



PHOTOS BY DANNY PETERSON/THE PORTLAND OBSERVER Multnomah County Commissioner Loretta Smith (left) and activist and former State Rep. Jo Ann Hardesty (right) compete for election to the Portland City Council. Voters in Oregon have until 8 p.m. on Election Day, Tuesday, Nov. 6. to vote by depositing ballots at an official county election office or drop box. Postmarks do not count.

Momentum to Vote Smith, Hardesty contest propels local ballot

BY DANNY PETERSON **THE PORTLAND OBSERVER**

Just a week out from the Tuesday, Nov. 6 General Election and Oregon is poised to see a larger than normal turnout, boosted in part by a bigger interest in the Midterm elections nationally but also in a local race for a coveted Portland City Council seat that will make history by ushering in Portland's first black female councilwomanthe contest between former NAACP President and State Rep. Jo Ann Hardesty and current Multnomah County Commissioner Loretta Smith.

It's estimated that from 45 to 50 percent of eligible voters nationally will cast a balgoing back 50 years, according to Michael election. McDonald, a University of Florida professor who studies and maintains a turnout database, electproject.org. A turnout that high would be leaps and bounds larger than just the last midterm election, in 2014, when a record low 36 percent of voters cast a ballot, the lowest since World War II.

Some voters in the community shared their thoughts with the Portland Observer about why more people may be voting this vear.

"I mean obviously Trump has a huge impact on that. It's kind of like revenge,

lot by Election Day, a turnout that would I think," said Gus Brunder from northeast exceed any non-presidential election year Portland, who added that he votes in every

> Miles Craig, a Jo Ann Hardesty supporter from northeast Portland, echoed Brunder's sentiment, saying opposition to Trump's presidency is influencing more voters to cast their ballot.

> "I think because of what's happening in the nation, it seems bigger than usual," he said.

> According to McDonald, in a report on Oregon Public Broadcasting, early voting across the country has already reached record highs in comparison with other Midterms. There's also a record number of can-

didates, including more women, who filed to run this year.

The voting trends are a reversal of what happened In Oregon in the May Primary when the turnout, at 34 percent, hit a low not seen in several decades. What's more, turnout for the General Election traditionally nets a much higher swatch of voters than do the primaries.

The expected increase in voting could make the race for the City Council seat being vacated by retiring councilman Dan Saltzman a tighter one than the May Primary when six candidates ran and Hardes-

CONTINUED ON PAGE 6

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The Week in Review **Pipe Bomb Mailer Arraigned**

On Monday, a man accused of mailing at least 14 pipe bombs in the last week to Democratic Party leaders and dissenters of President Trump was arraigned in a Miami courtroom even as another explosive package was intercepted. Cesar Sayoc, 56, was arrested Friday in Florida after the bombs were sent to President Barack Obama, former Secretary of State Hillary Clinton, former US Attorney General Eric Holder, Congresswoman Maxine Waters and others.



Mass Slaying at Synagogue A white gunman killed 11worshipers at a Pittsburgh synagogue Saturday morning that marked the deadliest attack on Jews in United States history. The semi-assault rifle attack at

Tree of Life Synagogue was

accompanied by suspect Robert Bowers making anti-Semitic comments, police said. Jewish organizations said it underscored the dangers of unchecked hatred during a time marked by an uptick of such crimes.

Racially Motivated Killings

The killings of two black people at a Kroger grocery store in Louisville, Kentucky, last Wednesday were racially motivated, the city's police chief has acknowledged. Police said the white suspect, Gregory Bush, first tried to break into a predominantly African-American church shortly before going on the shooting rampage.

Allen Sister to Oversee Estate

The sister of Paul Allen, Jody Allen, has been named to look after the late Portland Trail Blazer owner's estate and carry out his will. The billionaire and Microsoft co-founder died from complications of non-Hodgkin's lymphoma on Oct. 15 in Seattle at the age of 65. He was unmarried and without children.

Tornado Near Marine Drive

A tornado landed near Marine Drive in north Portland Sunday afternoon, the Weather Service said. It was the lowest intensity category, EF-0, with estimated wind speeds between 65 and 85



miles per hour. No injuries were reported, but the wind did overturn three unoccupied trailers, damaged a roof, and snapped some birch trees.

Ruling Against Executive Order

A federal judge ruled in favor of Portland and Seattle last week in a case against President Trump's executive order barring sanctuary cities from receiving federal funds. The ruling followed an opinion from the Ninth U.S. Circuit Court of Appeals in August that deemed a section of Trump's executive order unconstitutional.

Lawsuit Accuses TriMet Driver

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A black man filed a federal lawsuit Thursday alleging a TriMet bus driver undermined his Constitutional rights by refusing to let him board because of his ethnicity. Willie Taylor, 54, is asking for a federal jury trial to ascertain whether his rights to equal protection under 14th Amendment were violated.

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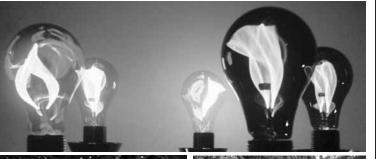








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ENTERTAINMENT



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ASSIFIEDS

pages 14





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Gov. Kate Brown recites a prayer for peace at Congregation Beth Israel in northwest Portland on Sunday during a vigil that drew support from a diverse group of local faith-based leaders, elected officials, and people of all backgrounds to memorialize the victims of a mass shooting just one day earlier at a Jewish synagogue in Pittsburgh, Penn.

Pleas for Peace

Portland vigil follows attack on Jewish temple

Several interfaith leaders, elected officials and people of all backgrounds gathered in Portland Sunday to support the victims of a mass shooting and call for peace, one day after a white gunman apparently bent on racist and extremist postings against immigrants walked into a Jewish synagogue in Pittsburgh, Penn. and killed 11 people.

Congregation Beth Israel, at 1972 N.W. Flanders St., hosted the afternoon ceremony. Speeches, quotes from the Hebrew Bible, and singing, including a rendition of the civil rights anthem "We Shall Overcome," filled the Portland temple as dozens locked hands in solidarity.

Gov. Kate Brown, Sen. Ron Wyden, and Portland Mayor Ted Wheeler were also in attendance. Thousands flooded Pittsburgh streets for memorials that same evening.

Authorities said the man charged in the shooting, identified as Robert Bowers, 46, regularly posted memes and conspiracy theories attacking immigrants and their supporters on a social network called Gab which is often associated with conspiracy theorists and extremists - including an ominous warning posted just hours before the attack.

Bowers was arraigned Monday on 29 federal counts, including hate crimes and weapons offensives.

The synagogue attack is considered the deadliest attack on the Jewish community in U.S. history, and a massacre that highlights the rise of hate crimes across the country.

Forums on PSU Campus Security Begin

Portland State University will hold public forums reached to pick it up. over the next three days regarding campus safety policies and the future of armed police officers patrolling its downtown campus and adjacent neighborhood.

The meetings will be conducted by an independent security consulting firm and follow PSU's first officer-involved shooting of last June when Jason Washington, a black father, grandfather and Navy Veteran was killed by campus security while trying to break up a fight outside the Cheeerful Tortoise, a bar near campus. It happened after a gun he was legally able to carry dropped to the ground and he

A grand jury ruled that the two officers involved, James Dewey and Shawn McKenzie, were justified in the shooting. Seventeen shots were fired, according to a medical examiner's report, nine of which struck Washington.

The school's board of trustees announced at a meeting earlier this month that it would begin its own public investigations into the circumstances of the shooting which will include public forums, an examination of PSU's policing policies, and could result in a decision to disarm campus police entirely.



ry Ephrem and his wife, Helen which can be submitted anony-

(4357).

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D. L. Hughley

3pm - 7pm





Ayn Reyes Frazee is in her fifth year as the librarian at Beach Elementary School in north Portland.

Librarian Builds on Equity

Wins fellowship for commitment to diversity

As Beach Elementary School's librarian, Ayn Reyes were enough books featuring Frazee is committed to reflect- black children that were about ing the north Portland school's slavery, and books featuring unique diversity in its book Hispanic children that were collection, and her dedication about migration or being unand diligence have earned her documented. a prized fellowship.

Service to Children, a world- for whom that can feel realwide professional organiza- ly crummy if that's the only tion, has awarded Reyes Fra- representation of your culture zee an equity fellowship, one that you're seeing in literaof six it awarded this year. She ture," she said. "I'm looking impressed the selection com- for books that feature kids of mittee with her dedication to color and it's about computequity, diversity and inclusion. er coding, or it's about mak-

Reyes Frazee started at the or it's about something that school when it had not had a isn't that stereotypical black certified librarian for sever- or brown experience that we al years. She curated Beach's see represented so much in book collection into one that media. would benefit a school like Beach with its 37 percent His- just to have literature like that panic student body; 11 percent available, and it hasn't been in black and African American the past," she said.

enrollment; 16 percent English language learners; Spanish dual language immersion program and 11 different language spoken by families.

As she built Beach's collection, Reyes Frazee made a priority of adding books that reflect "casual diversity." There

"We've got black and brown The Association for Library children that go to our school In her fifth year at Beach, ing crafts with your friends,

"That is really important,



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The Portland Observer

Momentum to Vote

CONTINUED FROM FRONT

ty finished first with 46 percent of the vote, and Smith a distant second at 21 percent of the total.

The battle between Smith's campaign and Hardesty's has been brutal for its attacks.

Smith has accused Hardesty of financial management of the volunteer-run NAACP, for victimizing her at a campaign event by dancing with a supporter she accused of sexually suggestive misconduct a few years back, and for accepting large campaign contributions from groups and orga-



nizations, despite Hardesty's support for campaign limits and portraying herself as a small donor candidate.

Smith, meanwhile, must attain voter trust in spite of accusations of bullying by co-workers and complaints of inappropriate spending while serving as a county commissioner. Smith has denied the allegations and called the investigations biased against her.

Also contrasting are each candidate's campaign donations: Smith raised \$210,000 more than Hardesty, but Hardesty boasts a higher number of small donors.

The candidates have similar viewpoints on how they would help run the city, such as advocating for transparency and inclusiveness on city policies, advocating for better tenant protections and more affordable housing, and de-criminalizing houselessness.

But they differ greatly in their respective approaches to issues like opening the unused, and now privately-owned, Wapato jail to be used as a shelter for the houseless. Hardesty once called the idea "idiotic" (she later apologized for that).

Hardesty, a Navy veteran, supports self-managed villages for the houseless, like Dignity Village and Right 2 Dream Too. She's also mentioned advocating for allowing the city to hire houseless people at minimum wage to help clean up the streets and bestowing mental health emergency services to Portland Fire and Rescue personnel, instead of police officers.

Hardesty has called for more police accountability in general, more training, and less homeless sweeps, while Smith said she'd like to see implicit bias training done for police. Unlike Hardesty, Smith said she would support an increased officer presence on school campuses to ensure students are safe from gun violence.

The Portland Observer emailed both candidates questions to get some of their final comments on the campaign. Below are highlights from their responses.

Portland Observer: How do you feel about your campaign now that the election is just around the corner, as opposed to when it first started?

Hardesty: I am humbled by my campaign team, by my supporters and volunteers, and most importantly, by voters... Early on, political pundits told us that we were behind in the polls, that our message would not resonate unless it were on TV, and more... I am excited for the momentum that my campaign has harnessed and I cannot wait to take that all of that energy to City Hall in January.

Smith: I am even more energized and deeply touched by all the support from so many people across this community. Portlanders love this city, but they also see that it's changing, concerned that many are being priced out and left behind. This election is about what kind of Portland we want.

PO: Is there anything you would have done differently in the campaign?

Hardesty: I have gotten to learn much more about policies, ideas and beliefs from having eyeball to eyeball conversations with people who are all eager to help. I don't think there's anything I would change.

Smith: My campaign has grown stronger every day. I see Portland through five generations of families living here, and as a life-long public servant, I will continue to advocate to keep Portland a great place to live and be a city that works for everyone.

PO: What final reflection or message do vou want voters to hear?

Hardesty: It's inexcusable that in a city with so much wealth, we have so many people living under every bridge and every underpass... The good news is that most people I've met know we have a problem with housing and they want to help... I ask for your vote so that we can work to solve Portland's biggest challenges together and create a Portland that works for us all.

Smith: I'm effective and have a successful track record of bringing people together to improve our community. I have a plan to address our homeless crisis, build more affordable housing, create more jobs and extend economic opportunity to all Portlanders... I also want to thank the community for their support and I hope I earn your vote.

The cutoff for submitting ballots is Tuesday, Nov. 6 at 8 p.m. In Oregon, they must be received at a county elections office or official ballot drop off box by the 8 p.m. deadline. Postmarks do not count.



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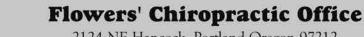
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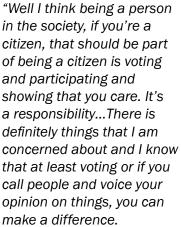
Dr. Billy R. Flowers



"Well I decided not to because of the turn of events that happened with Trump coming into office and then Kavanaugh. Essentially, it's just shown us that we really don't have the power that we were told that we did have." --Chloe, northeast Portland



Space Oddities at OMSI



--Brittany Abelein, southeast Portland



issues...constitutional amendments and bond issues for Portland. It's a big deal and not to mention it's a governor's race and, you know, there's lots of important city candidates. It's just big all around." --Miles Craig, northeast Portland

"There's a lot of important

"Well I vote every year.... So that you can participate in the process. So that you can make a difference and influence decisions that are made about your well being." --Raymond Quinton, northeast Portland





"What motivates me to vote is to make a difference and letting a voice out." --Elizabeth Keener, north Portland



A new star can be seen forming (top) and infrared allows you to see through dust and see a whirlpool forming a new star (bottom).

From afar, shimmering stars set in the night sky seem peaceful and tranquil. However, telescopic images can paint a different picture, showing us star "oddities." For instance, older stars can become unstable and even explode. Many stars have doubles; there's at least one instance of a person describing a "star within a star."

Some stars are outright dangerous, too. In 2004, a star exploding over 50,000 light-years away affected Earth's atmosphere and another potentially hazardous star could send a burst of gamma rays directly towards us.

Planetarium Director Pat Hanrahan will present "Space Oddities: Stars That Are Stranger Than Fiction" on Tuesday, Nov. 6, and Friday, Nov. 9, with shows at 6 and 7:15 p.m. on both days. Hanrahan will also identify stars in the current night sky and show observers where to find some of these curious stars and other attractions.

Visitors are encouraged to ask questions during each 45-minute live program. Children are welcome to attend.



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Don't Need a Prince Charming

Oregon Children's Theatre presents "Ella Enchanted," a story of a young girl who overcomes outrageous obstacles and proves that she doesn't need a prince charming to save her – she has the power to save herself!

The fairy tale musical for children of all ages is about self-empowerment, perseverance and an eagerness to learn, based on the best selling novel of the same name.

Ellaa of Frell is anything but ordinary. At birth, she was enchanted by a foolish fairy's spell and must obey any command she is given, no matter how absurd. At age 15, Ella sets out on a quest to break the curse forever!

Now playing on Saturdays at 2 p.m. and 5 p.m. and Sundays at 11 a.m. and 2 p.m. through Nov. 18 at Newmark Theater, 1111 S.W. Broadway. For more information, visit octc.org.

A young girl overcomes outrageous obstacles and proves that she doesn't need a prince charming to save her - she has the power to save herself. The Oregon Children Theater's production of "Ella Enchanted" is based on the bestselling novel.



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BY THE LIGHT LADY AT SUNLAN

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December is full of holidays that use candles to honor the beliefs of many religions. Using ficker flame bulbs is an easy way to have the look of a candle and be safe. One way to use them is with a timer to turn the light off and on at a given time each day.

I use flicker flame lights in my home in many ways. In my kitch-

en windows I have them in several pretty candle stick holders that we bulbs in the bathroom. Two of them with salt rocks, flicker flame bulbs and a dragon lady my son gave me.

We now have flicker flame bulbs in LED. Both types come in standard -e26 and candelabra-e12 light bulb bases. We have an LED bulb that has the G4 bi-pin base to replace JC20 watt 12volt halogen bulb.

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Fantasy, fairy tales and folklore are woven into the fantastical adventure in¡Alebrijes A Dia de Muertos espactaculó! a Day of the Dead celebration play that is opening a new season at Milagro, Portland's premier Latino theater in southeast Portland.



Fantasy, fairy tales and folklore are woven into a fantastical adventure in¡Alebrijes A Dia de Muertos tale, a new season opening play and one that celebrates the Mexican holiday Day of the Dead now showing at Milagro, Portland's premier Lati-

no theater at 525 S.E. Stark St.

The story takes inspiration from an imaginary creature unique to Mexican art, a dream come to life,

born out of one man's dying vision. When a young bride and groom-

to-be discover the largest Día de

Muertos altar they've ever seen, they suddenly notice something's run amuck, literally. A little creature, known as an alebrije, sweeps into the room and takes the bride's imagination, forcing past and present to meld together in this playful

Milagro celebrates with magical adventure

PHOTO BY RUSSELL J YOUNG

homage to Pedro Linares, the creator of the alebrije.

Shows continue through Nov. 11, Thursday through Saturday at 7:30 p.m. and Sundays at 2 p.m. For tickets and more information visit milagro.org or call 503-236-7253.



In Memory

Theodore Graham Jr. Sept. 18, 1947 – Oct. 24, 2018 Friends and family come and join us celebrate the life of Theodore "Ted" Graham Jr., Tuesday, Nov. 6 at 10:30 a.m. at the Little Chapel of the Chimes in Sunnyside, 11667









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Vying for Miss Glamouresse



Kevin Cook, aka Poison Waters, stars as Miss Texas in a silly spoof that has men dressed in drag vying for the title of Miss Glamouresse 2018. It's all part of the fun when Portland's Triangle Productions presents the musical comedy "Pageant" for a series of Sunday only shows in November at the Darcelle XV Showplace, downtown. For tickets and more information, visit trianglepro.org.



ENTERTAINMENT

Immigrant Stories to Inspire

ti-immigrant sentiment running focusing on real, true life stories India (Sankar Raman), Mexico rampant in our community and around the world has convinced Portland Story Theater that now is the perfect time to celebrate and support immigrants and refugees by hearing their stories.

from immigrants and refugees (Ivan Hernandez Hernandez), who enrich our community by Iraq (Israa Hasani) and Yemen helping us realize the humanity (Wafa Almaktari). we share.

The increasingly acerbic, an- tending an Urban Tellers program Nigeria (Onyeka Azike-Jones),

The show is on Saturday, Nov. The fourth edition of this 2 at 8 p.m. at The Old Church, special program will feature 1422 S.W. 11th Ave. Doors open You're invited to connect to the storytellers from Venezuela at 7 p.m. Admission \$15 in adheart and soul of Portland by at- (Victor Bencomo Acevedo), vance and \$20 the day of show.

Northwest Filmmakers Festival -- Dedicated to showing new works by regional artists, the Northwest



Film Center's annual Northwest Filmmakers Festival, kicks off Wednesday, Oct. 31 and runs through Monday, Nov. 5. All screenings take place at the Portland Art Museum's Whitsell Auditorium. For a complete lineup, visit

The Discovery of King Tut -- A compelling reproduction of the burial treasure from King Tut's tomb, discovered 95 years ago in the Egyptian Valley of the Kings, is presented in the traveling exhibit 'The Discovery of King Tut,' now showing through Jan. 27 at OMSI. For tickets and more information, visit omsi.edu or call the box office at 503-797-4000.

nwfilm.org.

New Chinatown Museum -- "Made in Chinatown, USA: Portland," a photo exhibit capturing the cultural pride of Portland's Asian community marks the opening of a new Portland Chinatown Museum at 127 N.W. Third Ave. Admissions is a suggested \$5 and free on First Thursdays from 5 p.m. to 8 p.m.



Motown's 'Dreamgirls' -- Portland's Stumptown Stages has opened its 14th season with the sensational musical 'Dreamgirls,' following a Motown's group's rise from obscurity to superstardom. Shows at the Winningstad Theater, 1111 S.W. Broadway, Thursday, Nov. 1 through Sunday, Nov. 4; and at the Columbia Theater in Longview on Saturday and Sunday, Nov. 9 and Nov. 10. Visit stumptownstages. org.

Gorge Shuttle Returns -- The Columbia Gorge Express bus service by the Oregon Department of Transportation has made its return, now going as far east as Hood River and offering serve seven days

and Hood River. Norman Sylvester -- 'Boogie Cat' Norman Sylvester plays Saturday, Nov. 3 at 4 p.m. at Trail's End Saloon in Oregon City for the Toy Run benefit, and at 8 p.m. at Catfish Lou's, downtown; Friday Nov. 9 at the Rogue Pub in North Plains; Saturday, Nov. 10



Life under Nazi Rule -- The Portland Art Museum and Oregon Jewish Museum and Center for Holocaust Education jointly present two exhibitions this fall and winter featuring photographs by the late Polish-Jewish photojournalist Henry Ross offering an extraordinary rare glimpse of life under Nazi rule. Both facilities are offering offer a full slate of exhibit-related programming.

Zoo for All -- The Oregon Zoo has launched "Zoo for All," a new discount program that provides \$5 admission for low income individuals and families. Visitors may purchase up to six of the \$5 tickets by brining a photo ID and documentation showing they participate in low income service, like the Oregon Trial Card, Medicaid, Section 8, Temporary Assistance for Needy Families, and Head Start.

Discount Tickets -- Low income families and individuals can purchase \$5 tickets to classical musical performances in Portland as part of a unique program called Music for All. Participating organizations include the Oregon Symphony, Portland Opera, Oregon Ballet Theater, Chamber Music Northwest, Portland Youth Philharmonic, Portland Baroque Orchestra, Friends of Chamber Music, Portland Chamber Orchestra, Portland Piano International, Portland Symphonic Choir, Cappella Romana and Portland Vocal Consort.

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Opinion articles do not necessarily represent the views of the Portland Observer. We welcome reader essays, photos and story ideas. Submit to news@portlandobserver.com. A Reason to Vote Yes on Clean Energy Measure: Help reduce shocking health disparities

BY PATRICIA

KULLBERG, MD, MPH If anyone is still looking for a reason to vote yes on the Portland Clean Energy Initiative (Measure 26-201), here's a

big one: to help reduce shocking health disparities between those Portlanders who live in privilege and those who do not. The disenfranchised and under-resourced communities of Portland suffer an undue burden of premature disability, disease and death, which stems directly from the conditions in which they live, work and play.

Low income persons suffer twice as much asthma, three times as many heart attacks and more than three times as many strokes than the economically advantaged. Among communities of color, especially African-Americans, birth weights are lower, infant mortality is higher and more people suffer from HIV, cancer, diabetes and heart disease. These differences in morbidity and mortality have is to smoke? been amply documented in studies by the Coalition of Communities of Color, Multnomah County Health Department and the Oregon Health Authority.

To be clear, health outcome dis-

context of social, eco- is more common. nomic and psychological

neighborhood? What if the nearby stress from the daily effects of sourced communities more suspark is not safe to play in? What if racism: the repeated experience ceptible to the ill effects of global you've been bombarded with ads of being dismissed, disrespected, climate change. The Oregon Cli-

are always made in the know each other. Social isolation disparities in health outcomes.

since childhood about how sexy it diminished and denied. A weath- mate and Health Profile Report

It is precisely this sickening People of color suffer the addi- combination of lousy living confactors. What if, for ex- tional burdens of racism. "Weath- ditions and the underlying burample, no one markets ering" refers to a process of pre- den of disease that renders the fresh produce in your mature aging due to the constant residents of Portland's under-re-

People of color suffer the additional burdens of racism. "Weathering" refers to a process of premature aging due to the constant stress from the daily effects of racism: the repeated experience of being dismissed, disrespected, diminished and denied.

Neighborhoods where low income persons, immigrants and of their dignity and independence, ration Strategy (City of Portland people of color tend to live in or deprived of food and shelter. Portland are often unhealthy. The air quality is worse. The tree canopy is sparser. The housing stock of health outcomes; that living and climate change events: persons parities have nothing to do with is uninsulated and burdened with working conditions have a bigger living in substandard housing, genetics or demographics, or even vermin and toxins. Access to impact on health and longevity non-English speaking persons, so-called lifestyle choices. Moun- healthy food, public transportation than either clinical care or indi- houseless persons, people with tains of literature contradict the or health services may be poor. vidual behavior. Wiping out the pre-existing health and mental the Portland Clean Energy Initiaidea that people simply choose to Jobs are more scarce. Schools are differences in social conditions health conditions and those who tive.'

ering process may similarly affect (Oregon Health Authority, 2014)

conditions account for two thirds risk for adverse outcomes from

all who are marginalized, stripped and the Climate Change Prepaand Multnomah County, 2014) Researchers estimate that social identify the populations at highest

smoke, not exercise or under-resourced. Families move between the privileged and the live in areas with poor air quality. eat poorly. These choices in and out; neighbors may not under-privileged would erase the The ill effects of drought, flooding, extreme heat events and blankets of smoke from wildfires will fall most heavily on those least able to withstand them.

> The benefits of the Portland Clean Energy Initiative are targeted to low income communities and communities of color. They include clean energy jobs and training; home weatherization; improved access to healthy food through community gardens or food buying clubs; and other community clean energy projects. These projects will not only prepare communities to withstand the adverse effects of climate change, they will also bring immediate improvements in physical and mental health.

> The effects of building healthier neighborhoods are well documented: neighbors are more likely to know and trust each other. Crime rates are lower and civic engagement is increased. People are more likely to volunteer and more likely to vote. They live longer and healthier lives. Is this not what all of us want for our city? If you agree, join me in voting yes on the Portland Clean Energy Initiative (Measure 26-201).

> Dr. Patricia Kullberg is the former medical director of the Multnomah County Health Department and author of "Health Equity and

Trump's Gender 'Science' Mean and Wrong

A vulnerable population will suffer more

BY JILL RICHARDSON Trump is having a problem with sex, and it's not exactly what vou might think. There are no Russian tapes,

spankings with maga-

zines, or confessions of grabbing anyone this time around. sex and gender.

Sex and gender aren't the same thing, though many people mistake them for being synonymous.

I was mistaken too, until I began studying social science. I was



raised as a girl (my gender).

account of chromosomes, body

matched, the two felt synonymous.

Nothing about my chromosomes or genitalia created Specifically, it's a problem with a biological need to do the behavior associated with my gender: playing with dolls, wearing dresses, polishing my nails. But, as I was taught as a child that girls do either gender. those things, they felt right.

born with two X chromosomes is something you do, not some- ed as the gender I'm not. That's

and all of the body parts that come thing you are. We also talk about my good fortune. Trans people de- it — will serve to erase the civil with them. So I was assigned fe- something called the "gender bimale (my sex) at birth and I was nary." This is the false yet pervasive belief that there are two, and

It's a lot more complicated than that, and not just when it comes to gender. Did you know that being the non-biological com- intersex — having ambiguous sex ponents of what makes characteristics — is actually as you a man or a woman) common as having red hair?

> I've always loved being a girl. a scientist. But not everyone's sex assignments and gender assignments match. A transgender person is someone whose gender differs from the sex they were assigned at birth. A non-binary or genderqueer person may not identify as

I've never personally experi-Social scientists say that gender enced what it feels like to be treat-

scribe the experience as incredibly rights of 1.4 million transgender painful. Trans man Trystan Reese Americans. An already vulnerable described it as a matter of life or death: If he couldn't live as a man, more. he couldn't go on living.

Here's what is grounded in science: Unless this country stops discriminating against transgender people and starts protecting them, more transgender people will die.

Four in ten transgender people attempt suicide. The list of readiscrimination, and more.

Trump's move — if he makes Diego.

population will needlessly suffer

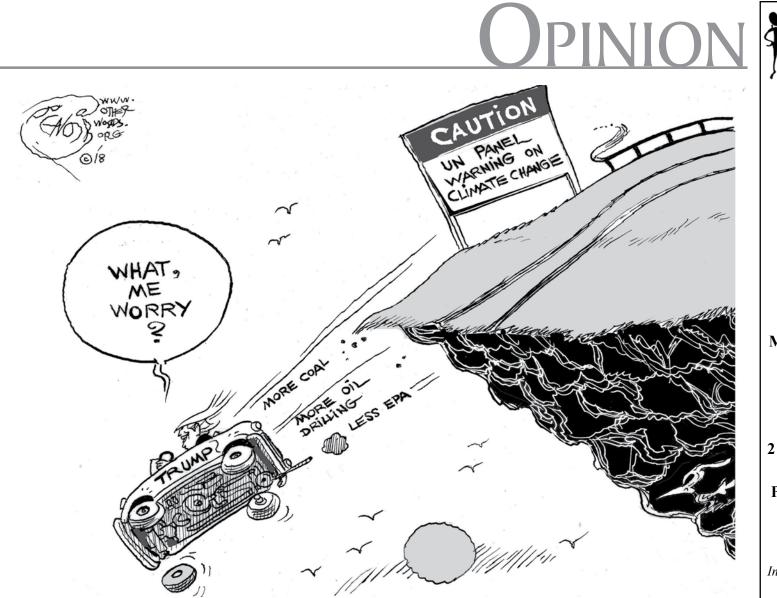
On the other hand, research Yet Trump is now looking to shows that transgender people define gender as the sex assigned who are supported in their tranas birth, supposedly because that's sition — that is, allowed to live "grounded in science." No it openly and authentically as thembloody well isn't, and I say that as selves, without harassment, violence, or bullying - have better mental health, life satisfaction, and even job satisfaction.

> That shouldn't be surprising: It's true of all people. Why would the government want to do the exact opposite?

OtherWords columnist Jill sons includes bullying, rejection Richardson is pursuing a PhD in by friends and family, violence, sociology at the University of Wisconsin-Madison. She lives in San



Since my sex (assigned on only two, sexes and genders. parts, and hormones) and my gender (all of



Building Our Green Workforce for the Future

Why I'm voting chronically underemployed.

yes and you should too

BY PATRICIA DANIELS Amidst unprecedented economic growth in Portland, demand for clean energy and green infrastructure con-

tinues to grow. Green workforce development offers a proactive shift away from the status quo, yet traditionally underrepresented workers continue to be excluded from this movement. The Portland Clean Energy Initiative brings greatly needed resources to clean energy infrastructure and will provide just pathways that allow chronically unemployed workers the entry into new livelihoods.

At Constructing Hope, we encourage self-sufficiency through skills training and education in the construction industry for low in- a few. The Portland Clean Energy afford the cost of living. This recome people, those with a history, Initiative will catalyze growth of sults in less time with family and ways out of poverty that restore and those seeking a family wage living wage jobs primarily within in community. Long commutes career. Every day, we see the stag- the green building trades, e.g. so- and unfulfilling, underappreciated gering need for green workforce lar manufacturing, installation and work leaves our laborers feeling programs in underinvested communities. Between 20 and 25 per- ing and other funded activities, resulting in low morale and incent of the \$30 million annually like sustainable urban agriculture creased health challenges. that will be generated by the Portland Clean Energy Initiative will fund green job training, apprenticeship programs and contractor support initiatives for low income

wage jobs are no longer readily

people, communities of color, mechanization of labor, manufac- sidered progress if those who have women, disabled people and the turing and other historically living suffered the injustices of our current economy do not benefit? The The term "green jobs" refers available for blue collar workers. jobs generated will provide tanbroadly to jobs that contribute to This has resulted in a deep lack gible pathways to fulfilling, susthe restoration of ecological of opportunity and choice for our tainable work opportunities across balance. This can include community members without a our city. All jobs created through a broad range of indus- formal education. Often, they re- Portland Clean Energy Initiative tries, including the build- sort to minimum wage jobs in re- will pay at least \$21.60 per hour, ing trades, transit service tail, restaurants and other service or 180 percent of minimum wage. provision, environmental industries. With little upward mo- Support for the economically restoration, urban design, bility and few to no benefits, they disadvantaged and traditionally and engineering, to name must take multiple jobs in order to underrepresented workers in the

The jobs generated will provide tangible pathways to fulfilling, sustainable work opportunities across our city. All jobs created through Portland Clean Energy Initiative will pay at least \$21.60 per hour, or 180 percent of *minimum wage.*

and green infrastructure development, will build a robust base of tiative is grounded in the concept green job options for communities of a "just transition." A transition across Portland.

With the rise of outsourcing and evitable, but can it truly be con- Pre-Apprenticeship Program.

maintenance. Green jobs train- and experiencing exploitation,

The Portland Clean Energy Ini-

skilled workforce will build pathbalance to our ecological and social fabric

Join me in building a green economy that reduces greenhouse gas emissions and provides benefits to those that need it the most. Vote yes for Portland Clean Energy Initiative this November!

Patricia Daniels is the executo a clean energy economy is in- tive director at Constructing Hope



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PORTLAND, OR

Stacy and Witbeck is requesting quotes for

the following scopes of work:

Bid Package No. 01 – Structural Steel Fabrication

Bids Due: 11/14/18 at 2PM

Bid Package No. 02 – Hydraulic Elevators

Bids Due: 11/16/18 at 2PM

For Bid Documents and details,

contact Ryan Edwards at redwards@stacywitbeck.com

Stacy and

Witbeck, Inc.

ASSIFIFF

ADVERTISEMENT FOR BID

University of Oregon – Klamath Hall Third Floor

BP #1 – Lab Equipment University of Oregon

Eugene, Oregon Proposals Due November 13, 2018 at 1:00 pm PDT

Advertisement for: University of Oregon – Klamath Hall Third Floor -Bid Package #1 - Lab Equipment

Lease Crutcher Lewis, LLC, serving as the Construction Manager/ General Contractor (CM/GC) for the University of Oregon is soliciting bids for the construction of the University of Oregon Klamath Hall Third Floor in Eugene, Oregon. Terms and conditions of the bid are outlined in Lease Crutcher Lewis, LLC (CM/GC) "Invitation to Bid", dated October 15, 2018, attached to and made a part of the Contract Documents.

Bids will be received at the offices of Lease Crutcher Lewis, LLC, (CM/GC), 125 Lawrence Street, Eugene, Oregon 97401, or by email to jillian.mcmahon@lewisbuilds.com or tanner.perrine@lewisbuilds. com until 1:00 p.m. PDT, November 13, 2018 at which time the bids will be publicly opened and read aloud. Proposals shall be clearly marked "University of Oregon - Klamath Hall Third Floor: Bid Package #__

The total building construction cost is projected to be approximately \$15 million.

The scope of work for Bid Package #1 includes Lab Equipment.

A non-mandatory pre-bid conference for all bidders will be held on October 24th at 2:30 pm at the jobsite location of 1370 Franklin Boulevard., Eugene, OR 97403.

Contract Documents and the Invitation to Bid may be reviewed at the following locations beginning October 15th: Lease Crutcher Lewis, LLC (CM/GC)/Portland, OR; Daily Journal Plan Center/Portland, OR; Eugene Builders Exchange/Eugene, OR; Oregon Contractors Plan Center/ Clackamas, OR; Oregon Assoc. of Minority Enterprises/Portland, OR; Salem Contractors Exchange/Salem, OR; S.W Washington Contractors Association/Vancouver, OR.

Contract Documents may be purchased (non-refundable) in its entirety or in part from Precision Images, (503) 274-2030.

Drawings and bidding documents are available online through the following Lewis FTP site: https://lewisbuilds.exavault.com/share/ view/192tk-2covhmxx

All proposers must comply with the following requirements: Prevailing Wage Law, ORS 279C.800-279C.870, Licensed with Construction Contractors Board ORS 671.530. Bidder shall indicate Resident Status per ORS 279A.120. If Required, Bidders must obtain business licenses to perform work in the City of Eugene prior to mobilizing on jobsite.

Bids will not be considered unless RECEIVED by 1:00 p.m. PDT on November 13, 2018, and fully completed in the manner provided by the "Instructions to Bidders".

"NOTICE OF REQUIREMENT FOR AFFIRMATIVE ACTION TO ENSURE EQUAL EMPLOYMENT OPPORTUNITY (Executive order 11246)".

Lease Crutcher Lewis, LLC (CM/GC) is committed to taking affirmative action to encourage and facilitate the participation of minority, women-owned, and emerging small business enterprises (M/W/ESBE) in State projects and encourage Subcontractors to provide similar opportunities for their subcontractors / vendors.

LEASE CRUTCHER LEWIS, LLC, (CM/GC)

Tanner Perrine

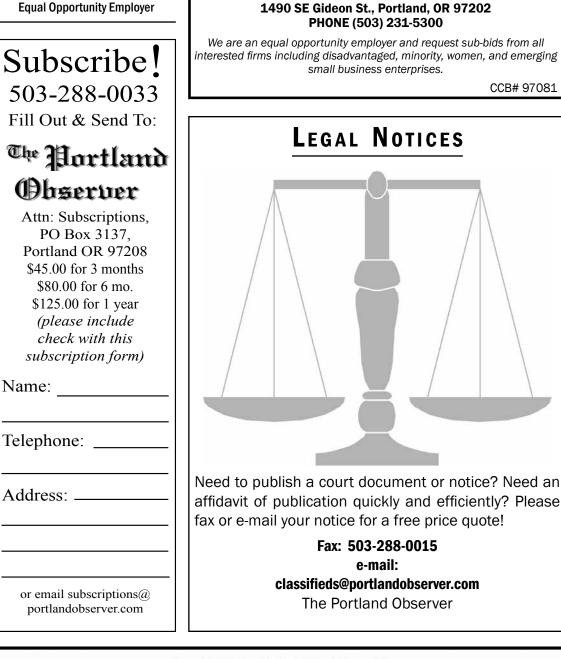


Metro

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Dbituary

Pioneering Air Force Vet Remembered

Isaac 'Ice' Payne IV grew up in Vanport

Isaac "Ike" Sanders Payne IV, born April 16, 1940, passed away Friday Oct. 19, 2018 from heart failure.

He is survived by daughters Kimberly Carter of Chula Vista, Calif. and Noralvn Clemons of Santa Clarita, Calif. He leaves six Carter, and Charles, Joseph, Laila and John Clemons; and a niece, Julianne Johnson-Weiss of Portland. He was predeceased by his parents, Martha and Isaac Payne III, a sister, Margaret Payne Isaacs and a niece, Benita Lynn Payne, all were long time residents of Portland.

Isaac was born to a farming family in Malakoff, Texas and when he was five, his family moved to Oregon for better op-Portland after the great flood. He attended grade school and high school in Portland and two a gentleman which included asyears of college at Portland State his church, BYPU and the Boy New Mexico, Washington, D.C. Scouts (achieving the highest level, Eagle Scout), and participated service as a B-52 co-pilot in the in high school track, cross-countercollegiate wrestling and rugby. ron, flying combat missions as a the B-52, B-57, O-1, F-4, F-16,



Isaac 'Ice" Payne is pictured (rom left) as a member of the U.S. Air Force and through the years.

grandchildren, Jacob and Kaylee Academy based on the nomination by U.S. Rep. Edith Green in 1959. He was one of the first of three Black Americans to graduate from the USAFA. They graduated in 1963 and played pioneering roles in the integration Pentagon, US Air Force Headof the Academy. From there he earned a Bachelor of Science degree in Engineering Science and Basic Science and later a Master of Science degree in Systems Management.

portunities, first to Vanport, then attended Pilot Training in Arizona and began an active career in the military as an office and signments in New York, Califor-University. He was active in nia, Vietnam, Ohio, Maryland. and so on. His roles included 668th Bomb Squadron, 4515th hours of flight time in more than try and wrestling, as well as in- Combat Crew Training Squad- 35 different aircraft (including

Ike entered the Air Force forward air controller assigned F-104, T-39, and T-33. His milto the 19th Tactical Air Support Squadron, aircraft commander in the 744th Bomb Squadron, test Purple Heart, 15 Air Medals, 2 pilot and flight commander in the 4950th Test Wing.

quarters as security assistance requirements officer, Special Assistant for International Programs, Deputy Chief of Staff for Research, Development, and Acquisition, Air Launched Cruise Mis-After his 1963 graduation he sile Combined Test Force chief of operations, B-52 Integrated Weapon System Test Force director, and 6510th Test Wing Deputy for Strategic Test, Director of Safety and Flight Operations. His final active duty assignment was Chief, Tactical Systems Development, National Security Agency

He accumulated over 4,600

itary decorations included the Distinguished Flying Cross, Meritorious Service Medals and 2 AF Commendation Medals. Next he was assigned to the He retired from the Air Force as a Colonel in 1987 and returned to Albuquerque, N.M. There he worked as a Senior Engineer for Advanced Sciences, Inc. until 1992. Afterward he began an active retirement period with included traveling to his favorite city, Paris (in France) as well as Puerto Rice, the Bahamas, Canada, Mexico, and many cities in the US to enjoy the dining, the sites and the jazz.

He was a member of the Air Force Academy Association of Graduates, Order of Daedalians and Kappa Alpha Psi Fraternity, Inc.

with friends. He had a passion left online at www.danielsfunerfor helping others and was active al.com.

in local charities such as Meals on Wheels and the Senior Citizens Center. He was a member of the First Unitarian Church of Albuquerque. His hobbies were listening to jazz and attending jazz festivals, researching family ancestry, traveling, reading and studying history.

He was loved and admired by his many friends, his fellow AFA graduates, military buddies and his family. He will be sorely missed by all of them.

A service will be held on Nov. 7, 2018 at 11 a.m. at the USAF Academy Cadet Protestant Chapel in Colorado Springs, Colo., with inurnment following at the USAF cemetery and then a reception will be held at the AOG building, Doolittle Hall. His family has suggested that if desired, memorial donations be made to the Meals on Wheels of Albuquerque; PO Box 92614; Albuquerque, NM 87199; 505-823-8060 www.mow-nm.org.

A memorial will also be held in Albuquerque, N.M., in early December 2018. Condolences may be sent to his family in care of his daughters; Mrs. Kimberly Carter; 769 Adobe Pl; Chula Vista, CA 91914-2408 or Mrs. Noralyn Clemons; 24413 Leonard Tree Lane, Unit 204; Santa Clarita, Ike loved life and sharing it CA 91321. Condolences may be



Together, we do good things.

This page is sponsored by the Oregon Lottery'



MONDAY 29

Stock Market Crash -

1929 (1929)

John Adams born, 1735 Emily Post (author) born, 1873

30



Halloween Juliette Gordon Low Born in 1860; started Girl Scouting in the United States



SATURDAY

SUNDAY



Food

Beef and Butternut Chili

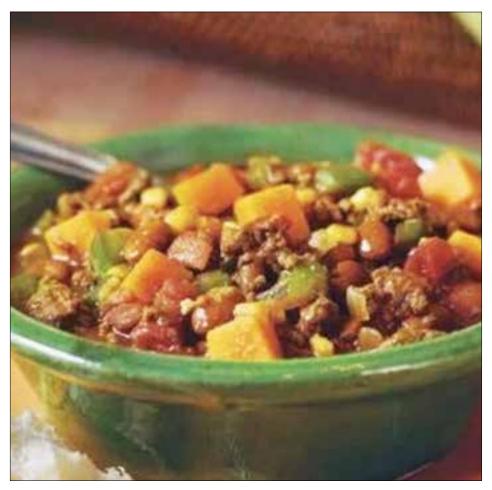
Ingredients:

- Cooking spray
- 1 tablespoon canola oil, divided
- 1 1/2 pounds boneless chuck roast, trimmed and cut into
- 1/2-inch cubes
- 3/4 teaspoon salt
- 1 1/2 cups chopped onion
- 1/2 cup chopped green bell pepper
- 2 tablespoons tomato paste
- 1 tablespoon minced fresh garlic
- 2 teaspoons diced jalapeño pepper
- 2/3 cup dry red wine
- 1 1/2 teaspoons ground ancho chile pepper
- 1 teaspoon dried oregano
- 1/2 teaspoon ground red pepper
- 1/4 teaspoon ground cumin
- 1/4 teaspoon ground coriander
- 1/8 teaspoon ground cinnamon
- 1 (28-ounce) can whole tomatoes, undrained and chopped
- 1 (15-ounce) can no-salt-added kidney beans, rinsed and drained
- 2 cups (1/2-inch) cubed peeled butternut squash
- 1 cup coarsely chopped carrot
- 6 tablespoons reduced-fat sour cream
- 2 tablespoons fresh cilantro leaves

Directions:

1. Heat a large Dutch oven over medium-high heat. Coat pan with cooking spray. Add 1 teaspoon oil; swirl. Sprinkle beef with salt. Add beef to pan; sauté 8 minutes, turning to brown on all sides. Remove beef.

2. Add 2 teaspoons oil to pan. Add onion and bell pepper; sauté 3 minutes. Add tomato paste, garlic, and jalapeño; sauté 2 minutes, stirring constantly. Add wine; bring to a boil, scraping pan. Cook 2 minutes. Return beef to pan.



3. Stir in ancho chile pepper and the next 7 ingredients (through kidney beans), and bring to a boil. Cover, reduce heat to medium, and simmer gently for 1 hour. Add butternut squash and 1 cup carrot, and simmer for 1 hour or until beef is tender. Ladle 1 1/3 cups chili into each of 6 bowls, and top each with 1 tablespoon sour cream and 1 teaspoon cilantro.



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North by Northeast Community Health Center

714 NE Alberta Street Portland

Upcoming event 2 to 5 p.m. November 9, 2018

Future events 2 to 5 p.m. January 11, 2019 March 8, 2019 May 10, 2019

Bucatini with Mushrooms

Ingredients:

- 1/2 cup dried porcini mushrooms (about 1/2 ounce)
- 2/3 cup boiling water
- 8 ounces uncooked bucatini
- 3 1/4 teaspoons salt, divided
- 1 tablespoon canola oil
- 1/4 cup finely chopped shallots
 2 (4-ounce) packages exotic mushroom blend coarsely chopped
- blend, coarsely chopped2 garlic cloves, minced
- 2 game cloves, inneced
 2 tablespoons dry sherry
- 2 ounces Parmigiano-Reggiano cheese, divided
- 1/4 cup heavy whipping cream
- 1 teaspoon finely chopped fresh sage
- 1/2 teaspoon cracked black pepper

• 1 teaspoon truffle oil Sage sprigs (optional)

Directions:

1. Rinse porcini thoroughly. Combine porcini and 2/3 cup boiling water in a bowl; cover and let stand 30 minutes. Drain in a sieve over a bowl, reserving 1/4 cup soaking liquid. Chop porcini.

2. Cook pasta with 1 tablespoon salt in boiling water 10 minutes or until al dente; drain in a colander over a bowl, reserving 1/4 cup cooking liquid.

3. Heat oil in a large skillet over medium-high heat. Add shallots, mushroom blend, and garlic; sauté 5 minutes, stirring frequently. Stir in porcini, sherry, and 1/4 teaspoon salt; cook 1 minute or until liquid evaporates.

4. Finely grate 1 ounce cheese; crumble remaining cheese. Reduce heat to medium. Stir in pasta, 1/4 cup reserved cooking liquid, 1/4 cup reserved porcini soaking liquid, 1/4 cup grated cheese, cream, chopped sage, and pepper; toss well to combine. Drizzle with oil; toss. Place about 1 1/4 cups pasta mixture on each of 4 plates; top each serving with about 1 tablespoon crumbled cheese. Garnish with sage sprigs, if desired.

