



Another Scarlett Shines

*Portland man does
well at Stanford*

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Emotions Raw

*PSU Board
considers pleas
to disarm*

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Committed to Cultural Diversity



The Benson High School girls basketball team and Coach Eric Knox celebrate the program's first state championship after dethroning two-time defending champion Southridge, 66-42, Saturday at the state 6A tournament at the University of Portland Chiles Center.

Crowned Champions

Benson girls first in state!

The Benson High School girls basketball team are state champions, a first for the school's female team after they defeated two-time defending champion Southridge, 66-42, on Saturday at the 6A tournament at the University of Portland.

The Techsters dominated Southridge throughout the contest, showing perfect team execution under coach Eric Knox. It marked a reversal from last year, when the Beaverton school defeated Benson, 46-27, in Benson's first trip to the finals in school history.

The tables seemed to turn Saturday, when Benson secured an early lead and kept it the whole game. Senior Ciera

Ellington, the Portland Interscholastic League Player of the Year, led Benson, with 20 points, eight assists, six rebounds, three steals and a blocked shot.

"This means a lot not just to Benson, not just to the PIL, but for young girls that look like us, black and brown girls in Portland, this is for them," Ellington said.

Senior Lyday added 15 points and

eight rebounds for the Techsters, and junior Aujae Yoakum had 13 points and eight rebounds. Benson finished the season with a 26-4 record, with its only in-state loss to Southridge in December.

Also at the UP Chiles Center, the Jefferson boys basketball team reached the 6A final for the second year in a row, but lost to Jesuit 71-66 to finish runner-up.



PHOTO CONTRIBUTED BY STANFORD UNIVERSITY

Cameron Scarlett (22), a star running back at Stanford University, grew up in northeast Portland attending Holy Redeemer School and playing football for Central Catholic. He just completed a breakout year at Stanford. Portland writer and native son Paul Marshall Jr. writes on his plans for the future both on and off the field.

Another Scarlett Brother Shines

Carving a path on and off the field

BY PAUL MARSHALL JR.

Whether as a running back for Stanford University or as a student preparing for his future, Cameron Scarlett has always been carving his own path.

Four years ago, Cameron was preparing to take the football field with his older brother Brennan (now with the NFL Houston Texans) for the first time ever as teammates. Fast forward to New Years Eve 2018, when Cameron found himself honored as the Most Valuable Player in a

14-13 victory against Pittsburg at the Sun Bowl in El Paso, Texas. He's set to graduate this spring.

I had a chance to catch up with the younger Scarlett to talk to him about his Stanford stint and upcoming graduation:

Last time we talked, you were heading into Stanford to play with your brother and now you're a few months away from graduating... Where did the time go?

It's been a crazy experience. One of my teammates said early on that the days go by fast.

You had some tough games this season but Stanford finished the season

strong winning the last four games. Talk about this past season a bit?

All the losses were close. We knew the end of the season was going to be harder than the start. We try to take things one game at a time and focus on the big picture. We also wanted to make sure that we send out the seniors on the right foot.

You finished this season by playing in the Sun Bowl. Talk about the Sun Bowl experience this season?

It was a good and satisfying to get the win. It's something we call tangible evidence... a gratifying and hard-fought game.

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The Week in Review

Mayor on Street Violence



Portland Mayor Ted Wheeler criticized the district attorney and his own police bureau Monday over how it has handled street violence among left- and right-wing protestors who slug each other on Portland streets and invade arrest. He called for a change to rules and laws that allow bad actors to evade arrest and prosecution.

Boeing Jet Crash; 157 Dead

An Ethiopian Airlines flight crashed shortly after takeoff from Ethiopia's capital on Sunday morning, killing all 157 on board. It was not immediately clear what caused the crash of the Boeing 737-8 Max plane, which was new and had been delivered to the airline in November.

Whoopi: I'm Okay, Not dead

Whoopi Goldberg opened up Friday about her extended absence from co-hosting "The View" in which she revealed a battle with septic pneumonia in both lungs. "I came very, very close to leaving the Earth," she said. "Good news: I didn't."



R. Kelly Pleads Innocence

R. Kelly whispered, cried and ranted while pleading with viewers to believe him Thursday in a riveting televised broadcast interview with Gayle King of CBS. The singer-songwriter denied charges of sexual misconduct, saying he never had sex with anyone under 17 and never held anyone against her will.



OMSI Pulls Jackson Video

OMSI pulled a Michael Jackson-themed laser show last week as a result of resurfaced child-molestation allegations against the late musician detailed in a recently aired HBO documentary, Leaving Neverland. A post from OMSI says the event was canceled out of our desire to be sensitive to the nature of the content presented in the documentary.

Driver Charged in Death

A 26-year-old driver was charged with manslaughter and DUII after crashing a stolen car into a pole near Southeast 124th and Division Saturday night. His 19-year-old passenger, identified as Heaven Leigh Matthews was killed.

Gun Scare Shuts Mall

Police were called to the Lloyd Center Friday afternoon because of a man wielding a gun, causing the mall to lockdown stores and offices for a short time. Soon after officers arrived, the suspect came out of the mall, followed officers' commands, and was taken into custody without incident.

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What's on your list today?



PHOTOS BY DANNY PETERSON/THE PORTLAND OBSERVER

Andre Washington, the brother of Jason Washington, the man shot and killed by two Portland State University public safety officers last June during a disturbance outside the Cheerful Tortoise bar near the campus, gives public testimony to the Portland State University Board of Trustees Thursday urging them to disarm their public safety officers.

Emotionally Raw

PSU Board faced with pleas to disarm

BY DANNY PETERSON
THE PORTLAND OBSERVER

Portland State University's Board of Trustees has a lot to digest after an emotionally raw meeting with the campus community to discuss a new report and investigation of the PSU security office and its controversial policy to arm campus police officers.

The 209 page report, done by Vermont-based consultant firm Margolis Healy, was criticized by students and faculty during an open comment session before the board on Thursday.

The investigation was spurred by the June 29 death of Jason Washington, an African American Navy veteran, postal worker, and grandfather who lost his life when a night of drinking with friends escalated to what the board of trustees called a "tragedy."

Though Washington was trying to break up a fight at the Cheerful Tortoise bar near campus, and had a permit for his friend's gun he was carrying at the time, the two armed campus officers who shot and killed him were cleared of all wrongdoing. Many members of Washington's family were present at the meeting in support of disarming the campus.

"This Margolis Healy analysis means nothing to me. There's a man who lost his life, and that's what's important," Andre Washington, Jason's older brother, told

the Portland Observer.

A PSU alumni, the Washington family member also testified to the board, and recounted a story from 2010 in which he was driving in his car with a friend—who was also African American—and was stopped by three campus officers on College Street.

"Yes, the same street Jason Washington took his last breath on, that street," his brother pointed out.

Andre Washington said he was a master's student at the university's School of Education when the officers—who did not announce themselves—asked for his license, registration and university identification. When he wanted for more information on why he was being detained, a PSU officer told him to "shut up or I'm calling Portland Police," he said.

"These practices have been going on for decades. And those same practices, and fear, lead to the murder—and I use the term murder—of Jason Washington. I believe had the officer been armed in 2010, I may not be standing here or sitting here today. I want you to disarm this police force," Washington said.

The board announced it would establish a new campus public safety review and response committee with representatives from the board, faculty, students and other community members to assess the Margolis Healy report prior to a June board meeting when it's expected they will vote on whether or not to nix the current armament policy. The

committee—which has yet to be formed—will give their recommendations to the board in May.

Another promise on process wasn't much comfort to the students in opposition, who took an opportunity during a break to hold signs of others killed by armed campus police officers across the country and chanting "Jason Washington, say their names! Disarm PSU! Disarm PSU!"

The Margolis Healy consultants found faults in the university's handling of its Campus Public Safety Office and pointed to an oversight committee that was under-resourced.

"We believe that CPSO really doesn't have a strategy for what it's doing," the firm's co-founder, Steven Healy, said. He added officers tend to do their day-to-day patrols "without the benefit of an inclusive process whereby the department is listening to the concerns of the campus community and responding to them in a coherent way."

When the board's chair, Gale Castillo, asked what the firm's top five recommendations were, they named four main areas of improvement, with many sub-recommendations under that: oversight, community engagement, physical security—like improved lighting on campus and building security—and training, which was cited as a top priority. Overall, the consultants found PSU fell short on many of the expectations the University and board set for itself

CONTINUED ON PAGE 5

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A Voice for Refugees

A Portland student with a passion for social justice and immigrant law won the statewide Poetry Out Loud competition Saturday, making her a contender for the nationwide competition.

Belise Nishimwe, a sophomore at St. Mary's Academy, was born and raised in a refugee camp in Tanzania before moving to America at the age of five. Now a U.S. citizen, she has dedicated herself to being someone who can create a platform that gives voice to immigrants and refugees and the representation they need.

"This is everyone's victory," Nishimwe said. "I wanted to do Poetry Out Loud because when I was younger I wanted that representation that I rarely ever saw. I wanted to see other immigrants like me participate in a variety of activities



PHOTO COURTESY OF OREGON ARTS COMMISSION
Teen Poet Belise Nishimwe, a sophomore at St. Mary's Academy in Portland, is the 2019 Oregon Poetry Out Loud state champion.

and succeed, so that I could know that I could achieve that too."

Poetry Out Loud is organized in Oregon by the Oregon Arts Commission in collaboration with the

NEA and the Poetry Foundation. Nishimwe will advance to the national Poetry Out Loud competition in Washington, D.C., at the end of next month.





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Portland's Cameron Scarlett who is now a running back at Stanford University in California drives into the end zone for a touchdown against Notre Dame in this Nov. 25, 2017 photo from AP.

Another Scarlett Brother Shines

CONTINUED FROM PAGE 2

Coming into the game, there was some of the talk about how players were opting to sit out including starting running back Bryce Love. How did you approach the game?

Bryce is a great running back. As for his decision, I can't really control the situation, I had to come ready to work and be ready to play.

In addition to your MVP performance (22 carries, 94 yards and 2 touchdowns), can you talk about your fumble recovery in the end zone that pushed the Cardinal on top, 14-13?

It was a bang – bang play. I knew something was up when he (Pittsburgh quarterback K.J. Costello) didn't hand the ball off. So I look back and I see the ball was coming right to me.

You've played in four different bowl games (Rose Bowl, Al-

amo and Sun Bowl twice), how has the experience been?

Bowl games are cool. They're a great finale for the season. You prepare so long for them and then it turns out to be this hard fought game.

How has your Stanford experience been so far? What are you studying and what are your future plans?

All four years went by fast.... I've enjoyed my time. I'm graduating this spring with my degree in Science, Tech and Society. I've only got four more core classes required: two this quarter and two in the spring. I get to take classes from different majors: economics, science and business. My focus is on innovation and organization. I'm a creative person... I know it sounds cliché but I think outside the box. I have an interest in tech stuff like computer science. I'm also taking an interest more into

the business world.

A few years ago, your brother was also in grad school and had a year of playing left and now he's with the Houston Texans. What kind of advice has he given you?

Enjoy this time. You won't have this time again for your life.

You're set to graduate in spring 2019. What's next for you?

I'll apply to graduate school. (Cameron has since been accepted into Stanford's master's degree program in communications). I'll still have a year left of football because I decided to redshirt my freshman year.

The author of this piece, Paul Marshall Jr. is from Portland and a graduate of the University of Oregon's Professional Master's program. His relationship with the Scarlett family dates back to the 2000s when he attended north Portland's Holy Redeemer Catholic School with both Brennan and Cameron Scarlett.

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Activists with the group "Disarm PSU" demonstrate during a break at a Portland State University Board of Trustees Meeting Thursday. They read the names of people killed on college campuses across the country, chanting "Jason Washington, say their names! Disarm PSU! Disarm PSU!"

Emotionally Raw

CONTINUED FROM PAGE 3

when it originally implemented its policy to arm officers almost four years ago, such as not maintaining a mixture of unarmed and armed officers.

Healy said the inability to respond to a potentially violent situation in a timely manner was the highest risk if the school chooses to disarm completely. They recommended reducing the amount of armed officers the school has, and making the primary respondents to crises be unarmed.

The firm also offered alternatives, such as staffing solely unarmed officers. That was a recommendation in line with the student union's counter-proposal, which also included dissolving the existence of campus officers all together.

"[We have] the need to disarm campus police because of the danger it poses to houseless people, people of color, trans people," Olivia Pace of Disarm PSU told the Portland Observer. "We are very dissatisfied with the report," she added.

The group also criticized the way Margolis Healy, which they said employs many current and former police officers, was selected.

Many faculty members said they found fault in the consultant's research. For example, more than one professor said the consultants used a confusingly worded survey question that seemed to ask whether there should be armed officers on campus—but used the phrase "trained and armed" in its

wording.

Dr. Marisa Zapata who teaches urban planning at the school, said the consultants' recommendations seemed to contradict each other, and according to criteria she uses to grade students, failed completely as a piece of social science research.

"How can you recommend an entity maintaining lethal weapons of force when they lack a coherent policing strategy?" Zapata later recommended using a mixture of the Margolis Healy report and other research done on campus to draw assessments from "and see which ones line up."

Not all who testified were in favor of disarming the campus police officers. One student testified fearing for his life when he was confronted with a knife and could not receive help. A few others argued in favor of keeping armed officers. At one point, a student's testimony brought tears to many members of Washington's family.

A new bill in the Oregon legislature, introduced by Rep. Diego Hernandez, and co-sponsored by Oregon Student Association, would effectively nullifying the university's deliberations as it would disarm both PSU and University of Oregon security officers if passed.

A separate independent investigation concerning the details of Washington's death, commissioned by PSU and conducted by a separated consultant firm--OIR Group out of California--has been delayed indefinitely, PSU President Rahmat Shoureshi announced late last month.

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Portland International Film Festival – The Northwest Film Center presents the 42nd Portland International Film Festival, Oregon's largest and most culturally diverse film event with daily and weekend screenings through March 21 at Whitsell Auditorium, Cinema 21, Regal Fox Tower, OMSI's Empirical Theater and Cinemagic. For a complete schedule, tickets and festival passes, visit nwfilm.org

Links Masquerade Ball – The Portland chapter of The Links present the Phantom Phantasy Masquerade Ball on Saturday, April 27 at the Adrianna Ballroom, 918 S.W. Yamhill, from 6 p.m.-11 p.m. All proceeds will benefit Portland Links Scholarship Fund and Programs. For tickets, visit online at wre-finc.ejoinme.org/register2019.



Celebrating Women in Film – In honor of Women's History Month, the Hollywood Theatre will spend March featuring films telling women's stories. Highlights include the rarely-shown 1982 masterpiece *Losing Ground* with the director's daughter in attendance on March 30 and a screening of the 2016 hit *Hidden Figures*. For a complete lineup, visit hollywoodtheater.org.

ENTERTAINMENT GUIDE

Race, Bias and the Brain – The Hollywood Library in northeast Portland presents Dr. Binyam Nardos of OHSU who will discuss his findings on race, emotional arousal and racial bias and how they affect our perceptions and decisions, sometimes with life-threatening implications, Wednesday, March 13 from 6:30 p.m. to 7:30 p.m.



Kells Irish Festival – You're invited to celebrate St. Patrick's Day all weekend with live music, dancing, food and family activities. The 28th annual Kells Irish Festival will take place Friday, March 15 through Sunday, March 17 at Kells' two Portland locations: The original Kells Irish Pub at 112 S.W. Second Ave. and Kells Brewery at 210 N.W. 21st Ave.

Norman Sylvester Band – "Boogie Cat" Norman Sylvester plays Saturday, March 16 at Mac's Place in Silverton; Friday, March 22 at Clyde's; Saturday, March 23 at CI Bar & Grill in Tualatin; Wednesday, March 27 at Billy Blues in Vancouver; Friday, March 29 at the Vinyl Tap; and Saturday, March 30 at the Half Penny in Salem.



Environmental Justice in Focus – Ken Ward puts himself in the direct path of the fossil fuel industry to combat climate change in the film 'The Reluctant Radical.' St. Philip the Deacon Episcopal Church, 120 N. Knott St., invites the community to a screening and discussion of the film on Wednesday, March 13 at 7 p.m. Admission is free.

Zoo for All – The Oregon Zoo has launched "Zoo for All," a discount program that provides \$5 admission for low income individuals and families. Visitors may purchase up to six of the \$5 tickets by bringing a photo ID and documentation showing they participate in low income service, like the Oregon Trial Card, Medicaid, Section 8, Temporary Assistance for Needy Families, and Head Start.

Discount Tickets – Low income families and individuals can purchase \$5 tickets to classical musical performances in Portland as part of a unique program called Music for All. Participating organizations include the Oregon Symphony, Portland Opera, Oregon Ballet Theater, Chamber Music Northwest, Portland Youth Philharmonic, Portland Baroque Orchestra, Friends of Chamber Music, Portland Chamber Orchestra, Portland Piano International, Portland Symphonic Choir, Cappella Romana and Portland Vocal Consort.



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Portland Trail Blazer Enes Kanter.

Wyden Defends Blazer Center

U. S. Sen. Ron Wyden, D-Oregon has come to the defense of Portland Trail Blazers center Enes Kanter in his continuing battle with the government of Turkey, which has taken actions against Kanter, a Turkey national, for his criticisms of Turkey's president.

"President Erdogan has responded like many thin-skinned autocrats before him, by going after Mr. Kanter and his family," Wyden wrote in a letter to Secretary of State Mike Pompeo Friday, in which he urged the U.S. to "not stay silent in the face of such a blatant assault on free thought and expressions."

Kanter has been an outspoken critic of Erdogan for years, calling him "the Hitler of our century"

when his passport was revoked by the Turkish government and he was detained in a Romanian airport in 2017.

Turkey's demand that INTERPOL issue a "red notice" to extradite him to Turkey has kept the former Knicks player in the United States when his former team traveled to London earlier this season, and last week when the Blazers went to Toronto.

Enes' father, Mehmet Kanter, was sentenced to 15 years in prison by the Turkish government in June after a failed military coup, even though he publicly disavowed his son and his beliefs. The Turkish government labeled both Enes and his father as being part of a terrorist organization.

Arts & ENTERTAINMENT

OPINIONATED JUDGE

BY
DARLEEN ORTEGA



Films to Watch or Avoid at PIFF

BY DARLEEN ORTEGA

Now that the Portland International Film Festival (PIFF) is in full swing, here is a sampler of films to watch for (or avoid, depending on your perspective).

I was worried that “Afghan Cycles” would be the sort of documentary that exploits stories of oppression to foment feelings of superiority in American audiences. I suppose that will likely still hap-

pen, but I wouldn’t blame this film, which mostly lets Afghan women speak for themselves about how competitive cycling opens their worlds and why they are willing to pay such a frequently high price to train and compete. They face violence and criticism that is honestly baffling, but emerges from this examination is a more specific and nuanced portrait of

Afghan life than we usually get in the West, including some historical context and some examples of men who support and even admire these women—and rightly so. It plays on Friday, March 15 at Fox Tower. “Winter Flies” is beguiling in its low-key way. Two teenage boys encounter each other while both are running away, apparently evoking no concern from any caring adults—and embark on a road trip across

of joining the French Foreign Legion and bedding a young hitchhiker. The film plays Sunday, March 17 at Whitsell Auditorium and Monday, March 18 at Cinemagic.

“Chained for Life,” written and directed by American Aaron Schimberg, means to probe our unspoken assumptions

about beauty and deformity with a story of the making of a film-within-the-film starring typically beautiful actors and adding (and arguably exploiting) disabled and deformed actors. It succeeds in some ways; though self-conscious and affected, revolving the story around the shoot helmed by

a Werner Herzog-like director, the film displays a good understanding of the ways that disabled folks and those who don’t fit norms of beauty are othered. By constantly shifting settings and perspectives, Schimberg means to question what we find

CONTINUED ON PAGE 14



Competitive cycling opens a world to Afghan women in “Afghan Cycles” one of the documentaries to watch at this year’s Portland International Film Festival.

pen, but I wouldn’t blame this film, which mostly lets Afghan women speak for themselves about how competitive cycling opens their worlds and why they are willing to pay such a frequently high price to train and compete. They face violence and criticism that is honestly baffling, but emerges from this examination is a more specific and nuanced portrait of

the Czech Republic in a stolen Audi. Their immaturity and determination keep them plowing forward, as hard to stop as winter flies—and occasionally as annoying, though each definitely has his endearing moments. The film made me wish for the little-boys-with-good-hearts who are still visible, but being overcome by their unrealistically “adult” visions



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Arts & ENTERTAINMENT

100 Years of Nat and Natalie

You can relive the finest musical moments from Nat King Cole and his daughter Natalie Cole when a revue of their heart-warming songs comes to the Arlene Schnitzer Concert Hall for two performances starring powerhouse vocalist Denzal Sinclaire and diva Dee Daniels and the Oregon Symphony.

The concerts, on Saturday, March 23 at 7:30 p.m. and Sunday, March 23 at 2 p.m., will include the finest in classic jazz, from "Stardust" and "Unforgettable" to "Superstition" and "Mona Lisa."

Both Nat King Cole and Natalie Cole put their individual stamp on the jazz and pop music of their day and won multiple Grammys along the way.



Natalie Cole sings 'Unforgettable' in a duet with her late father Nate King Cole by intersecting her voice with a video recording of her father singing the song. The Oregon Symphony presents a Nat and Natalie Cole revue starring powerhouse vocalist Denzal Sinclaire and diva Deen Daniels.

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Portland's Music Millennium turns 50 years old on Friday and to celebrate the music venue is throwing a 50th anniversary celebration concert at the Aladdin Theater, featuring some of the bands that have pioneered live music in their stores, including The Crazy 8s, The Dandy Warhols, and John Koonce and the Lost Cause.

Music Millennium's 50th Party

On Friday, March 15 Music Millennium will turn 50 years old, and to celebrate the Portland institution will throw a 50th anniversary celebration show at the Aladdin Theater. It will be a night of music and nostalgia.

Music Millennium has lived through vinyl, reel-to-reel, 8-track, cassette, compact disc, DAT, mini-disc, and today are still doing it

with vinyl, compact disc and cassette tape. It pioneered live music in a record store in 1989 when it put in a permanent stage. The store has hosted over 4,500 live in-store appearance including artists such as Randy Newman, Soundgarden, Joe Strummer, Steve Earle, Weezer and Cyndi Lauper.

The anniversary celebration will look back on some of the best

moments of Music Millennium history. Get there at 6:30 p.m. to see a slideshow of never-before-seen photos. At 7:30 p.m., the music will kick off with performances from The Dandy Warhols, The Crazy 8s, and Jon Koonce and The Lost Cause!

Tickets are available without service charge at Music Millennium, 3158 E. Burnside.



Mississippi
Alberta
North Portland

Vancouver
East County
Beaverton



PHOTO BY CAMERON OUSLEY

An ensemble of multi-dimensional dancers and musicians under the artistic direction of Oluyinka Akinjiola comprise Portland's Rejoice! Diaspora Dance Theater. This weekend, the group brings the cultural energy of Harlem to Portland for performances of 'A Midsummer Night at the Savoy' at Self Enhancement, Inc.

Midsummer Night in Harlem

Celebrating artists of color through history

An ensemble of multi-dimensional dancers and musicians from Portland's Rejoice! Diaspora Dance Theater group, under the artistic direction of Oluyinka Akinjiola, will celebrate artists of color through history this weekend with two

performances that will bring the cultural energy of Harlem to Portland.

"A Midsummer Night at the Savoy," shows Saturday, March 16 at 5 p.m. and Sunday, March 17 at 7:30 p.m. in the new theater space at Self-Enhancement, Inc., 3920 N. Kerby Ave.

The production is a take on Shakespeare's 'A Midsummer Night's Dream' and incorporates a recreated set of Harlem's Savoy Ballroom

to celebrate the contributions of artists of color through history and the spaces that allowed African American arts to flourish. The Savoy was the first integrated dance ballroom in the country and an artistic incubator in the historical New York neighborhood.

Tickets are \$16 advance and \$20 day of show. Online ticket sales end 12 hours before each performance. Visit rejoicediasporadance.com.

Arts & ENTERTAINMENT



Gulf Coast Soul and Dance

The Suffers, a Gulf Coast soul band from Houston that brings classic R&B and rock and roll to crowds that love to dance, will be in Portland Sunday, March 17 for a 9 p.m. show at Mississippi Studios in north Portland. The group is promoting their new album 'Everything Here.' For tickets, visit ticketsoffice.com

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Healing Healthcare Blues Concert

A date has been set for Portland's eighth annual Healing the Healthcare Blues Festival featuring 'Boogie Cat' Norman Sylvester and an all-star lineup.

The concert supports the universal healthcare movement and the local organization backing it, Health Care for All-Oregon. It will be held Saturday, April 27 from 5:30 p.m. to 11 p.m. at the North Portland Eagles Lodge 7611 N. Exeter and Lombard.

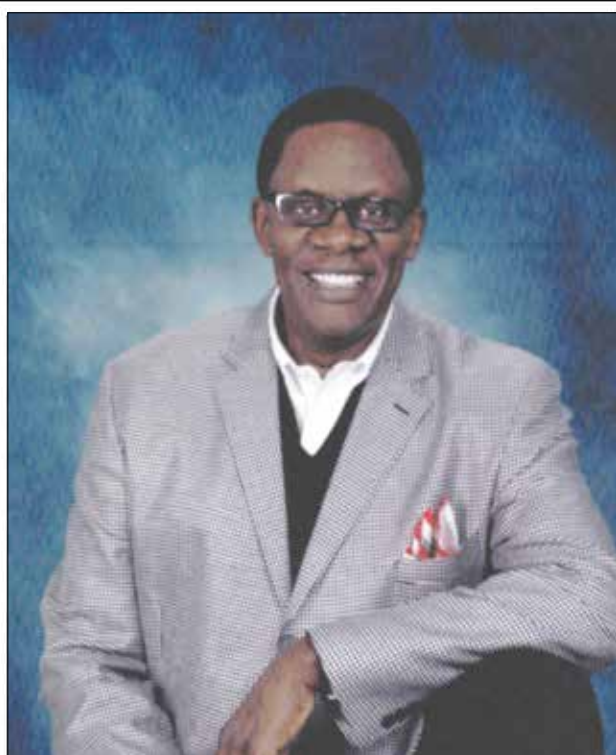
The party will bring out some of Portland's best blues musicians, including Sylvester, Bayou Boyz, the LaRhonda Steele band, Bloco Alegria, and Richard Arnold to name a few.

Musicians know all too well that people are still facing medical bankruptcy, suffering serious illnesses and even dying due to the lack of good healthcare coverage, Sylvester said.

For tickets and more information, visit hcao.org.



Norman Sylvester



Dr. Billy R. Flowers

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emotional nerves. The research team, of course, was talking about the nervous system. When pressure or irritation gets on nerves (scientifically known as subluxa-tion), tension in muscles will result. In the neck, this tension will work its way up to the skull. Next, blood flow will be altered. Before you know it, you will have another throbbing headache. In

Chiropractic, we work with reducing subluxations, releasing the irritation from the nerve fibers. Muscles can relax. The body will no longer send a message of pain and your headaches will be gone for good! If you're tired of hearing that your problem is "just nerves," call us today. We've got the answer to the "just nerves" answer.

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MARCH IS WOMEN’S HISTORY MONTH

In 1987, after being petitioned by the National Women’s History Project, Congress passed Pub. L. 100-9 which designated the month of March as Women’s History Month. ... Since 1988, U.S. presidents have issued annual proclamations designating the month of March as Women’s History Month.

CALENDAR2019March

MONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAYSUNDAY

				1 <i>Peace Corps Anniversary</i> National Pig Day Peanut Butter Lover’s Day Share a Smile Day	2 <i>Iditarod Race Begins</i> <i>Dr. Seuss born, 1904</i> Read Across America Day	3 National Anthem Day <i>Inventor Alexander Graham Bell born, 1847</i>
4 <i>First meeting of Congress (1789)</i>	5 Mardi Gras <i>Boston Massacre (1770)</i>	6 ● <i>Artist Michelangelo born, 1475</i>	7 National Cereal Day <i>Telephone Patent Granted (1876)</i>	8 International Women’s Day <i>Robert Sabuda born, 1965</i>	9 <i>Explorer Amerigo Vespucci born, 1454</i>	10 <i>Daylight Savings Time Begins</i> Abolitionist Harriet Tubman Day
11 Commonwealth Day Johnny Appleseed Day <i>Earthquakes devastate Japan (2011)</i>	12 Girl Scout Day Anniversary of the Death of Anne Frank (1945)	13 <i>Ellen Raskin born, 1928</i> Good Samaritan Day <i>Uranus Discovered (1781)</i>	14 ☾ <i>Ann. of National Wildlife Refuge System</i> Pi Day (3.14) <i>Scientist Albert Einstein born, 1879</i>	15 <i>Absolutely Incredible Kid Day</i> <i>Julius Caesar Assassinated (44 B.C.)</i> <i>Ides of March</i>	16 <i>James Madison born, 1751 (4th President)</i>	17 Kate Greenaway born, 1846 <i>Rubber Band Invented</i> St. Patrick’s Day
18 <i>1st Walk in Space (1965)</i> Sparky the Fire Dog <i>Grover Cleveland born, 1837 (22nd & 24th President)</i>	19 <i>Swallows Return to San Juan Capistrano</i>	20 ○ 1st Day of Spring <i>Lois Lowry born, 1937</i>	21 Purim Begins at sundown. Children’s Poetry Day Nat. Teen-Agers Day Single Parents’ Day	22 National Goof Off Day National Sing-Out Day United Nations World Water Day	23 Toast Day <i>Political Leader Patrick Henry declared, “Give me liberty...”, 1775</i>	24 <i>Harry Houdini born, 1874</i> <i>Exxon Valdez runs aground (1989)</i>
25 <i>Kate DiCamillo born, 1964</i> <i>Sculptor Gutzon Borglum born, 1871</i>	26 Make up Your own Holiday Day <i>Poet Robert Frost born, 1874</i>	27 <i>Alaska hit by 8.4 Earthquake (1964)</i>	28 ☾ <i>“Greatest Show on Earth” formed 1881</i> <i>Doreen Cronin Birthday</i>	29 <i>Armed Forces left Vietnam (1973)</i>	30 Doctor’s Day <i>Pencil with Eraser Patented (1858)</i> <i>Artist Vincent van Gogh born, 1853</i>	31 First Map of the US Published (1784) Tater Day <i>Mathematician Rene Descartes born, 1596</i>

OPINION

Opinion articles do not necessarily represent the views of the Portland Observer. We welcome reader essays, photos and story ideas. Submit to news@portlandobserver.com.

Stop Putting Juveniles in Solitary Confinement

A reality for thousands of adolescents

BY EMILY RESTIVO

A 16-year-old paces back and forth. He's been locked in a small room -- completely alone -- for 23 hours a day for several weeks.

This isn't the opening scene of a Hollywood thriller. It's the daily reality for thousands of American adolescents who are subjected to solitary confinement after being charged with crimes, convicted and sentenced as adults.

Solitary confinement is dangerous for these youth -- and for society at large. It causes severe psychological harm and impedes reintegration into society. It's time



to put convicted teenagers in correctional facilities with people their own age -- and prohibit solitary confinement for those under the age of 18.

Proponents of solitary confinement claim the practice is necessary for safety. Isolating criminals prevents them from causing trouble in the prison and protects them from other violent prisoners.

However, research shows solitary confinement does more harm than good. It's linked to mental health problems like anxiety, depression, and psychosis. In some cases, prisoners commit suicide.

These effects are pronounced in juveniles because solitary confinement impedes their development during a critical period of brain growth. People's brains don't fully develop until their early 20s. Solitary confinement exacerbates

existing traumas, like the abuse and neglect that many of these kids have suffered in the past.

A report from the American Civil Liberties Union and Human Rights Watch offers an in-depth look at the mental damage of adolescents who spent long periods of time alone in prison. They frequently expressed thoughts of suicide and self-harm, and relayed stories of hallucination, anxiety, extreme anger, and traumatic memories.

Consider the account of one young woman in Michigan. She noted that solitary confinement was like "being banished . . . like you have the plague or that you are the worst thing on earth. Like you are set apart [from] everything else."

Another girl from Florida said, "The only thing left to do is go crazy . . . I catch myself [talking to the walls] every now and again . . . sometimes I feel like, why am

I even living?"

Solitary confinement doesn't just put these teenagers at risk -- it endangers society. Prisoners who spend time in solitary confinement are more likely to commit crimes again in the future. Ninety-two percent of prisoners who were released from solitary straight into society reoffended within three years, compared with 66 percent of prisoners released from the general population, according to a government-commissioned analysis of 2001 data from Connecticut.

For these reasons, all federal prisons already ban solitary confinement for juveniles. Most states don't allow the practice in juvenile facilities. However, each year 200,000 children are tried as adults around the country. Many are sentenced to time in regular, adult prisons -- and face solitary confinement.

A colleague and I recently

completed research on this subject using data from the New Jersey Parent Caucus. Among juveniles sent to adult prisons in New Jersey, 76 percent spent some time in solitary confinement. Of that group, a staggering 31 percent spent more than 90 days in isolation. Another 16.5 percent were isolated between 30 to 90 days.

Solitary confinement causes mental health problems and does nothing to rehabilitate young offenders. We need to ensure children tried and convicted as adults are placed in juvenile facilities. Once there, they should be given opportunities to socialize with other kids and receive the support services they need to one day become productive, law-abiding adults.

Emily Restivo is an associate professor of behavioral sciences at New York Institute of Technology.

Oregon Should Push Back on Income Inequality

Ultra rich have never been so rich

BY DANIEL HAUSER

AND JUAN CARLOS ORDÓÑEZ

Oregon's ultra-rich — the highest-earning one out of every 1,000 Oregonians — have never been so rich compared to the rest of Oregonians, according to new analysis by the Oregon Center for Public Policy.

Such extreme income inequality undermines the well-being and opportunities of most Oregonians, while weakening the economy. Oregon lawmakers should be doing everything in their power to push back against growing inequality.

Analyzing recently released data from the Oregon Department of Revenue from the 2016 tax year, the income of the average member of Oregon's richest one-tenth of 1 percent was \$4.5 million. That was

an all-time high even after adjusting for inflation.

But it was not just the total dollars earned by the richest Oregonians that set a new record; it was also in how far the

the top 1 percent — the richest 1 out of every 100 Oregonians with income of at least \$401,000 — also increased in 2016, though it still stood below the all-time high reached before the Great Recession.

While observing that income inequality has been building over the years, the analysis noted a sharp rebound in inequality since the end of the Great Recession.

top-one tenth of 1 percent has pulled away from middle-income Oregonians. In 1980, the average income of the highest-earning 1 in 1,000 taxpayers was 26 times that of the Oregonian in the middle of the income ladder. By 2016, it was 127 times larger.

The income of the average member of

Still, the top 1 percent together earned more income than the bottom half of all Oregonians combined.

While observing that income inequality has been building over the years, the analysis noted a sharp rebound in inequality since the end of the Great Re-

cession. From 2009 to 2016, the average income of the top one-tenth of 1 percent in Oregon increased by about \$1.7 million, and the average member of the top 1 percent as a whole saw their income increase by about \$167,000. Meanwhile, the typical Oregonian saw an increase of just \$1,600.

With the Oregon legislative session in full swing, lawmakers should confront the problem of income inequality.

We need to make big investments in education, health care, and affordable housing to ensure every Oregonian can share in Oregon's growing economy. And to pay for these investments, Oregon needs to ask more from those reaping the greatest profits from our economy, the rich and the corporations.

Daniel Hauser is a policy analyst and Juan Carlos Ordóñez is the communications director for the Oregon Center for Public Policy.



Charles Washington

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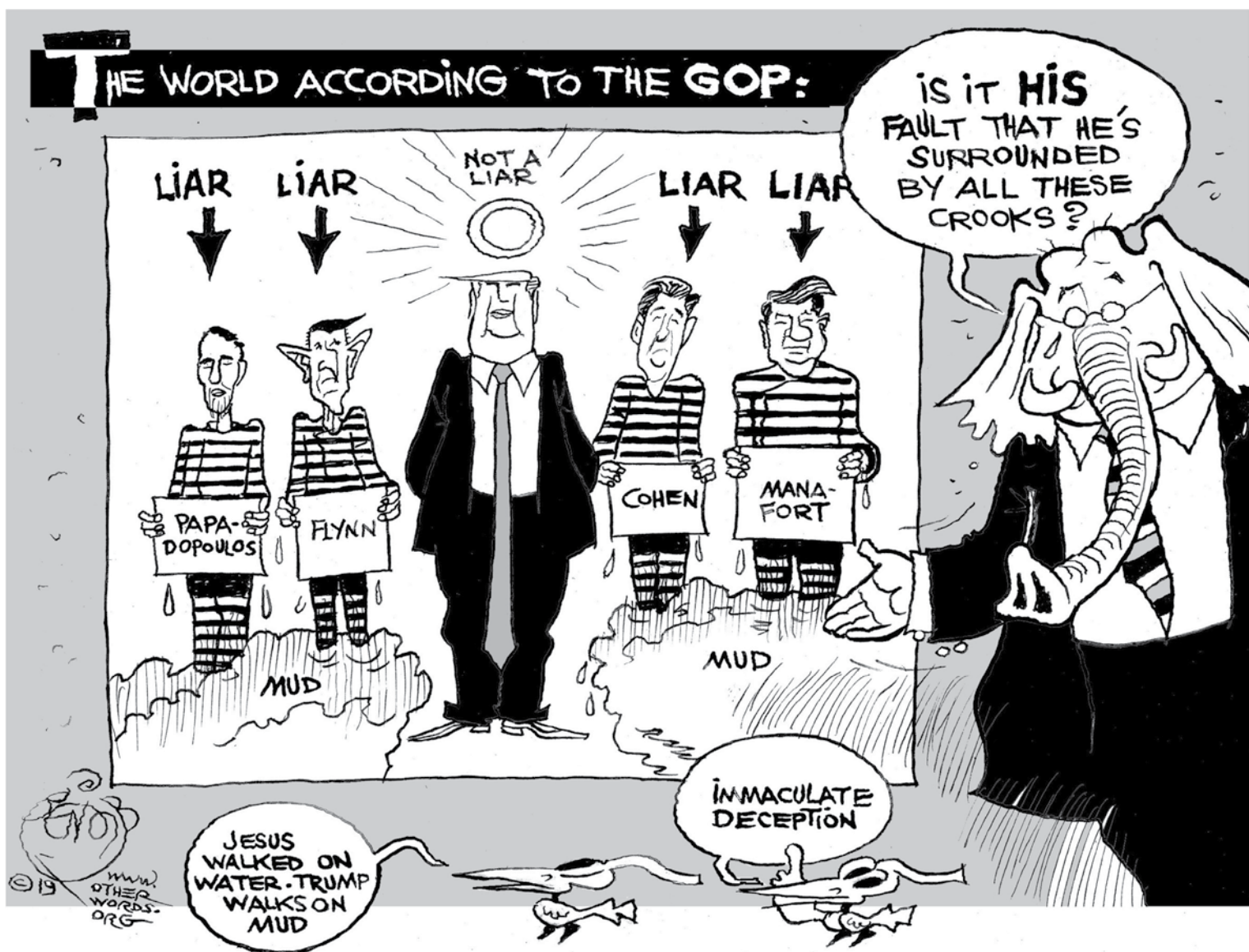
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OPINION



Criticizing Israel Isn't Anti-Semitic

Disgusted by critics false claims

BY SARAH GERTLER

Weeks ago, when the first accusations of anti-semitism were being leveled against Rep. Ilhan Omar, I was deeply agitated.

Not long ago I saw her address these accusations at a local town hall. She reminded the world that, as a Black Muslim woman in America, she knows what hate looks like — and spends her life laboring against it. Her words were clear, bold and unflinching.

When members of Congress not only continued to gang up and falsely smear Omar as anti-semitic, but even created a House resolution painting her words as hateful, I wasn't just agitated. I was absolutely disgusted.

Omar has criticized the U.S. government's support for Israeli actions that break international law. And she's spoken out against the role money in politics plays in shoring up that support.

Neither is anti-semitic.

What is anti-semitic is the ca-



cophony of mainstream media and politicians saying that criticizing U.S. policy toward the state of Israel is the same as attacking Jewish people.

Like most American Jewish youth, I grew up knowing Israel. During holidays, I sang prayers about Eretz Yisrael, the land of Israel. In Hebrew school, I learned about the country's culture, its cities, its past prime ministers. At my Jewish summer camp, we started every day with the Israeli national anthem, Hatikvah.

My image of Israel was a rosy one. When I finally visited it in college, I was spellbound by the lush landscapes and sparkling cities, certain I would one day move to this golden ancestral home myself.

All this emotional buildup made it all the more sickening when, in the years that followed, I learned the realities of the Israeli occupation.

The modern state of Israel was established by Zionists — a nationalist movement started by European Jews with the aim of creating a "Jewish state" as a refuge for persecuted Jews.

It's true that Jews have faced centuries of brutal persecution in

Europe. But the Zionists' project shared unmistakably European colonialist roots.

In 1948, Israel's war of independence led to the Nakba, an invasion driving 700,000 Palestinians from their homes. These Palestinians were never allowed to return, creating a massive refugee population that today numbers over 7 million.

While I was able to travel freely up and down Israel, the Palestinians who once lived there are legally barred from returning. While I wandered the marketplaces trying stews and shawarmas, Palestinians in Gaza can't afford even the gas to cook their food because of the Israeli blockade.

Zionism didn't create an inclusive Jewish refuge either. In fact, the diverse Mizrahi — or Arab — Jewish population that was already thriving in Palestine was pushed out of Israeli society as Ashkenazi — or European — Jews became the elite class.

What it did create is an imperialist stronghold that continues to break international law by building settlements deeper and deeper into Palestinian territory, giving Jewish Israelis superior legal status to Arab Israelis and Palestinians, and attacking all who protest.

Since Israel's origin, the U.S. has supplied tens of billions of dollars of military aid and ardent political support. Congress consistently ignores dozens of UN resolutions condemning Israeli abuses, and year after year gives it more resources to violently oppress impoverished Palestinians.

Pro-Israel lobbying groups' considerable political influence has even pushed Congress to consider bills punishing Americans who support Palestinian rights. (Around half of all states already have such laws.)

More broadly, they rely on villainizing critics with false claims of antisemitism — especially when the criticism comes from a person of color, as we've seen with Angela Davis, Marc Lamont Hill, and Michelle Alexander before Rep. Omar.

I, along with an increasing number of young American Jews, want to discuss U.S. support of Israel. Talking foreign policy is not anti-semitism. What is anti-semitic — always — is saying that all Jews support violence and imperialism.

Sarah Gertler is the Newman Fellow at the Institute for Policy Studies. Distributed by OtherWords.org.



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Calling on African American Business owners (young/older) community org; churches, etc., to come and get preregistered to participate, by getting listed/adv. in the "20/20" African American Bus. Directory, the directory that will showcase what African American Business owners are doing here in the N.W. region of the USA; cities such as Seattle, Tacoma, Portland, etc. Come meet/see Lottie Cross of Seattle WA (the premier organizer of the Directory). She will be in Portland, Saturday afternoon, March 16th, from 1-3pm at the North Branch Library, located at 512 N. Killingsworth, Portland, Oregon. For more info phone J. Olive at 503-358-9655 / R.London at 360-723-8407, or call Lottie (direct) at 206-271-0311 or email at aabd2016@outlook.com



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Utility Lead, full-time, Portland Expo Center, \$18.54 - \$23.46 hourly. Deadline date: March 15, 2019

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REQUEST FOR PROPOSAL

Portland Community College RFP for Design Standards

Bid Date: April 8th, 2019 at 2:00 PM Pacific Time

Portland Community College intends to enter into a contract for professional services to update PCC's Design Standards (Standards). The purpose of the Standards is to ensure the quality of and consistency in selection of PCC's preferred systems, materials, and finishes. They also address sustainability and environmental best practices and requirements. The Standards currently follow the Construction Specifications Institute format and include specific requirements for access, maintenance, and sustainability. The CSI format is expected to continue in the Standards update

Interested Proposers must submit a Proposal pursuant to the provisions of this Solicitation to Robert Lowe, or designee, at Office of Planning & Capital Construction, Suite #260, 9700 SW Capitol Highway, Portland OR 97219. **NO LATER THAN:**

SOLICITATION DUE DATE AND TIME (CLOSING):
[April 8th, 2019] at [2:00 PM] Pacific Time

Proposals will be opened and recorded. The number of Proposals received, the identity of Proposers, or the contents of any proposal will not be disclosed to the public until all proposals have been evaluated, negotiations completed if required, and a recommendation for Award has been published.

Proposers are solely responsible for ensuring that Portland Community College receives its Proposal.

LATE PROPOSALS WILL NOT BE ACCEPTED.

Prospective Proposers may obtain the RFP and its mandatory Addendas at our solicitations website:

<http://www.pcc.edu/purchasing>. Interested Proposers who are not equipped to download the document may request a copy of the RFP by contacting: Robert Lowe, Planning and Capital Construction by email: robert.lowe3@pcc.edu.

Emerging small businesses, as well as minority-owned, women-owned, and service disabled veteran owned enterprises are encouraged to submit a response to this RFP solicitation.

All questions and comments regarding this solicitation shall be directed ONLY IN WRITING to Robert Lowe, by email to: robert.lowe3@pcc.edu.

PROPOSALS SHALL BE PURSUANT TO THE PROVISIONS OF THIS SOLICITATION. THE COLLEGE MAY REJECT ANY PROPOSAL NOT IN COMPLIANCE WITH ALL PRESCRIBED REQUIREMENTS.

Films to Watch or Avoid at PIFF

CONTINUED FROM PAGE 7

credible or sympathetic--and what makes us cringe. Still, the film somehow also lacks a point of view and a heart. It plays at Whitsell Auditorium on March 13 and 14.

"**The Heiresses**" offers an unusual window into privileged Paraguayan society. Two women from wealthy backgrounds face reduced circumstances and legal troubles and are forced to sell off furniture and fixtures. When Chiquita, the more adaptable of the two, is imprisoned for fraud, depressed and isolated Chela begins venturing out of her comfort zone to drive wealthy friends to their var-

ious amusements. This is the sort of film my sweetheart used to refer to as depicting a slight shift in perspective--but there are some interesting observations here about longing and being stuck. It plays at Whitsell Auditorium on March 16 and Cinemagic on March 21.

Tickets, passes, and information are available at nwfilm.org.

Darleen Ortega is a judge on the Oregon Court of Appeals and the first woman of color to serve in that capacity. Her movie review column Opinionated Judge appears regularly in The Portland Observer. Find her movie blog at opinionated-judge.blogspot.com.

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The Portland Observer

Obituary

In Loving Memory

Sybil McMurry

Sybil Mc Murry (Lomax) went home on March 4, 2019. She was born in Kansas on June 23, 1940 to Floyd Lomax and Myra Wynn. She moved to Vanport in 1943, leaving the community just three days before the 1948 Vanport Flood. She spent the rest of her life in Portland where she attended Boise and Jefferson High schools.

Sybil completed an accounting degree at Western Business College. She interned at the Bonneville Power Administration and then continued to work at Bonneville until she retired. She married Oscar McMurry and raised six children and a significant number of extended family children together. Her doors were always open to family and friends to enjoy times together, good food, good music, dominoes and card parties. The gatherings at the Lomax House were regular occurrences in the neighborhood.

Sybil was spiritual and embraced a belief which included Islam and Christianity. She exposed all her children to the highest callings left each to choose their own path. She enjoyed working in her community and belonged to and supported many clubs, most memorable was the Northeast Little League for her five boys, Blacks in Government, Eastern Star and the Jet Set Cruiser because Sybil loved to travel.

Sybil was a generous soul, kind, loyal, down to earth, happy and wise. She shared her wisdom with all her children, grandchildren and her great grandchild. She was preceded in death by her parents; her brothers Raymond and Eddie Lomax; her stepmother Jeanette Massey; Rosie



Sims, Arilena Moore and brother Louis Wade; her son Keith McMurry, daughter In-law Shandrea Horsley; her grandson Demarcus Bradley and her great grandson Demari Bradley.

Sybil is survived by her long time sister in life Wilma Alcock; bother Abdul Hasan; sisters Sandra, Sharon, Anne, Sylvia Lomax, and Shirley and Daniel Walters; her children Perry Lomax, Ahad Hasan, Lelia Lomax Tyronne Brown, David Lomax, Oscar McMurry and Teresa Lomax, daughter In-law; Kathy Prenevost-Hasan, daughter in-law; and a host of grandchildren and great grandchildren.

A funeral service will take place on Thursday, March 14 at 11 a.m. at St. Luke Memorial COGIC Church, 2700 N.E. Sumner.

In Loving Memory

Jeanette Spencer

Jeanette Spencer, Portland writer and photographer, died on Jan. 26 of liver cancer. She was well known in many communities as an artist, poet and playwright.

In the 1970s, Jeanette was a founding vendor of Portland Saturday Market, where she sold her Oregon Critters, a rabbit fur covered "pet rock." At the time of her death she was working on a history book



about Saturday Market.

Jeanette's cheerfulness, courage and irrepressible energy touched many lives. She was a survivor in the truest sense of the word and will remain a beloved icon of our community.

A memorial gathering will be held on Sunday, March 17, from 2:30 p.m. to 4:30 p.m. at the Subud Center, 3185 N.E. Regents Dr. Memorial gifts will be dedicated to the completion of her book. For more information, email kristan.aspen@gmail.com or visit anewtradition.com/obituaries/obituary/16941_Jeanette_Spencer.



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