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Roses'

www.portlandobserver.com Wednesday • October 7, 2020

Committed to Cultural Diversity

'We Know We Have a Future Here'



PHOTO BY MARK WASHINGTON/PORTLAND OBSERVER

Journeyman butcher Theotis Cason (right) and his assistant Barry Williams welcome customers to Cason's Fine Meats, the Black-owned retail store for locally-sourced high quality meats and hard-to-find Southern staples. Casons is situated among other minority and women-owned businesses in the new Alberta Commons complex at Northeast Martin Luther King Jr. Boulevard and Alberta Street.



PHOTO BY DONOVAN SMITH/PORTLAND OBSERVER High quality products draw customers old and new to Cason's Fine Meats, a Black-owned business that has cemented new ties to the community from its new location at the intersection Northeast Martin Luther King Jr. Boulevard and Alberta Street.

Casons serves up a legacy of quality

BY DONOVAN SMITH

THE PORTLAND OBSERVER

After a year at his new location, Theotis Cason feels at

The owner of the self-titled "Cason's Fine Meats" took a leap of faith, relocating his Kenton neighborhood-favorite business to the newly built Alberta Commons retail space last year. The plaza, an effort to bring Black-centered commerce back into the heart of Northeast Portland. is anchored by a mix of small and large retailers including Champions Barbershop, greenHaus Boutique and Gallery, as well as Wingstop and Natural Grocers among others.

Despite the coronavirus, which has shuttered dozens of businesses throughout the city in recent months, Cason says after in his new location that business has been

The community's been real supportive," he says, noting that a majority of his Kenton customers have followed him up to his new location at the busy corner of Martin Luther King Boulevard and Alberta Street. "We know that we have a future here."

Cason, and some of the other smaller retailers struck

CONTINUED ON PAGE 4



Damian Lillard introduces himself as the new co-owner of Damian Lillard Toyota in McMinnville.

COVID-19: Let's get the facts straight

The truth vs. What you've heard through the grapevine



- There have been 742 positive COVID-19 cases in Multnomah County for folks who identify as Black
- There have been 4,957 positive COVID-19 cases in Multnomah County for folks ages 20-59



- Black folks can't get coronavirus
- Only babies or folks who are age 65 or older can be infected



Last updated 9-30-20

Lillard Goes Into the Car Business

Blazer star buys Toyota dealership

guard and NBA All-Star Damian more." Lillard is now a business owner to go with his accomplishments on the court.

It was announced last week that Lillard and his longtime friend and business partner, Brian Sanders, are now the co-owners of a Toyota dealership in McMinnville. A ribbon ceremony was held at the dealership Wednesday.

A Toyota representative said Lillard has "infused his style into the facility by overseeing the installation of custom Pop-A-Shot games, themed pingpong tables,

Portland Trail Blazers point autographed memorabilia, and

Customers who purchase a vehicle from the dealership will become members of the "Damian Lillard VIP Club," which includes opportunities to meet Lillard and attend Trail Blazers games.

Additionally, at the ribbon-cutting ceremony Wednesday, the McMinnville mayor officially declared Oct. 1 as "Damian Lillard Day" in "recognition of Damian's long-standing, beloved presence in Oregon," stated the Toyota representative.

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OCAL NEWS

Make a Plan to Vote!

Deadline for voter registration Tuesday, Oct. 13

BY MICHAEL LEIGHTON PORTLAND OBSERVER EDITOR

With less than a month to go before the Nov. 3 General Election, a vote-by-mail ballot that will have a huge impact on the future of Portland, Multnomah County and the nation, potential voters are urged to make a plan to cast their vote and get it returned before the deadline.

Multnomah County Auditor Jennifer McGuirk released a new high school on the Jefferstatement encouraging voters to make a plan to vote.

"Voting is an important way across the Metro region. to hold our election officials aca privilege our ancestors fought and died for. It is a privilege Black, Indigenous, and People of Color and women worked especially hard to get. Your vote is power and it matters. Please don't waste that power by not voting."

Not only will America be board. choosing a president in the nawill be deciding several local



also facing voters statewide and tion treatment and recovery proin local jurisdictions, including tax measure requests to build a son campus in north Portland, and funding transportation issues

Multnomah County has tax countable," McGuirk said. "It is proposals to expand, renovate and construct new library branches and establish tuition-free preschool. Portland voters are being asked to fund a new five-year levy for parks and nature areas and authorize a new, independent community police oversight

Statewide, voters will be asked tional contest, voters in Oregon to legalize psilocybin mushrooms in controlled settings under the races for elected office, including Oregon Health Authority; dethe mayors of Gresham and Port- criminalize possession of certain land. Important ballot issues are drugs and establish a drug addic-

gram funded by the states' marijuana tax revenue; and increase the cigarette tax from \$1.33 per pack to \$3.33 per pack while imposing a tobacco tax on nicotine inhalant delivery systems like vapes used for e-cigarettes.

Everyone has a right to vote if they are a citizen of the United States, are at least 18 years old, and are registered to vote. The deadline to register in Oregon for the election is Tuesday, Oct. 13. The ballots will begin to be mailed out to potential voters the next day on Oct. 14, officials said.

In order to be counted, all ballots in Oregon must be returned and received by county elections officials by the 8 p.m. deadline

CONTINUED ON PAGE 6





Criminal justice system reforms will be the topic Thursday, Oct.8 when Rep. Lew Frederick (left) of Portland and new Multnomah County District Attorney Mike Schmidt will discuss criminal justice system report during a virtual forum on Thursday, Oct. 8.

What Next on Criminal Justice Reform?

Lawmaker, new DA to discuss approaches

Lawmaker Lew Frederick from Portland's Black community and Mike Schmidt, the new

Multnomah County District Attor- islative session by the end of this ney, will discuss criminal justice system reforms during a virtual forum this week by Willamette Women Democrats

Frederick plans to talk about five police reform and accountability proposals that may be brought forward in a special leg-

year. The ideas include restricting use of tear gas, requiring law enforcement officers to display identifying information, creating databases of misconduct and discipline of public safety employees

CONTINUED ON PAGE 6



PHOTO BY DONOVAN SMITH/PORTLAND OBSERVER

A wide variety of high quality products and services are available at Cason's Fine Meats, now one year in at a new location at Alberta Commons in the heart of Northeast Portland and the city's historic African American community.

'We Know We Have a Future Here'

CONTINUED FROM FRONT

10-year leases with Prosper Portland, the city's development agency as part of their effort they say s to keep more Black businesses in the area which has been upended by decades of racist policies, many being their own. In 2014, the long-vacant lot, became a focal point in the war against gentrification after advocates from Portland African American Leadership Forum cried foul when Prosper Portland (then Portland Development Commission) sold the land for well-under market value to an out of state developer set to bring Trader Joe's to the area.

After the pushback made national headlines, Trader Joe's backed out of the deal, mayor Charlie Hales earmarked new monies for affordable housing in the area, and new plans were drafted for the site.

A half-decade and many conversations later, stands Cason — and he's ready to feed you.

His locally-sourced meats which include hard-to-find Southern staples such as oxtails and neck bones, along with more traditional meats such as country style ribs and sausage links are all anti-biotic and chemical free — a source of pride for the journeyman butcher.

A near four-decade vet of the meat-industry, he says he understands the budgetary constraints on some of the community that forces them to larger retail chains for what he calls cheaper, and "lesser cuts".

"People that want a good product, they understand that, 'I want something good and healthy for me'," he says. While he recognizes that his price points may be out of reach for some, especially for some in the Black community, he says he hopes they recognize the value they are receiving in exchange.

And he has sights set beyond MLK and Alberta. Cason dreams of expanding out into "the Numbers" out in East County or even hopping the river over into Vancouver. "We're spread all around now, and some of the things that we [traditionally] eat are not in some of those other places," he states.

Celebrating a year in his new space, while in a year marred by a global pandemic, historic wildfires up and down the West Coast, and unprecedented Black uprisings is not lost on him.

Between the protests on the streets in particular, and a brand new sign outside the storefront, he says there's been an uptick in hungry customers of all backgrounds funneling through his doors. And while a late May demonstration saw Cason's front window tagged with some graffiti, he urges people to "keep marching" nonviolently.

And as he rounds out a year at his new location, one marred by uncertainty, Cason's vision for the future remains as cleareyed as ever — for him, this is about legacy.

"I've got grandbabies, sons, nephews, and I've got family that's coming up behind me and to be able to ride up and down [MLK and Alberta] and see their name, it means a lot."



Charles Washington

Born: 1951 - 2012

Former Publisher of the Portland Observer

In memory of an outstanding and dedicated member of Portland's Longest Standing Minority Publication.



Broadway Corridor Plans Approved

32-arce site foundation for diverse, new neighborhood

The Portland City Council has taken a major step forward on the Broadway Corridor project, approving a set of four agreements that lay the foundation for building a diverse and vibrant new neighborhood and charting a new course for an inclusive, large-scale community development.

In the past, Portland's mismanagement of economic and residential development caused the diaspora of much of its African American community, but with this new development on a 32 acre site formerly used by the Post Office in the Pearl District, a coalition of nonprofits has been working with the developer and the city to make sure the construction promotes social equity by reducing disparities, extends community benefits, builds affordable housing and improves socio-economic opportunities

CONTINUED ON PAGE 14



PHOTO COURTESY PROSPER PORTLAND

Dubbed the Broadway Corridor, 32 acres of prime Pearl District real estate, downtown, will turn a former Post Office site into blocks of new housing and retail development. Agreements by the Portland City Council lay the foundation for a diverse neighborhood that promotes social equity and reduces disparities.





Wherever life takes you, we're here to help—with the advice, products, services and the personalized attention you need along the way.

What Next on Criminal Justice Reform?

CONTINUED FROM PAGE 3

and use of force, and restricting the ability of arbitrators to overturn police discipline.

Schmidt will discuss what criminal justice reform looks like from a prosecutor's perspective—how to best use the tools at our disposal and make data-driven decisions that increase public safety, while decreasing incarceration rates and reducing overrepresentation of people of color in the system.

Frederick was elected to Senate District 22 in 2016, after serving

in the Oregon House of Representatives since 2009. Schmidt ran for District Attorney this year on a platform of bringing major criminal justice reform to Multnomah County. Voters overwhelmingly supported his vision; he won with 76% of the vote in the May primary.

The free program via Zoom will be held Thursday, Oct. 8 at 4:30 p.m. To attend, visit the website w2dems.com. When you register, you will receive information on how to use Zoom as well as the "Zoom Meeting" link.

Election Countdown Begins

CONTINUED FROM PAGE 3

on Tuesday, Nov. 3. Postmarks do not count. Designated election drop off boxes are also staged to collect ballots in various locations and at Multnomah County

If you are already registered in Oregon, you can update your residence and/or mailing address any time up until 8 p.m. on Election Day. The address can be any physical location that describes where you spend time, meaning that even people experiencing

housing instability or homelessness can vote. In Oregon, you also have the right to vote if you have been convicted of a felony but have been released from custody, even if you are on probation or parole.

If you have questions or would like more information about voting, visit the Multnomah County Elections website mcelections. org or call 503-988-3720; you can also visit the Oregon Secretary of State's website at oregonvotes.gov or call 1-866-673-VOTE (8683).



Cousins Larry Myles and Alexis Frazier have teamed up to open Heavyweights BBQ, a catering company that features fulfilling southern family barbecue meals.

Welcome to HeavyWeights BBQ

For a delicious taste of homecooked favorites

Cousins Larry Myles and Alexis Frazier have teamed up to open Heavyweights BBQ, bringing to the Portland-Vancouver market a catering company that features fulfilling southern family barbecue meals.

Specializing in tried-and-true family recipes, healthy portions, and good vibes, Myles, the chef, and Frazer, the operational guru, established Heavyweights in July, a major accomplishment for starting a business during a pandemic.

business, registered in the state of weight and heavy weight/ Washington, has introduced itself with recent pop-up events like the Come Thru Market in southeast Portland and two other gatherings in Vancouver.

Heavyweights BBQ offers baby back ribs, big boy beef ribs, bbq chicken, bacon cheeseburgers, meatballs and turkey tails as main meat options, all cooked on a charcoal grill and given that extra flavor in bbq smokers. Homemade sides include greens with turkey tails, yams with sweet walnut or marshmallow topping, mac and cheese and sweet cornbread

Myles said the plates are named based on the weight classes that are familiar in boxing The family and Black-owned arenas, feather weight, welter

The business idea originated from a conversation between the cousins – as both expressed a dream to own their own business. With the helping hands of other family and friends, along with the help and direction of the Now Answer Group and Charity Brown, the dream became a reality.

Larry and Alexis ask that you stay tuned to their Heavyweights BBQ social media page, heavyweightsbbq.godaddysites.com for future events, including a Sunday, Oct. 25 pop-up event offering a full menu of items for pick up or walk up orders. You can also reach them by phone for more information at 360-619-2049.









Jamaal and Christina Lane, the husband-and-wife team behind Portland's Champions Barbershops and Champions Barbering Institute, have launched an Internet platform called 'Be Great University,' offering a curriculum and a supportive community to help others identify and cultivate their inner strengths and start successful professions.

Creating a Platform for Success

Virtual 'Be Great University' new resource for entrepreneurs

Jamaal and Christina Lane are well known in Portland as the husband-and-wife team behind three successful barbershops and a barber institute. Now in response to the pandemic-enforced shutdown, they have taken lessons they've learned as Black business owners and launched a digital platform called "Be Great University," where they offer foundational curriculum paired with a supportive community for like-minded individuals striving for greatness and successful professions.

The Lanes virtually cut the ribbon on Be Great University earlier this month, building on their success with Champions Barbershops and Champions Barbering Institute and going beyond to share their wisdom, insight and guidance with others looking to pursue what Christina calls a "master's in self."

"Through operating Champions Barbering Institute, we learned that we could bring out the best in students beyond teaching technical skills," said Jamaal. "Barbering was the draw, but we realized students were looking up to us and trusting us to help with their transition to become professionals. They were rebuilding and restructuring who they were and where they could go with confidence. We have seen the appreciation and the impact, and we want to share that same inspiration with others."

Be Great University's core program, called Cultivating Greatness, focuses on personal development as an essential key to professional success. The initial fiveweek, self-led workshop delves into how to cultivate greatness from within using proven foundational methods.

Dylan Cruz, one of the first participants, said the mentoring she received helped her focus on what she needed to change her work habits, but also on "How I view my perception and take steps toward my version of success.

"I was able to write my book because of the accountability I received via the group. The Lanes have created a step by step process on how to find your inner purpose through growth and development,"

The Lanes believe the typical BU member might be a professional who is looking to pivot to a different model in response to the pandemic, someone who needs to get creative to make the necessary shift. Having the fortitude and optimism to make a necessary shift, even in the face of daunting circumstances, has been Jamaal's route to success throughout his professional life. He opened his first shop in 2008 on Northeast Martin Luther King Jr. Boulevard.

"We were operating under the belief that community builds champions, and that influenced how we connected with the neighborhood as a business," said Jamaal. "We understood that there would be no 'Champions' without the community's support. We stand up for them, and the community stands up for us."

Be Great University offers two levels of membership. Becoming a member of

the BU online community costs \$249 annually and offers a gathering place where like-minded people can come together and discuss structured topics. Enrolling in the Cultivating Greatness program, which includes annual community membership, costs \$699.

"The idea is to empower people to use their unique talents and inner strength to overcome any obstacles they find in their way," Christina said. "We are ready to coach up great people using the mental systems and methods that have proven to be a success in our personal and professional endeavors."

Added Jamaal, "We want to tap into each person's inner resolve to live life on their own terms; to find and define their pathway to success — a pathway that starts within. We are on a mission to help 2,000 members empower themselves by 2021 with Cultivating Greatness."

For more information, visit www. BeGreat.life.

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Tips on Growing a Business

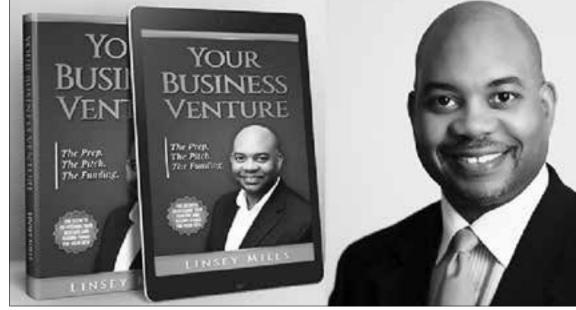
Finance expert offers help

Financial consultant and businessman Linsey Mills has launched a new book to equip entrepreneurs with the skills to build a sustainable business in a shrinking economy.

In Your Business Venture: The Prep, The Pitch, The Funding, Mills shares the three major pillars that are needed to master, ideate, create, develop, pitch, launch, and grow a profitable and sustainable business. All of this is powered by one great idea and the passion and confidence that it can work.

Mills describes the prep as preparing the mind to identify or of knowing the product and tar- trepreneurs to go for it, pointing into action and find the solutions attract ideas that have the potential to be a successful business. The pitch is how effectively the entrepreneur presents his idea to potential partners, funders, and investors; The funding is explor- avoid the grand closing. ing the types of available funding and what funding works best for Coronavirus pandemic has the business.

himself, Mills challenges entre- And while many may view this preneurs to think outside the box. time as the worst time to start a



Finance guru Linsey Mills equips entrepreneurs with tips to survive and thrive in the new normal.

pitch, and building a solid team. The author shows his reader not only how to launch a successful

Statistics indicate that the forced over 100,000 businesses A successful entrepreneur to permanently close their doors. He underscores the importance business, Mills encourages en-

such as Uber were started during our lives." a recession.

grand opening but also how to tion for writing the book, Mills explained: "I wanted to encourage people to identify problems and provide viable solutions to solve our business, societal, economic, and philanthropic concerns. By training current and future innovators, I hope to increase the potential of people to move and paperback formats.

get market, delivering the perfect out that successful businesses that will make real differences in

Your Business Venture is is When asked about his motiva- filled with dvice and strategies to succeed in the new economy. It is a dynamic resource for new entrepreneurs who want to minimize their risk of loss, and for existing entrepreneurs who want to improve their process and profitability. The book is available for purchase on Amazon in Kindle

Mental health is just as important as physical health

Take care of yourself with fully covered mental health services

We know this is a difficult time. COVID-19 has probably made your life more challenging. With the school year disrupted and separated from friends, children are facing emotional burdens, too. But help is available for you and your family. The Oregon Health Plan (OHP) covers most mental health services. Providers are available for both online and in-person appointments.

Get the care you need — fully covered. Services include:



Counseling and therapy



Mental health



Substance use treatment



Addiction recovery support

Here are some tips to help your appointment go smoothly

- Find a quiet, private space so you can talk freely. Use a headset or headphones if you can.
- If possible, make sure your phone or computer has a camera.
- Get your phone, tablet or computer ready a few minutes early. You may have to download an app to connect to your provider.
- ▶ Remember that video uses a lot of cell phone data if you're not on Wi-Fi.

Contact CareOregon Customer Service to connect to mental health services. Reach us 9 a.m. to 5 p.m. Monday through Friday at 800-224-4840 or TTY 711.







Zoo Interns are Future Leaders

Program provides mentored work experience

Now in its 21st year, the Oregon Zoo's Animal Presenter (ZAP) program presented by First Tech Federal Credit Union, is older than some of its graduates.

The three-year, paid internship program primarily serves youth of color and youth from low-income families by introducing them to wildlife conservation with mentored work experience.

"Paid internship opportunities can be hard to come by in any year, and this year has and enriching programs," said Nicole Frisch, senior director the zoo on another year of the term mentorship." of community engagement at ZAP program, supporting accontinue our partnership with career exploration and long- new teens each year.



PHOTO COURTESY OF THE OREGON ZOO.

been more difficult than ever A local high school student gains valuable work experience talking to kids from Vestal for youth to find and employ- Elementary in northeast Portland as part of the Oregon Zoo's Animal Presenter program, a ers to provide safe, engaging three-year paid internship to serve youth of color and youth from low income families.

First Tech. "We're so proud to cess to STEM-related skills, ployed 236 teens or about 10 youth to connect with the nat- about the ZAP program, visit

"The ZAP program offers Since 1999, ZAP has em-formative experiences for ural world," said Pam McEl- oregonzoo.org/zap.

wee, ZAP program coordinator. "And at the same time, it helps strengthen the zoo's ties to our community. It offers young people job skills and support to grow and learn while they educate others. Alumni have gone on to do some incredible things, with some pursuing careers in education, conservation and even comedy."

First-year ZAP members provide animal-based outreach programming for children and families around the community. The following year, members work as counselors with the Urban Nature Overnight program, teaching children ages 8-11 recreation skills and basic environmental concepts while camping overnight at local natural areas. Third-year ZAP members help mentor peers entering the program and engage in internship placements at the zoo's veterinary medical center and butterfly conservation lab.

For additional information





A new electronic display attached to a bus shelter shows departure times for the Line 9-Powell Boulevard bus. The solar-powered device relays real-time information about the locations of buses and MAX trains directly to the screen.

Digital Displays Come to Transit Stops

TriMet buses also accept cash again

TriMet is bringing new eleclines and used by a large number of riders. The new technolaccepts cash fares on buses once again.

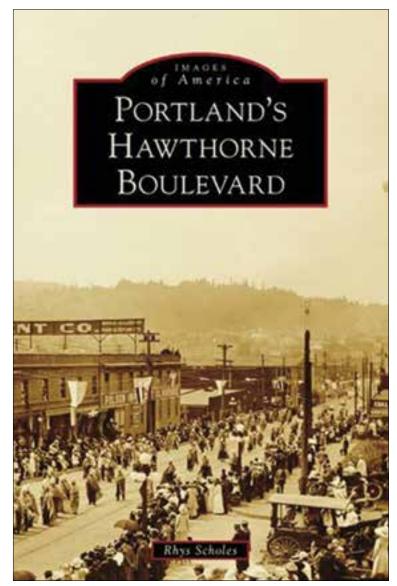
TriMet suspended cash fares tronic digital information dis- on March 26 for the safety of plays to bus stops and transit bus operators and riders to limcenters served by multiple bus it the time they are close to each other while boarding the bus during the COVID-19 pandemogy comes as the transit agency ic. Now that the transit system

CONTINUED ON PAGE 14









Portland's Hawthorne Boulevard Book

Captures best of the eclectic street

A new book by Portland au-

has been called a hippie haven world. and a shopper's paradise.

ral Parade was there.

In the 1950s, the Hawthorne thor Rhys Scholes captures the Boosters kept the bustle in heart and soul, past and pres- the boulevard, but the 1970s ent of Hawthorne Boulevard. brought vacant storefronts. From a farm path in 1850 to Cheap rent created opportua tourist destination in the 21st nities for hip entrepreneurs, century, Hawthorne Boulevard and organized revitalization has become a bustling city in the 1980s was sensitive thoroughfare and a persistent- to the communities' unique ly eclectic neighborhood. The character. Today, Hawthorne street that runs from the Wil- Boulevard draws visitors from lamette River to Mount Tabor across the city and around the

Scholes, who has worked It takes its name from Dr. on or lived near Hawthorne J.C. Hawthorne, who opened Boulevard for decades, said he Oregon's first asylum there was proud to tell some of the in 1861. Streetcars brought stories of his own community. population growth, grocery Images in the book come from stores, and saloons. In 1912, the Oregon Historical Society, the delegates to the Elks' na- City of Portland Archives, the tional convention paraded on Gholston Collection, Haw-Hawthorne Boulevard, and the thorne Boulevard Business 1948 Rose Festival Grand Flo- Association, and many other sources.



ome Forward remains committed to serving our community by providing housing to those in need. To do so, we require business partnerships. We frequently have contracting opportunities for minority, women-owned, and emerging small businesses in such areas as:

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Sheriff: 'Will Never Support Trump'

Mike Reece calls out false endorsement

At last week's presidential debate, President Trump falsely told Americans he had the endorsement of the Portland sheriff in his re-election bid, but that claim was wrong on two important points.

First, Trump calls out support from a person that doesn't exist. The only sheriff in Portland is Multnomah County Sheriff Mike Reece who represents Portland and all the towns and cities in the



Mike Reece

county and is the seat of county government.

Second, Reece, said he does not support Trump.

when tweeted out after Trump

made the false endorsement, "As the Multnomah County Sheriff I have never supported Donald Trump and will never support him.'

The president has tried to make cracking down on protests as part of his pledge for law and order. It comes as Portland has been a flashpoint in the debate over racial injustice protests and Portland police and federal agents have repeatedly clashed with demonstrators gathered outside the downtown federal courthouse, police buildings and other governmental offices.

Some protesters have thrown bricks, rocks and other projectiles at officers. Police and federal agents have responded by firing tear gas, rubber bullets and other The sheriff made his voice clear non-lethal ammunition to disperse the crowds.

REACH Mask Up Challenge

Why I wear a face mask

1. Family

I want to do my part in helping keep my family as healthy as possible.

2. Community

want to help local businesses stay open by following the statewide face mask mandate.

3. Prevention

I want to do what I can to help slow the spread of COVID-19.

MaskUpChallenge #BlackHealth



Public Health Director Hired

New leader is longtime health equity champion

Rachael Banks has been named director of the Oregon Health Authority's Public Health Division, a promotion from her job as the public health director for Multnomah County. She begins her new duties Oct. 27, replacing Lillian Shirley, who is retiring.

Oregon Health Authority Director Patrick Allen called Banks "a leader with professional acumen combined with lived and worked experience around promoting equity."

He said the qualities she possesses are necessary as OHA makes "meaningful progress on health equity while guiding the state's recovery from the COVID-19 pandemic — and continuing to advance programs that promote the majority of health

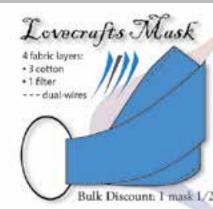


Rachael Banks

that happens outside the doctor's office, such as reducing chronic diseases, ensuring clean air and water, and urging immunizations."

Advocating for health equity has been a major part of Banks' career at Multnomah County since she began there in 2002. She has worked to prevent sexually transmitted diseases, HIV, hepatitis C and drug overdoses, and provided injury prevention education to

CONTINUED ON PAGE 17



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- Also available in kids size (age 4-12).
- Added heat pressed image/logo (inquise for details).
- · For individuals or businesses.

Bulk Discount: I mask 1/2 price per 2 purchased or 1 mask free per 4 purchased.



(I at \$2 every 2 masks)

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Pork Chops - \$4.09 per lb

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Black Leaders Divided in Mayoral Race

Wheeler and Innarone both have support

After Sarah Iannarone released an impressive list of endorsements from the Black community in her Nov. 3 runoff election for Portland mayor, incumbent Ted Wheeler last week highlighted his own support from African American leaders.

The non-partisan contest may be close as a pre-election poll released Monday by DHM Research shows Iannarone, a teacher, small business owner and urban policy adviser, has a lead of 11 percent over Wheeler, who is seeking his second term.

Supporters for Wheeler include two esteemed former lawmakers from Portland, Margaret Carter, the first African American woman elected to the Oregon Legislature, and Avel Gordly, the first African American elected to the Oregon Senate. Current Black lawmakers, Sen. Lew Frederick, a Democrat representing north and northeast Portland, and State Rep. Janelle Bynum, a Democrat from southeast Portland and Happy Valley, are endorse Wheeler's re-election.

Iannarone's endorsements include former Multnomah County Commissioner Loretta Smith; Cameron Whitten, the co-founder of the Black Resilience Fund and former executive director of the QCenter; ence is our best teacher," Carter James Posey, co-founder of the Oregon chapter of the National Association of Minority Contractors: and Shanice Clark. a local educational leader and member of the Portland Clean Energy Fund Grant Commit-

"The current mayor's record is full of broken promises on solutions for houselessness and inequality. He's shown no leadership on civil unrest or public safety. On his watch, things city through the outbreak of keep getting worse. It's time COVID and the ensuing ecofor a change," Iannarone writes nomic crisis, while responsion her campaign website.

Smith said her support for Iannarone was because of the vision she has to bring people together.

"From her plans to aggressively tackle police reform to



Ted Wheeler

Sarah is the leader Portland needs to ensure that everyone has the opportunity to thrive – regardless of their zip code," Smith said.

based on Iannarone's "unquestionable commitment to making a better future for all Portlanders."

Campaign Director Gregory McKelvey said Iannarone deprominent campaign.

"Sarah did so long before the current uprising because she is committed to ensuring that Black lives matter in our community and that the common-sense progress Portlanders are demanding becomes a reality," McKelvey said.

In her endorsement for Wheeler, Former Sen. Carter said the incumbent was the right person for the job.

"In a time like this, experisaid. "Ted's experience working with the City Council and other elected officials, the police department, labor unions, and other leaders across the city and state will allow us to stand up and get through what is happening right now."

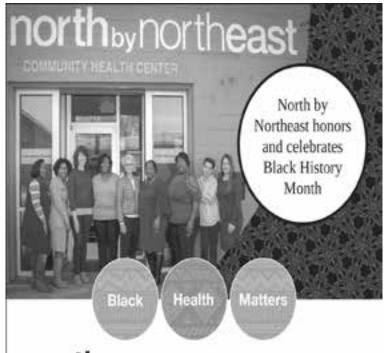
Former Sen. Gordly said Wheeler earned her support through the quality of leadership he brings to the job.

"As mayor, he has led the bly managing the city's departments and finances. Ted has brought people together to denounce hatred, recognizes that we are facing a reckoning on racial justice, and has worked effectively with the her commitment to developing Office of Equity and Human



housing that is truly affordable, Rights. Like myself, he was born here and loves this city, and I believe that Ted can bring Portland together around our shared values," Gordly said.

"Voting for Portland's mayor Whitten said his support was revolves around governing for all of the city," said Sen. Lew Frederick. "I expect disagreements. I also expect knowledge and experience working Local activist and Iannarone through those concerns. Ted Wheeler consistently shows not only the rhetoric of a vision serves credit for selecting him for our city, but takes direct as a Black man to run such a actions to make a difference, even when it is difficult."



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Broadway Corridor Plans Approved

CONTINUED FROM PAGE 5

for underserved and underrepresented communities.

"Today's work represents significant progress in the Broad-Corridor development project, an inclusive place that delivers significant, equitable community benefits," said Mayor Wheeler, who introduced the agreements during a Council session last month. "This neighborhood will serve as a transit hub, a recreation site and an with community to create a viemployment center, with a mix of affordable housing and home ownership opportunities. It also

land's leadership on sustainabil- their hard work on this project," opment projects."

The Portland Housing Bureau's participation in a Community Benefits Agreement for the project includes a commitment to conduct intentional outreach to Black, Indigenous, Chinese and Japanese American communities with historic ties to the site as part of the housing bureau's affordable housing efforts.

"The City has been working site for years. I want to thank serves as an example of Port- Director Kimberly Branam for Portland."

ity and community-based devel- Wheeler said. "Under these milestone agreements, Broadway Corridor will be Portland's next great place - a transit hub and employment center with dense residential housing, a place of active recreation, an example of Portland's leadership on sustainability, a welcoming gateway that will strengthen connections across the river and create a sense of belonging for all who live, work, or visit the site. And most of all, it is a key opportusion for redevelopment of the nity to reduce racial and social disparities and extend benefits Prosper Portland and Executive to all communities throughout

Digital Displays Come to Transit Stops

CONTINUED FROM PAGE 10

has a number of safety measures in place—a mask requirement, on-board limits and physical distancing, hand sanitizer dispensers, and soon a safety panel next to the operator's seat on nearly all our buses—TriMet announced last week that it is once again accepting cash on buses.

The mew digital displays coming to more than 80 bus stops and transit centers will rely

on technology similar in size and require a power source or fiber technology to the e-reader or tab- optic cable, allowing TriMet to let you use at home. The screens are high-resolution black-andwhite and show arrival times, information about stop closures, delays and detours.

The first of the 13-inch ePaper displays—so-called because they mimic the appearance of ink on paper with minimal glare—went up at the Beaverton Transit Center in spring as TriMet tested the technology. The agency will be installing the solar-powered digital displays throughout the transit system for the remainder of the year.

"We're prioritizing stops in low-income communities and locations where ridership is high," TriMet officials said.

Because the screens are powered by solar energy, they don't emphasized bus improvements.

install more of them at bus stops than it could with older technology that needed a hard-wired power source. The on-screen information is updated once per minute, giving riders real-time arrivals and service alerts.

The information displayed is managed by a single cloud-based content management system capable of running on multiple platforms. TriMet signed a five-year contract with Connectpoint, a company specializing in ePaper signage, to provide the digital displays and implement the content management system. The primary funding for the project came from House Bill 2017, the Keep Oregon Moving act, which



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The Weathering of Black America

Traumatic stress passes on through generations

by Tracey L. Rogers

was assassinated in 1968, his auof a 60-year old."

heart had aged due to the stress and pressure endured throughout his 13-year civil rights career.

A 13-year tribulation sounds me, too. more fitting. Along with the viccareer preaching while organizbouts of depression, received multiple threats on his life and the peatedly arrested.

In fact, near the end of his life, as reported in Time magazine, Dr. King "confronted the uncertainty of his moral vision. He had underestimated how deeply the belief that white people matter more habits of American life."

There's a reason why novelist and activist James Baldwin said in 60-year old when he died, it's 1961, "To be a Negro in this country and to be relatively conscious cial justice might have weathered is to be in a state of rage almost all him. But one might argue that its of the time," a rage that weathers our bodies and psyches.

After Martin Luther King Jr. to you," Baldwin explained. "It's what's happening all around you young age of 39, he had "the heart the most extraordinary and criminal indifference, indifference of and their ignorance."

> As a Black woman and activist, I can say that my rage weathers

It can feel as subtle as the frustories he won through his long tration I feel after receiving an lished in Teen Vogue explained email from a white man accusing how it was possible for Black peoing marches, boycotts, and sit-ins, me of being a Marxist simply be-King also suffered from severe cause I supported the Black Lives Matter movement (true story).

> about Jacob Blake being shot in the back seven times at pointblank range by police in Kenosha, Wisc. Or the anger I feel about ticeable way." the president of the United States openly fomenting violence in the coined the phrase "post-traumatshooting's aftermath, praising the ic slave disorder" to describe the

who killed two protesters.

If Dr. King had the heart of a easy to see how his fight for raweathering began the moment he was born in the era of Jim Crow, "It isn't only what's happening just 64-years after the formal emancipation of enslaved people.

The all-around weathering of topsy report revealed that at the and all of the time in the face of Black America is as big a part of our legacy as slavery, voting rights, and our commitment to freedom. Doctors concluded that King's most white people in this country It's a weathering we experience every day, agitated by what's been diagnosed as post-traumatic stress disorder (PTSD) passed on from generation to generation.

A few years ago, an article pubple to inherit PTSD from our ancestors. It highlighted the "extensive research into epigenetics and Or it can be as anguishing as the intergenerational transmission safety of his family, and was re- the pain I feel simply thinking of trauma" by Dr. Rachel Yehuda, who found that "when people experience trauma, it changes their genes in a very specific and no-

Sociologist Dr. Joy DeGruy than others was ingrained in the 17-year-old white militia member specific stress suffered by Black

descendants of enslaved people, there's a growing consensus that identifying the ways in which racialized trauma has had an emotional, physical, and psychologi-

More recently, the Huffington Post reported that racial trauma increases the stress hormone cortisol in Black Americans, causing fatigue, depression, and anxiety. Cities throughout the country have even issued declarations that racism is a public health issue.

They're right.

According to the Centers for illnesses are far more prevalent within the Black community. And

these illnesses are a byproduct of everyday racism. "For Black people in particular," said psychologist Dr. Lilian Comas-Diaz, "racial stress is something that happens throughout their life course."

Whether it's death by "weathering," COVID-19, or inhumane policing, evidence shows that Black lives still don't matter. And that's why so many of us have taken to the streets — our hearts can't take it anymore.

Tracey L. Rogers is an entre-Disease Control, many chronic preneur and activist living in Philadelphia. Distributed by Other-



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10 Years of Worship in Pink

Koman celebrates with virtual programs

Susan G. Komen Oregon & SW Washington is celebrating its 10th anniversary of Worship in Pink, a breast cancer education program based in the Portland-metro faith-based community.

Each year, since 2011, Worship in Pink has had between 25-40 participating churches of all faiths, as well as hair salons, barber shops, and community organizations helping to promote the program. But this year, the Worship in Pink team, led by Kathy Kendrix of Empowerment Group, quickly realized that the program would need to pivot because of the social distancing requirements during the coronavirus pandemic.

Plans for a big community celebration during October were set aside in favor of streaming breast health education videos during Sunday services or co-hosting one of four virtual education presentations on a Saturday in October.

Of the change, Kathy Kendrix says, "We knew Worship in Pink had to happen differently. The amazing Ambassadors representing their churches have been wonderful to work with for Worship in Pink to occur during the pandemic."

The video features Dr. Nathalie Johnson, surgical oncologist at Legacy Health, and Tai Harden-Moore of Komen's African American Initiative. The Saturday sessions, which will be held virtually on Zoom, are open to the public



Kathy Kendrix

and will be held at 10 a.m. on each Saturdays in October. The webinars will be recorded and can be found at komenoregon.org/worship-in-pink.

Andrew Asato, CEO of Susan G. Komen Oregon & SW Washington, stated, "While we're not able to gather as we'd like to celebrate the 10th year of Worship in Pink, we're grateful to the churches who have stood by the program and are sharing the importance of screening in the early detection of breast cancer with their church communities."





Public Health Director Hired

CONTINUED FROM PAGE 12

families in populations unfairly impacted by health inequities. She also helped enforce Oregon's Indoor Clean Air Act that created smoke-free workplaces to protect employees and the public, and she's promoted health and equity by helping community organizations develop policies to reduced chronic diseases.

Banks has partnered with coordinated care organizations, health sys-

tems and insurers to improve how pregnant African-American women transition from clinical to community-based care. And she helped develop Early Learning Multnomah, an early learning hub that ensures kindergarten readiness for children of color ages 6 and younger.

As deputy director of the county's Public Health Division, she helped develop its first disparity-focused Community Health Improvement Plan and led a unit that enacted culturally specific strategies in the African American/Black, Latinx/Hispanic, Native American/American Indian, Pacific Islander and immigrant/ refugee communities. She's also well known for her work as principal investigator for Racial and Ethnic Approaches to Community Health (REACH), a chronic disease prevention program reaching 75% of the Black population.

Banks earned a bachelor's degree in psychology from Gonzaga University in 2001 and a master's degree in public administration from Portland State University in

2012.

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Obituary

A Big Personality Who Served, Gave Back

Charles L. Bryant Jr.

1962 - 2020

God blessed the world and us with a beautiful baby boy named Charles Lawrence Bryant Jr. on Nov. 19, 1962. He was born at John Sealy Hospital in Galveston, Texas to Brenda James Bryant and Charles Bryant Sr.

At a very young age, Charles and his family moved to Portland. He went to Holiday Park, King Elementary and Chatman Middle School, then graduated from Lincoln High School in the Class of '81.

Charles served his country in both the U.S. Army Reserve and the U.S. Army. He was stationed in Schwetzingen, Germany with the 649th Company, as well as Fort Bragg, North Carolina, and fought honorably for our country in the Gulf War, also known as Operation Desert Storm. During his service, he received numerous decorations and medals, including the National Defense Service Medal, the Southwest Asia Service Medal with Bronze Service Star-3, and Kuwait Liberation Medal - Saudi Arabia. He was then honorably discharged in 1994.

After returning to Portland, Charles held a variety of good jobs, but the one that fulfilled him most was that as an Employment Specialist with Central City Concern. He served as an advocate and mentor to Veterans and other deserving members of the Portland community. Charles loved helping and engaging with people – he was full of charm and personality, and was the ultimate personification of a people person. A testament to his giving spirit was his annual charitable coat drive, which provided winter coats to Portland's homeless community. This winter coat drive started small, then grew in its capacity to serve hundreds of people due to his determination and heart-felt compassion.

Charles, also known as "Cholly Raw-Raw, Cholly, or Chuck" to his friends and family was charismatic, funny, joyful, loving, kind, giving, and most definitely he was a people person and sometimes even humble! There are so many words to describe him. His big personality would always light up a room, and he was definitely the life of the party. Charles was smooth and cool, with a walk that you could recognize from afar. He was very adventurous and enjoyed spending time camping, fishing, golfing, horseback riding, playing tennis and watching his favorite football team the Denver Broncos. Those who knew him well felt his compassion and kindness. His adoration for his family was admirable, especially his relationship with his mother. He relished the time he spent with her, making her laugh, and assisting with her care; plus he had a huge heart for others.

Charles loved spending time with his many friends and family - from simply hanging out fish-



ing or enjoying bike rides on sunny days, to hosting barbecues while dancing and singing off key to his favorite song - "Before I Let Go" by Maze featuring Frankie Beverly. You were never a stranger if Charles was around. His infectious smile and laughter were legendary and comparable to none. He always had a joke and enjoyed making everyone laugh and smile. Charles was full of wisdom and was always uplifting and positive. He had the gift of bringing joy to everyone and could easily change your mood by simply smiling or having a nicely-timed remark. Charles loved traveling and being in the outdoors, but above all, he deeply loved his Mom and his children – Chyna and Christian (Amari).

Charles was preceded in death by his uncle Edward Lawrence Mopplis III and his paternal grandmother Annie B. Thomas, both of Galveston. He leaves to mourn his passing his grandmother, Agnes Patterson; his mother, Brenda Bryant; his stepfather, James Hicks; his father, Charles Bryant Sr. (Linda) of Durham, N.C.; his fiancé, Melanie Dallas-Bryant; his daughter, Chyna L. Bryant of Fayetteville, N.C.; his son, Amari "Christian" L. Bryant of Las Vegas; his brother, Arthur Bryant (Lisa) of Everett, Wash.; his sister, Angela Henderson; his brother, Kamau Henderson of Garner, N.C.; his beloved niece, Ayiana Dirks; his nephew, LTJG Armani Dirks; his most-adored grandchildren, Chaliya Blue and Cameron McCormick of Fayetteville; and numerous aunts, uncles, cousins, and friends.

Charles was touched by God on Sunday, Sept. 27, 2020 and told he had completed his tasks on Earth; and that now it was time to return Home. Although we, his family and friends, think it was too soon, God knows best, and we accept and bow at His will.

We will forever cherish the many memories of love he had for his family, community, and many



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Applicants must be age 62 and over and must have income less than 50% of Area Median Income for their family size.

For a family of one, the limit is \$32,250 and for a family of two, this limit is \$36,850. Because these are one bedroom units, a household may not be larger than two people. Applicants will be subject to background checks and approval by the property management company.

Vancouver Housing Authority welcomes qualified individuals/ families of diverse backgrounds and, in accordance with various Federal and State laws or regulations, does not discriminate against anyone based on race, color, religion, sex, age, national origin, disability, familial status, creed, veteran's or military status, sexual orientation, gender identity, or marital status.

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'Light the Night' Walk Supports Blood Cancer Cures

Annual Light the Night Walk to go virtual

The Leukemia and Lymphoma Society's annual Light the Night Walk in Portland has gone virtual this year. As an organization that supports a highrisk population, such as this year's Honored Hero, Lindsay Reece, hosting an in-person event at any capacity is out of the question.

When Lindsay was first diagnosed with Leukemia in 2017, she watched the Light The Night Walk across the Tilikum Bridge from her hospital bed at OHSU. Now in 2020, after recently receiving her second bone marrow transplant, she has been chosen to be this year's Honored Hero and share her survival story with fellow patients, survivors, and others



she has been chosen to be this year's Honored Hero and share in 2017, she watched the Leukemia and Lymphoma Society's annual Light the Night Walk her survival story with fellow patients, survivors, and others cancer cures is going virtual and Reece is the walk's Honored Hero.

in the community.

Like many, Lindsay was hoping to spend Oct. 17, the date for this year's Light the Night event, with her friends, family, and other members of the community in Portland, raising money and awareness to find blood cancer cures—but there is excitement and hope as the virtual walk comes into place.

Light The Night benefits The Leukemia & Lymphoma Society's funding of research to find blood cancer cures. By working to ensure access to treatments for all blood cancer patients, the organization helps bring communities together to celebrate those who are fighting the disease and to honor those who have been lost.

For anyone looking to register a team or donate to a participant, visit lightthenight. org/events/portland-sw-washington.

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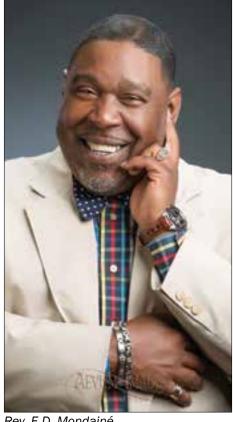
Afro-Academic Youth Program Comes Home

NAACP reignites achievement competition

The NAACP's youth-based Afro-Academic, Cultural, Technological and Scientific Olympics (ACT-SO) will be returning to its Portland birthplace.

The Portland NAACP has rebooted its local participation in the national student achievement program, partnering with Portland icon Renee Mitchell's nationally award-winning I Am M.O.R.E program.

An educator, program manager, and social-justice minded consultant, Mitchell is well-known for her years as a columnist for The Oregonian and was nominated twice for the Pulitzer Prize. She won the Spirit of Portland award in 2019. Mitchell will lead the ACT-SO program locally, having recently



Rev. E.D. Mondainé



been appointed chair of the Portland branch's reconstituted ACT-SO Com-

"The ACT-SO program's first national competition was in Portland, and it has been a mission of mine since taking the helm to raise the funds necessary to reinstate the program locally," said Portland NAACP branch president Rev. E.D. Mondainé.

In more than 200 local communities throughout the U.S., ACT-SO adult volunteers recruit students and mentors. Students work with mentors to develop their projects and performances for competition.

After competing in their respective local competitions, gold medalists are invited to compete on a national level. For those headed to national, mentorship and enrichment programs continue, culminating in The National Competition and Ceremonies, taking place in 2021 in Charlotte, N.C.

