceramic art and self portraits in clay highlight what's on display through Sept. 25 at the Guardino Gallery, 2939 N.E. Alberta St.

In the main gallery, ceramic artist Michele Collier displays works that stretch, compress, twist and turn to match the images in her imagination. Her works preserve the fluidity of the slab while manipulating it to express the figure in motion.

Michael Vos brings his ongoing



body of work entitled "Dead Cities," which is a documentation of abandoned and forgotten places across the world. It is predicated on the idea of what would the

world look like without us?

In Guardino's featured area, college/mixed media artist Penda Diakitè meshes the brilliant colors and patterns she found growing up while living in Mali, West Africa and Portland.

Andy Kennedy shows off his craft portraits in clay. He works in a style of cartoonish, primal impressionism, but the clay body itself, including glazes, deserves half the credit.



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Arts & ENTERTAINMENT

New Chinatown Museum -- "Made in Chinatown, USA: Portland," a photo exhibit capturing the cultural pride of Portland's Asian community marks the opening of a new Portland Chinatown Museum at 127 N.W. Third Ave. Admissions is a suggested \$5 and free on First Thursdays from 5 p.m. to 8 p.m.

Tough as Nails -- Portland actress Margie Boule stars as the late Ann Richards, the Texas governor who was known for her outspoken feminism and one-liners, in the play "Ann," now playing through Sept. 23 from Portland's Triangle Productions at the Sanctuary at Sandy Plaza, 1785 N.E. Sandy Blvd. Shows are at 7:30 p.m. Thursday-Saturdays with Sunday matinees at 2 p.m. Tickets are \$15-35. Call 503-239-5919 or visit trianglepro.org.



The Shape of Speed -- Seventeen rare and streamlined automobiles and motorcycles from a golden age, from 1930 to 1942, are included in the exhibit "Shape of Speed" on display for its final week at the Portland Art Museum, through Sunday, Sept. 16. The vehicles demonstrate how designers used the concept of aerodynamic efficiency to turn autos into exciting machines that in many cases, looked as though they were moving while at rest.

Mini Maker Faire -- OMSI presents its annual Portland Mini Maker Faire, a family-friendly showcase of creativity and cool DIY technology on Saturday and Sunday, Sept. 15-16, from 9:30 a.m. to 5:30 p.m. The event is expected to draw more than 120 makers who enjoy learning and who love sharing what they can do, from engineers to artists to scientists to crafters.

Arrested for a Cause -- If a crime is committed in order to prevent a greater crime, is it forgivable? Is it, in fact, necessary? "The Reluctant Radical," a new documentary presented by the Northwest Film Center, and showing Wednesday, Sept. 12 at 7 p.m. in Whitsell Auditorium at the Portland Art Museum, follows activist Ken Ward as he confronts his fears and



puts himself in the direct path of the fossil fuel industry to combat climate change.

Norman Sylvester -- 'Boogie Cat' Norman Sylvester plays Thursday, Sept. 13 at Billy Blues in Vancouver; Friday, Sept. 21 at the Vinyl Tap and Friday, Sept. 28 at Clyde's.



Gorge Shuttle Returns -- The Columbia Gorge Express bus service by the Oregon Department of Transportation has made its return, now going as far east as Hood River and offering serve seven days a week, year round. The bus departs from the Gateway Transit Center to Rooster Rock State Park, Multnomah Falls, Cascade Locks and Hood River.

Zoo for All -- The Oregon Zoo has launched "Zoo for All," a new discount program that provides \$5 admission for low income individuals and families. Visitors may purchase up to six of the \$5 tickets by bringing a photo ID and documentation showing they participate in low income service, like the Oregon Trial Card, Medicaid, Section 8, Temporary Assistance for Needy Families, and Head Start.

Discount Tickets -- Low income families and individuals can purchase \$5 tickets to classical musical performances in Portland as part of a unique program called Music for All. Participating organizations include the Oregon Symphony, Portland Opera, Oregon Ballet Theater, Chamber Music Northwest, Portland Youth Philharmonic, Portland Baroque Orchestra, Friends of Chamber Music, Portland Chamber Orchestra, Portland Piano International, Portland Symphonic Choir, Cappella Romana and Portland Vocal Consort.

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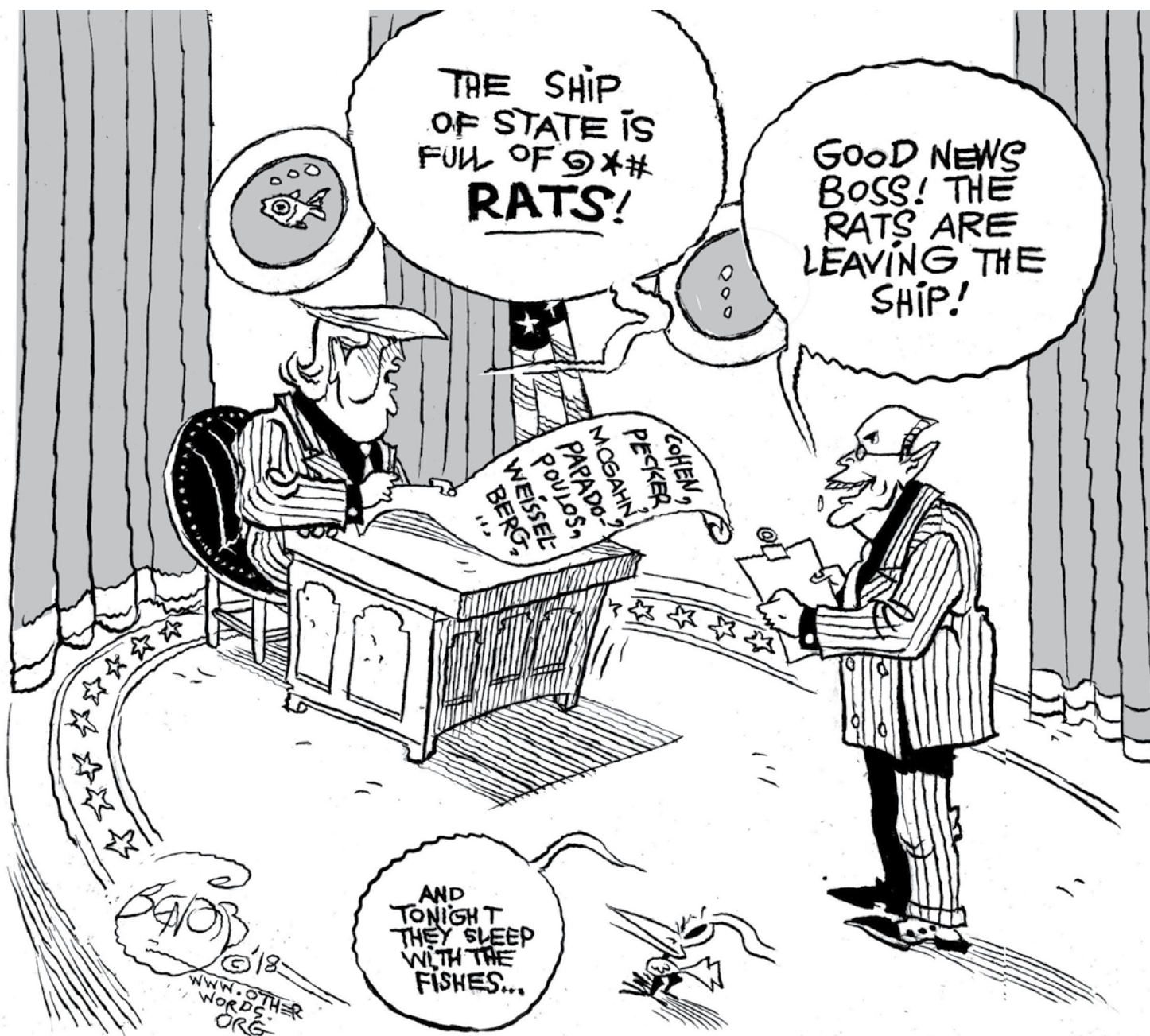
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OPINION



The Orange Man's Mystifying Approval Ratings

We need a
united front
to confront
'Trumpism'

BY DR. RON DANIELS

With all the vile acts that Donald Trump, “the orange man,” has committed and the barrage of media coverage of his egomaniacal behavior, you would think that his approval rating would be tanking. But, that’s not the case. A recent CNN Poll showed Trump’s approval rating at 42 percent, up from 5-10 percent depending on which polls one chooses to cite. Now 42 percent is nothing to brag about, and he has never cracked 50 percent. Nonetheless, that 42 percent of the American people support the orange man is mystifying!

Trump's litany of foul acts is legion. He recently signed a Defense Authorization Bill named after ailing Sen. John McCain,

while he was still alive, and refused to utter his name. At a rally the same day, he disparaged McCain for casting the vote that derailed the Republican effort to kill Obamacare. Trump can't resist blurting out nasty comments about women. He recently called Rev. Omarosa Manigault-Newman, his former Communications Director turned vicious critic, a "dog."

The orange man never passes up an opportunity to make broad-brush generalizations about immigrants from Mexico and Central America, characterizing them as “rapists” and “murderers.” He labeled Haiti and some African countries “s-hole” nations and continues to question the mental capacity of African Americans.

I can't imagine any other President's standing not being reduced to the point of resigning as a consequence of revelations from the likes of a Michael Cohen, Trump's personal attorney, the felony convictions against Paul Manafort, his campaign chairman and other

notables who “flipped” to corroborate the corruption in the White House.

His approval rating might slip some, but this many people embracing the madness emanating from the White House is astounding and dangerous!

It is dangerous because of the elements and constituencies that comprise Trump's "base," a combustible caldron of Tea Party adherents, angry victims of economic dislocation, anti-immigrant xenophobia, racism, sexism, homophobia, islamophobia, white nationalism, opportunistic "conservatives" and ignorance.

The orange man's base has essentially seized control of the Republican Party and the traditional leaderships is terrified. Accordingly, it is dangerous when leaders of the Republican Party refuse to standup to a demagogue either because they fear his base or more importantly because he has been the vehicle for promoting reactionary, right-wing policies; an agenda which is antithetical to the interests of Black and Brown people, women, LGBTQ persons,

labor, poor and working people. And, he seeks to seal the deal by appointing rightwing judges that will provide the judicial sanction for this retrograde agenda well into the future.

Herein lies the challenge to the liberal, left, progressive forces; we must mobilize in a life and death struggle for the soul of this nation. There is no time for apathy, inaction and destructive dissension in the face of this grave danger. We urgently need a united front to confront and eradicate Trumpism and advance a visionary agenda for transformative change. Protests, disruption, civil disobedience, economic sanctions/boycotts and marching on ballot boxes with a sense of urgency, any and all legitimate means necessary must be employed to snuff out the danger of Trumpism as a pre-condition for creating the new America which must be born!

Dr. Ron Daniels is president of the Institute of the Black World 21st Century and Distinguished Lecturer Emeritus, York College City University of New York.



Opinion articles do not necessarily represent the views of the Portland Observer. We welcome reader essays, photos and story ideas. Submit to news@portlandobserver.com.

OPINION

Popularity Rises for Democratic Socialism

Making gains at the ballot box

BY LAWRENCE WITTNER

Recently, when 28-year-old Alexandria Ocasio-Cortez, an obscure, upfront democratic socialist from the Bronx, easily defeated one of the most powerful U.S. Congressmen in the Democratic Primary, the story became an overnight sensation. How, the pundits wondered, could this upset have occurred?

Actually, it shouldn't have been a total surprise for, in recent years, democratic socialism has been making a remarkable comeback in American life. Bernie Sanders, the democratic socialist U.S. Senator from Vermont, won 23 Democratic primaries and caucuses during his tumultuous 2016 election campaign. Indeed, he nearly defeated Hillary Clinton, all but coronated by the Democratic Party establishment for the Democratic presidential nomination.

In addition, numerous candidates backed by a Sanders campaign's successor, Our Revolution, won Democratic Party primaries and election to office in 2017 and 2018.

Other indications of socialism's recent popularity are numerous. They include Gallup polls done in early 2016—one showing that 35 percent of Americans had a favorable view of "socialism" and another revealing that 6 out of 10 Democratic primary voters felt that "socialism" had a positive impact on society.



Polls found that socialism was especially popular among young people, a key factor behind the jump in membership of Democratic Socialists of America from 5,000 in November 2016 to 40,000 today.

Of course, democratic socialism—centered in the idea of democratic ownership and control of the economy—has had periods of growth, as well as decline, over the course of American history. During the first decades of the 20th century, it flourished. By 1912, the Socialist Party of America, led by charismatic labor leader and presidential candidate Eugene V. Debs, had succeeded in electing socialists to 1,200 public offices in 340 American cities, including 79 mayors in 24 states. But, within a few years, the party was largely destroyed by government repression (thanks to its opposition to U.S. entry into World War I) and by its bitter feud with the rising Communist movement over the Communists' contempt for political democracy and civil liberties.

With the onset of the Great Depression, the Socialist Party experienced a modest revival, but soon began to fade as the Democratic Party, then in its New Deal phase, began to implement many of the key programs long championed by democratic socialists: collective bargaining rights for workers; minimum wage and maximum hour laws; public sector jobs for the unemployed; a social security system; and heavy taxes on the rich to pay for an array of social services.

Increasingly, the Democratic Party attracted the support of the democratic socialist constituency, including some of its prominent figures—labor leaders like Walter Reuther, David Dubinsky, Sidney Hillman, and A. Philip Randolph, educators like John Dewey, women's rights activists

like Margaret Sanger, and popular writers like Upton Sinclair.

For some decades, the Democratic Socialist Organizing Committee, founded in 1973 by the writer Michael Harrington and other committed socialists—and its successor, Democratic Socialists of America (DSA)—tried to revive democratic socialism by cutting loose from fruitless third party election campaigns and focusing, instead, on fostering public support for greater economic and social democracy.

On occasion, DSA backed worthy candidates in Democratic primaries. But it had only minimal success. For the most part, the best that DSA could do was to keep the democratic socialist current alive by pulling together socialist-minded activists scattered about in the labor, women's rights, racial justice, and peace movements, and putting them in touch with a small group of sympathetic public officials.

Nevertheless, the rise in American life of a rapacious corporate capitalism, a widening level of economic inequality, and the sharply rightwing policies of many states and the federal government are clearly inspiring a revolt on the Left. As the Sanders campaign and the recent election victories of Ocasio-Cortez and other leftwing candidates indicate, in electoral politics this revolt is finding expression largely inside the Democratic Party.

Although it's too early to know how this revolt will play out, there are signs that it is beginning to alter Democratic Party politics. With a heartily-despised Donald Trump in the White House and with rightwing Republicans now dominating Congress and the Supreme Court, many newly-energized leftwing voters will probably

close ranks with mainstream Democrats in an all-out Democratic Party effort to drive the Right from power.

At the same time, there is a comparable recognition among establishment Democrats that, unless they welcome the growing number of democratic socialists into their ranks, they have little chance of winning elections. This might well explain why so many leading Democratic politicians have now turned to backing the staples of the Sanders campaign, such as Medicare for all, free public college education, and curbs on corporate power. It might also explain why the Democratic National Committee is busy cutting back the establishment-controlled super delegate system for choosing a presidential candidate.

As a result, just as the Democratic Party largely absorbed America's democratic socialist constituency during the 1930s and 1940 and, in turn, was itself transformed by that process, the same phenomenon might be underway today. For many years, sectarian leftists have railed against the activity of democratic socialists within the Democratic Party, claiming that it has held back a workers' revolution or some other ostensibly glorious occurrence. But this contention seems dubious. Instead, democratic socialist activity within the Democratic Party helped produce the kind of progressive politics and public policy that delivered significant economic and social gains to most Americans in the past. And it might well do so again today.

Dr. Lawrence Wittner, syndicated by PeaceVoice, is Professor of History emeritus at State University of New York/Albany and the author of Confronting the Bomb (Stanford University Press).

'Crazy Rich Asians' a Triumph of Representation

Less one misstep with token gay character

BY JILL RICHARDSON

The new film Crazy Rich Asians is a triumph of representation in Hollywood. It's the first film in a quarter century to have an all-Asian cast.

Crazy Rich Asians is wonderful, on so many levels. It's a charming and fun movie with a great cast. For the characters, Chinese culture is not foreign, as Chinese culture is often portrayed in movies aimed at white audiences.

The value of having an all-Asian cast shouldn't be understated.

The film shows diversity in personalities, showing that there's not just one way to be Asian, just as there's not only one way to be any ethnicity. The characters are all Asian, but they're going through universal human



problems that everyone can relate to.

Often Hollywood chooses a white person as the hero or protagonist in the story, and then casts a token person of color or two in a supporting role. For example, the main characters of Harry Potter are all white, but he has a black classmate, crushes on a Chinese girl, and asks an Indian girl to the Yule Ball.

For white audiences, this feels normal and right. If you're white, you feel like the protagonist in your own life. The people around you may include people of color, but like everyone else who's not you, they're supporting characters.

It seems like Hollywood only casts more than a token number of people of color if there's a plot-driven reason. Hidden Figures, Selma, and other films about anti-black racism need black actors to play black characters fighting racism.

The same is true of sexual minorities. And here's where I think that Crazy Rich Asians makes a misstep.

If you're writing a film about a gay character coming out, then you need a gay

character. If it's simply a story about an action hero, well... Why would an action hero need to be gay? So they aren't. The action hero is straight.

Otherwise, minority characters play stereotypes: the Latina maid, the Chinese kung fu master, or the nerdy smart Asian kid.

And, coming to my point... the flamboyant, hilarious gay best friend.

In Crazy Rich Asians, a character named Oliver plays this role. He's funny, he's flaming, and he provides the main character with fashion help when she needs it.

Just like there's more than one way to be Asian, there's more than one way to be gay. Not all gay men lisp, obsess over fashion, and overuse the word "fabulous." Not all gay women wear flannel and drive Subarus.

When we're protagonists in films, it's because the plot centers on something straight people recognize as gay: coming out, conversion therapy, or same-sex romance.

But just like Chinese people don't ex-

ist for white people's entertainment, gay and bisexual people don't exist for straight people's entertainment.

The character of Oliver is hilarious and entertaining. But it feels to me like a gay version of minstrelsy. Our identities shouldn't be someone else's comic relief.

Lack of representation in Hollywood drives home the point that straight, white people are truly human, undergoing the whole range of human experiences and emotions, and the rest of us are two-dimensional stereotypes.

We play supporting parts in a straight, white world. We're tokens. We're not fully human.

Movies and TV reflect our world, but they also shape how we see it. For people of color and LGBT people, the world of Hollywood doesn't reflect our real world experiences—but it does shape how others in the real world perceive us.

OtherWords columnist Jill Richardson is pursuing a PhD in sociology at the University of Wisconsin-Madison. She lives in San Diego. Distributed by OtherWords.org.

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Good lighting creates a better learning space, making it easier and less distracting for kids doing homework and keeping up with their reading.

Lights for Back to School

BY KAY NEWELL

THE LIGHTBULB LADY

School days are back. Back to doing homework, reading more books, papers to write and so much new information to learn. Students need a learning place where they can be comfortable, have good lighting and few distractions.

Some lights make it easier to learn. Other lights can make it harder to read. Blue-white LED lights can not only keep a student awake at night, but it can be hard to study under a too bright light. The correct light can make it easier to read and can help a child retain information easier.

Reading lights that are closer to natural sunshine create the best learning lights. Halogen is a bright- yellow white light that is close to morning light. Neodymium light has been shown to make reading easier. It is a calming and a relaxing light that is close to afternoon sunshine. Both lights can be great study lights.

Put your child's preferred light over the study area. The other lights in the room can be that same light or a different light to create other affects. You can create a fun feeling by using ambient lighting to relax the eyes when looking up from the task at hand. Edison bulbs and colored bulbs create mood lighting. They are fun lights to use for gathering thoughts and changing focus.

Lights can also be used as a study timer. Using a timer, turn on a colored bulb to mark the start the studying period. When the light goes off, it is time for a break or if the studies are finished, an ending time. A light on a timer also make a great "time to go to bed when it pops on and time to go to sleep when it pops off. Timers are great "bosses" when used with an agreement of timed activities.

Visit me at Sunlan Lighting, 3951 N. Mississippi Ave., for light bulbs and lamps to light up your world.

Class of '68 Reunion Coming

The Jefferson High School Class of 1968 will be celebrating its 50th year reunion with a reception and dinner on Saturday, Sept. 9 at the Riverside Golf and Country Club, 8105 N.E. 33rd Dr.

"It will be a chance to share amazing memories," said Bobby Fother, Jefferson Class of '68 reunion committee member.

The reunion will begin with a

no-host cocktail/beverages hour, followed by group and your choice photos, welcome greetings, a buffet dinner, and more time to get reacquainted.

For more information and to RSVP, visit jefferson1968.my-event.com; email jhs1968@gmail.com or phone organizer Margaret (Varkados) Schultz at 503-412-9918.

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FOOD



Apple-Potato Latkes With Cinnamon Sour Cream

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- 6 tablespoons sour cream or Greek yogurt
- 1/4 teaspoon ground cinnamon
- 1/2 teaspoon maple syrup
- 2 Golden Delicious apples, peeled and cored
- 1 large russet potato, peeled
- 1 medium yellow onion, peeled
- 2/3 cup all-purpose flour
- 3 large eggs
- 2 teaspoons kosher salt
- 1 1/4 teaspoons baking powder
- 1/2 teaspoon black pepper
- Olive oil, for frying

Preparation:

1. In a small bowl, whisk together the sour cream or yogurt, cinnamon and syrup. Cover and chill until ready to use.
2. Coarsely grate the apples, potato and onion. Put the mixture in a clean dish towel and squeeze to wring out as much liquid as possible. For the crispiest pancakes, you want the least moisture.
3. Working quickly, put the mixture in a large bowl, add the flour, eggs, salt, baking powder and pepper, and mix until the flour is absorbed.
4. In a heavy-bottomed pan over medium-high heat, pour in about 1/4 inch of oil. Once the oil is hot (a drop of batter placed in the pan should sizzle), drop heaping tablespoons of batter into the pan, cooking 3 to 4 latkes at a time. Use a spatula to flatten the scoops into disks. When the edges of the latkes are brown and crispy, 2 to 3 minutes, flip them. Cook until the second side is deeply browned, another 2 to 3 minutes. Transfer the latkes to a plate lined with paper towels to drain. Repeat with the remaining batter. Serve with dollops of the cinnamon sour cream on top.

Obituary

In Loving Memory

Erin
'Jo Jo'
Cowan



Erin Lemar Cowan, known to many as

"JoJo" was born Sept. 17, 1971 to Julius "JC" and Shirley Cowan in Portland. He received his early education at Faubion Elementary and Whitaker Middle School and graduated from Jefferson High School, "The School of Champions and School of Pride" he proudly held up as his alma mater. Erin earned a basketball scholarship and continued his education at Umpqua Community College in Roseburg. From there he continued his basketball playing career at Idaho State University.

From a young age, Erin spent hours honing and mastering his signature jump shot, along with the rest of his basketball skills. It was at the Matt Dishman Community Center, where he originally teamed up with some of his friends who he would remain close with for the rest of his life.

Throughout his life, Erin always remained a part of the Portland community - going from player to coach to mentor and trainer.

Erin was able to take his passion for basketball to build a career that included working for Damon Stoudamire, Inc. and starting his own business, JUMP Sports Management. Through his work, Erin was blessed to travel the world and work with some of the greatest athletes, including

Lebron James, Kobe Bryant, Kevin Durant, and one of his favorites Kyrie Irving to name a few.

In 2001, a fellow Jefferson Demo introduced Erin to his wife, Miko. They were married on Aug. 18, 2007, in the couple's beautiful backyard and recently celebrated their 11th anniversary.

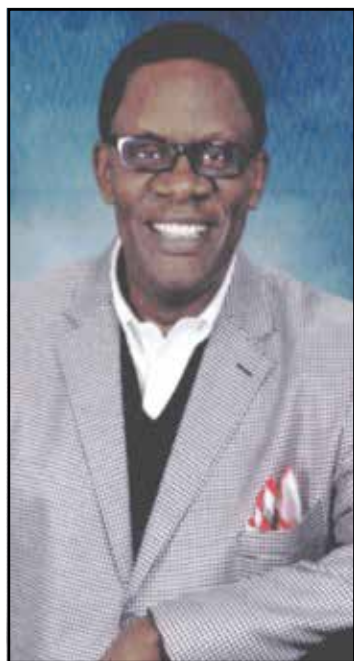
Erin loved to cook, and took much pride in his grilling. Erin loved to make people laugh, whether it was telling a joke, a story, or videotaping a prank. In his free time, you could find Erin in his favorite chair watching sports, amateur to professional, tennis to football. But his first love was basketball.

For anyone who knew and loved Erin, they know he was always happy, loved a good laugh and would do anything to get someone to smile. And if you've ever met Erin, you know that he's "from the streets."

If given the choice between a long and ordinary life and a short but extraordinary life, there is no doubt that Erin would've chosen the latter. And an extraordinary life is what he lived.

Preceding Erin in death are his father, Julius "JC" Cowan; brother, Julian Cowan; grandparents, Ella Mae Sherrod; Nathaniel and Sallie Mae Carter, and Terry Overton; and Nemo, his beloved bull mastiff.

Erin leaves behind many loved ones to cherish his memory: his wife, Kimiko Cowan; daughters, Brandi, Eryn, Jade, Mia and Seiji; his grandson, Landen; mother, Shirley Cowan; brother Marc Cowan; sister Terri-Lynn Cowan; Ghost (English bulldog) and a host of aunts, uncles, cousins, extended family members and friends.



Dr. Billy R. Flowers

Q: What age groups can a chiropractor help most?

A: This is like asking which age groups benefit most from good health. And yet, each age group has specific problems for which your chiropractor has specific answers.

Infant and Young Children

Other mothers are often amazed to see a mother carrying her infant out of the adjusting room. And yet,

THE SPINAL COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 35. Different Benefits by Age Group

since the delivery process itself causes a high percentage of subluxations, infants to need chiropractic care.

Obviously, children and infants are treated differently than adults. There are new, highly sophisticated methods of adjusting children and infants to insure the best possible results with the least possible discomfort. Though young children can't tell you they're in pain, their irritability is often a sign of the need to be checked.

Young Adults and Teenagers

More and more young adults and teenagers are getting involved in active sports. As a result, more and more of them are getting injured, requiring prompt chiropractic care.

Obviously half of the girls in our society develop scoliosis (curva-

ture of the spine) during puberty. Left untreated, scoliosis keeps getting worse over time. However, it can almost always be corrected when chiropractic care is initiated in time.

Needless to say, every teenage girl should be checked regularly for scoliosis and all teenagers and young adults should see their chiropractor regularly to make sure their newly active sports lives aren't creating spinal problems they'll have to live with the rest of their lives.

Adults

The world today is experiencing a terrible level of stress. Long work weeks, seemingly impossible deadlines and economic woes create incredible pressures. In addition, most adults breathe in polluted air,

drink chemically treated water and consume an average of nine pounds of food additives and chemical preservatives in a year, putting even more stress on their bodies. One sure way to keep the stress level from causing potentially dangerous subluxations is with regular chiropractic checkups.

Senior Citizens

Retirement age for many people has become just plain tiresome. Aches and pins, often the result of untreated subluxations, abound. Yet it hardly seems fair that having to suffer with pain or being drugged into numbness are fair rewards for all the years of hard work.

Depending on the degree of subluxations degeneration, your chiropractor can often provide help.

For senior citizens who've been fortunate enough to suffer minimal trauma in their lives, virtually complete spinal recovery should be almost as easy as it would be for younger people.

For those who have suffered needlessly for years, your chiropractor can often slow or stop the degeneration, making life more comfortable. It is certainly worth the effort so that our senior citizens get the dignity of health care they deserve.

Something for Everyone

As you can see, there are practically as many reasons to have regular chiropractic checkups as there are people. Make an appointment for yourself and your loved ones soon.

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PHOTO BY JENNY GRAHAM, OREGON SHAKESPEARE FESTIVAL.

Mother Cai (Natsuko Ohama, left) and Tianyun (Amy Kim Waschke) share some harsh truths about their pasts in the Oregon Shakespeare Festival's current production of *'Snow in Midsummer,'* a classic Chinese drama about a young woman who is wrongly executed for a crime she didn't commit.

Absorbed by the Experience

CONTINUED FROM PAGE 8

more of a rumination on the mystery and power of theater—its fleeting particularity, its beauty as a container for collaboration and deep friendship, and the healing power of the embodied spoken word. This production benefits from brilliant direction by Christopher Liam Moore, an evocative set designed by Christopher Acebo, and the opportunity to see some of OSF's most talented veterans savoring the opportunity to collaborate in portraying a group of theater veterans collaborating. And the moving finale is worth the price of admission. Runs until Oct. 13]

Both of the late-opening indoor productions of newer work resonate with the environmental and political turmoil outside. *"Snow in Midsummer"* unpacks a classical Chinese drama about a young woman, Dou Yi, who is wrongly executed for a crime she didn't commit. As the play unfolds, this formerly gentle and warm young woman becomes an avenging spirit, wreak-



PHOTO BY JENNY GRAHAM, OREGON SHAKESPEARE FESTIVAL.

Martha (Christiana Clark) and Orson (Rodney Gardiner), a formerly enslaved couple, face perils of natural and human origin in *'The Way the Mountain Moved,'* one of the featured attractions at the Oregon Shakespeare Festival in Ashland. Now playing through Oct. 27.

ing havoc on humans as she seeks justice for the many wrongs that have robbed her of life and agency. The story unfolds the mystery of how bad human choices contributed to Dou Yi's fate--members of a privileged family who have pillaged the community to purchase their own comforts, a business woman who has fought past her own tragedy to achieve success but whose young daughter channels Dou Yi's rage, and community members whose fate is affected by the bad choices of those with more agency. This ancient story reveals the connections that bind each character's fate to that of every other character, and demonstrates how humans hurt themselves by hurting others. The play is packed with strong performances, most notably by the amazing Jessica Ko, who embodies Dou Yi with complexity, sorrow, vulnerability and power. [Runs until Oct. 28]

"The Way the Mountain Moved" awakens curiosity about stories we never thought to ponder, and exposes the dearth of factual support for the typical American Western. Idris Goodwin's play is set in the 1850s as a survey expedition sets out to chart a path for the transcontinental railroad. The expedition is conceived as a military operation, and the white colonizers navigate the hostile mountain terrain with help from a Native guide who leaves the expedition as he senses what it will mean; a besieged Mexican sharpshooter who finds himself an alien in his own territory; and a silent Asian illustrator who documents the journey in pictures. Traversing the same terrain are Martha and Orson, a formerly enslaved African American couple (played with particular brilliance by Rodney Gardiner and Christiana Clark), who have embraced the Mormon faith and whose lives have required faith of a different kind; a resolute white woman (Sara Bruner, very fine) and her teenage daughter, who strive for survival after their family is decimated by tragedy; and two Paiute women staying out of sight of the colonizers. As the paths of these travelers interlock over the mountains, they all feel the mountain move and groan as if to rebel against what is coming, and we sense the danger of what lies ahead for both land and humans. This world premiere production (commissioned as part of OSF's American History Cycle) feels a bit confining in the Thomas Theater, OSF's smallest venue -- and indeed, Goodwin's play itself feels a bit confined; it can only touch the edges of so many stories. Yet the play helps us struggle with our lack of curiosity over the last 150 years about all of those who truly "built" the American West: How did African American and Asian people come to be in the frontier, and how did they experience the challenges and dangers they met there? What hope did any woman have without a man's protection, and what hope did she have with that protection? How did Mexicans experience occupation of their territory by the U.S.? What did it feel like to American Indians to be both relied upon and denigrated in harsh land on which they had survived for centuries? This play leaves us to begin to struggle with these questions and to long for further stories. [Runs until Oct. 27]

Darleen Ortega is a judge on the Oregon Court of Appeals and the first woman of color to serve in that capacity. Her movie review column *Opinionated Judge* appears regularly in *The Portland Observer*. Find her movie blog at opinionatedjudge.blogspot.com.

Safe homes! Healthy homes!

A series of free community events including food, music, raffles and prizes.

Friday, September 14

2 to 6 p.m.

**North By Northeast Community Health Center
714 NE Alberta St., Portland**

- Sharps and needle collection
- Blood pressure checks
- Healthy cooking demonstrations
- Green cleaning options
- Garbage and recycling tips
- Medication collection

Upcoming events

2 to 5 p.m.
November 9, 2018
January 11, 2019
March 8, 2019
May 10, 2019

Hosted by North by Northeast and Metro.

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